

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT

GOVT. OF KERALA

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The daily COVID-19 bulletin of the Department of Health and Family Welfare, Government of Kerala summarizes the COVID-19 situation in Kerala. The bulletin also contains links to various important documents, guidelines, and websites for references.

OUR HEALTH OUR RESPONSIBILITY

- Even after vaccination, follow COVID appropriate behaviour.
- Maintain a distance of at least two metres with all people all the time.
- Always wear clean face mask appropriately everywhere all the time
- Perform hand hygiene after touching objects and surfaces all the time.
- Perform hand hygiene before and after touching your face.
- Observe cough and sneeze hygiene
- Avoid unnecessary travel, social interaction
- Protect the elderly and the vulnerable Observe reverse quarantine
- PEOPLE WITH MULTIPLE COMORBIDITIES, IF DETECTED COVID POSTIVE SHOULD GET ADMITTED IN THE HOSPITAL IMMEDIATELY AND DO NOT REMAINED IN HOME ISOLATION
- Infection prevention by following Covid appropriate behaviour got strengthened with introduction of COVID vaccination.

Covid 19 status- Analytical Note

- 98% of the eligible population vaccinated with a single dose of vaccine (2,61,62,701) and 79.3% with a double dose (2,12,01,510) till January 2.
- Kerala is the state with highest rate of Vaccination/ Million- 1326749. The state has vaccinated more than 97% of people aged more than 45 years with a single dose and 83% with double dose*. (*Target recalculated)
- People have been cooperating we appeal to the 2nd dose eligible people to take their second dose of Covishield/ Covaxin without delay. Both the vaccines are effective.

- As per today's data, among the 2802 positives, 2395 persons were eligible for vaccination. 138 were vaccinated with single-dose and 1532 were fully vaccinated.
- 725 persons had no history of vaccination. This sub cohort needs to be followed and among them people having morbidity are advised to access health care in a Hospital. All vaccinated people should follow covid appropriate behaviour.
- Non vaccinated people with co morbidity have higher chances of mortality based on the mortality analysis. Hence, especially people with comorbidities should be careful. All must follow Covid appropriate behaviors.
- COVID-19 vaccines protect people from getting infected and become severely ill, and significantly reduce the likelihood of hospitalization and death.
- During December 25-December 31, the average active cases were 21,217 out of them an average of around 2.3% only were admitted in oxygen beds and 1.9% were in ICU. During this period there was a decrease of around 3308 new cases. The growth rate in newly declared cases decreased by 17% during the same week compared to the same

to the previous week. The number of active patients, those admitted in hospitals, field hospitals, ICU , ventilator and oxygen support beds has reduced by 26%, 23%, 11%, 23%,

25% and 14% respectively in this week compared to previous week. This shows that rate of hospitalization and serious cases are showing a decreasing trend.

- For any disease control program, active case finding is important. The state is doing appropriate testing. However, there is an apprehension regarding test positivity rate. It is hereby explained that test positivity rate indicates the infection. There are two specific issues all may understand i.e. **contracting infection** and because of contracting infection **the disease manifestation**. The World over post vaccination phase, contracting infection to disease manifestation is examined as CONVERSION RATE to decide the severity of pandemic. The data as on date suggests the conversion rate is stable because the People are following instructions, taking vaccines. However, it can be further improved with cooperation from all i.e. positive person having comorbidities should not delay their arrival in Hospital and take treatment as per the treatment protocols.
- Out of total 19,021 cases of infection only 10.7% of the active cases are admitted either in hospital/Field hospitals. This percentage is more or less constant and that indicates that the progression toward disease of the person who is infected is not very alarming and appropriate care and support is being given to patients. The patients who arrive late in the hospital even though having morbidity are the majority patients in the hospitals and Diabetes and Hypertension together being the most common cause of patient death. Therefore, we request people with co morbidities once detected with covid infection to get hospitalized in time.
- Based on the Covid positive data during June, July and August, 6% of the Covid positive patients had taken a single dose of Covid 19 vaccination and 3.6% had taken two doses of covid 19 vaccination. This indicates that vaccinated people may get infected, even though it is very less. It indicates that post vaccination immunity is effective in preventing infection. Vaccinated people are advised to consult Doctor only when symptomatic. Vaccinated people should follow covid appropriate behaviour.
- Symptomatic non-Vaccinated people may do RTPCR test. Antigen testing is only for emergency purpose. Non vaccinated people with co-morbidities to do testing by RTPCR and consult doctor.
- Repeat RTPCR is not needed among the people who are detected COVID positive in the previous 3 months. All young person detected positive and at home isolation should do blood sugar test.

