

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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The daily COVID-19 bulletin of the Department of Health and Family Welfare, Government of Kerala summarizes the COVID-19 situation in Kerala. The bulletin also contains links to various important documents, guidelines, and websites for references.

OUR HEALTH OUR RESPONSIBILITY

- Even after vaccination, follow COVID appropriate behaviour.
- Maintain a distance of at least two metres with all people all the time.
- Always wear clean face mask appropriately everywhere all the time
- Perform hand hygiene after touching objects and surfaces all the time.
- *Perform hand hygiene before and after touching your face.*
- *Observe cough and sneeze hygiene*
- Avoid unnecessary travel, social interaction
- Protect the elderly and the vulnerable- Observe reverse quarantine
- PEOPLE WITH MULTIPLE COMORBIDITIES, IF DETECTED COVID POSTIVE SHOULD GET ADMITTED IN THE HOSPITAL IMMEDIATELY AND DO NOT REMAINED IN HOME ISOLATION
- Infection prevention by following Covid appropriate behaviour got strengthened with introduction of COVID vaccination.

Covid 19 status- Analytical Note

- 96.5% of the eligible population vaccinated with a single dose of vaccine (2,57,79,252) and 67.6% with a double dose (1,80,63,519) till December 5.
- Kerala is the state with highest rate of Vaccination/ Million- 1228107. The state has vaccinated more than 97% of people aged more than 45 years with a single dose and 76% with double dose*. (*Target recalculated)
- People have been cooperating we appeal to the 2nd dose eligible people to take their second dose of Covishield/ Covaxin without delay. Both the vaccines are effective.

- As per today's data, among the 4450 positives, 3793 persons were eligible for vaccination. 450 were vaccinated with single-dose and 2218 were fully vaccinated.
- 1125 persons had no history of vaccination. This sub cohort needs to be followed and among them people having morbidity are advised to access health care in a Hospital. All vaccinated people should follow covid appropriate behaviour.
- Non vaccinated people with co morbidity have higher chances of mortality based on the mortality analysis. Hence, especially people with comorbidities should be careful. All must follow Covid appropriate behaviors.
- COVID-19 vaccines protect people from getting infected and become severely ill, and significantly reduce the likelihood of hospitalization and death.
- During November 27-December 3, the average active cases were 45,255 out of them an average of around 1.8% only were admitted in oxygen beds and 1.6% were in ICU. During this period there was a decrease of around 2473 new cases. The growth rate in newly declared cases decreased by 7% during the same week compared to the previous week. The number of active patients, those admitted in hospitals, field hospitals, ICU, ventilator and oxygen support beds has reduced by 16%, 11%, 22%, 12%, 11% and 9% respectively in this week compared to previous week. This shows that rate of hospitalization and serious cases are showing a decreasing trend.
- For any disease control program, active case finding is important. The state is doing appropriate testing. However, there is an apprehension regarding test positivity rate. It is hereby explained that test positivity rate indicates the infection. There are two specific issues all may understand i.e. **contracting infection** and because of contracting infection **the disease manifestation**. The World over post vaccination phase, contracting infection to disease manifestation is examined as CONVERSION RATE to decide the severity of pandemic. The data as on date suggests the conversion rate is stable because the People are following instructions, taking vaccines. However, it can be further improved with cooperation from all i.e. positive person having comorbidities should not delay their arrival in Hospital and take treatment as per the treatment protocols.
- Out of total 43,454 cases of infection only 7.6% of the active cases are admitted either in hospital/Field hospitals. This percentage is more or less constant and that indicates that the progression toward disease of the person who is infected is not very alarming and appropriate care and support is being given to patients. The patients who arrive late in the hospital even though having morbidity are the majority patients in the hospitals and Diabetes and Hypertension together being the most common cause of patient death. Therefore, we request people with co morbidities once detected with covid infection to get hospitalized in time.
- Based on the Covid positive data during June, July and August, 6% of the Covid positive patients had taken a single dose of Covid 19 vaccination and 3.6% had taken two doses of covid 19 vaccination. This indicates that vaccinated people may get infected, even though it is very less. It indicates that post vaccination immunity is effective in preventing infection. Vaccinated people are advised to consult Doctor only when symptomatic. Vaccinated people should follow covid appropriate behaviour.
- Symptomatic non-Vaccinated people may do RTPCR test. Antigen testing is only for emergency purpose. Non vaccinated people with co-morbidities to do testing by RTPCR and consult doctor.
- Repeat RTPCR is not needed among the people who are detected COVID positive in the previous 3 months. All young person detected positive and at home isolation should do blood sugar test.

