

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT

GOVT. OF KERALA

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The daily COVID-19 bulletin of the Department of Health and Family Welfare, Government of Kerala summarizes the COVID-19 situation in Kerala. The bulletin also contains links to various important documents, guidelines, and websites for references.

OUR HEALTH OUR RESPONSIBILITY

- Even after vaccination , follow COVID appropriate behaviour.
- Maintain a distance of at least two metres with all people all the time.
- Always wear clean face mask appropriately everywhere all the time
- Perform hand hygiene after touching objects and surfaces all the time.
- Perform hand hygiene before and after touching your face.
- Observe cough and sneeze hygiene
- Avoid unnecessary travel, social interaction
- Protect the elderly and the vulnerable- Observe reverse quarantine
- PEOPLE WITH MULTIPLE COMORBIDITIES, IF DETECTED COVID POSTIVE SHOULD GET ADMITTED IN THE HOSPITAL IMMEDIATELY AND DO NOT REMAINED IN HOME ISOLATION
- Infection prevention by following Covid appropriate behaviour got strengthened with introduction of COVID vaccination.

Covid 19 status- Analytical Note

- 96.6% of the eligible population vaccinated with a single dose of vaccine (2,58,19,250) and 68.7% with a double dose (1,83,61,574) till December 8.
- Kerala is the state with highest rate of Vaccination/ Million- 1237577. The state has vaccinated more than 97% of people aged more than 45 years with a single dose and 78% with double dose*. (*Target recalculated)
- People have been cooperating we appeal to the 2nd dose eligible people to take their second dose of Covishield/ Covaxin without delay. Both the vaccines are effective.

- As per today's data, among the 5038 positives, 4327 persons were eligible for vaccination. 485 were vaccinated with single-dose and 2509 were fully vaccinated.
- 1333 persons had no history of vaccination. This sub cohort needs to be followed and among them people having morbidity are advised to access health care in a Hospital. All vaccinated people should follow covid appropriate behaviour.
- Non vaccinated people with co morbidity have higher chances of mortality based on the mortality analysis. Hence, especially people with comorbidities should be careful. All must follow Covid appropriate behaviors.
- COVID-19 vaccines protect people from getting infected and become severely ill, and significantly reduce the likelihood of hospitalization and death.
- During November 30-December 6, the average active cases were 43,536 out of them an average of around 1.8% only were admitted in oxygen beds and 1.6% were in ICU. During this period there was a decrease of around 282 new cases. The growth rate in newly declared cases decreased by 1% during the same week compared to the previous week. The number of active patients, those admitted in hospitals, field hospitals, ICU, ventilator and oxygen support beds has reduced by 12%, 9%, 8%, 11%, 13% and 7% respectively in this week compared to previous week. This shows that rate of hospitalization and serious cases are showing a decreasing trend.
- For any disease control program, active case finding is important. The state is doing appropriate testing. However, there is an apprehension regarding test positivity rate. It is hereby explained that test positivity rate indicates the infection. There are two specific issues all may understand i.e. **contracting infection** and because of contracting infection **the disease manifestation**. The World over post vaccination phase, contracting infection to disease manifestation is examined as CONVERSION RATE to decide the severity of pandemic. The data as on date suggests the conversion rate is stable because the People are following instructions, taking vaccines. However, it can be further improved with cooperation from all i.e. positive person having comorbidities should not delay their arrival in Hospital and take treatment as per the treatment protocols.
- Out of total 40,959 cases of infection only 7.8% of the active cases are admitted either in hospital/Field hospitals. This percentage is more or less constant and that indicates that the progression toward disease of the person who is infected is not very alarming and appropriate care and support is being given to patients. The patients who arrive late in the hospital even though having morbidity are the majority patients in the hospitals and Diabetes and Hypertension together being the most common cause of patient death. Therefore, we request people with co morbidities once detected with covid infection to get hospitalized in time.
- Based on the Covid positive data during June, July and August, 6% of the Covid positive patients had taken a single dose of Covid 19 vaccination and 3.6% had taken two doses of covid 19 vaccination. This indicates that vaccinated people may get infected, even though it is very less. It indicates that post vaccination immunity is effective in preventing infection. Vaccinated people are advised to consult Doctor only when symptomatic. Vaccinated people should follow covid appropriate behaviour.
- Symptomatic non-Vaccinated people may do RTPCR test. Antigen testing is only for emergency purpose. Non vaccinated people with co-morbidities to do testing by RTPCR and consult doctor.
- Repeat RTPCR is not needed among the people who are detected COVID positive in the previous 3 months. All young person detected positive and at home isolation should do blood sugar test.

