

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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The daily COVID-19 bulletin of the Department of Health and Family Welfare, Government of Kerala summarizes the COVID-19 situation in Kerala. The bulletin also contains links to various important documents, guidelines, and websites for references.

OUR HEALTH OUR RESPONSIBILITY

- Even after vaccination, follow COVID appropriate behaviour.
- Maintain a distance of at least two metres with all people all the time.
- Always wear clean face mask appropriately everywhere all the time
- Perform hand hygiene after touching objects and surfaces all the time.
- *Perform hand hygiene before and after touching your face.*
- Observe cough and sneeze hygiene
- Avoid unnecessary travel, social interaction
- *Protect the elderly and the vulnerable- Observe reverse quarantine*
- PEOPLE WITH MULTIPLE COMORBIDITIES, IF DETECTED COVID POSTIVE SHOULD GET ADMITTED IN THE HOSPITAL IMMEDIATELY AND DO NOT REMAINED IN HOME ISOLATION
- Infection prevention by following Covid appropriate behaviour got strengthened with introduction of COVID vaccination.

Covid 19 status- Analytical Note

- 97.7% of the eligible population vaccinated with a single dose of vaccine (2,61,01,226) and 77.7% with a double dose (2,07,71,918) till December 28.
- Kerala is the state with highest rate of Vaccination/Million-1312993. The state has vaccinated more than 97% of people aged more than 45 years with a single dose and 83% with double dose*. (*Target recalculated)
- People have been cooperating we appeal to the 2nd dose eligible people to take their second dose of Covishield/ Covaxin without delay. Both the vaccines are effective.

- As per today's data, among the 2474 positives, 2194 persons were eligible for vaccination. 141 were vaccinated with single-dose and 1330 were fully vaccinated.
- 723 persons had no history of vaccination. This sub cohort needs to be followed and among them people having morbidity are advised to access health care in a Hospital. All vaccinated people should follow covid appropriate behaviour.
- Non vaccinated people with co morbidity have higher chances of mortality based on the mortality analysis. Hence, especially people with comorbidities should be careful. All must follow Covid appropriate behaviors.
- COVID-19 vaccines protect people from getting infected and become severely ill, and significantly reduce the likelihood of hospitalization and death.
- During December 20-December 26, the average active cases were 26,283 out of them an average of around 2% only were admitted in oxygen beds and 1.9% were in ICU. During this period there was a decrease of around 5451 new cases. The growth rate in newly declared cases decreased by 24% during the same week compared to the previous week. The number of active patients, those admitted in hospitals, field hospitals, ICU, ventilator and oxygen support beds has reduced by 22%, 10%, 38%, 6%, 9% and 12% respectively in this week compared to previous week. This shows that rate of hospitalization and serious cases are showing a decreasing trend.
- For any disease control program, active case finding is important. The state is doing appropriate testing. However, there is an apprehension regarding test positivity rate. It is hereby explained that test positivity rate indicates the infection. There are two specific issues all may understand i.e. contracting infection and because of contracting infection the disease manifestation. The World over post vaccination phase, contracting infection to disease manifestation is examined as CONVERSION RATE to decide the severity of pandemic. The data as on date suggests the conversion rate is stable because the People are following instructions, taking vaccines. However, it can be further improved with cooperation from all i.e. positive person having comorbidities should not delay their arrival in Hospital and take treatment as per the treatment protocols.
- Out of total 20,400 cases of infection only 11% of the active cases are admitted either in hospital/Field hospitals. This percentage is more or less constant and that indicates that the progression toward disease of the person who is infected is not very alarming and appropriate care and support is being given to patients. The patients who arrive late in the hospital even though having morbidity are the majority patients in the hospitals and Diabetes and Hypertension together being the most common cause of patient death. Therefore, we request people with co morbidities once detected with covid infection to get hospitalized in time.
- Based on the Covid positive data during June, July and August, 6% of the Covid positive patients had taken a single dose of Covid 19 vaccination and 3.6% had taken two doses of covid 19 vaccination. This indicates that vaccinated people may get infected, even though it is very less. It indicates that post vaccination immunity is effective in preventing infection. Vaccinated people are advised to consult Doctor only when symptomatic. Vaccinated people should follow covid appropriate behaviour.
- Symptomatic non-Vaccinated people may do RTPCR test. Antigen testing is only for emergency purpose. Non vaccinated people with co-morbidities to do testing by RTPCR and consult doctor.
- Repeat RTPCR is not needed among the people who are detected COVID positive in the previous 3 months. All young person detected positive and at home isolation should do blood sugar test.

