

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT

GOVT. OF KERALA

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The daily COVID-19 bulletin of the Department of Health and Family Welfare, Government of Kerala summarizes the COVID-19 situation in Kerala. The bulletin also contains links to various important documents, guidelines, and websites for references.

OUR HEALTH OUR RESPONSIBILITY

- Even after vaccination , follow COVID appropriate behaviour.
- Maintain a distance of at least two metres with all people all the time.
- Always wear clean face mask appropriately everywhere all the time
- Perform hand hygiene after touching objects and surfaces all the time.
- Perform hand hygiene before and after touching your face.
- Observe cough and sneeze hygiene
- Avoid unnecessary travel, social interaction
- Protect the elderly and the vulnerable- Observe reverse quarantine
- PEOPLE WITH MULTIPLE COMORBIDITIES, IF DETECTED COVID POSTIVE SHOULD GET ADMITTED IN THE HOSPITAL IMMEDIATELY AND DO NOT REMAINED IN HOME ISOLATION
- Infection prevention by following Covid appropriate behaviour got strengthened with introduction of COVID vaccination.

Covid 19 status- Analytical Note

- 96.2% of the eligible population vaccinated with a single dose of vaccine (2,56,94,356) and 65% with a double dose (1,74,06,208) till December 1.
- Kerala is the state with highest rate of Vaccination/ Million- 1207317. The state has vaccinated more than 96% of people aged more than 45 years with a single dose and 75% with double dose*. (*Target recalculated)
- People have been cooperating we appeal to the 2nd dose eligible people to take their second dose of Covishield/ Covaxin without delay. Both the vaccines are effective.

- As per today's data, among the 5405 positives, 4591 persons were eligible for vaccination. 629 were vaccinated with single-dose and 2492 were fully vaccinated.
- 1470 persons had no history of vaccination. This sub cohort needs to be followed and among them people having morbidity are advised to access health care in a Hospital. All vaccinated people should follow covid appropriate behaviour.
- Non vaccinated people with co morbidity have higher chances of mortality based on the mortality analysis. Hence, especially people with comorbidities should be careful. All must follow Covid appropriate behaviors.
- COVID-19 vaccines protect people from getting infected and become severely ill, and significantly reduce the likelihood of hospitalization and death.
- During November 24-November 30, the average active cases were 48,031 out of them an average of around 1.8% only were admitted in oxygen beds and 1.6% were in ICU. During this period there was a decrease of around 6399 new cases. The growth rate in newly declared cases decreased by 17% during the same week compared to the previous week. The number of active patients, those admitted in hospitals, field

hospitals, ICU, ventilator and oxygen support beds has reduced by 19%, 10%, 31%, 9%,

7% and 12% respectively in this week compared to previous week. This shows that rate of hospitalization and serious cases are showing a decreasing trend.

- For any disease control program, active case finding is important. The state is doing appropriate testing. However, there is an apprehension regarding test positivity rate. It is hereby explained that test positivity rate indicates the infection. There are two specific issues all may understand i.e. **contracting infection** and because of contracting infection **the disease manifestation**. The World over post vaccination phase, contracting infection to disease manifestation is examined as CONVERSION RATE to decide the severity of pandemic. The data as on date suggests the conversion rate is stable because the People are following instructions, taking vaccines. However, it can be further improved with cooperation from all i.e. positive person having comorbidities should not delay their arrival in Hospital and take treatment as per the treatment protocols.
- Out of total 44,124 cases of infection only 7.5% of the active cases are admitted either in hospital/Field hospitals. This percentage is more or less constant and that indicates that the progression toward disease of the person who is infected is not very alarming and appropriate care and support is being given to patients. The patients who arrive late in the hospital even though having morbidity are the majority patients in the hospitals and Diabetes and Hypertension together being the most common cause of patient death. Therefore, we request people with co morbidities once detected with covid infection to get hospitalized in time.
- Based on the Covid positive data during June, July and August, 6% of the Covid positive patients had taken a single dose of Covid 19 vaccination and 3.6% had taken two doses of covid 19 vaccination. This indicates that vaccinated people may get infected, even though it is very less. It indicates that post vaccination immunity is effective in preventing infection. Vaccinated people are advised to consult Doctor only when symptomatic. Vaccinated people should follow covid appropriate behaviour.
- Symptomatic non-Vaccinated people may do RTPCR test. Antigen testing is only for emergency purpose. Non vaccinated people with co-morbidities to do testing by RTPCR and consult doctor.
- Repeat RTPCR is not needed among the people who are detected COVID positive in the previous 3 months. All young person detected positive and at home isolation should do blood sugar test.