PART- 1 SUMMARY OF COVID CASES AND DEATH Table 1. Summary of COVID-19 cases till 7/12/2021

Positive cases	Recovere d patients	New persons in Quarantine / Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	Total no of Deaths reported	No of deaths declared as per appeal G.O.(Rt) No.2110/2 021/H&F WD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (C)
5173854	5091224	10121	<i>9850</i>	271	<i>41902</i>	<u>8488</u>	3779

Table 2. Summary of new COVID-19 cases (last 24 hours)

Positi case	l d	New persons in Quarantin e/ Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	No of Deaths reported daily (A)	No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H& FWD Dated 14 October (C)
5038	4039	10595	10334	261	35	77	0

Table 3. Cumulative summary as on 08/12/2021

Total Positive cases	Active cases	Total Recover ed	Total persons in Quarantin e/ Isolation	Persons in Home/Ins titution quarantin e	Persons in Hospital Isolatio n	Total No of Deaths (D)	Total No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (E)	Total No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (F)
<i>5178892</i>	<i>40959</i>	5095263	163682	158990	4692	42014	8565	3779

District	Positive Cases declared today	Declared Negative today	Positive cases admitted in the district	Other Districts
Thiruvananthapuram	773	921	6390	
Kollam	432	369	2021	Pathanamthitta - 6
Pathanamthitta	261	186	1301	Wayanad - 1
Alappuzha	200	188	988	Pathanamthitta - 8
Kottayam	453	44	4368	
Idukki	183	173	2005	Wayanad - 2
Ernakulam	764	559	6288	
Thrissur	425	343	3827	
Palakkad	108	189	173	
Malappuram	202	195	2170	
Kozhikode	615	431	6305	
Wayanad	203	136	1695	
Kannur	327	231	2519	
Kasaragod	92	74	909	
Total	5038	4039	40959	

Table 4. District wise summary of Cumulative cases, Active cases, and New positive cases

District	No of Deaths reported daily (A)	No of deaths declared through appeal G.O.(Rt) No.2110/2021/H&F WD Dated 29 September (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)	Death Cases approved today (A+B+C)
Thiruvananthapuram	8	17	0	25
Kollam	6	0	0	6
Pathanamthitta	2	0	0	2
Alappuzha	0	0	0	0
Kottayam	3	30	0	33
Idukki	0	0	0	0
Ernakulam	6	0	0	6
Thrissur	1	0	0	1
Palakkad	6	30	0	36
Malappuram	0	0	0	0
Kozhikode	3	0	0	3
Wayanad	0	0	0	0
Kannur	0	0	0	0
Kasaragod	0	0	0	0
Total	35	77	0	112

Table 5. District wise Death Cases through online and offline mode - post scrutiny status

• The list of Track A is mentioned in the Bulletin

- The list of Track B and Track C will be very long as we are declaring cumulative cases. These lists are available with the DMO and can be verified on online portal.
- https://covid19.kerala.gov.in/deathinfo/covidDeathDeclarationList.jsp

Table 6. Summary of contact or travel history of COVID-19 cases since 4th May 2020

Total cases	5178393
Cases with history of International/Interstate travel	63181
Cases with history of contact	5115212

Table 7. Summary of contact/travel history of new COVID-19 cases reported in last 24 hours

