

# COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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The daily COVID-19 bulletin of the Department of Health and Family Welfare, Government of Kerala summarizes the COVID-19 situation in Kerala. The bulletin also contains links to various important documents, guidelines, and websites for references.

#### **OUR HEALTH OUR RESPONSIBILITY**

- Even after vaccination, follow COVID appropriate behaviour.
- Maintain a distance of at least two metres with all people all the time.
- Always wear clean face mask appropriately everywhere all the time
- Perform hand hygiene after touching objects and surfaces all the time.
- *Perform hand hygiene before and after touching your face.*
- *Observe cough and sneeze hygiene*
- Avoid unnecessary travel, social interaction
- Protect the elderly and the vulnerable- Observe reverse quarantine
- PEOPLE WITH MULTIPLE COMORBIDITIES , IF DETECTED COVID POSTIVE SHOULD GET
  ADMITTED IN THE HOSPITAL IMMEDIATELY AND DO NOT REMAINED IN HOME ISOLATION
- Infection prevention by following Covid appropriate behaviour got strengthened with introduction of COVID vaccination.

#### **Covid 19 status- Analytical Note**

- 100% of the eligible population vaccinated with a single dose of vaccine (2,67,54,285) and 83% with a double dose (2,22,70,156) till January 24.
- 67% of population among 15-17 age group vaccinated with single dose of vaccine (10,20,601)
- Kerala is the state with highest rate of Vaccination/Million- 1414614. The state has vaccinated more than 97% of people aged more than 45 years with a single dose and 84% with double dose\*. (\*Target recalculated)
- People have been cooperating we appeal to the 2<sup>nd</sup> dose eligible people to take their second dose of Covishield/ Covaxin without delay. Both the vaccines are effective.

- All vaccinated people should follow covid appropriate behaviour.
- Non vaccinated people with co morbidity have higher chances of mortality based on the mortality analysis. Hence, especially people with comorbidities should be careful. All must follow Covid appropriate behaviors.
- COVID-19 vaccines protect people from getting infected and become severely ill, and significantly reduce the likelihood of hospitalization and death.
- During January 17 January 23, the average active cases were 1,95,258 out of them an average of around 0.7% only were admitted in oxygen beds and 0.4% were in ICU.
  During this period there was an increase of around 1,70,977 new cases.
  - The growth rate in newly declared cases increased by 183% during the same week compared to the previous week. The number of active patients, number of those admitted in hospitals, field hospitals, ICU, ventilator and in oxygen supported beds has increased by 189%, 99%,120%, 59%, 28% and 120% respectively in this week compared to previous week. For any disease control program, active case finding is important. The state is doing appropriate testing. However, there is an apprehension regarding test positivity rate. It is hereby explained that test positivity rate indicates the infection. There are two specific issues all may understand i.e. contracting infection and because of contracting infection the disease manifestation. The World over post vaccination phase, contracting infection to disease manifestation is examined as CONVERSION RATE to decide the severity of pandemic. The data as on date suggests the conversion rate is stable because the People are following instructions, taking vaccines. However, it can be further improved with cooperation from all i.e. positive person having comorbidities should not delay their arrival in Hospital and take treatment as per the treatment protocols.
- Out of total 2,60,271 cases of infection only 3.8% of the active cases are admitted either in hospital/Field hospitals.[Non-KASP hospital occupancy too included]. This percentage is more or less constant and that indicates that the progression toward disease of the person who is infected is not very alarming and appropriate care and support is being given to patients. The patients who arrive late in the hospital even though having morbidity are the majority patients in the hospitals and Diabetes and Hypertension together being the most common cause of patient death. Therefore, we request people with co morbidities once detected with covid infection to get hospitalized in time.
- Based on the Covid positive data during June, July and August, 6% of the Covid positive patients had taken a single dose of Covid 19 vaccination and 3.6% had taken two doses of covid 19 vaccination. This indicates that vaccinated people may get infected, even though it is very less. It indicates that post vaccination immunity is effective in preventing infection. Vaccinated people are advised to consult Doctor only when symptomatic. Vaccinated people should follow covid appropriate behaviour.
- Symptomatic non-Vaccinated people may do RTPCR test. Antigen testing is only for emergency purpose. Non vaccinated people with co-morbidities to do testing by RTPCR and consult doctor.
- Repeat RTPCR is not needed among the people who are detected COVID positive in the previous 3 months. All young person detected positive and at home isolation should do blood sugar test.