PART- 1 SUMMARY OF COVID CASES AND DEATH

Table 1. Summary of COVID-19 cases till 4/12/2021

1	Positive cases	Recovere d patients	New persons in Quarantine / Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	Total no of Deaths reported	No of deaths declared as per appeal G.O.(Rt) No.2110/2 021/H&F WD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (C)
	5161471	5075605	12789	12490	299	41439	8106	3779

Table 2. Summary of new COVID-19 cases (last 24 hours)

Positiv cases	l d	New persons in Quarantin e/ Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	No of Deaths reported daily (A)	No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H& FWD Dated 14 October (C)
4450	4606	11373	11117	256	23	138	0

Table 3. Cumulative summary as on 05/12/2021

Total Positive cases	Active cases	Total Recover ed	Total persons in Quarantin e/ Isolation	Persons in Home/Ins titution quarantin e	Persons in Hospital Isolatio n	Total No of Deaths (D)	Total No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (E)	Total No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (F)
5165921	43454	5080211	167693	163323	4370	41600	8244	3779

Table 4. District wise summary of Cumulative cases, Active cases, and New positive cases

District	Positive Cases declared today	Declared Negative today	Positive cases admitted in the district	Other Districts
Thiruvananthapuram	791	692	7157	
Kollam	346	469	2475	Pathanamthitta - 2
Pathanamthitta	219	249	1430	Wayanad - 1
Alappuzha	147	137	1032	Pathanamthitta - 4
Kottayam	484	351	4457	
Idukki	193	268	2018	
Ernakulam	678	702	6503	
Thrissur	345	355	4082	
Palakkad	141	193	470	
Malappuram	158	105	2418	
Kozhikode	523	542	6219	
Wayanad	128	185	1853	
Kannur	246	295	2360	
Kasaragod	51	63	980	
Total	4450	4606	43454	

Table 5. District wise Death Cases through online and offline mode - post scrutiny status

District	No of Deaths reported daily (A)	No of deaths declared through appeal G.O.(Rt) No.2110/2021/H&F WD Dated 29 September (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)	Death Cases approved today (A+B+C)
Thiruvananthapuram	4	28	0	32
Kollam	4	11	0	15
Pathanamthitta	0	0	0	0
Alappuzha	0	14	0	14
Kottayam	3	0	0	3
Idukki	0	0	0	0
Ernakulam	10	23	0	33
Thrissur	0	0	0	0
Palakkad	1	52	0	53
Malappuram	0	0	0	0
Kozhikode	0	0	0	0
Wayanad	1	0	0	1
Kannur	0	0	0	0
Kasaragod	0	10	0	10
Total	23	138	0	161

- The list of Track A is mentioned in the Bulletin
- The list of Track B and Track C will be very long as we are declaring cumulative cases. These lists are available with the DMO and can be verified on online portal.
- https://covid19.kerala.gov.in/deathinfo/covidDeathDeclarationList.jsp

Table 6. Summary of contact or travel history of COVID-19 cases since 4th May 2020

Total cases	5165422
Cases with history of International/Interstate travel	63139
Cases with history of contact	5102283

Table 7. Summary of contact/travel history of new COVID-19 cases reported in last 24 hours

Total cases	4450
Cases with history of International/Interstate travel	26
Cases with history of contact	4198
Cases with no history of travel or contact	226

Table 8. Details of COVID-19 positive deaths in the last 24 hours

SI no.	District	Name	Place	Age	Gender	Death Date
1	Thiruvananthapuram	Meenakshi P	Pothencode	88	Female	16-11-2021
2	Thiruvananthapuram	Ravi	Ottoor	63	Male	26-10-2021
3	Thiruvananthapuram	Sadhasivan	Kallikkadu	78	Male	03-12-2021
4	Thiruvananthapuram	Santhakumari	Thiruvananthapuram	65	Female	28-11-2021
5	Kollam	Jaseentha	Kundara	65	Female	02-12-2021
6	Kollam	Kunjappy	Pooyappally	72	Male	30-11-2021
7	Kollam	Napoleon	Mayyanad	62	Male	28-11-2021
8	Kollam	Sunilkumar	Kalluvathukkal	50	Male	29-11-2021
9	Kottayam	Mariamma Thomas	Changanassery	88	Female	28-11-2021
10	Kottayam	Unnikrishnan	Kottayam	65	Male	18-10-2021
11	Kottayam	Vijayappan	Maravanthuruthu	69	Male	03-12-2021
12	Ernakulam	Ambika Kumaran	Kuzhuppilly	74	Female	30-11-2021
13	Ernakulam	Elias N U	Pampakuda	84	Male	25-11-2021
14	Ernakulam	Elsy John	Mulavukadu	83	Female	04-12-2021
15	Ernakulam	Joseph	Varapuzha	79	Male	03-12-2021
16	Ernakulam	Kassim K A	Kochi	69	Male	20-11-2021
17	Ernakulam	Santha	Pampakuda	68	Female	28-11-2021
18	Ernakulam	Sasi T K	Ramamangalam	60	Male	30-11-2021
19	Ernakulam	Venugopal	Varapuzha	60	Male	26-11-2021