Total cases	5038
Cases with history of International/Interstate travel	17
Cases with history of contact	4777
Cases with no history of travel or contact	244

Table 8. Details of COVID-19 positive deaths in the last 24 hours

SI no.	District	Name	Place	Age	Gender	Death Date
1	Thiruvananthapuram	Bindhu Kumari	Venganoor	40	Female	09-11-2021
2	Thiruvananthapuram	Chandra Kumar	Nedumangad	62	Male	12-11-2021
3	Thiruvananthapuram	Mercy Christopher	Kadinamkulam	67	Female	29-10-2021
4	Thiruvananthapuram	Prakash	Kilimanoor	55	Male	20-10-2021
5	Thiruvananthapuram	Sali	Thiruvananthapuram	41	Female	09-11-2021
6	Thiruvananthapuram	Shajanavas	Thiruvananthapuram	51	Male	02-12-2021
7	Thiruvananthapuram	Subhash Babu	Nellanad	60	Male	01-12-2021
8	Thiruvananthapuram	Vijayakumar	Thiruvananthapuram	76	Male	06-12-2021
9	Kollam	Asokan	Vilakkudy	43	Male	30-11-2021
10	Kollam	Dr Haneef	Kalluvathukkal	73	Male	15-11-2021
11	Kollam	Pankajakshan Achari	Thrikkovilvattom	67	Male	07-11-2021
12	Kollam	Rajamma	Perinad	83	Female	14-11-2021
13	Kollam	Rajamma	Thazhava	76	Female	05-12-2021
14	Kollam	Thankamma Podiyan	Thalavoor	80	Female	05-12-2021
15	Pathanamthitta	Dharmanandan	Kaviyoor	90	Male	07-12-2021
16	Pathanamthitta	Thayyil Daniel Baby	Omalloor	78	Male	05-12-2021
17	Kottayam	Baby	Koottickal	73	Male	05-12-2021
18	Kottayam	Rajamma	Pallickathodu	65	Female	06-12-2021
19	Kottayam	Sasi	Elikkulam	64	Male	04-12-2021
20	Ernakulam	Indira	North Paravur	54	Female	07-12-2021
21	Ernakulam	Mathew A P	Chottanikara	79	Male	01-06-2021

22	Ernakulam	Pradeep M S	Kochi	53	Male	04-12-2021
23	Ernakulam	Unnikrishnan	Eloor	65	Male	06-12-2021
24	Ernakulam	Venugopalan Nair	Paipra	63	Male	21-10-2021
25	Ernakulam	Yoosaf Kolipura		54	Male	27-11-2021
26	Thrissur	Premalatha	Thrishur	62	Female	04-12-2021
27	Palakkad	Ali T V	Thirumittakode	59	Male	03-12-2021
28	Palakkad	Aysha	Thrithala	75	Female	01-12-2021
29	Palakkad	Indira	Shornur	67	Female	03-12-2021
30	Palakkad	Mary Mathew	Mannarkad	75	Female	27-11-2021
31	Palakkad	Moosa	Kumaramputhur	65	Male	03-12-2021
32	Palakkad	Rohini	Palakkad	41	Female	05-12-2021
33	Kozhikode	Kallyani	Meppayur	85	Female	05-12-2021
34	Kozhikode	Kelappan	Moodadi	75	Male	04-12-2021
35	Kozhikode	Naseema Hameed	Purameri	49	Female	01-12-2021

Detailed list is available with the respective District Medical office (Health)

Table 9. Summary of critical patients

Patients in ICUs	614
Patients on Ventilator support	221

*The data shown contains ICU and Ventilator data from both government and private hospitals

PART- II COVID-19 TESTING

Table 10. Cumulative number of samples tested

Cumulative Samples Sent	Cumulative routine + Sentinel samples	Airport surveillance	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
40212783	16721602	77321	123380	835149	87906	36625	22337114

Table 11. Details of new COVID-19 samples in the last 24 hours

Samples Sent	Routine + Sentinel Samples (PCR)	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
68427	47902	292	1193	439	161	18440