PART- 1 SUMMARY OF COVID CASES AND DEATH Table 1. Summary of COVID-19 cases till 1/1/2022

Positive cases	Recovere d patients	New persons in Quarantine / Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	Total no of Deaths reported	No of deaths declared as per appeal G.O.(Rt) No.2110/2 021/H&F WD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (C)
5249612	5181981	6513	6344	169	48035	13800	3779

Table 2. Summary of new COVID-19 cases (last 24 hours)

Positive cases	Recovere d patients	New persons in Quarantin e/ Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	No of Deaths reported daily (A)	No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H& FWD Dated 14 October (C)
2802	2606	4484	4335	149	12	66	0

Table 3. Cumulative summary as on 02/01/2022

Total Positive cases	Active cases	Total Recover ed	Total persons in Quarantin e/ Isolation	Persons in Home/Ins titution quarantin e	Persons in Hospital Isolatio n	Total No of Deaths (D)	Total No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (E)	Total No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (F)
5252414	<i>19021</i>	5184587	104957	101682	3275	48113	13866	3779

District	Positive Cases declared today	Declared Negative today	Positive cases admitted in the district	
Thiruvananthapuram	472	565	3041	
Kollam	172	176	366	
Pathanamthitta	120	133	245	
Alappuzha	134	95	293	
Kottayam	182	286	2261	
Idukki	99	113	907	
Ernakulam	434	414	3620	
Thrissur	342	35	1986	
Palakkad	91	78	256	
Malappuram	138	120	1312	
Kozhikode	338	231	2755	
Wayanad	80	99	751	
Kannur	158	164	876	
Kasaragod	42	97	352	
Total	2802	2606	19021	

Table 4. District wise summary of Cumulative cases, Active cases, and New positive cases

District	No of Deaths reported daily (A)	No of deaths declared through appeal G.O.(Rt) No.2110/2021/H&F WD Dated 29 September (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)	Death Cases approved today (A+B+C)
Thiruvananthapuram	0	1	0	1
Kollam	1	0	0	1
Pathanamthitta	0	0	0	0
Alappuzha	0	0	0	0
Kottayam	3	13	0	16
Idukki	3	0	0	3
Ernakulam	3	0	0	3
Thrissur	0	0	0	0
Palakkad	1	17	0	18
Malappuram	0	0	0	0
Kozhikode	0	35	0	35
Wayanad	0	0	0	0
Kannur	1	0	0	1
Kasaragod	0	0	0	0
Total	12	66	0	78

Table 5. District wise Death Cases through online and offline mode - post scrutiny status

• The list of Track A is mentioned in the Bulletin

- The list of Track B and Track C will be very long as we are declaring cumulative cases. These lists are available with the DMO and can be verified on online portal.
- https://covid19.kerala.gov.in/deathinfo/covidDeathDeclarationList.jsp

Total cases	5251915
Cases with history of International/Interstate travel	63647
Cases with history of contact	5188268

Table 6. Summary of contact or travel history of COVID-19 cases since 4th May 2020

Table 7. Summary of contact/travel history of new COVID-19 cases reported in last 24 hours

Total cases	2802
Cases with history of International/Interstate travel	48
Cases with history of contact	2624
Cases with no history of travel or contact	130

