



**COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL  
HEALTH & FAMILY WELFARE DEPARTMENT  
GOVT. OF KERALA**

[www.health.kerala.gov.in](http://www.health.kerala.gov.in)

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**Date: 14/02/2022**

**Time: 02:00 PM**

The daily COVID-19 bulletin of the Department of Health and Family Welfare, Government of Kerala summarizes the COVID-19 situation in Kerala. The bulletin also contains links to various important documents, guidelines, and websites for references.

**GENERAL GUIDELINES**

- Maintain SMS (Social Distancing, Mask and Sanitize) and remain in ventilated environment
- Protect the elderly and the vulnerable- Observe reverse quarantine
- COVID-19 vaccines protect people from getting infected and becoming severely ill and significantly reduce the likelihood of hospitalization and death.
- All those eligible for COVID vaccination should take the appropriate dose of the vaccine without delay
- Come forward for vaccination for the age group of 15-17 years .
- Additional precautionary dose is available for those who have taken 2 doses and completed nine months since 2nd dose for >60 yrs, Health Care Workers, and people with comorbidities.
- Non-vaccinated people with comorbidities have higher chances of severe illness and death. Hence people with comorbidities should receive vaccination and always follow COVID appropriate behaviour. Avoid social gathering. Remain in reverse quarantine to the extend possible.
- Antigen testing should be resorted for emergency purposes. Non vaccinated people with comorbidities in case of developing symptoms should preferably do RTPCR testing and consult a doctor.

### **Home Isolation Mandates**

- Over the past two years, it has been seen globally that majority of cases of COVID-19 are either asymptomatic or have very mild symptoms. Such patients usually recover with minimal interventions and accordingly can be managed at home under proper medical guidance and monitoring
- A caregiver (ideally someone who has completed his COVID-19 vaccination schedule) should be available to provide care on a 24 x7 basis to Covid Positive Patients under Home Isolation. A communication link between the caregiver and a Medical Officer is a prerequisite for the entire duration of home isolation.
- The patient must isolate himself from other household members, stay in the identified room and be away from other people at home, especially the elderly and those with co-morbid conditions like hypertension, cardiovascular disease and renal diseases. The room selected for isolation should preferably be a well-ventilated room with cross ventilation, and windows should be kept open to allow fresh air
- People with co-morbidities once detected with covid infection should visit Health institution.

### **When to seek medical attention?**

- Immediate medical attention must be sought if severe signs or symptoms develop. These could include. Unresolved High-grade fever (more than 100° F for more than three days) ii. Difficulty in breathing, iii. Dip in oxygen saturation ( $SpO_2 \leq 93\%$  on room air at least three readings within 1 hour) or respiratory rate  $>24/$  min iv. Persistent pain/pressure in the chest, v. Mental confusion or inability to arouse, vi. Severe fatigue and myalgia

### **Covid 19 status- Analytical Note**

- Kerala is the state with the highest rate of vaccination- 1454611 Vaccination/Million
- 100% of the eligible population vaccinated with a single dose of vaccine (2,68,68,122) and 85% with a double dose (2,27,94,810) till February 14. 75% of the 15-17 age group vaccinated with a single dose of vaccine (11,47,430) and 15% with a double dose (2,36,298). The state has vaccinated more than 97% of people aged over 45 years with a single dose and 85% with a double dose.
- During February 7 – February 13, the average active cases were 2,31,908 out of them, an average of 0.9% only were admitted in oxygen beds, and 0.5% were in ICU.
- Out of the total 1,44,384 cases, only 4.3% of the active cases are admitted either in hospital/Field hospitals. [Non-KASP hospital occupancy too included]

**PART- 1 SUMMARY OF COVID CASES AND DEATH**

**Table 1. Summary of COVID-19 cases till 13/2/2022**

Positive cases	Recovered patients	New persons in Quarantine/ Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	Total no of Deaths reported	No of deaths declared as per appeal cases filed G.O.(Rt) No.2110/2021/H&FWD
<b>6407383</b>	<b>6184080</b>	<b>16853</b>	<b>15866</b>	<b>987</b>	<b>62199</b>	<b>24413</b>

**Table 2. Summary of new COVID-19 cases (last 24 hours)**

Positive cases	Recovered patients	New persons in Quarantine / Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	No. Of Deaths in Last 24 Hrs	Deaths declared in the last 24 hrs but of previous days because of late receiving of documents	No of deaths declared as per appeal G.O.(Rt) No.2110/2021/H&FWD (Appeal Cases Filed)
<b>8989</b>	<b>24757</b>	<b>12296</b>	<b>11451</b>	<b>845</b>	<b>25</b>	<b>92</b>	<b>61</b>

