

## COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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The daily COVID-19 bulletin of the Department of Health and Family Welfare, Government of Kerala summarizes the COVID-19 situation in Kerala. The bulletin also contains links to various important documents, guidelines, and websites for references.

#### **OUR HEALTH OUR RESPONSIBILITY**

- Even after vaccination, follow COVID appropriate behaviour.
- *Maintain a distance of at least two metres with all people all the time.*
- Always wear clean face mask appropriately everywhere all the time
- Perform hand hygiene after touching objects and surfaces all the time.
- *Perform hand hygiene before and after touching your face.*
- *Observe cough and sneeze hygiene*
- Avoid unnecessary travel, social interaction
- Protect the elderly and the vulnerable- Observe reverse quarantine
- PEOPLE WITH MULTIPLE COMORBIDITIES, IF DETECTED COVID POSTIVE SHOULD GET ADMITTED IN THE HOSPITAL IMMEDIATELY AND DO NOT REMAINED IN HOME ISOLATION
- Infection prevention by following Covid appropriate behaviour got strengthened with introduction of COVID vaccination.

#### Covid 19 status- Analytical Note

- 97% of the eligible population vaccinated with a single dose of vaccine (2,58,94,766) and 71.1% with a double dose (1,89,97,113) till December 13.
- Kerala is the state with highest rate of Vaccination/Million-1257495. The state has vaccinated more than 97% of people aged more than 45 years with a single dose and 80% with double dose\*. (\*Target recalculated)
- People have been cooperating we appeal to the 2<sup>nd</sup> dose eligible people to take their second dose of Covishield/ Covaxin without delay. Both the vaccines are effective.

- As per today's data, among the 2434 positives, 2131 persons were eligible for vaccination. 195 were vaccinated with single-dose and 1206 were fully vaccinated.
- 730 persons had no history of vaccination. This sub cohort needs to be followed and among them people having morbidity are advised to access health care in a Hospital. All vaccinated people should follow covid appropriate behaviour.
- Non vaccinated people with co morbidity have higher chances of mortality based on the mortality analysis. Hence, especially people with comorbidities should be careful. All must follow Covid appropriate behaviors.
- COVID-19 vaccines protect people from getting infected and become severely ill, and significantly reduce the likelihood of hospitalization and death.
- During December 6-December 12, the average active cases were 39,799 out of them an average of around 1.9% only were admitted in oxygen beds and 1.5% were in ICU. During this period there was a decrease of around 3528 new cases. The growth rate in newly declared cases decreased by 11% during the same week compared to the previous week. The number of active patients, those admitted in hospitals, field hospitals, ICU, ventilator and oxygen support beds has reduced by 10%, 6%, 0.1%, 14%, 19% and 5% respectively in this week compared to previous week. This shows that rate of hospitalization and serious cases are showing a decreasing trend.
- For any disease control program, active case finding is important. The state is doing appropriate testing. However, there is an apprehension regarding test positivity rate. It is hereby explained that test positivity rate indicates the infection. There are two specific issues all may understand i.e. contracting infection and because of contracting infection the disease manifestation. The World over post vaccination phase, contracting infection to disease manifestation is examined as CONVERSION RATE to decide the severity of pandemic. The data as on date suggests the conversion rate is stable because the People are following instructions, taking vaccines. However, it can be further improved with cooperation from all i.e. positive person having comorbidities should not delay their arrival in Hospital and take treatment as per the treatment protocols.
- Out of total 36,281 cases of infection only 8.1% of the active cases are admitted either in hospital/Field hospitals. This percentage is more or less constant and that indicates that the progression toward disease of the person who is infected is not very alarming and appropriate care and support is being given to patients. The patients who arrive late in the hospital even though having morbidity are the majority patients in the hospitals and Diabetes and Hypertension together being the most common cause of patient death. Therefore, we request people with co morbidities once detected with covid infection to get hospitalized in time.
- Based on the Covid positive data during June, July and August, 6% of the Covid positive patients had taken a single dose of Covid 19 vaccination and 3.6% had taken two doses of covid 19 vaccination. This indicates that vaccinated people may get infected, even though it is very less. It indicates that post vaccination immunity is effective in preventing infection. Vaccinated people are advised to consult Doctor only when symptomatic. Vaccinated people should follow covid appropriate behaviour.
- Symptomatic non-Vaccinated people may do RTPCR test. Antigen testing is only for emergency purpose. Non vaccinated people with co-morbidities to do testing by RTPCR and consult doctor.
- Repeat RTPCR is not needed among the people who are detected COVID positive in the previous 3 months. All young person detected positive and at home isolation should do blood sugar test.