PART- 1 SUMMARY OF COVID CASES AND DEATH Table 1. Summary of COVID-19 cases till 30/11/2021

Positive cases	Recovere d patients	New persons in Quarantine / Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	Total no of Deaths reported	No of deaths declared as per appeal G.O.(Rt) No.2110/2 021/H&F WD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (C)
5141814	5057368	9613	9331	282	<i>40132</i>	7057	3779

Table 2. Summary of new COVID-19 cases (last 24 hours)

Positi case	d	New persons in Quarantin e/ Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	No of Deaths reported daily (A)	No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H& FWD Dated 14 October (C)
5405	4538	10415	10140	275	96	307	0

Table 3. Cumulative summary as on 01/12/2021

Total Positive cases	Active cases	Total Recover ed	Total persons in Quarantin e/ Isolation	Persons in Home/Ins titution quarantin e	Persons in Hospital Isolatio n	Total No of Deaths (D)	Total No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (E)	Total No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (F)
5147219	44124	5061906	150435	145733	4702	40535	7364	3779

District	Positive Cases declared today	Declared Negative today	Positive cases admitted in the district	Other Districts
Thiruvananthapuram	988	541	7193	
Kollam	351	336	2599	Pathanamthitta - 3
Pathanamthitta	253	203	1449	Wayanad - 1
Alappuzha	162	155	1102	Pathanamthitta - 4
Kottayam	518	262	4027	
Idukki	193	279	2176	
Ernakulam	822	676	6648	
Thrissur	526	390	4182	
Palakkad	180	193	788	
Malappuram	282	212	2324	
Kozhikode	587	843	6145	
Wayanad	220	199	2022	
Kannur	236	200	2476	
Kasaragod	87	49	993	
Total	5405	4538	44124	

Table 4. District wise summary of Cumulative cases, Active cases, and New positive cases

District	No of Deaths reported daily (A)	No of deaths declared through appeal G.O.(Rt) No.2110/2021/H&F WD Dated 29 September (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)	Death Cases approved today (A+B+C)
Thiruvananthapuram	7	38	0	45
Kollam	8	185	0	193
Pathanamthitta	7	0	0	7
Alappuzha	5	6	0	11
Kottayam	0	0	0	0
Idukki	5	18	0	23
Ernakulam	4	0	0	4
Thrissur	6	0	0	6
Palakkad	3	11	0	14
Malappuram	14	0	0	14
Kozhikode	4	0	0	4
Wayanad	2	0	0	2
Kannur	31	41	0	72
Kasaragod	0	8	0	8
Total	96	307	0	403

Table 5. District wise Death Cases through online and offline mode - post scrutiny status

• The list of Track A is mentioned in the Bulletin

- The list of Track B and Track C will be very long as we are declaring cumulative cases. These lists are available with the DMO and can be verified on online portal.
- https://covid19.kerala.gov.in/deathinfo/covidDeathDeclarationList.jsp

Table 6. Summary of contact or travel history of COVID-19 cases since 4th May 2020

Total cases	5146720
Cases with history of International/Interstate travel	63053
Cases with history of contact	5083667

Table 7. Summary of contact/travel history of new COVID-19 cases reported in last 24 hours

Total cases	5405
Cases with history of International/Interstate travel	14
Cases with history of contact	5131
Cases with no history of travel or contact	260