**Table 3. Cumulative summary as on 14/02/2022**

Total Positive cases	Active cases	Total Recovered	Total persons in Quarantine/ Isolation	Persons in Home/Insti tution quarantine	Persons in Hospital Isolation	Total No of Deaths	Total No of deaths declared as per appeal cases filed G.O.(Rt) No.2110/2021/H&FWD
<b>6416372</b>	<b>144384</b>	<b>6208837</b>	<b>284183</b>	<b>278244</b>	<b>5939</b>	<b>62377</b>	<b>24474</b>

**Table 4. District wise summary of Cumulative cases, Active cases, and New positive cases**

<b>District</b>	<b>Positive Cases declared today</b>	<b>Declared Negative today</b>	<b>Positive cases admitted in the district</b>
Thiruvananthapuram	1240	4565	17611
Kollam	879	1466	16548
Pathanamthitta	330	585	6478
Alappuzha	558	1650	8168
Kottayam	743	2694	16270
Idukki	412	1436	8840
Ernakulam	1608	3056	24413
Thrissur	625	2604	11979
Palakkad	386	1213	5240
Malappuram	443	1586	8874
Kozhikode	828	1591	9292
Wayanad	205	807	4210
Kannur	562	1031	4950
Kasaragod	170	473	1511
<b>Total</b>	<b>8989</b>	<b>24757</b>	<b>144384</b>

**Table 5. District wise Death Cases through online and offline mode - post scrutiny status**

<b>District</b>	<b>No of Deaths reported daily (A)</b>	<b>No of deaths declared through appeal G.O.(Rt) No.2110/2021/H&amp;FWD Dated 29 September (B)</b>	<b>Death Cases approved today (A+B)</b>
Thiruvananthapuram	10	4	14
Kollam	17	0	17
Pathanamthitta	13	0	13
Alappuzha	0	6	6
Kottayam	7	32	39
Idukki	6	0	6
Ernakulam	7	0	7
Thrissur	3	0	3
Palakkad	9	12	21
Malappuram	17	2	19
Kozhikode	16	0	16
Wayanad	1	4	5
Kannur	4	1	5
Kasaragod	7	0	7
<b>Total</b>	<b>117</b>	<b>61</b>	<b>178</b>

- The list of Track A is mentioned in the Bulletin
- The list of Track B and Track C will be very long as we are declaring cumulative cases. These lists are available with the DMO and can be verified on online portal.
- <https://covid19.kerala.gov.in/deathinfo/covidDeathDeclarationList.jsp>

**Table 6. Summary of contact or travel history of COVID-19 cases since 4th May 2020**

Total cases	<b>6415873</b>
Cases with history of International/Interstate travel	<b>74446</b>
Cases with history of contact	<b>6341427</b>

**Table 7. Summary of contact/travel history of new COVID-19 cases reported in last 24 hours**

Total cases	<b>8989</b>
Cases with history of International/Interstate travel	<b>30</b>
Cases with history of contact	<b>8356</b>
Cases with no history of travel or contact	<b>603</b>

**Table 8. Details of COVID-19 positive deaths in the last 24 hours**

Sl no.	District	Name	Place	Age	Gender	Death Date
1	Thiruvananthapuram	Ani	Thiruvananthapuram	51	Male	12-02-2022
2	Thiruvananthapuram	Ayisha Haridas	Thiruvananthapuram	74	Female	14-02-2022
3	Thiruvananthapuram	Dr Bc Pillai	Thiruvananthapuram	81	Female	12-02-2022
4	Thiruvananthapuram	Gopinathan Pillai K	Thiruvananthapuram	89	Male	14-02-2022
5	Thiruvananthapuram	Joyis	Kadakkavoor	84	Female	13-02-2022
6	Thiruvananthapuram	Pankajakshi Amma	Manickal	81	Female	23-01-2022
7	Thiruvananthapuram	Prakashan	Navayikulam	63	Male	10-02-2022
8	Thiruvananthapuram	Raveendran C	Mangalapuram	76	Male	12-02-2022
9	Thiruvananthapuram	Sreedharan	Elakamon	85	Male	13-02-2022
10	Thiruvananthapuram	Sumathi	Thiruvananthapuram	66	Female	13-02-2022
11	Kollam	C Pappachan	Thalavoor	58	Male	10-02-2022
12	Kollam	Leela	Kundara	65	Female	13-02-2022
13	Kollam	Meeran Sahib	Chadayamangalam	92	Male	13-02-2022
14	Kollam	Neelambaran	Karunagappally	79	Male	13-02-2022
15	Kollam	Padmakshy	Anchal	83	Male	12-02-2022
16	Kollam	Pankajakshi Amma	Sooranad North	91	Female	10-02-2022
17	Kollam	Papachan	Vilakkudy	86	Male	12-02-2022
18	Kollam	Pramod Anand	Kollam	51	Male	11-02-2022
19	Kollam	P R Sivadasan	Poothakkulam	86	Male	13-02-2022
20	Kollam	Radhamani K	Ittiva	62	Female	13-02-2022