PART-III SURVEILLANCE

District	Persons under observation as on today	Persons under home/institutional quarantine as on today	Total persons under hospital Isolation as on today	Persons hospitalized today
Thiruvananthapuram	30437	29168	1269	30
Kollam	9472	9155	317	24
Pathanamthitta	3739	3346	393	9
Alappuzha	3319	3259	60	6
Kottayam	19939	19550	389	9
Idukki	3119	3029	90	8
Ernakulam	24378	23791	587	20
Thrissur	5496	5287	209	45
Palakkad	13163	13019	144	13
Malappuram	11066	10819	247	16
Kozhikode	17134	16851	283	27
Wayanad	10876	10751	125	14
Kannur	7710	7401	309	33
Kasaragod	3834	3564	270	7
Total	163682	158990	4692	261

Table 12. District wise distribution of persons under quarantine and isolation

Table 13. Summary of Travel surveillance 08/12/2021

Mode of Travel	Cumulative number of Passengers
International airport	2593897
Total	2593897

PART-IV PSYCHOSOCIAL SUPPORT

'Ottakalla Oppamundu' is a program for providing Psychosocial support to the people in quarantine, isolation, school children and other categories of population as well as to the community in general. **776** Mental Health Personnel including Psychiatrists, Psychiatric Social Workers, Clinical Psychologists, and Counsellors are working and have given psychosocial support.

No. of Psychosocial workers	776
Total Psychosocial support calls made to persons in quarantine/ isolation.	73,26,583
Total psychosocial support follow-up calls made	32,12,102
Total Post COVID calls	11,33,087
Total calls made to persons under treatment for mental illnesses, migrant labourers, differently abled children, elderly persons staying alone	3,48,860
Total Psychosocial support calls to school children	9,74,258
Total psychosocial support calls to health care workers	64,194
Total Psychosocial support calls received in helpline numbers	90,970
Total calls to all categories of Persons	1,31,50,054

Table.14. Psychosocial support provided through the program "Ottakalla Oppamundu"

trict	LSG Mariyapuram Kodikkulam Arakkulam Edavanakkadu Edakkattuvayal Paingottur Chittattukara Aluva (M)	Ward No 3 2 11 4 8 11 13 26
ıkki ikki ikki kualm ikualm ikua	Kodikkulam Arakkulam Edavanakkadu Edakkattuvayal Paingottur Chittattukara	2 11 4 8 11 13
ıkki kualm	Arakkulam Edavanakkadu Edakkattuvayal Paingottur Chittattukara	11 4 8 11 13
kualm kualm kualm kualm kualm	Edavanakkadu Edakkattuvayal Paingottur Chittattukara	4 8 11 13
kualm kualm kualm kualm	Edakkattuvayal Paingottur Chittattukara	8 11 13
kualm kualm kualm	Paingottur Chittattukara	11 13
kualm kualm	Chittattukara	13
kualm		
	Aluva (M)	26
		20
kualm	Njarakkal	9
kualm	Kottuvalli	1
kualm	Kalloorkkadu	9
kualm	Puthenvelikkara	11, 17
kualm	Palakkuzha	11
issur	Athirappally	2
issur	Kondazhy	14
issur	Kuzhur	5, 6
issur	Punnayoorkkulam	13
/anad	Thavinjal	13
anad	Kottathara	13
	rissur rissur rissur yanad yanad	rissur Kondazhy rissur Kuzhur rissur Punnayoorkkulam yanad Thavinjal

PART-V ANNEXURES

DISTRICT WISE ABSTRACT

Sl. No	Name of District	WIPR (> 10)	
		No. of LSGs	No. of Wards
1	Idukki	3	3
2	Ernakulam	10	11
3	Thrissur	4	5
4	Wayanad	2	2
	Total	19	21

