

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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The daily COVID-19 bulletin of the Department of Health and Family Welfare, Government of Kerala summarizes the COVID-19 situation in Kerala. The bulletin also contains links to various important documents, guidelines, and websites for references.

OUR HEALTH OUR RESPONSIBILITY

- Even after vaccination, follow COVID appropriate behaviour.
- Maintain a distance of at least two metres with all people all the time.
- Always wear clean face mask appropriately everywhere all the time
- Perform hand hygiene after touching objects and surfaces all the time.
- Perform hand hygiene before and after touching your face.
- *Observe cough and sneeze hygiene*
- Avoid unnecessary travel, social interaction
- Protect the elderly and the vulnerable- Observe reverse quarantine
- PEOPLE WITH MULTIPLE COMORBIDITIES , IF DETECTED COVID POSTIVE SHOULD GET
 ADMITTED IN THE HOSPITAL IMMEDIATELY AND DO NOT REMAINED IN HOME ISOLATION
- Infection prevention by following Covid appropriate behaviour got strengthened with introduction of COVID vaccination.

Covid 19 status- Analytical Note

- 98.6% of the eligible population vaccinated with a single dose of vaccine (2,63,48,404) and 79.8% with a double dose (2,13,32,651) till January 4.
- Kerala is the state with highest rate of Vaccination/Million-1335624. The state has vaccinated more than 97% of people aged more than 45 years with a single dose and 85% with double dose*. (*Target recalculated)
- People have been cooperating we appeal to the 2nd dose eligible people to take their second dose of Covishield/ Covaxin without delay. Both the vaccines are effective.

- As per today's data, among the 3640 positives, 3139 persons were eligible for vaccination. 202 were vaccinated with single-dose and 1924 were fully vaccinated.
- 1013 persons had no history of vaccination. This sub cohort needs to be followed and among them people having morbidity are advised to access health care in a Hospital. All vaccinated people should follow covid appropriate behaviour.
- Non vaccinated people with co morbidity have higher chances of mortality based on the mortality analysis. Hence, especially people with comorbidities should be careful. All must follow Covid appropriate behaviors.
- COVID-19 vaccines protect people from getting infected and become severely ill, and significantly reduce the likelihood of hospitalization and death.
- During December 28-January 3, the average active cases were 19,627 out of them an average of around 2.3% only were admitted in oxygen beds and 2.3% were in ICU. During this period there was an increase of around 1277 new cases.
 - The growth rate in newly declared cases increased by 8% during the same week compared to the previous week. The number of active patients, those in field hospitals, ventilator and oxygen support beds has reduced by 22%, 8%, 6% and 15% respectively in this week compared to previous week. The number of those admitted in hospitals and ICU showed a marginal increase of 1% and 3% respectively.

For any disease control program, active case finding is important. The state is doing appropriate testing. However, there is an apprehension regarding test positivity rate. It is hereby explained that test positivity rate indicates the infection. There are two specific issues all may understand i.e. **contracting infection** and because of contracting infection **the disease manifestation**. The World over post vaccination phase, contracting infection to disease manifestation is examined as CONVERSION RATE to decide the severity of pandemic. The data as on date suggests the conversion rate is stable because the People are following instructions, taking vaccines. However, it can be further improved with cooperation from all i.e. positive person having comorbidities should not delay their arrival in Hospital and take treatment as per the treatment protocols.

- Out of total 20,180 cases of infection only 10.2% of the active cases are admitted either in hospital/Field hospitals. This percentage is more or less constant and that indicates that the progression toward disease of the person who is infected is not very alarming and appropriate care and support is being given to patients. The patients who arrive late in the hospital even though having morbidity are the majority patients in the hospitals and Diabetes and Hypertension together being the most common cause of patient death. Therefore, we request people with co morbidities once detected with covid infection to get hospitalized in time.
- Based on the Covid positive data during June, July and August, 6% of the Covid positive patients had taken a single dose of Covid 19 vaccination and 3.6% had taken two doses of covid 19 vaccination. This indicates that vaccinated people may get infected, even though it is very less. It indicates that post vaccination immunity is effective in preventing infection. Vaccinated people are advised to consult Doctor only when symptomatic. Vaccinated people should follow covid appropriate behaviour.
- Symptomatic non-Vaccinated people may do RTPCR test. Antigen testing is only for emergency purpose. Non vaccinated people with co-morbidities to do testing by RTPCR and consult doctor.
- Repeat RTPCR is not needed among the people who are detected COVID positive in the previous 3 months. All young person detected positive and at home isolation should do blood sugar test.