20	Ernakulam	V V Joseph	Kochi	85	Male	30-11-2021
21	Ernakulam	Yashodha	Kumbalam	93	Female	28-11-2021
22	Palakkad	Thanka	Kavassery	78	Female	18-09-2021
23	Wayanad	Vellachi	Pozhuthana	58	Female	20-08-2021

Detailed list is available with the respective District Medical office (Health)

Table 9. Summary of critical patients

Patients in ICUs	663
Patients on Ventilator support	251

^{*}The data shown contains ICU and Ventilator data from both government and private hospitals

PART-II COVID-19 TESTING

Table 10. Cumulative number of samples tested

Cumulative Samples Sent	Cumulative routine + Sentinel samples	Airport surveillance	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
40031507	16597117	77321	122476	831940	86553	36216	22286198

 Table 11. Details of new COVID-19 samples in the last 24 hours

Samples Sent	Routine + Sentinel Samples (PCR)	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
57722	42792	208	767	202	120	13633

PART-III SURVEILLANCE

Table 12. District wise distribution of persons under quarantine and isolation

District	Persons under observation as on today	Persons under home/institutional quarantine as on today	Total persons under hospital Isolation as on today	Persons hospitalized today
Thiruvananthapuram	25258	23989	1269	38
Kollam	9147	8821	326	32
Pathanamthitta	4744	4383	361	3
Alappuzha	3369	3292	77	11
Kottayam	21648	21644	4	0
Idukki	3423	3316	107	1
Ernakulam	25477	24843	634	23
Thrissur	7621	7402	219	34
Palakkad	12182	12036	146	23
Malappuram	10958	10736	222	17
Kozhikode	20429	20138	291	20
Wayanad	12625	12495	130	14
Kannur	7520	7228	292	30
Kasaragod	3292	3000	292	10
Total	167693	163323	4370	256

Table 13. Summary of Travel surveillance 05/12/2021

Mode of Travel	Cumulative number of Passengers
International airport	2554988
Total	2554988

PART-IV PSYCHOSOCIAL SUPPORT

'Ottakalla Oppamundu' is a program for providing Psychosocial support to the people in quarantine, isolation, school children and other categories of population as well as to the community in general. 776 Mental Health Personnel including Psychiatrists, Psychiatric Social Workers, Clinical Psychologists, and Counsellors are working and have given psychosocial support.

Table.14. Psychosocial support provided through the program "Ottakalla Oppamundu"

No. of Psychosocial workers	776
Total Psychosocial support calls made to persons in quarantine/ isolation.	73,09,588
Total psychosocial support follow-up calls made	32,12,102
Total Post COVID calls	11,33,087
Total calls made to persons under treatment for mental illnesses, migrant labourers, differently abled children, elderly persons staying alone	3,48,860
Total Psychosocial support calls to school children	9,71,157
Total psychosocial support calls to health care workers	64,194
Total Psychosocial support calls received in helpline numbers	90,770
Total calls to all categories of Persons	1,31,29,758

PART-V ANNEXURES

Annexure-1: List of Hotspots as on 05/12/2021

Panchayaths and Urban Wards with WIPR >10			
Sl.No	District	LSG	Ward No
1	Idukki	Mariyapuram	3
2	Idukki	Kodikkulam	2
3	Idukki	Arakkulam	11
4	Ernakualm	Edavanakkadu	4
5	Ernakualm	Edakkattuvayal	8
6	Ernakualm	Paingottur	11
7	Ernakualm	Chittattukara	13
8	Ernakualm	Aluva (M)	26
9	Ernakualm	Njarakkal	9
10	Ernakualm	Kottuvalli	1
11	Ernakualm	Kalloorkkadu	9
12	Ernakualm	Puthenvelikkara	11, 17
13	Ernakualm	Palakkuzha	11
14	Thrissur	Athirappally	2
15	Thrissur	Kondazhy	14
16	Thrissur	Kuzhur	5, 6
17	Thrissur	Punnayoorkkulam	13
18	Wayanad	Thavinjal	13
19	Wayanad	Kottathara	13
	As per G.O(Rt) No.643/2021/DMD dated 18.09.2021		