21	Kollam	Rajappan	Ittiva	72	Male	13-02-2022
22	Kollam	Saithueen Beevi	Perinad	83	Female	11-02-2022
23	Kollam	Sarojinipillai	Kollam	76	Female	12-02-2022
24	Kollam	Sathi	Kalluvathukkal	65	Female	11-02-2022
25	Kollam	Sukumaran	Paravoor	66	Male	13-02-2022
26	Kollam	Thamarakshi	Neduvathur	85	Female	12-02-2022
27	Kollam	Vidhyadharan	Thalavoor	70	Male	09-02-2022
28	Pathanamthitta	Biju	Kottanad	40	Male	06-02-2022
29	Pathanamthitta	Jacob K Oommen	Ezhumattoor	83	Male	04-02-2022
30	Pathanamthitta	Janaki	Thottappuzhassery	78	Female	12-02-2022
31	Pathanamthitta	Joseph	Naranammoozhy	57	Male	12-02-2022
32	Pathanamthitta	K K Raju	Mallappally	59	Male	12-02-2022
33	Pathanamthitta	K K Vasudevan	Mallappuzhassery	84	Male	12-02-2022
34	Pathanamthitta	Kunjumon	Vadasserikkara	58	Male	12-02-2022
35	Pathanamthitta	Omanaamma N	Pallickal	71	Female	09-02-2022
36	Pathanamthitta	Ponnamma	Ayiroor	77	Female	11-02-2022
37	Pathanamthitta	Radhakrishnan Nair	Thiruvalla	72	Male	11-02-2022
38	Pathanamthitta	Saramma Yohannan	Ayiroor	75	Female	10-02-2022
39	Pathanamthitta	Stephanos	Kallooppara	83	Male	07-02-2022
40	Pathanamthitta	Suresh	Kalanjoor	53	Male	11-02-2022
41	Kottayam	Chacko Mathew	Thiruvarpvu	72	Male	12-02-2022
42	Kottayam	Chacko T J	Panachikadu	75	Male	12-02-2022
43	Kottayam	Fathima Beevi	Parathodu	79	Female	13-02-2022
44	Kottayam	Janaki	Manjoor	60	Female	12-02-2022
45	Kottayam	Kuttikrishnan Nair B	Kaduthuruthy	73	Female	12-02-2022
46	Kottayam	Meenakshi Ammal	Ettumanoor	86	Female	12-02-2022
47	Kottayam	Viswamohanan Nair T S	Thiruvarpvu	62	Male	12-02-2022
48	Idukki	Antony	Karunapuram	83	Male	12-02-2022
49	Idukki	Kuruvila	Vathikudy	95	Male	09-02-2022
50	Idukki	Ravi K K	Kamakshy	62	Male	07-02-2022
51	Idukki	Salim	Vazhathope	58	Male	10-02-2022
52	Idukki	Shivan	Pallivasal	60	Male	12-02-2022
53	Idukki	Suhara Beevi	Munnar	88	Female	11-02-2022
54	Ernakulam	Augustine	Kochi	51	Male	04-02-2022
55	Ernakulam	Babu	Mulamthuruthy	53	Male	09-02-2022
56	Ernakulam	Jayadevan Cm	Kochi	95	Male	20-10-2021
57	Ernakulam	Mathew Francis	Kochi	82	Male	07-02-2022
58	Ernakulam	Sebastian C J	Kochi	73	Male	08-02-2022
59	Ernakulam	T K Vijayan	Kothamangalam	70	Male	09-02-2022
60	Ernakulam	V I James	Varapuzha	69	Male	14-02-2022
61	Thrissur	George	Puthur	74	Male	12-02-2022