PART- 1 SUMMARY OF COVID CASES AND DEATH

Table 1. Summary of COVID-19 cases till 3/1/2022

Positive cases	Recovere d patients	New persons in Quarantine / Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	Total no of Deaths reported	No of deaths declared as per appeal G.O.(Rt) No.2110/2 021/H&F WD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (C)
5254974	5186737	8201	8034	167	48184	13907	3779

Table 2. Summary of new COVID-19 cases (last 24 hours)

Positive cases	Recovere d patients	New persons in Quarantin e/ Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	No of Deaths reported daily (A)	No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H& FWD Dated 14 October (C)
3640	2363	7831	7651	180	30	423	0

Table 3. Cumulative summary as on 04/01/2022

Total Positive cases	Active cases	Total Recover ed	Total persons in Quarantin e/ Isolation	Persons in Home/Ins titution quarantin e	Persons in Hospital Isolatio n	Total No of Deaths (D)	Total No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (E)	Total No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&F WD Dated 14 October (F)
5258614	20180	5189100	105547	103193	2354	48637	14330	3779

Table 4. District wise summary of Cumulative cases, Active cases, and New positive cases

District	Positive Cases declared today	Declared Negative today	Positive cases admitted in the district	
Thiruvananthapuram	599	571	3045	
Kollam	201	112	489	
Pathanamthitta	165	169	233	
Alappuzha	147	83	250	
Kottayam	352	15	2565	
Idukki	125	21	1031	
Ernakulam	641	538	3843	
Thrissur	330	189	2181	
Palakkad	124	66	319	
Malappuram	157	91	1328	
Kozhikode	403	269	2932	
Wayanad	79	61	727	
Kannur	268	150	946	
Kasaragod	49	28	291	
Total	3640	2363	20180	

Table 5. District wise Death Cases through online and offline mode - post scrutiny status

District	No of Deaths reported daily (A)	No of deaths declared through appeal G.O.(Rt) No.2110/2021/H&F WD Dated 29 September (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)	Death Cases approved today (A+B+C)
Thiruvananthapuram	5	37	0	42
Kollam	2	0	0	2
Pathanamthitta	5	0	0	0
Alappuzha	0	193	0	193
Kottayam	2	15	0	17
Idukki	0	0	0	0
Ernakulam	0	8	0	8
Thrissur	1	0	0	1
Palakkad	0	13	0	13
Malappuram	10	51	0	61
Kozhikode	4	0	0	4
Wayanad	0	25	0	25
Kannur	1	77	0	78
Kasaragod	0	4	0	4
Total	30	423	0	453

- The list of Track A is mentioned in the Bulletin
- The list of Track B and Track C will be very long as we are declaring cumulative cases. These lists are available with the DMO and can be verified on online portal.
- https://covid19.kerala.gov.in/deathinfo/covidDeathDeclarationList.jsp

Table 6. Summary of contact or travel history of COVID-19 cases since 4th May 2020

Total cases	5258115
Cases with history of International/Interstate travel	63747
Cases with history of contact	5194368

Table 7. Summary of contact/travel history of new COVID-19 cases reported in last 24 hours

Total cases	3640
Cases with history of International/Interstate travel	52
Cases with history of contact	3366
Cases with no history of travel or contact	222

Table 8. Details of COVID-19 positive deaths in the last 24 hours

SI no.	District	Name	Place	Age	Gender	Death Date
1	Thiruvananthapuram	Chandran P	Thiruvananthapuram	62	Male	03-01-2022
2	Thiruvananthapuram	Gnanadasan	Kollayil	75	Male	24-12-2021
3	Thiruvananthapuram	Leela Amma	Varkala	73	Female	29-12-2021
4	Thiruvananthapuram	Raveendran M	Karode	67	Male	27-11-2021
5	Thiruvananthapuram	Vimala		68	Female	26-12-2021
6	Kollam	George K M	Poruvazhi	76	Male	01-01-2022
7	Kollam	Vilasini L	Kundara	70	Female	31-12-2021
8	Pathanamthitta	C V Vimala	Pathanamthitta	87	Female	25-12-2021
9	Pathanamthitta	James	Nedumpram	70	Male	02-01-2022
10	Pathanamthitta	N S Mani	Thiruvalla	85	Male	03-01-2022
11	Pathanamthitta	Somarajan	Ayiroor	68	Male	02-01-2022
12	Pathanamthitta	Thomas T T	Pathanamthitta	74	Male	25-12-2021
13	Kottayam	Balakrishnan	Kidangoor	55	Male	30-12-2021
14	Kottayam	Sophiyamma Chacko	Changanassery	80	Female	01-01-2022
15	Thrissur	Kalyani	Thrishur	85	Female	27-12-2021
16	Malappuram	Ahammed Kutty	Manjeri	70	Male	14-12-2021
17	Malappuram	Alavi	Aliparamba	65	Male	28-12-2021
18	Malappuram	Amina	Kuruva	60	Female	03-09-2021
19	Malappuram	Ammini	Ponnani	82	Female	26-12-2021