PART- 1 SUMMARY OF COVID CASES AND DEATH

Table 1. Summary of COVID-19 cases till 27/12/2021

Positive cases	Recovere d patients	New persons in Quarantine / Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	Total no of Deaths reported	No of deaths declared as per appeal G.O.(Rt) No.2110/2 021/H&F WD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (C)
5236758	5168028	6223	6091	132	46822	12685	3779

Table 2. Summary of new COVID-19 cases (last 24 hours)

Posi cas	ive	overe d tients	New persons in Quarantin e/ Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	No of Deaths reported daily (A)	No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H& FWD Dated 14 October (C)
2474	3	052	5646	5449	197	38	206	0

Table 3. Cumulative summary as on 28/12/2021

Total Positive cases	Active cases	Total Recover ed	Total persons in Quarantin e/ Isolation	Persons in Home/Ins titution quarantin e	Persons in Hospital Isolatio n	Total No of Deaths (D)	Total No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (E)	Total No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (F)
5239232	20400	5171080	116378	112641	3737	47066	12891	3779

Table 4. District wise summary of Cumulative cases, Active cases, and New positive cases

District	Positive Cases declared today	Declared Negative today	Positive cases admitted in the district	
Thiruvananthapuram	405	567	3414	
Kollam	167	209	1024	
Pathanamthitta	158	209	250	
Alappuzha	87	93	255	
Kottayam	203	79	2461	
Idukki	60	136	1119	
Ernakulam	419	512	3520	
Thrissur	237	278	1727	
Palakkad	60	128	439	
Malappuram	102	119	1311	
Kozhikode	273	376	2767	
Wayanad	90	75	689	
Kannur	178	185	953	
Kasaragod	35	86	471	
Total	2474	3052	20400	

Table 5. District wise Death Cases through online and offline mode - post scrutiny status

District	No of Deaths reported daily (A)	No of deaths declared through appeal G.O.(Rt) No.2110/2021/H&F WD Dated 29 September (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)	Death Cases approved today (A+B+C)
Thiruvananthapuram	7	0	0	7
Kollam	5	0	0	5
Pathanamthitta	0	0	0	0
Alappuzha	0	73	0	73
Kottayam	3	4	0	7
Idukki	1	0	0	1
Ernakulam	5	42	0	47
Thrissur	0	0	0	0
Palakkad	0	26	0	26
Malappuram	0	52	0	52
Kozhikode	3	0	0	3
Wayanad	0	0	0	0
Kannur	6	9	0	15
Kasaragod	8	0	0	8
Total	38	206	0	244

- The list of Track A is mentioned in the Bulletin
- The list of Track B and Track C will be very long as we are declaring cumulative cases. These lists are available with the DMO and can be verified on online portal.
- https://covid19.kerala.gov.in/deathinfo/covidDeathDeclarationList.jsp

Table 6. Summary of contact or travel history of COVID-19 cases since 4th May 2020

Total cases	5238733
Cases with history of International/Interstate travel	63472
Cases with history of contact	5175261

Table 7. Summary of contact/travel history of new COVID-19 cases reported in last 24 hours

Total cases	2474
Cases with history of International/Interstate travel	24
Cases with history of contact	2329
Cases with no history of travel or contact	121

Table 8. Details of COVID-19 positive deaths in the last 24 hours

SI no.	District	Name	Place	Age	Gender	Death Date
1	Thiruvananthapuram	A Abdul Salam	Manickal	74	Male	26-12-2021
2	Thiruvananthapuram	Omana Kunjamma	Pallichal	71	Female	26-12-2021
3	Thiruvananthapuram	Raveendran Nair	Thiruvananthapuram	83	Male	25-12-2021
4	Thiruvananthapuram	Subaida Beevi	Nedumangad	77	Female	25-12-2021
5	Thiruvananthapuram	Sukumaran	Aryanad	70	Male	25-12-2021
6	Thiruvananthapuram	Thankamma	Kilimanoor	85	Female	25-12-2021
7	Thiruvananthapuram	Vamadevan	Thiruvananthapuram	88	Male	23-12-2021
8	Kollam	Koya Kunju	Kollam	65	Male	26-12-2021
9	Kollam	Safiya Beevi	Ittiva	65	Female	14-11-2021
10	Kollam	Sukumaran	Thalavoor	80	Male	26-12-2021
11	Kollam	Thulasi Bhai	Neduvathur	59	Female	18-12-2021
12	Kollam	Viswamani	Chavara	60	Male	16-12-2021
13	Kottayam	Chacko Mathai	Pallickathodu	65	Male	23-12-2021
14	Kottayam	P V lype	Vakathanam	86	Male	26-12-2021
15	Kottayam	Thankachan	Karukachal	62	Male	25-12-2021
16	Idukki	P A Chandravally	Thodupuzha	80	Female	21-12-2021
17	Ernakulam	Eyob	Kunnathunad	72	Male	10-12-2021
18	Ernakulam	Mallika	Vadavucode- Puthencruz	56	Female	23-12-2021
19	Ernakulam	Nadeera	Kuzhuppilly	72	Female	21-12-2021