References
1.Thiruvanathapuram: Nil
2.Kollam: Nil
3.Pathanamthitta: Nil
4.Kottayam: Nil
5.Alappuzha: Nil
6.Idukki: DCIDK/2584/2021/DM1 dated 20.11.2021
7.Ernakulam: 3804/2020/D2 dated 22.11.2021
8.Thirissur: DCTSR/H4/14476/2019 dated 22.11.2021
9.Palakkad: Nil
10.Malappuram: Nil
11.Kozhikkode: Nil
12.Wayanad: DCWYD/2671/2021/DM5 dated 20.11.2021
13.Kannur: Nil
14.Kasaragod: Nil

Annexure-2: District Covid 19 Control Room Numbers Oxygen War Room Numbers

District	Covid 19 Control Room Numbers	Oxygen War Room Numbers
Thiruvananthapuram	9188610100, 1077, 0471 277 9000	7592939426, 7592949448
Kollam	0474 2797609, 2794006, 8589015556	75920 03857
Alappuzha	0477 2239999, 2238642, 2238651	7594041555
Pathanamthitta	0468 2222515, 0468 2228220	1077, 8547715558
Idukki	18004255640, 0486 2232220, 2233118	18004255640, 04862233118
Kottayam	9188610014, 9188610016, 0481 2304800, 0481 2583200, 0481 2566100, 0481 2566700, 0481 2561300	
Ernakulam	0484 2368702, 0484 2368802, 0484 2368902 Guest Control Room 9072303275, 9072303276 WhatsApp Number 9400021077	75940 46167
Thrissur	9400066921, 9400066922, 9400066923	9400063430, 7034099935
Palakkad	0491 251 0580, 04912510583 0491 251 0575, 0491 251 0576, 251 0574	0491251 0577, 8848902376
Malappuram	0483 2737858, 0483 2737857,0483 2733251, 0483 2733252, 2733253	0483 2952950
Calicut	0495 2371471, 0495 2376063 Collectorate 0495 2371002	75940-01419, 7594001485
Kannur	0497 2700194, 2713437, 9400066062, 9400066616	8281899687
Wayanad	04936 202343, 04936 202375	9526831678

Kasaragod 9946000493, 9946000293 9645002811

Dashboard	https://dashboard.kerala.gov.in/
Daily Bulletin	<u>http://dhs.kerala.gov.in/ഡെയിലി-</u> ബുള്ളറ്റിന്%E2%80%8D/
Guidelines and Advisories	<u>http://dhs.kerala.gov.in/ജാഗ്രത-</u> നിര്%E2%80%8Dദേശങ്ങള്%E2%80%8D/
Awareness materials	https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbe dUZa 8PUY9v3m0Wa?dl=0
Posters	http://dhs.kerala.gov.in/photo-gallery/
COVID-19 Jagratha	https://covid19jagratha.kerala.nic.in/
E Sanjeevani	https://esanjeevaniopd.in
NHM Kerala	https://arogyakeralam.gov.in/
Directorate of Health Services	https://dhs.kerala.gov.in/
Directorate of Medical Education	http://www.dme.kerala.gov.in/
Department of Health and Family Welfare	https://health.kerala.gov.in/
Training and IEC videos	https://www.youtube.com/c/keralahealthonlinetraining

Annexure-3: Table of links to documents, guidelines, and websites

Annexure-4: District Psychosocial support Helpline numbers

District	COVID help line numbers
Thiruvananthapuram	9846854844
Kollam	0474 2740166, 8281086130
Pathanamthitta	8281113911
Alappuzha	4792344474
Kottayam	9539355724
Idukki	04862226929, 9496886418
Ernakulam	04842351185, 9846996516
Thrissur	48723831553
Palakkad	4912533323
Malappuram	7593843617, 7593843625
Kozhikode	9495002270
Wayanad	9400348670

Kannur	04972734343, 9495142091
Kasaragod	9072574748, 9447447888

- District Helpline Numbers will be available from 9am to 4 pm.
- State Helpline Numbers DISHA 0471-2552056 and 1056 (Toll Free Number) will be available 24x7