62	Thrissur	Kathreena Jacob	Kattoor	83	Female	13-02-2022
63	Thrissur	Subramanian	Manalur	83	Male	11-02-2022
64	Palakkad	Jayarajan K P	Pattambi	57	Male	14-02-2022
65	Palakkad	Kashu	Erimayoor	67	Male	13-02-2022
66	Palakkad	Mariya	Mannarkad	76	Female	12-02-2022
67	Palakkad	M Yesoda	Akathethara	71	Female	10-02-2022
68	Palakkad	Ponnan P	Karimpuzha	85	Male	11-02-2022
69	Palakkad	Rajan	Puthukode	67	Male	13-02-2022
70	Palakkad	Raphel	Nelliyampathy	91	Male	12-02-2022
71	Palakkad	Santha	Kannadi	58	Female	13-02-2022
72	Palakkad	Sasikumar	Pudusserri	60	Male	10-02-2022
73	Malappuram	Abdu Rahman	Chokkad	70	Male	09-02-2022
74	Malappuram	Aboobacker	Kuruva	80	Male	12-02-2022
75	Malappuram	Abu	Tirurangadi	64	Male	02-02-2022
76	Malappuram	Abu	Thirunavaya	68	Male	01-10-2021
77	Malappuram	Bhaskaran	Kalady	74	Male	04-02-2022
78	Malappuram	Chirutha	Kondotty	86	Female	03-02-2022
79	Malappuram	Choolan	Cherukavu	84	Male	18-12-2021
80	Malappuram	Fathima S	Pulpetta	75	Female	10-02-2022
81	Malappuram	Khairunnisa N	Parappanangadi	67	Female	10-02-2022
82	Malappuram	Kunhimon	Ponnani	65	Male	08-02-2022
83	Malappuram	Lakshmi Amma	Kalady	88	Female	09-02-2022
84	Malappuram	Muhammed Abdul Kadhar	Edavanna	85	Male	12-02-2022
85	Malappuram	Nafeesa	Kalady	80	Female	10-01-2022
86	Malappuram	Narayanan Nair	Amarambalam	92	Male	10-02-2022
87	Malappuram	Shahina	Malappuram	47	Female	09-02-2022
88	Malappuram	Subaida	Tirur	54	Female	11-02-2022
89	Malappuram	Unnipathutty	Porur	71	Female	11-02-2022
90	Kozhikode	Ahmed R K	Chengottukave	74	Male	11-02-2022
91	Kozhikode	Ariyayi	Atholi	85	Male	13-02-2022
92	Kozhikode	Asokan	Kuruvattur	63	Male	12-02-2022
93	Kozhikode	Balakrishnan P K	Atholi	88	Male	09-02-2022
94	Kozhikode	Fathima	Koilandy	72	Female	13-02-2022
95	Kozhikode	Kallyani	Kakkodi	81	Female	11-02-2022
96	Kozhikode	Kamalam	Kozhikode	74	Female	14-02-2022
97	Kozhikode	Kanaran	Narikkuni	81	Male	14-02-2022
98	Kozhikode	Karunakaran Nair	Koduvally	93	Male	13-02-2022
99	Kozhikode	Kunhikrishnan Nair	Panangad	79	Male	11-02-2022
100	Kozhikode	Kunjalan Kutty	Kadalundi	90	Male	11-02-2022
101	Kozhikode	Mathew	Kozhikode	86	Male	29-01-2022
102	Kozhikode	Rajan K	Perambra	59	Male	22-12-2021



103	Kozhikode	Raveendran C		67	Male	14-01-2022
104	Kozhikode	Ummer	Koilandy	72	Male	14-02-2022
105	Kozhikode	Vishalakshik	Kozhikode	86	Female	20-12-2021
106	Wayanad	Hussain	Thariode	68	Male	12-02-2022
107	Kannur	Kalyani P V	Ramanthali	87	Female	11-02-2022
108	Kannur	Mathayi	Kuttiattoor	70	Male	11-02-2022
109	Kannur	Meenakshi Amma	Eramam- Kuttoor	92	Female	10-02-2022
110	Kannur	Sreedharan	Chembilode	78	Male	02-02-2022
111	Kasaragod	Abdulla B K	Kumbadaje	78	Male	12-02-2022
112	Kasaragod	Abdulla M K M	Cheruvathur	85	Male	30-01-2022
113	Kasaragod	Azeez K V	Udma	70	Male	10-02-2022
114	Kasaragod	Gopalan	Ajanur	75	Male	12-02-2022
115	Kasaragod	Mohammed	Kumbla	72	Male	07-02-2022
116	Kasaragod	Mohammed Kunhi P	Cheruvathur	57	Male	29-01-2022
117	Kasaragod	Sreedharan	Kanhangad	63	Male	11-02-2022