20	Malappuram	Assya	Keezhattur	67	Female	16-12-2021
21	Malappuram	Beeran	Kuttippuram	69	Male	21-11-2021
22	Malappuram	Biyyu	Kalpakancheri	65	Female	01-09-2021
23	Malappuram	Maimoona	Angadippuram	52	Female	28-12-2021
24	Malappuram	Paruviingal Abdu Usman	Alamkode	70	Male	24-12-2021
25	Malappuram	Ramani	Parappanangadi	60	Female	22-10-2021
26	Kozhikode	K Moosa Manikfan	Kozhikode	74	Male	02-01-2022
27	Kozhikode	Krishnan P P	Onchiyam	79	Male	30-12-2021
28	Kozhikode	Nazeer P	Kozhikode	38	Male	31-12-2021
29	Kozhikode	Ramunni	Chengottukave	70	Male	01-01-2022
30	Kannur	Elizabath Dominic	Chapparapadavu	90	Female	24-12-2021

Detailed list is available with the respective District Medical office (Health)

Table 9. Summary of critical patients

Patients in ICUs	452
Patients on Ventilator support	146

^{*}The data shown contains ICU and Ventilator data from both government and private hospitals

PART-II COVID-19 TESTING

Table 10. Cumulative number of samples tested

Cumulative Samples Sent	Cumulative routine + Sentinel samples	Airport surveillance	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
41710271	17759217	77321	130444	859455	119759	42925	22727464

Table 11. Details of new COVID-19 samples in the last 24 hours

Samples Sent	Routine + Sentinel Samples (PCR)	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
71120	49685	393	1303	656	220	18863

PART-III SURVEILLANCE

Table 12. District wise distribution of persons under quarantine and isolation

District	Persons under observation as on today	Persons under home/institutional quarantine as on today	Total persons under hospital Isolation as on today	Persons hospitalized today
Thiruvananthapuram	20575	20170	405	42
Kollam	3814	3631	183	10
Pathanamthitta	5890	5737	153	1
Alappuzha	1992	1912	80	8
Kottayam	12647	12409	238	0
Idukki	1576	1534	42	3
Ernakulam	9504	9087	417	48
Thrissur	2788	2656	132	20
Palakkad	5747	5694	53	9
Malappuram	8148	8021	127	0
Kozhikode	14883	14700	183	17
Wayanad	6941	6903	38	4
Kannur	6982	6888	94	16
Kasaragod	4060	3851	209	2
Total	105547	103193	2354	180

Table 13. Summary of Travel surveillance 04/01/2022

Mode of Travel	Cumulative number of Passengers
International airport	2846296
Total	2846296

PART-IV PSYCHOSOCIAL SUPPORT

'Ottakalla Oppamundu' is a program for providing Psychosocial support to the people in quarantine, isolation, school children and other categories of population as well as to the community in general. 828 Mental Health Personnel including Psychiatrists, Psychiatric Social Workers, Clinical Psychologists, and Counsellors are working and have given psychosocial support.

Table.14. Psychosocial support provided through the program "Ottakalla Oppamundu"

No. of Psychosocial workers	828
Total Psychosocial support calls made to persons in quarantine/ isolation.	73,90,541
Total psychosocial support follow-up calls made	32,12,102
Total Post COVID calls	11,33,087
Total calls made to persons under treatment for mental illnesses, migrant labourers, differently abled children, elderly persons staying alone	3,48,860
Total Psychosocial support calls to school children	9,89,128
Total psychosocial support calls to health care workers	64,194
Total Psychosocial support calls received in helpline numbers	91,751
Total calls to all categories of Persons	1,32,29,663

PART-V ANNEXURES

Annexure-1: List of Hotspots as on 04/01/2022

	Panchayaths and Urban Wards with WIPR >10			
Sl.No	District	LSG	Ward No	
1	Ernakualm	Kalloorkkadu	8, 7	
2	Ernakualm	Pothanicadu	3	
3	Ernakualm	Aikaranad	4	
4	Ernakualm	Keerambra	10	
5	Wayanad	Vythiri	8	
As per G.O(Rt) No.643/2021/DMD dated 18.09.2021				