20	Ernakulam	Ravi K N	Kavalangad	71	Male	22-08-2021
21	Ernakulam	Shabbir Kagdi	Kochi	80	Male	24-12-2021
22	Kozhikode	Kalanthan	Nanmanda	80	Male	23-12-2021
23	Kozhikode	Padmanabhan K T	Maniyur	74	Male	26-12-2021
24	Kozhikode	Soopy	Vanimel	74	Male	25-12-2021
25	Kannur	Bhaskaran	Ramanthali	75	Male	21-12-2021
26	Kannur	Hussain V K	Kannur	80	Male	13-12-2021
27	Kannur	Karthyayani Amma P	Taliparamba	92	Female	24-12-2021
28	Kannur	Raghavan Vv	Pariyaram	84	Male	12-12-2021
29	Kannur	Rohini	Kannur	85	Female	16-12-2021
30	Kannur	Thresiamma John	Alakode	99	Female	04-12-2021
31	Kasaragod	Balakrishnan	Kasaragod	77	Male	26-12-2021
32	Kasaragod	Hathunniza	Mangalpady	64	Female	25-12-2021
33	Kasaragod	Krishnan	Bedadka	66	Male	21-12-2021
34	Kasaragod	Kunhabdulla	Trikaripur	48	Male	16-12-2021
35	Kasaragod	Madhavi Amma	Chengala	85	Female	17-12-2021
36	Kasaragod	Mary Thomas	East Eleri	90	Female	24-12-2021
37	Kasaragod	Rajamani	Trikaripur	68	Male	20-12-2021
38	Kasaragod	Shambu Acharya	Kinanoor - Karindalam	69	Male	18-12-2021

Detailed list is available with the respective District Medical office (Health)

Table 9. Summary of critical patients

Patients in ICUs	470
Patients on Ventilator support	165

^{*}The data shown contains ICU and Ventilator data from both government and private hospitals

PART- II COVID-19 TESTING

Table 10. Cumulative number of samples tested

Cumula Samp Sen	les	umulative routine + Sentinel samples	Airport surveillance	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
413078	330 13	7468735	77321	128713	853231	113497	41887	22630760

Table 11. Details of new COVID-19 samples in the last 24 hours

Samples Sent	Routine + Sentinel Samples (PCR)	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
60597	39836	380	1150	986	114	18131

PART-III SURVEILLANCE

Table 12. District wise distribution of persons under quarantine and isolation

District	Persons under observation as on today	Persons under home/institutional quarantine as on today	Total persons under hospital Isolation as on today	Persons hospitalized today
Thiruvananthapuram	22054	20826	1228	34
Kollam	5144	4956	188	15
Pathanamthitta	6003	5854	149	5
Alappuzha	3316	3254	62	9
Kottayam	11718	11430	288	0
Idukki	1805	1755	50	4
Ernakulam	11648	11205	443	33
Thrissur	2708	2216	492	32
Palakkad	8359	8284	75	7
Malappuram	8358	8211	147	7
Kozhikode	15093	14894	199	18
Wayanad	8474	8427	47	6
Kannur	7347	7207	140	23
Kasaragod	4351	4122	229	4
Total	116378	112641	3737	197

Table 13. Summary of Travel surveillance 28/12/2021

Mode of Travel	Cumulative number of Passengers
International airport	2788887
Total	2788887

PART-IV PSYCHOSOCIAL SUPPORT

'Ottakalla Oppamundu' is a program for providing Psychosocial support to the people in quarantine, isolation, school children and other categories of population as well as to the community in general. 842 Mental Health Personnel including Psychiatrists, Psychiatric Social Workers, Clinical Psychologists, and Counsellors are working and have given psychosocial support.

Table.14. Psychosocial support provided through the program "Ottakalla Oppamundu"

No. of Psychosocial workers	842
Total Psychosocial support calls made to persons in quarantine/ isolation.	73,66,356
Total psychosocial support follow-up calls made	32,12,102
Total Post COVID calls	11,33,087
Total calls made to persons under treatment for mental illnesses, migrant labourers, differently abled children, elderly persons staying alone	3,48,860
Total Psychosocial support calls to school children	9,83,380
Total psychosocial support calls to health care workers	64, 194
Total Psychosocial support calls received in helpline numbers	91,496
Total calls to all categories of Persons	1,31,99,475