Table 8. Details of COVID-19 positive deaths in the last 24 hours

SI no.	District	Name	Place	Age	Gender	Death Date
1	Thiruvananthapuram	G Karunakaran Nair	Nedumangad	94	Male	30-11-2021
2	Thiruvananthapuram	Gomathi Amma	Kilimanoor	72	Female	23-11-2021
3	Thiruvananthapuram	Gowrikutti Amma	Manamboor	93	Female	01-12-2021
4	Thiruvananthapuram	Laila	Thiruvananthapuram	53	Female	01-12-2021
5	Thiruvananthapuram	Michael		52	Male	30-11-2021
6	Thiruvananthapuram	Saraswathy Amma	Thiruvananthapuram	92	Female	28-11-2021
7	Thiruvananthapuram	Sivanandan	Azhoor	80	Male	29-11-2021
8	Kollam	Adam Kunju Abdul Majeed	Mayyanad	83	Male	30-11-2021
9	Kollam	Anirudhan	Adichanalloor	70	Male	27-11-2021
10	Kollam	Chandramathi	Ezhukone	74	Female	23-11-2021
11	Kollam	Janardhanan Pillai	Chirakkara	85	Male	23-11-2021
12	Kollam	N Sreedharan Nair	Paravoor	96	Male	29-11-2021
13	Kollam	Sreedevi Amma	Veliyam	66	Female	23-11-2021
14	Kollam	Subash B S	Paravoor	67	Male	29-11-2021
15	Kollam	Sumangala	Kollam	50	Female	26-11-2021
16	Pathanamthitta	Bhanumathy Amma	Kadambanad	68	Female	19-11-2021
17	Pathanamthitta	Indira P N	Ezhamkulam	69	Female	22-11-2021
18	Pathanamthitta	Manikuttan	Pallickal	55	Male	25-11-2021
19	Pathanamthitta	Shyamala	Naranganam	83	Female	23-11-2021
20	Pathanamthitta	Thankachen	Adoor	79	Male	26-11-2021
21	Pathanamthitta	T T Varghese	Eraviperoor	84	Male	25-11-2021

22	Dathanamthitta	Varabasa Jasanh	Vechoochira	96	Mala	27 11 2024
22	Pathanamthitta	Varghese Joseph		86	Male	27-11-2021
23	Alappuzha	Antony Jithendrakumar	Kodamthuruth	51 70	Male	20-08-2021
24	Alappuzha		Ezhupunna		Male	13-11-2021
25	Alappuzha	Karuppan N V	Aroor	86	Male	21-11-2021
26	Alappuzha	Leelamma Francies	Cherthala South	67	Female	28-07-2021
27	Alappuzha	Sarada	Kodamthuruth	60	Female	17-09-2021
28	Idukki	Abraham Jose	Udumbannoor	69	Male	20-11-2021
29	Idukki	Claramma Thomas	Udumbanchola	78	Female	23-11-2021
30	Idukki	Lakshmi	Velliyamattom	77	Female	24-11-2021
31	Idukki	Sarojini Raghavan	Vellathooval	84	Female	30-11-2021
32	Idukki	Valsamma	Ayyappancoil	59	Female	25-11-2021
33	Ernakulam	Agnes P P	Kochi	88	Female	29-11-2021
34	Ernakulam	Kavitha P K	Vadakkekara	80	Female	09-11-2021
35	Ernakulam	Rajappan Vadhiyar P K	North Paravur	89	Male	08-11-2021
36	Ernakulam	Sri MARSHAL JOSEPH	Vengoor	56	Male	10-11-2021
37	Thrissur	Abdul Kadher	Thrishur	85	Male	28-11-2021
38	Thrissur	Davis Kv	Thrishur	66	Male	13-07-2021
39	Thrissur	P N Parameswaran	Kattakampal	84	Male	30-11-2021
40	Thrissur	Richard	Kunnamkulam	68	Male	28-11-2021
41	Thrissur	T V Sankaranarayanan	Thrishur	69	Male	11-11-2021
42	Thrissur	Vasu A R	Vadakkekkad	62	Male	18-10-2021
43	Palakkad	Ramadas	Palakkad	53	Male	29-11-2021
44	Palakkad	Sajith Kumar	Malampuzha	49	Male	29-11-2021
45	Palakkad	Thatha	Kottayi	96	Female	30-11-2021
46	Malappuram	Baby Of Faseela	Tirur	0	Female	21-07-2021
47	Malappuram	Beekutty	Thennela	65	Female	20-07-2021
48	Malappuram	Enikutty	Othukkungal	36	Male	11-08-2021
49	Malappuram	Hamsa K	Valavannur	70	Male	23-07-2021
50	Malappuram	Harold Dias	Tirur	49	Male	04-08-2021
51	Malappuram	Kadeeja	Ponmala	70	Female	18-08-2021
52	Malappuram	Kunhaishumma C	Thalakkad	75	Female	13-08-2021
53	Malappuram	Kunjalavi Haji	Tirur	87	Male	24-07-2021
54	Malappuram	Kunjimoideen	Kodur	74	Male	26-07-2021
55	Malappuram	Mohammed	Thrikkalangode	89	Male	31-07-2021
56	Malappuram	Mohammed	Thanalur	74	Male	07-08-2021
57	Malappuram	Muhammed Kutty	Ponmundam	68	Male	12-08-2021
58	Malappuram	Sulaikha	Nannamukku	49	Female	31-07-2021
				21	Female	23-07-2021
59	Malappuram	Thasleema	Pulamanthole	21	I CIIIaic	23-07-2021
59 60	Malappuram Kozhikode	Thasleema Aleema	Thuneri	75	Female	29-11-2021