DISTRICT WISE ABSTRACT

Sl. No	Name of District	WIPR (> 10)	
		No. of LSGs	No. of Wards
1	Idukki	3	3
2	Ernakulam	10	11
3	Thrissur	4	5
4	Wayanad	2	2
	Total	19	21

References
1.Thiruvanathapuram: Nil
2.Kollam: Nil
3.Pathanamthitta: Nil
4.Kottayam: Nil
5.Alappuzha: Nil
6.Idukki: DCIDK/2584/2021/DM1 dated 20.11.2021
7.Ernakulam: 3804/2020/D2 dated 22.11.2021
8.Thirissur: DCTSR/H4/14476/2019 dated 22.11.2021
9.Palakkad: Nil
10.Malappuram: Nil
11.Kozhikkode: Nil
12.Wayanad: DCWYD/2671/2021/DM5 dated 20.11.2021
13.Kannur: Nil
14.Kasaragod: Nil

Annexure-2: District Covid 19 Control Room Numbers Oxygen War Room Numbers

District	Covid 19 Control Room Numbers	Oxygen War Room Numbers
Thiruvananthapuram	9188610100, 1077, 0471 277 9000	7592939426, 7592949448
Kollam	0474 2797609, 2794006, 8589015556	75920 03857
Alappuzha	0477 2239999, 2238642, 2238651	7594041555
Pathanamthitta	0468 2222515, 0468 2228220	1077, 8547715558
Idukki	18004255640, 0486 2232220, 2233118	18004255640, 04862233118
Kottayam	9188610014, 9188610016, 0481 2304800, 0481 2583200, 0481 2566100, 0481 2566700, 0481 2561300	0481 256 7390
Ernakulam	0484 2368702, 0484 2368802, 0484 2368902 Guest Control Room 9072303275, 9072303276 WhatsApp Number 9400021077	75940 46167
Thrissur	9400066921, 9400066922, 9400066923	9400063430, 7034099935
Palakkad	0491 251 0580, 04912510583 0491 251 0575, 0491 251 0576, 251 0574	0491251 0577, 8848902376
Malappuram	0483 2737858, 0483 2737857,0483 2733251, 0483 2733252, 2733253	0483 2952950
Calicut	0495 2371471, 0495 2376063 Collectorate 0495 2371002	75940-01419, 7594001485
Kannur	0497 2700194, 2713437, 9400066062, 9400066616	8281899687
Wayanad	04936 202343, 04936 202375	9526831678

Kasaragod 9946000493, 9946000293 9645002811

Annexure-3: Table of links to documents, guidelines, and websites

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Dashboard	https://dashboard.kerala.gov.in/	
Daily Bulletin	http://dhs.kerala.gov.in/ഡെയിലി- ബൂള്ളറ്റിന്%E2%80%8D/	
Guidelines and Advisories	http://dhs.kerala.gov.in/ജാഗ്രത- നിര്%E2%80%8Dദേശങ്ങള്%E2%80%8D/	
Awareness materials	https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbedUZa 8PUY9v3m0Wa?dl=0	
Posters	http://dhs.kerala.gov.in/photo-gallery/	
COVID-19 Jagratha	https://covid19jagratha.kerala.nic.in/	
E Sanjeevani	https://esanjeevaniopd.in	
NHM Kerala	https://arogyakeralam.gov.in/	
Directorate of Health Services	https://dhs.kerala.gov.in/	
Directorate of Medical Education	http://www.dme.kerala.gov.in/	
Department of Health and Family Welfare	https://health.kerala.gov.in/	
Training and IEC videos	https://www.youtube.com/c/keralahealthonlinetraining	

Annexure-4: District Psychosocial support Helpline numbers

Annexure 4. District i Sychosocial support neighber humbers		
District	COVID help line numbers	
Thiruvananthapuram	9846854844	
Kollam	0474 2740166, 8281086130	
Pathanamthitta	8281113911	
Alappuzha	4792344474	
Kottayam	9539355724	
Idukki	04862226929, 9496886418	
Ernakulam	04842351185, 9846996516	
Thrissur	48723831553	
Palakkad	4912533323	
Malappuram	7593843617, 7593843625	
Kozhikode	9495002270	
Wayanad	9400348670	

Kannur	04972734343, 9495142091
Kasaragod	9072574748, 9447447888

- District Helpline Numbers will be available from 9am to 4 pm.
- State Helpline Numbers DISHA 0471-2552056 and 1056 (Toll Free Number) will be available 24x7