

**GOVERNMENT OF ANDHRA PRADESH
ABSTRACT**

HM&FW Department- Public Services – Containment, Control and Prevention of COVID-19 – Guidelines for Home isolation – Orders – Issued.

HEALTH MEDICAL & FAMILY WELFARE (B2) DEPARTMENT

G.O.Rt.No.226

Date: 01.04.2020

Read the following :

1. G.O.Rt.No.189, HM & FW (B2) Dept. Dt:13.03.2020.
2. G.O.Rt.No.202, HM & FW (B2) Dept. Dt:18.03.2020.
3. G.O.Rt.No.204, HM & FW (B2) Dept. Dt:19.03.2020.
4. G.O.Rt.No.209, HM & FW (B2) Dept. Dt:22.03.2020.
5. G.O.Rt.No.210, HM & FW (B2) Dept. Dt:23.03.2020.
6. G.O.Rt.No.211, HM & FW (B2) Dept. Dt:23.03.2020.
7. G.O.Rt.No.216, HM&FW (B2) Dept., Dt: 24.03.2020.
8. G.O.Rt.No.224, HM&FW (B2) Dept., Dt: 31.03.2020.

-0-

ORDER:

World Health Organization (WHO) has declared recent Novel Corona Virus Disease (COVID-19) affecting all the regions of the world as Pandemic. In this context, Government of Andhra Pradesh has taken several measures to strengthen the surveillance for Containment, Control and Prevention of COVID-19 including declaring a "Lock down".

2. Where Government is satisfied that, any foreign returnee or his/her contact or symptomatic person showing COVID-19 symptoms like fever, dry cough, sore throat and/or breathlessness should follow home isolation to prevent spread of COVID-19 in community or as advised by a Medical Officer.

3. The following guidelines are issued for home isolation to be followed by all foreign returnees or his/her contact or any symptomatic person showing COVID-19 symptoms:

I. Guidelines for Home Isolation:

Home Isolation is applicable to all foreign returnees or their contacts or symptomatic showing COVID-19 symptoms like fever, dry cough, sore throat and/or breathlessness.

II. Definition of foreign returnee:

Any persons coming from outside India on or after 10th Feb. 2020 or any COVID-19 affected areas where local and community transmission is evident or a person coming from focal clusters arising from a travel related/unrelated case where cluster containment strategy is adopted.

III. Definition of a Contact:

1. A contact is defined as a healthy person that has been in such association with an infected person or a contaminated environment as to have exposed and is therefore at a higher risk of developing the disease.

(Contd.p.2)

2. A person living in the same household where a COVID-19 positive person is living.
2. A person having had direct physical contact with a COVID-19 positive person.
3. A person having had direct physical contact with a COVID-19 positive person's infectious secretion without recommended personal protective equipment (PPE) or a person with a possible breach of PPE.
4. A person who was in a closed environment or has had face to face contact with a COVID-19 positive person at a distance of within 1 metre including air travel, train, bus or any form of travel. The epidemiological link may have occurred within a 14-day period before the onset of illness in the case under consideration.

IV. Definition of Symptomatic:

A Person who is showing symptoms of COVID-19 like fever, dry cough, sore throat and/or breathlessness.

V. Instructions for home isolation:

Any person(s) suggestive of 2019-nCoV, should for at least 14 days:

1. Stay home, preferably isolate himself / herself in a separate & well-ventilated room preferably with an attached/separate toilet. If there is a single toilet to use, it should be cleaned with 1% hypochlorite or lysol solution after every use.
2. If another family member needs to stay in the same room, it's advisable to maintain a distance of at least 1 meter between the two.
3. Needs to stay away from elderly people, pregnant women, children and persons with co-morbidities within the household.
4. Avoid common areas frequented by other members of the family.
5. Avoid close contact with others. If inevitable, always maintain at-least two metres distance.
6. Avoid meeting visitors.
7. Under no circumstances attend any social/religious gathering e.g. wedding, condolences, etc.
8. He/She should also follow the under mentioned public health measures at all times.
 - a. Avoid frequent touching of face
 - b. Avoid hand shaking and wash hands frequently with soap and water. In case of non-availability of soap and water, commercially available hand rubs can be used.
 - c. Take plenty of fluids.
 - d. Follow cough etiquettes.
 - e. Cover mouth and nose with a tissue/ handkerchief when coughing or sneezing; In case tissue/handkerchief is not available cough/ sneeze onto your upper arm flex or shoulder; coughing/ sneezing directly onto hands should not be done.
 - f. Turn away from others when coughing or sneezing.
 - g. Do not spit/blow nose here and there, use a water filled receptacle for collecting sputum, thereby minimizing aerosol generation.

-3-

- h. Avoid sharing household items e.g. dishes, drinking glasses, cups, eating utensils, towels, bedding, or other items with other people at home.
- i. Wear a surgical mask at all the times. The mask should be changed every 6-8 hours and disposed-off. Disposable masks are never to be reused.
- j. Masks used by patients / care givers/ close contacts during home care should be disinfected using ordinary bleach solution (5%) or sodium hypochlorite solution (1%) and then disposed of either by burning or deep burial or pack in double bag sprinkle bleaching powder and seal bag and handover to waste disposal agency for safe disposal.
- k. If symptoms appear (cough/fever/difficulty in breathing), he/she should immediately call "104".

VI. Instructions for the family members of persons under home isolation:

- 1. Only an assigned family member should be tasked with taking care of the such person.
- 2. Avoid shaking the soiled linen or direct contact with skin.
- 3. Use disposable gloves when cleaning the surfaces or handling soiled linen.
- 4. Wash hands with soap water for minimum 20 seconds after removing gloves.
- 5. In case the person being quarantined becomes symptomatic, all his close contacts will be home isolated (for 14 days) and followed up for an additional 14 days or till the report of such case turns out negative on lab testing.

VII. Environmental sanitation:

- 1. Clean and disinfect frequently touched surfaces in the quarantined person's room (e.g. bed frames, tables etc.) daily with 1% Sodium Hypochlorite Solution.
- 2. Clean and disinfect toilet surfaces daily with regular household bleach solution/phenolic disinfectants.
- 3. Clean the clothes and other linen used by the person separately using common household detergent and dry.

VIII. Duration of home isolation:

The home isolation period is for 14 days from contact with a confirmed case or earlier if a suspect case (of whom the index person is a contact) turns out negative on laboratory testing.

4. All the District Collectors, Joint Collectors, Police Commissioners, Superintendents of Police, District Medical & Health Officers, Municipal Commissioners, Sub-Collectors, RDOs, Tahsildars and MPDOs are hereby instructed to implement these guidelines.

(BY ORDER AND IN THE NAME OF THE GOVERNOR OF ANDHRA PRADESH)

**NILAM SAWHNEY
CHIEF SECRETARY TO GOVERNMENT**

To
All District Collectors in the State.

(Contd.p.5)

-5-

The Commissioner of Police, Visakhapatnam, Vijayawada.
All Superintendents of Police in the State.
All Municipal Commissioners in the State.
All DM&Hos in the State.
All the Special Chief Secretaries/Prl. Secretaries/Secretaries.
All HODs of HM&FW Department.

Copy to:

The DGP, A.P., Mangalagiri.
OSD to Dy. CM (HM&FW).
PS to CS/PS to Addl. CS to CM.
PS to Chief Secretary.
PS to Spl.CS, HM&FW Department.
PS to Commissioner, I&PR.
SF/SC

//FORWARDED: BY ORDER//

SECTION OFFICER