# **PART- 1 SUMMARY OF COVID CASES AND DEATH**

Table 1. Summary of COVID-19 cases till 12/12/2021

Positive cases	Recovere d patients	New persons in Quarantine / Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	Total no of Deaths reported	No of deaths declared as per appeal G.O.(Rt) No.2110/2 021/H&F WD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (C)
5194605	5112620	10917	10721	196	42967	9351	3779

Table 2. Summary of new COVID-19 cases (last 24 hours)

Positive cases	Recovere d patients	New persons in Quarantin e/ Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	No of Deaths reported daily (A)	No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H& FWD Dated 14 October (C)
2434	4308	10630	10423	207	38	165	0

Table 3. Cumulative summary as on 13/12/2021

Total Positive cases	Active cases	Total Recover ed	Total persons in Quarantin e/ Isolation	Persons in Home/Ins titution quarantin e	Persons in Hospital Isolatio n	Total No of Deaths (D)	Total No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (E)	Total No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (F)
5197039	36281	5116928	160033	155720	4313	43170	9516	3779

Table 4. District wise summary of Cumulative cases, Active cases, and New positive cases

District	Positive Cases declared today	Declared Negative today	Positive cases admitted in the district	
Thiruvananthapuram	458	712	6137	
Kollam	163	230	2124	
Pathanamthitta	76	192	805	
Alappuzha	83	171	779	
Kottayam	147	456	3532	
Idukki	63	146	1854	
Ernakulam	525	704	5759	
Thrissur	136	242	3243	
Palakkad	68	60	413	
Malappuram	83	101	1971	
Kozhikode	315	824	5180	
Wayanad	39	153	1245	
Kannur	224	276	2246	
Kasaragod	54	41	993	
Total	2434	4308	36281	

Table 5. District wise Death Cases through online and offline mode - post scrutiny status

District	No of Deaths reported daily (A)	No of deaths declared through appeal G.O.(Rt) No.2110/2021/H&F WD Dated 29 September (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)	Death Cases approved today (A+B+C)
Thiruvananthapuram	7	0	0	7
Kollam	4	0	0	4
Pathanamthitta	1	0	0	1
Alappuzha	0	6	0	6
Kottayam	1	89	0	90
Idukki	0	5	0	5
Ernakulam	5	0	0	5
Thrissur	9	0	0	9
Palakkad	3	6	0	9
Malappuram	0	1	0	1
Kozhikode	0	0	0	0
Wayanad	0	0	0	0
Kannur	6	58	0	64
Kasaragod	2	0	0	2
Total	38	165	0	203

- The list of Track A is mentioned in the Bulletin
- The list of Track B and Track C will be very long as we are declaring cumulative cases. These lists are available with the DMO and can be verified on online portal.
- https://covid19.kerala.gov.in/deathinfo/covidDeathDeclarationList.jsp

Table 6. Summary of contact or travel history of COVID-19 cases since 4th May 2020

Total cases	5196540
Cases with history of International/Interstate travel	63227
Cases with history of contact	5133313

Table 7. Summary of contact/travel history of new COVID-19 cases reported in last 24 hours

Total cases	2434
Cases with history of International/Interstate travel	6
Cases with history of contact	2283
Cases with no history of travel or contact	145

Table 8. Details of COVID-19 positive deaths in the last 24 hours

SI no.	District	Name	Place	Age	Gender	Death Date
1	Thiruvananthapuram	Ajaya Kumar	Thiruvananthapuram	54	Male	10-12-2021
2	Thiruvananthapuram	Gurudas	Azhoor	67	Male	13-12-2021
3	Thiruvananthapuram	Johny	Thiruvananthapuram	73	Male	11-12-2021
4	Thiruvananthapuram	Muraleedharan Asary	Edava	63	Male	05-12-2021
5	Thiruvananthapuram	Nirmala Devi T	Thiruvananthapuram	80	Female	12-12-2021
6	Thiruvananthapuram	Parvathy	Thiruvananthapuram	82	Female	09-12-2021
7	Thiruvananthapuram	Ratheesh Lal R	Kalliyoor	38	Male	12-12-2021
8	Kollam	Hassan Kunju	Thevalakkara	84	Female	03-12-2021
9	Kollam	Radhamani Amma	Kottarakkara	58	Female	03-12-2021
10	Kollam	Sahadevan	Poothakkulam	72	Male	05-12-2021
11	Kollam	Suresh	Paravoor	69	Male	04-12-2021
12	Pathanamthitta	Leelamma George	Kadambanad	71	Female	08-12-2021
13	Kottayam	Bhaskaran K K	Akalakkunnam	74	Male	10-12-2021
14	Ernakulam	Azees Pareed	Kunnathunad	67	Male	23-08-2021
15	Ernakulam	Johny	Mazhuvannur	65	Male	20-08-2021
16	Ernakulam	Margret Vakkachan	Kochi	72	Female	09-12-2021
17	Ernakulam	Mathai	Kalamassery	97	Male	17-09-2021
18	Ernakulam	M O George	Elamkunnapuzha	84	Male	09-12-2021
19	Thrissur	Alikutty	Punnayoorkulam	70	Male	09-12-2021
20	Thrissur	Antony K L	Pavaratty	66	Male	07-12-2021
21	Thrissur	Johnson M K	Vadakkekkad	55	Male	09-12-2021