Table 8. Details of COVID-19 positive deaths in the last 24 hours

SI no.	District	Name	Place	Age	Gender	Death Date
1	KOLLAM	BABU P	PATHANAPURAM	61	Male	27-12-2021
2	ΚΟΤΤΑΥΑΜ	MUHAMMED BASHEER	KANJIRAPPALLY	67	Male	31-12-2021
3	ΚΟΤΤΑΥΑΜ	PAULOSE	KANJIRAPPALLY	65	Male	31-12-2021
4	ΚΟΤΤΑΥΑΜ	SREENIVASAN	UDAYANAPURAM	54	Male	31-12-2021
5	IDUKKI	Aleykutty Thomas	BAISONVALLEY	82	Female	19-10-2021
6	IDUKKI	M K LAKSHMANAN	ΚΑΤΤΑΡΡΑΝΑ	77	Male	22-12-2021
7	IDUKKI	SREENITHA UNNI	VANDANMEDU	15	Female	30-12-2021
8	ERNAKULAM	KUNJAPPAN	ALANGAD	61	Male	27-12-2021
9	ERNAKULAM	LILLY PAILY	KUMBALAM	82	Female	08-10-2021
10	ERNAKULAM	ROY P VARGHESE	POOTHRIKKA	56	Male	27-10-2021
11	PALAKKAD	SEETHA	SHOLAYUR	40	Female	30-12-2021
12	KANNUR	KARUNAKARAN P	KUTTIATTOOR	69	Male	21-12-2021

Detailed list is available with the respective District Medical office (Health)

Table 9. Summary of critical patients

Patients in ICUs	446
Patients on Ventilator support	161

*The data shown contains ICU and Ventilator data from both government and private hospitals

PART- II COVID-19 TESTING

Table 10. Cumulative number of samples tested

Cumulative Samples Sent	Cumulative routine + Sentinel samples	Airport surveillance	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
41595941	17677966	77321	129875	857491	118519	42553	22698530

Table 11. Details of new COVID-19 samples in the last 24 hours

Samples Sent	Routine + Sentinel Samples (PCR)	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
50180	37730	170	678	412	91	11099

PART-III SURVEILLANCE

Table 12. District wise distribution of persons under quarantine and isolation

District	Persons under observation as on today	Persons under home/institutional quarantine as on today	Total persons under hospital Isolation as on today	Persons hospitalized today
Thiruvananthapuram	18887	17926	961	28
Kollam	3874	3694	180	0
Pathanamthitta	5736	5581	155	6
Alappuzha	2612	2543	69	3
Kottayam	13178	12953	225	7
Idukki	1454	1411	43	1
Ernakulam	9818	9392	426	25
Thrissur	2879	2385	494	14
Palakkad	6268	6216	52	7
Malappuram	7944	7813	131	15
Kozhikode	14450	14253	197	19
Wayanad	6972	6930	42	б
Kannur	7019	6927	92	16
Kasaragod	3866	3658	208	2
Total	104957	101682	3275	149

Table 13. Summary of Travel surveillance 02/01/2022

Mode of Travel	Cumulative number of Passengers
International airport	2837631
Total	2837631

PART-IV PSYCHOSOCIAL SUPPORT

'Ottakalla Oppamundu' is a program for providing Psychosocial support to the people in quarantine, isolation, school children and other categories of population as well as to the community in general. *842* Mental Health Personnel including Psychiatrists, Psychiatric Social Workers, Clinical Psychologists, and Counsellors are working and have given psychosocial support.

Table.14. Psychosocial support provided through the program "Ottakalla Oppamundu"

No. of Psychosocial workers	842
Total Psychosocial support calls made to persons in quarantine/ isolation.	73,77,648
Total psychosocial support follow-up calls made	32,12,102
Total Post COVID calls	11,33,087
Total calls made to persons under treatment for mental illnesses, migrant labourers, differently abled children, elderly persons staying alone	3,48,860
Total Psychosocial support calls to school children	9,85,816
Total psychosocial support calls to health care workers	64,194
Total Psychosocial support calls received in helpline numbers	91,603
Total calls to all categories of Persons	1,32,13,310

Annexur	Annexure-1: List of Hotspots as on 02/01/2022		
Panchayaths and Urban Wards with WIPR >10			
Sl.No	District	LSG	Ward No
1	Ernakualm	Kalloorkkadu	8,7
2	Ernakualm	Pothanicadu	3
3	Ernakualm	Aikaranad	4
4	Ernakualm	Keerambra	10
5	Wayanad	Vythiri	8
As per G.O(Rt) No.643/2021/DMD dated 18.09.2021			

PART-V ANNEXURES

DISTRICT WISE ABSTRACT

Sl. No	Name of District	WIPR (> 10)	
		No. of LSGs	No. of Wards
1	Ernakulam	4	5
2	Wayanad	1	1
	Total	5	6