\*Deaths in last 24 hours : 25

\*Deaths declared in the last 24 hours but of previous days due to late receiving of documents : 92

\*Deaths declared through appeal process (Appeal cases filed) in the last 24 hours : 61

*Detailed list is available with the respective District Medical office (Health)*

**Table 9. Summary of critical patients**

Patients in ICUs	<b>975</b>
Patients on Ventilator support	<b>270</b>

*\*The data shown contains ICU and Ventilator data from both government and private hospitals*

## PART- II COVID-19 TESTING

**Table 10. Cumulative number of samples tested**

Cumulative Samples Sent	Cumulative routine + Sentinel samples	Airport surveillance	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
<b>45227779</b>	<b>19860545</b>	<b>77321</b>	<b>138878</b>	<b>892414</b>	<b>166452</b>	<b>51809</b>	<b>24040360</b>

**Table 11. Details of new COVID-19 samples in the last 24 hours**

Samples Sent	Routine + Sentinel Samples (PCR)	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
<i>58090</i>	<i>35891</i>	<i>127</i>	<i>574</i>	<i>782</i>	<i>124</i>	<i>20592</i>

**PART-III SURVEILLANCE****Table 12. District wise distribution of persons under quarantine and isolation**

District	Persons under observation as on today	Persons under home/institutional quarantine as on today	Total persons under hospital Isolation as on today	Persons hospitalized today
Thiruvananthapuram	<i>29534</i>	<i>29010</i>	<i>524</i>	<i>54</i>
Kollam	<i>35724</i>	<i>35144</i>	<i>580</i>	<i>74</i>
Pathanamthitta	<i>29941</i>	<i>29497</i>	<i>444</i>	<i>439</i>
Alappuzha	<i>17370</i>	<i>17156</i>	<i>214</i>	<i>30</i>
Kottayam	<i>23699</i>	<i>23152</i>	<i>547</i>	<i>0</i>
Idukki	<i>11230</i>	<i>10945</i>	<i>285</i>	<i>20</i>
Ernakulam	<i>30004</i>	<i>29149</i>	<i>855</i>	<i>38</i>
Thrissur	<i>18306</i>	<i>17846</i>	<i>460</i>	<i>70</i>
Palakkad	<i>26962</i>	<i>26705</i>	<i>257</i>	<i>13</i>
Malappuram	<i>24068</i>	<i>23771</i>	<i>297</i>	<i>15</i>
Kozhikode	<i>16286</i>	<i>15610</i>	<i>676</i>	<i>24</i>
Wayanad	<i>4010</i>	<i>3863</i>	<i>147</i>	<i>22</i>
Kannur	<i>8839</i>	<i>8441</i>	<i>398</i>	<i>32</i>
Kasaragod	<i>8210</i>	<i>7955</i>	<i>255</i>	<i>14</i>
<b>Total</b>	<b><i>284183</i></b>	<b><i>278244</i></b>	<b><i>5939</i></b>	<b><i>845</i></b>

**Table 13. Summary of Travel surveillance 14/02/2022**

Mode of Travel	Cumulative number of Passengers
International airport	3137114
<b>Total</b>	<b>3137114</b>

#### **PART-IV PSYCHOSOCIAL SUPPORT**

**'Ottakalla Oppamundu'** is a program for providing Psychosocial support to the people in quarantine, isolation, school children and other categories of population as well as to the community in general. **1049** Mental Health Personnel including Psychiatrists, Psychiatric Social Workers, Clinical Psychologists, and Counsellors are working and have given psychosocial support.

**Table.14. Psychosocial support provided through the program "Ottakalla Oppamundu"**

No. of Psychosocial workers	<b>1049</b>
Total Psychosocial support calls made to persons in quarantine/ isolation.	<b>80,53,501</b>
Total psychosocial support follow-up calls made	<b>32,12,102</b>
Total Post COVID calls	<b>11,33,087</b>
Total calls made to persons under treatment for mental illnesses, migrant labourers, differently abled children, elderly persons staying alone	<b>3,48,860</b>
Total Psychosocial support calls to school children	<b>10,10,657</b>
Total psychosocial support calls to health care workers	<b>64,194</b>
Total Psychosocial support calls received in helpline numbers	<b>95,255</b>
<b>Total calls to all categories of Persons</b>	<b>1,39,17,656</b>