22	Thrissur	Juliana Alice Krishna	Thrishur	77	Female	09-12-2021
22	T	Nair	CI	70	F 1	04.42.2024
23	Thrissur	Mancy Jose	Cherpu	70	Female	04-12-2021
24	Thrissur	Mary Paul	Thrishur	90	Female	05-12-2021
25	Thrissur	Muhammed	Cherpu	70	Male	30-06-2021
26	Thrissur	Santha	Erumapetty	70	Female	08-12-2021
27	Thrissur	Santha Parameswaran	Adat	63	Female	10-12-2021
28	Palakkad	Chandran	Kozhinjampara	62	Male	12-12-2021
29	Palakkad	Ramakrishnan	Vaniyamkulam	73	Male	13-12-2021
30	Palakkad	Thankam	Kannambra	78	Female	23-11-2021
31	Kannur	Chandramathi	Kannur	66	Female	30-11-2021
32	Kannur	Chandran	Mangattidam	69	Male	13-11-2021
33	Kannur	Leela K	Chittariparamba	84	Female	01-12-2021
34	Kannur	Narayani P	Cherukunnu	80	Female	30-11-2021
35	Kannur	Rajan	Kadirur	70	Male	17-11-2021
36	Kannur	Shivanandan	Azheekode	55	Female	01-12-2021
37	Kasaragod	Peethambaran	Madikai	54	Male	12-12-2021
38	Kasaragod	Shankari Rai	Kumbadaje	95	Female	10-12-2021

Detailed list is available with the respective District Medical office (Health)

Table 9. Summary of critical patients

Patients in ICUs	550
Patients on Ventilator support	205

<sup>\*</sup>The data shown contains ICU and Ventilator data from both government and private hospitals

### **PART- II COVID-19 TESTING**

Table 10. Cumulative number of samples tested

Cumulative Samples Sent	Cumulative routine + Sentinel samples	Airport surveillance	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
40513836	16929617	77321	124731	840052	94962	38177	22415290

Table 11. Details of new COVID-19 samples in the last 24 hours

Samples Sent	Routine + Sentinel Samples (PCR)	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
50446	32319	249	896	4725	366	11891

### **PART-III SURVEILLANCE**

Table 12. District wise distribution of persons under quarantine and isolation

District	Persons under observation as on today	Persons under home/institutional quarantine as on today	Total persons under hospital Isolation as on today	Persons hospitalized today
Thiruvananthapuram	29961	28692	1269	30
Kollam	8435	8159	276	34
Pathanamthitta	3058	2638	420	
Alappuzha	3183	3136	47	5
Kottayam	19205	18877	328	3
Idukki	5934	5831	103	3
Ernakulam	22511	21963	548	14
Thrissur	4675	4493	182	35
Palakkad	11514	11377	137	14
Malappuram	10627	10437	190	18
Kozhikode	17257	16983	274	9
Wayanad	11359	11279	80	3
Kannur	7963	7779	184	31
Kasaragod	4351	4076	275	8
Total	160033	155720	4313	207

Table 13. Summary of Travel surveillance 13/12/2021

Mode of Travel	Cumulative number of Passengers
International airport	2652177
Total	2652177

### PART-IV PSYCHOSOCIAL SUPPORT

'Ottakalla Oppamundu' is a program for providing Psychosocial support to the people in quarantine, isolation, school children and other categories of population as well as to the community in general. 847 Mental Health Personnel including Psychiatrists, Psychiatric Social Workers, Clinical Psychologists, and Counsellors are working and have given psychosocial support.