62	Kozhikode	Kanaran K P	Maniyur	73	Male	01-12-2021
63	Kozhikode	Kumaran	, Koorachundu	69	Male	26-11-2021
64	Wayanad	Kochukunjan C I	Mananthavady	67	Male	29-11-2021
65	Wayanad	Kuriyan	Muttil	67	Male	10-11-2021
66	Kannur	Abdul Khader	Panoor	90	Male	19-11-2021
67	Kannur	Ammini	Kottiyoor	72	Female	15-11-2021
68	Kannur	Ammukutty	Thalassery	86	Female	21-11-2021
69	Kannur	Aneesh	Panoor	38	Male	20-11-2021
70	Kannur	Balachandran PV	Ramanthali	74	Male	12-11-2021
71	Kannur	Balakrishnan P P	Cheruthazham	72	Male	19-11-2021
72	Kannur	Bharathan	Ulikkal	75	Male	24-11-2021
73	Kannur	Chathu K	Kunnothuparamba	80	Male	15-11-2021
74	Kannur	Devi Km	Panoor	85	Female	19-11-2021
75	Kannur	E P Ibrahim Kutty	Chembilode	88	Male	19-10-2021
76	Kannur	Jaleel	Kannur	60	Male	25-11-2021
77	Kannur	Janu	Pattiam	85	Female	13-11-2021
78	Kannur	Jayachithra E V	Kadambur	44	Female	09-11-2021
79	Kannur	Karthyani	Azheekode	88	Female	15-11-2021
80	Kannur	Kunhamina	Kunhimangalam	85	Female	17-11-2021
81	Kannur	Lakshmanan V	Chembilode	76	Male	13-11-2021
82	Kannur	Mukundan	Munderi	69	Male	08-11-2021
83	Kannur	Nanu T	Chockli	79	Male	23-11-2021
84	Kannur	Parvathi K V	Karivellur- Peralam	74	Female	21-11-2021
85	Kannur	Pathrose	Pariyaram	45	Male	18-11-2021
86	Kannur	Purushothaman	Kottiyoor	80	Male	14-11-2021
87	Kannur	P V Joseph	Cherupuzha	85	Male	22-11-2021
88	Kannur	Raman	Taliparamba	90	Male	06-11-2021
89	Kannur	Sankaran P	Mattannur	70	Male	16-11-2021
90	Kannur	Sasi P R	Alakode	50	Male	13-11-2021
91	Kannur	Sathyan K	Anthoor	57	Male	29-10-2021
92	Kannur	Savithri	Peringome Vayakkara	95	Female	23-11-2021
93	Kannur	Sulaiha	Muzhappilangad	73	Female	25-11-2021
94	Kannur	Thankamma Anivelil	Eramam- Kuttoor	75	Female	25-11-2021
95	Kannur	Viswanathan P K	Kannur	65	Male	13-11-2021
96	Kannur	V T Yamuna	Kadambur	55	Female	21-11-2021