PART-V ANNEXURES

Annexure-1: List of Hotspots as on 28/12/2021

Panchayaths and Urban Wards with WIPR >10			
Sl.No	District	LSG	Ward No
1	Ernakualm	Kalloorkkadu	8, 7
2	Ernakualm	Pothanicadu	3
3	Ernakualm	Aikaranad	4
4	Ernakualm	Keerambra	10
5	Wayanad	Vythiri	8
As per G.O(Rt) No.643/2021/DMD dated 18.09.2021			

DISTRICT WISE ABSTRACT

Sl. No	Name of District	WIPR (> 10)	
		No. of LSGs	No. of Wards
1	Ernakulam	4	5
2	Wayanad	1	1
Total		5	6

References
1.Thiruvanathapuram: Nil
2.Kollam: Nil
3.Pathanamthitta: Nil
4.Kottayam: Nil
5.Alappuzha: Nil
6.Idukki: Nil
7.Ernakulam: 3804/2020/D2 dated 07.12.2021
8.Thirissur: Nil
9.Palakkad: Nil
10.Malappuram: Nil
11.Kozhikkode: Nil
12.Wayanad: DCWYD/2671/2021/DM5 dated 04.12.2021
13.Kannur: Nil
14.Kasaragod: Nil

Annexure-2: District Covid 19 Control Room Numbers Oxygen War Room Numbers

District	Covid 19 Control Room Numbers	Oxygen War Room Numbers
Thiruvananthapuram	9188610100, 1077, 0471 277 9000	7592939426, 7592949448
Kollam	0474 2797609, 2794006, 8589015556	75920 03857
Alappuzha	0477 2239999, 2238642, 2238651	7594041555
Pathanamthitta	0468 2222515, 0468 2228220	1077, 8547715558
ldukki	18004255640, 0486 2232220, 2233118	18004255640, 04862233118
Kottayam	9188610014, 9188610016, 0481 2304800, 0481 2583200, 0481 2566100, 0481 2566700, 0481 2561300	0481 256 7390
Ernakulam	0484 2368702, 0484 2368802, 0484 2368902 Guest Control Room 9072303275, 9072303276 WhatsApp Number 9400021077	75940 46167
Thrissur	9400066921, 9400066922, 9400066923	9400063430, 7034099935
Palakkad	0491 251 0580, 04912510583 0491 251 0575, 0491 251 0576, 251 0574	0491251 0577, 8848902376
Malappuram	0483 2737858, 0483 2737857,0483 2733251, 0483 2733252, 2733253	0483 2952950
Calicut	0495 2371471, 0495 2376063 Collectorate 0495 2371002	75940-01419, 7594001485
Kannur	0497 2700194, 2713437, 9400066062, 9400066616	8281899687
Wayanad	04936 202343, 04936 202375	9526831678
Kasaragod	9946000493, 9946000293	9645002811

Annexure-3: Table of links to documents, guidelines, and websites

Annexure 5. rable of miks to documents, guidennes, and websites		
Dashboard	https://dashboard.kerala.gov.in/	
Daily Bulletin	http://dhs.kerala.gov.in/ഡെയിലി- ബൂള്ളറ്റിന്%E2%80%8D/	
Guidelines and Advisories	http://dhs.kerala.gov.in/ജാഗ്രത- നിര്%E2%80%8Dദേശങ്ങള്%E2%80%8D/	
Awareness materials	https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbedUZa 8PUY9v3m0Wa?dl=0	
Posters	http://dhs.kerala.gov.in/photo-gallery/	
COVID-19 Jagratha	https://covid19jagratha.kerala.nic.in/	
E Sanjeevani	https://esanjeevaniopd.in	
NHM Kerala	https://arogyakeralam.gov.in/	

Directorate of Health Services	https://dhs.kerala.gov.in/
Directorate of Medical Education	http://www.dme.kerala.gov.in/
Department of Health and Family Welfare	https://health.kerala.gov.in/
Training and IEC videos	https://www.youtube.com/c/keralahealthonlinetraining

Annexure-4: District Psychosocial support Helpline numbers

District	COVID help line numbers
Thiruvananthapuram	9846854844
Kollam	0474 2740166, 8281086130
Pathanamthitta	8281113911
Alappuzha	4792344474
Kottayam	9539355724
Idukki	04862226929, 9496886418
Ernakulam	04842351185, 9846996516
Thrissur	48723831553
Palakkad	4912533323
Malappuram	7593843617, 7593843625
Kozhikode	9495002270
Wayanad	9400348670
Kannur	04972734343, 9495142091
Kasaragod	9072574748, 9447447888

- District Helpline Numbers will be available from 9am to 4 pm.
- State Helpline Numbers DISHA 0471-2552056 and 1056 (Toll Free Number) will be available 24x7