Table.14. Psychosocial support provided through the program "Ottakalla Oppamundu"

No. of Psychosocial workers	847
Total Psychosocial support calls made to persons in quarantine/isolation.	73,42,056
Total psychosocial support follow-up calls made	32,12,102
Total Post COVID calls	11,33,087
Total calls made to persons under treatment for mental illnesses, migrant labourers, differently abled children, elderly persons staying alone	3,48,860
Total Psychosocial support calls to school children	9,77,303
Total psychosocial support calls to health care workers	64,194
Total Psychosocial support calls received in helpline numbers	91,165
Total calls to all categories of Persons	1,31,68,767

### **PART-V ANNEXURES**

Annexure-1: List of Hotspots as on 13/12/2021

Panchayaths and Urban Wards with WIPR >10			
Sl.No	District	LSG	Ward No
1	Ernakualm	Kalloorkkadu	8, 7
2	Ernakualm	Pothanicadu	3
3	Ernakualm	Aikaranad	4
4	Ernakualm	Keerambra	10
5	Wayanad	Vythiri	8
As per G.O(Rt) No.643/2021/DMD dated 18.09.2021			

### DISTRICT WISE ABSTRACT

Sl. No	Name of District	WIPR (> 10)	
		No. of LSGs	No. of Wards
1	Ernakulam	4	5
2	Wayanad	1	1
Total		5	6

References
1.Thiruvanathapuram: Nil
2.Kollam: Nil
3.Pathanamthitta: Nil
4.Kottayam: Nil
5.Alappuzha: Nil
6.Idukki: Nil
7.Ernakulam: 3804/2020/D2 dated 07.12.2021
8.Thirissur: Nil
9.Palakkad: Nil
10.Malappuram: Nil
11.Kozhikkode: Nil
12.Wayanad: DCWYD/2671/2021/DM5 dated 04.12.2021
13.Kannur: Nil
14.Kasaragod: Nil

Annexure-2: District Covid 19 Control Room Numbers Oxygen War Room Numbers

District	Covid 19 Control Room Numbers	Oxygen War Room Numbers
Thiruvananthapuram	9188610100, 1077, 0471 277 9000	7592939426, 7592949448
Kollam	0474 2797609, 2794006, 8589015556	75920 03857
Alappuzha	0477 2239999, 2238642, 2238651	7594041555
Pathanamthitta	0468 2222515, 0468 2228220	1077, 8547715558
ldukki	18004255640, 0486 2232220, 2233118	18004255640, 04862233118
Kottayam	9188610014, 9188610016, 0481 2304800, 0481 2583200, 0481 2566100, 0481 2566700, 0481 2561300	0481 256 7390
Ernakulam	0484 2368702, 0484 2368802, 0484 2368902 Guest Control Room 9072303275, 9072303276 WhatsApp Number 9400021077	75940 46167
Thrissur	9400066921, 9400066922, 9400066923	9400063430, 7034099935
Palakkad	0491 251 0580, 04912510583 0491 251 0575, 0491 251 0576, 251 0574	0491251 0577, 8848902376
Malappuram	0483 2737858, 0483 2737857,0483 2733251, 0483 2733252, 2733253	0483 2952950
Calicut	0495 2371471, 0495 2376063 Collectorate 0495 2371002	75940-01419, 7594001485
Kannur	0497 2700194, 2713437, 9400066062, 9400066616	8281899687
Wayanad	04936 202343, 04936 202375	9526831678
Kasaragod	9946000493, 9946000293	9645002811

Annexure-3: Table of links to documents, guidelines, and websites

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Dashboard	https://dashboard.kerala.gov.in/	
Daily Bulletin	http://dhs.kerala.gov.in/ഡെയിലി- ബൂള്ളറ്റിന്%E2%80%8D/	
Guidelines and Advisories	http://dhs.kerala.gov.in/ജാഗ്രത- നിര്%E2%80%8Dദേശങ്ങള്%E2%80%8D/	
Awareness materials	https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbedUZa 8PUY9v3m0Wa?dl=0	
Posters	http://dhs.kerala.gov.in/photo-gallery/	
COVID-19 Jagratha	https://covid19jagratha.kerala.nic.in/	
E Sanjeevani	https://esanjeevaniopd.in	
NHM Kerala	https://arogyakeralam.gov.in/	

Directorate of Health Services	https://dhs.kerala.gov.in/
Directorate of Medical Education	http://www.dme.kerala.gov.in/
Department of Health and Family Welfare	https://health.kerala.gov.in/
Training and IEC videos	https://www.youtube.com/c/keralahealthonlinetraining

**Annexure-4: District Psychosocial support Helpline numbers** 

District	COVID help line numbers
Thiruvananthapuram	9846854844
Kollam	0474 2740166, 8281086130
Pathanamthitta	8281113911
Alappuzha	4792344474
Kottayam	9539355724
Idukki	04862226929, 9496886418
Ernakulam	04842351185, 9846996516
Thrissur	48723831553
Palakkad	4912533323
Malappuram	7593843617, 7593843625
Kozhikode	9495002270
Wayanad	9400348670
Kannur	04972734343, 9495142091
Kasaragod	9072574748, 9447447888

- District Helpline Numbers will be available from 9am to 4 pm.
- State Helpline Numbers DISHA 0471-2552056 and 1056 (Toll Free Number) will be available 24x7