DISTRICT WISE ABSTRACT

Sl. No	Name of District	WIPR (> 10)
		No. of LSGs	No. of Wards
1	Ernakulam	4	5
2	Wayanad	1	1
Total		5	6

References
1.Thiruvanathapuram: Nil
2.Kollam: Nil
3.Pathanamthitta: Nil
4.Kottayam: Nil
5.Alappuzha: Nil
6.Idukki: Nil
7.Ernakulam: 3804/2020/D2 dated 07.12.2021
8.Thirissur: Nil
9.Palakkad: Nil
10.Malappuram: Nil
11.Kozhikkode: Nil
12.Wayanad: DCWYD/2671/2021/DM5 dated 04.12.2021
13.Kannur: Nil
14.Kasaragod: Nil

Annexure-2: District Covid 19 Control Room Numbers Oxygen War Room Numbers

District	Covid 19 Control Room Numbers	Oxygen War Room Numbers
Thiruvananthapuram	9188610100, 1077, 0471 277 9000	7592939426, 7592949448
Kollam	0474 2797609, 2794006, 8589015556	75920 03857
Alappuzha	0477 2239999, 2238642, 2238651	7594041555
Pathanamthitta	0468 2222515, 0468 2228220	1077, 8547715558
ldukki	18004255640, 0486 2232220, 2233118	18004255640, 04862233118
Kottayam	9188610014, 9188610016, 0481 2304800, 0481 2583200, 0481 2566100, 0481 2566700, 0481 2561300	0481 256 7390
Ernakulam	0484 2368702, 0484 2368802, 0484 2368902 Guest Control Room 9072303275, 9072303276 WhatsApp Number 9400021077	75940 46167
Thrissur	9400066921, 9400066922, 9400066923	9400063430, 7034099935
Palakkad	0491 251 0580, 04912510583 0491 251 0575, 0491 251 0576, 251 0574	0491251 0577, 8848902376
Malappuram	0483 2737858, 0483 2737857,0483 2733251, 0483 2733252, 2733253	0483 2952950
Calicut	0495 2371471, 0495 2376063 Collectorate 0495 2371002	75940-01419, 7594001485
Kannur	0497 2700194, 2713437, 9400066062, 9400066616	8281899687
Wayanad	04936 202343, 04936 202375	9526831678
Kasaragod	9946000493, 9946000293	9645002811

Annexure-3: Table of links to documents, guidelines, and websites

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Dashboard	https://dashboard.kerala.gov.in/	
Daily Bulletin	http://dhs.kerala.gov.in/ഡെയിലി- ബൂള്ളറ്റിന്%E2%80%8D/	
Guidelines and Advisories	http://dhs.kerala.gov.in/ജാഗ്രത- നിര്%E2%80%8Dദേശങ്ങള്%E2%80%8D/	
Awareness materials	https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbedUZa 8PUY9v3m0Wa?dl=0	
Posters	http://dhs.kerala.gov.in/photo-gallery/	
COVID-19 Jagratha	https://covid19jagratha.kerala.nic.in/	
E Sanjeevani	https://esanjeevaniopd.in	
NHM Kerala	https://arogyakeralam.gov.in/	

Directorate of Health Services	https://dhs.kerala.gov.in/
Directorate of Medical Education	http://www.dme.kerala.gov.in/
Department of Health and Family Welfare	https://health.kerala.gov.in/
Training and IEC videos	https://www.youtube.com/c/keralahealthonlinetraining

Annexure-4: District Psychosocial support Helpline numbers

District	COVID help line numbers
Thiruvananthapuram	9846854844
Kollam	0474 2740166, 8281086130
Pathanamthitta	8281113911
Alappuzha	4792344474
Kottayam	9539355724
Idukki	04862226929, 9496886418
Ernakulam	04842351185, 9846996516
Thrissur	04872383155, 8281100729,
THIISSUI	8086007999
Palakkad	04912533323
Malappuram	7593843617, 7593843625
Kozhikode	9495002270
Wayanad	9400348670
Kannur	04972734343, 9495142091
Kasaragod	9072574748, 9447447888

- District Helpline Numbers will be available from 9am to 4 pm.
- State Helpline Numbers DISHA 0471-2552056 and 1056 (Toll Free Number) will be available 24x7