References	
1.Thiruvanathapuram: Nil	
2.Kollam: Nil	
3.Pathanamthitta: Nil	
4.Kottayam: Nil	
5.Alappuzha: Nil	
6.Idukki: Nil	
7.Ernakulam: 3804/2020/D2 dated 07.12.2021	
8. Thirissur: Nil	
9.Palakkad: Nil	
10.Malappuram: Nil	
11.Kozhikkode: Nil	
12.Wayanad: DCWYD/2671/2021/DM5 dated 04.12.2021	
13.Kannur: Nil	
14.Kasaragod: Nil	

District	Covid 19 Control Room Numbers	Oxygen War Room Numbers
Thiruvananthapuram	9188610100, 1077, 0471 277 9000	7592939426, 7592949448
Kollam	0474 2797609, 2794006, 8589015556	75920 03857
Alappuzha	0477 2239999, 2238642, 2238651	7594041555
Pathanamthitta	0468 2222515, 0468 2228220	1077, 8547715558
ldukki	18004255640, 0486 2232220, 2233118	18004255640, 04862233118
Kottayam	9188610014, 9188610016, 0481 2304800,	0481 256 7390
	0481 2583200, 0481 2566100, 0481	
	2566700, 0481 2561300	
Ernakulam	0484 2368702, 0484 2368802, 0484	75940 46167
	2368902	
	Guest Control Room 9072303275,	
	9072303276	
	WhatsApp Number 9400021077	
Thrissur	9400066921, 9400066922, 9400066923	9400063430, 7034099935
Palakkad	0491 251 0580, 04912510583	0491251 0577, 8848902376
	0491 251 0575, 0491 251 0576, 251 0574	
Malappuram	0483 2737858, 0483 2737857,0483	0483 2952950
	2733251, 0483 2733252, 2733253	
Calicut	0495 2371471, 0495 2376063	75940-01419, 7594001485
	Collectorate 0495 2371002	
Kannur	0497 2700194, 2713437, 9400066062,	8281899687
	9400066616	
Wayanad	04936 202343, 04936 202375	9526831678
Kasaragod	9946000493, 9946000293	9645002811

Annexure-2: District Covid 19 Control Room Numbers Oxygen War Room Numbers

Annexure-3: Table of links to documents, guidelines, and websites

Dashboard	https://dashboard.kerala.gov.in/
Daily Bulletin	<u>http://dhs.kerala.gov.in/ഡെയിലി-</u> ബുള്ളറ്റിന്%E2%80%8D/
Guidelines and Advisories	<u>http://dhs.kerala.gov.in/ജാഗ്രത-</u> നിര്%E2%80%8Dദേശങ്ങള്%E2%80%8D/
Awareness materials	https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbe dUZa_8PUY9v3m0Wa?dl=0
Posters	http://dhs.kerala.gov.in/photo-gallery/
COVID-19 Jagratha	https://covid19jagratha.kerala.nic.in/
E Sanjeevani	https://esanjeevaniopd.in
NHM Kerala	https://arogyakeralam.gov.in/

Directorate of Health Services	https://dhs.kerala.gov.in/
Directorate of Medical Education	http://www.dme.kerala.gov.in/
Department of Health and Family Welfare	https://health.kerala.gov.in/
Training and IEC videos	https://www.youtube.com/c/keralahealthonlinetraining

Annexure-4: District Psychosocial support Helpline numbers

District	COVID help line numbers
Thiruvananthapuram	9846854844
Kollam	0474 2740166, 8281086130
Pathanamthitta	8281113911
Alappuzha	4792344474
Kottayam	9539355724
Idukki	04862226929, 9496886418
Ernakulam	04842351185,9846996516
Thrissur	04872383155,8281100729,
Timssur	8086007999
Palakkad	04912533323
Malappuram	7593843617,7593843625
Kozhikode	9495002270
Wayanad	9400348670
Kannur	04972734343,9495142091
Kasaragod	9072574748,9447447888

- District Helpline Numbers will be available from 9am to 4 pm.
- State Helpline Numbers DISHA 0471-2552056 and 1056 (Toll Free Number) will be available 24x7