**PART-V ANNEXURES**

**Annexure-1: District Covid 19 Control Room Numbers Oxygen War Room Numbers**

District	Covid 19 Control Room Numbers	Oxygen War Room Numbers
Thiruvananthapuram	9188610100, 1077, 0471 277 9000	7592939426, 7592949448
Kollam	0474 2797609, 2794006, 8589015556	75920 03857
Alappuzha	0477 2239999, 2238642, 2238651	7594041555
Pathanamthitta	0468 2222515, 0468 2228220	1077, 8547715558
Idukki	18004255640, 0486 2232220, 2233118	18004255640, 04862233118
Kottayam	9188610014, 9188610016, 0481 2304800, 0481 2583200, 0481 2566100, 0481 2566700, 0481 2561300	0481 256 7390
Ernakulam	0484 2368702, 0484 2368802, 0484 2368902 Guest Control Room 9072303275, 9072303276 WhatsApp Number 9400021077	75940 46167
Thrissur	9400066921, 9400066922, 9400066923	9400063430, 7034099935
Palakkad	0491 251 0580, 04912510583 0491 251 0575, 0491 251 0576, 251 0574	0491251 0577, 8848902376
Malappuram	0483 2737858, 0483 2737857,0483 2733251, 0483 2733252, 2733253	0483 2952950
Calicut	0495 2371471, 0495 2376063 Collectorate 0495 2371002	75940-01419, 7594001485
Kannur	0497 2700194, 2713437, 9400066062, 9400066616	8281899687
Wayanad	04936 202343, 04936 202375	9526831678
Kasaragod	9946000493, 9946000293	9645002811

**Annexure-2: Table of links to documents, guidelines, and websites**

Dashboard	<a href="https://dashboard.kerala.gov.in/">https://dashboard.kerala.gov.in/</a>
Daily Bulletin	<a href="http://dhs.kerala.gov.in/ഡെയിലി-ബുള്ളറ്റിന്%E2%80%8D/">http://dhs.kerala.gov.in/ഡെയിലി-ബുള്ളറ്റിന്%E2%80%8D/</a>
Guidelines and Advisories	<a href="http://dhs.kerala.gov.in/ജാഗ്രത-നിര്%E2%80%8Dദേശങ്ങളു%E2%80%8D/">http://dhs.kerala.gov.in/ജാഗ്രത-നിര്%E2%80%8Dദേശങ്ങളു%E2%80%8D/</a>
Awareness materials	<a href="https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbedUZa_8PUY9v3m0Wa?dl=0">https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbedUZa_8PUY9v3m0Wa?dl=0</a>
Posters	<a href="http://dhs.kerala.gov.in/photo-gallery/">http://dhs.kerala.gov.in/photo-gallery/</a>
COVID-19 Jagratha	<a href="https://covid19jagratha.kerala.nic.in/">https://covid19jagratha.kerala.nic.in/</a>
E Sanjeevani	<a href="https://esanjeevaniopd.in">https://esanjeevaniopd.in</a>

NHM Kerala	<a href="https://aogyakeralam.gov.in/">https://aogyakeralam.gov.in/</a>
Directorate of Health Services	<a href="https://dhs.kerala.gov.in/">https://dhs.kerala.gov.in/</a>
Directorate of Medical Education	<a href="http://www.dme.kerala.gov.in/">http://www.dme.kerala.gov.in/</a>
Department of Health and Family Welfare	<a href="https://health.kerala.gov.in/">https://health.kerala.gov.in/</a>
Training and IEC videos	<a href="https://www.youtube.com/c/keralahealthonlinetraining">https://www.youtube.com/c/keralahealthonlinetraining</a>

### Annexure-3: District Psychosocial support Helpline numbers

District	COVID help line numbers
Thiruvananthapuram	9846854844
Kollam	0474 2740166, 8281086130
Pathanamthitta	8281113911
Alappuzha	4792344474
Kottayam	9539355724
Idukki	04862226929, 9496886418
Ernakulam	04842351185, 9846996516
Thrissur	04872383155, 8281100729, 8086007999
Palakkad	04912533323
Malappuram	7593843617, 7593843625
Kozhikode	9495002270
Wayanad	9400348670
Kannur	04972734343, 9495142091
Kasaragod	9072574748, 9447447888

- District Helpline Numbers will be available from 9am to 4 pm.
- *State Helpline Numbers DISHA 0471-2552056 and 1056 (Toll Free Number) will be available 24x7*