Detailed list is available with the respective District Medical office (Health)

Table 9. Summary of critical patients

Patients in ICUs	715
Patients on Ventilator support	281

*The data shown contains ICU and Ventilator data from both government and private hospitals

PART- II COVID-19 TESTING Table 10. Cumulative number of samples tested

Cumulative Samples Sent	Cumulative routine + Sentinel samples	Airport surveillance	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
39792923	16430943	77321	121446	828100	85699	35398	22220330

Table 11. Details of new COVID-19 samples in the last 24 hours

Samples Sent	Routine + Sentinel Samples (PCR)	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
64191	44135	313	<i>905</i>	117	116	18605

PART-III SURVEILLANCE

Table 12. District wise distribution of persons under quarantine and isolation

District	Persons under observation as on today	Persons under home/institutional quarantine as on today	Total persons under hospital Isolation as on today	Persons hospitalized today
Thiruvananthapuram	4801	3532	1269	30
Kollam	11348	11057	291	39
Pathanamthitta	6366	5998	368	7
Alappuzha	3279	3179	100	14
Kottayam	21428	21054	374	0
Idukki	3008	2915	93	5
Ernakulam	26156	25530	626	38
Thrissur	9896	9666	230	26
Palakkad	10037	9886	151	20
Malappuram	11285	11062	223	16
Kozhikode	19785	19476	309	10
Wayanad	12389	12268	121	24
Kannur	6948	6670	278	38
Kasaragod	3709	3440	269	8
Total	150435	145733	4702	275

Table 13. Summary of Travel surveillance 01/12/2021

Mode of Travel	Cumulative number of Passengers
International airport	2511489
Total	2511489

PART-IV PSYCHOSOCIAL SUPPORT

'Ottakalla Oppamundu' is a program for providing Psychosocial support to the people in quarantine, isolation, school children and other categories of population as well as to the community in general. **818** Mental Health Personnel including Psychiatrists, Psychiatric Social Workers, Clinical Psychologists, and Counsellors are working and have given psychosocial support.

No. of Psychosocial workers	818
Total Psychosocial support calls made to persons in quarantine/ isolation.	72,90,956
Total psychosocial support follow-up calls made	32, 12, 102
Total Post COVID calls	11,33,087
Total calls made to persons under treatment for mental illnesses, migrant labourers, differently abled children, elderly persons staying alone	3,48,860
Total Psychosocial support calls to school children	9,68,240
Total psychosocial support calls to health care workers	64,194
Total Psychosocial support calls received in helpline numbers	90,555
Total calls to all categories of Persons	1,31,07,994

Table.14. Psychosocial support provided through the program "Ottakalla Oppamundu"

Annexure-1: List of Hotspots as on 01/12/2021 Panchayaths and Urban Wards with WIPR >10				
Sl.No	District	LSG	Ward No	
1	Idukki	Mariyapuram	3	
2	Idukki	Kodikkulam	2	
3	Idukki	Arakkulam	11	
4	Ernakualm	Edavanakkadu	4	
5	Ernakualm	Edakkattuvayal	8	
6	Ernakualm	Paingottur	11	
7	Ernakualm	Chittattukara	13	
8	Ernakualm	Aluva (M)	26	
9	Ernakualm	Njarakkal	9	
10	Ernakualm	Kottuvalli	1	
11	Ernakualm	Kalloorkkadu	9	
12	Ernakualm	Puthenvelikkara	11, 17	
13	Ernakualm	Palakkuzha	11	
14	Thrissur	Athirappally	2	
15	Thrissur	Kondazhy	14	
16	Thrissur	Kuzhur	5, 6	
17	Thrissur	Punnayoorkkulam	13	
18	Wayanad	Thavinjal	13	
19	Wayanad	Kottathara	13	

PART-V ANNEXURES

DISTRICT WISE ABSTRACT

Sl. No Name of District		> 10)	
		No. of LSGs	No. of Wards
1	Idukki	3	3
2	Ernakulam	10	11
3	Thrissur	4	5
4	Wayanad	2	2
	Total	19	21

References
1.Thiruvanathapuram: Nil
2.Kollam: Nil
3.Pathanamthitta: Nil
4.Kottayam: Nil
5.Alappuzha: Nil
6.Idukki: DCIDK/2584/2021/DM1 dated 20.11.2021
7.Ernakulam: 3804/2020/D2 dated 22.11.2021
8.Thirissur: DCTSR/H4/14476/2019 dated 22.11.2021
9.Palakkad: Nil
10.Malappuram: Nil
11.Kozhikkode: Nil
12.Wayanad: DCWYD/2671/2021/DM5 dated 20.11.2021
13.Kannur: Nil
14.Kasaragod: Nil

Annexure-2: District Covid 19 Control Room Numbers Oxygen War Room Numbers

District	Covid 19 Control Room Numbers	Oxygen War Room Numbers
Thiruvananthapuram	9188610100, 1077, 0471 277 9000	7592939426, 7592949448
Kollam	0474 2797609, 2794006, 8589015556	75920 03857
Alappuzha	0477 2239999, 2238642, 2238651	7594041555
Pathanamthitta	0468 2222515, 0468 2228220	1077, 8547715558
ldukki	18004255640, 0486 2232220, 2233118	18004255640, 04862233118
Kottayam	9188610014, 9188610016, 0481 2304800, 0481 2583200, 0481 2566100, 0481 2566700, 0481 2561300	0481 256 7390
Ernakulam	0484 2368702, 0484 2368802, 0484 2368902 Guest Control Room 9072303275, 9072303276 WhatsApp Number 9400021077	75940 46167
Thrissur	9400066921, 9400066922, 9400066923	9400063430, 7034099935
Palakkad	0491 251 0580, 04912510583 0491 251 0575, 0491 251 0576, 251 0574	0491251 0577, 8848902376
Malappuram	0483 2737858, 0483 2737857,0483 2733251, 0483 2733252, 2733253	0483 2952950
Calicut	0495 2371471, 0495 2376063 Collectorate 0495 2371002	75940-01419, 7594001485
Kannur	0497 2700194, 2713437, 9400066062, 9400066616	8281899687
Wayanad	04936 202343, 04936 202375	9526831678

Kasaragod 9946000493, 9946000293 9645002811

Dashboard	https://dashboard.kerala.gov.in/
Daily Bulletin	<u>http://dhs.kerala.gov.in/ഡെയിലി-</u> ബുള്ളറ്റിന്%E2%80%8D/
Guidelines and Advisories	<u>http://dhs.kerala.gov.in/ജാഗ്രത-</u> നിര്%E2%80%8Dദേശങ്ങള്%E2%80%8D/
Awareness materials	https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbe dUZa 8PUY9v3m0Wa?dl=0
Posters	http://dhs.kerala.gov.in/photo-gallery/
COVID-19 Jagratha	https://covid19jagratha.kerala.nic.in/
E Sanjeevani	https://esanjeevaniopd.in
NHM Kerala	https://arogyakeralam.gov.in/
Directorate of Health Services	https://dhs.kerala.gov.in/
Directorate of Medical Education	http://www.dme.kerala.gov.in/
Department of Health and Family Welfare	https://health.kerala.gov.in/
Training and IEC videos	https://www.youtube.com/c/keralahealthonlinetraining

Annexure-3: Table of links to documents, guidelines, and websites

Annexure-4: District Psychosocial support Helpline numbers

District	COVID help line numbers
Thiruvananthapuram	9846854844
Kollam	0474 2740166, 8281086130
Pathanamthitta	8281113911
Alappuzha	4792344474
Kottayam	9539355724
Idukki	04862226929, 9496886418
Ernakulam	04842351185, 9846996516
Thrissur	48723831553
Palakkad	4912533323
Malappuram	7593843617, 7593843625
Kozhikode	9495002270
Wayanad	9400348670

Kannur	04972734343, 9495142091
Kasaragod	9072574748, 9447447888

- District Helpline Numbers will be available from 9am to 4 pm.
- State Helpline Numbers DISHA 0471-2552056 and 1056 (Toll Free Number) will be available 24x7