# PART- 1 SUMMARY OF COVID CASES AND DEATH

Table 1. Summary of COVID-19 cases till 23/1/2022

Positive cases	Recovered patients	New persons in Quarantine/ Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	Total no of Deaths reported	No of deaths declared as per appeal G.O.(Rt) No.2110/202 1/H&FWD (B)
5643097	5325932	63065	61967	1098	51816	16958

Table 2. Summary of new COVID-19 cases (last 24 hours)

Positive cases	Recovered patients	New persons in Quarantine/ Isolation	New Persons in Home, Institution quarantine	New persons in Hospital Isolation	No of Deaths declared daily (A)	No of deaths declared as per appeal G.O.(Rt) No.2110/202 1/H&FWD (B)
26514	30710	39244	38363	881	13	158

Table 3. Cumulative summary as on 24/01/2022

Total Positive cases	Active cases	Total Recovered	Total persons in Quarantine/ Isolation	Persons in Home/Insti tution quarantine	Persons in Hospital Isolation	Total No of Deaths (D)	Total No of deaths declared as per appeal G.O.(Rt) No.2110/20 21/H&FWD (E)
5669611	260271	5356642	431176	421138	10038	51987	17116

Table 4. District wise summary of Cumulative cases, Active cases, and New positive cases

District	Positive Cases declared today	Declared Negative today	Positive cases admitted in the district
Thiruvananthapuram	3256	12131	48596
Kollam	2421	1042	15879
Pathanamthitta	1065	1124	9490
Alappuzha	1165	753	11794
Kottayam	1900	1365	17732
Idukki	1033	594	10056
Ernakulam	4443	6050	45177
Thrissur	2687	1802	22485
Palakkad	1498	869	15132
Malappuram	1710	972	15410
Kozhikode	2979	2038	27456
Wayanad	524	317	5587
Kannur	1260	1100	11225
Kasaragod	573	553	4252
Total	26514	30710	260271

Table 5. District wise Death Cases through online and offline mode - post scrutiny status

District	No of Deaths reported daily (A)	No of deaths declared through appeal G.O.(Rt) No.2110/2021/H&F WD Dated 29 September (B)	No of pending deaths declaration of the cases up to 18 June 2021 (offline period of death reporting) As per G.O.(Rt) No.2219/2021/H&FWD Dated 14 October (C)	Death Cases approved today (A+B+C)
Thiruvananthapuram	8	7	0	15
Kollam	1	0	0	1
Pathanamthitta	0	35	0	35
Alappuzha	0	4	0	4
Kottayam	0	0	0	0
Idukki	0	0	0	0
Ernakulam	0	70	0	70
Thrissur	0	0	0	0
Palakkad	0	35	0	35
Malappuram	0	7	0	7
Kozhikode	1	0	0	1
Wayanad	0	0	0	0
Kannur	0	0	0	0
Kasaragod	3	0	0	3
Total	13	158	0	171

- The list of Track A is mentioned in the Bulletin
- The list of Track B and Track C will be very long as we are declaring cumulative cases. These lists are available with the DMO and can be verified on online portal.
- https://covid19.kerala.gov.in/deathinfo/covidDeathDeclarationList.jsp

Table 6. Summary of contact or travel history of COVID-19 cases since 4th May 2020

Total cases	
Cases with history of International/Interstate travel	
Cases with history of contact	

## Table 7. Summary of contact/travel history of new COVID-19 cases reported in last 24 hours

Total cases	
Cases with history of International/Interstate travel	
Cases with history of contact	
Cases with no history of travel or contact	_

<sup>\*\*</sup>Will be updated later

Table 8. Details of COVID-19 positive deaths in the last 24 hours

SI no.	District	Name	Place	Age	Gender	Death Date
1	Thiruvananthapuram	Chandra Sekharan Nair	Thiruvananthapuram	99	Male	10-01-2022
2	Thiruvananthapuram	Govindhan Chettiar V	Aruvikkara	83	Male	15-01-2022
3	Thiruvananthapuram	Minija Retnam	Kattakada	39	Female	17-01-2022
4	Thiruvananthapuram	Reshma Raj A R	Thiruvananthapuram	29	Female	22-01-2022
5	Thiruvananthapuram	Salim	Thiruvananthapuram	52	Male	15-01-2022
6	Thiruvananthapuram	Sasidharan Thampi	Chenkal	42	Female	22-01-2022
7	Thiruvananthapuram	Sujatha	Elakamon	60	Female	22-01-2022
8	Thiruvananthapuram	Vasanthi	Karode	75	Female	20-01-2022
9	Kollam	Santha S	Karunagappally	65	Female	03-12-2021
10	Kozhikode	Damodharan Kundoth Chalil	Koothali	75	Male	22-01-2022
11	Kasaragod	Abdul Khader K	Delampady	66	Male	21-01-2022
12	Kasaragod	Srinivasan		79	Male	19-01-2022
13	Kasaragod	Suresh	Trikaripur	52	Male	20-01-2022

Detailed list is available with the respective District Medical office (Health)

**Table 9. Summary of critical patients** 

Patients in ICUs	1084
Patients on Ventilator support	272

<sup>\*</sup>The data shown contains ICU and Ventilator data from both government and private hospitals

## **PART- II COVID-19 TESTING**

Table 10. Cumulative number of samples tested

Cumulative Samples Sent	Cumulative routine + Sentinel samples	Airport surveillance	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
43182104							

<sup>\*\*</sup>Will be updated later

Table 11. Details of new COVID-19 samples in the last 24 hours

Samples Sent	Routine + Sentinel Samples (PCR)	CB NAAT	True NAT	POCT PCR	RT LAMP	Antigen Assay
55577	31472	106	461	353	62	23123

# **PART-III SURVEILLANCE**

Table 12. District wise distribution of persons under quarantine and isolation

District	Persons under observation as on today	Persons under home/institutional quarantine as on today	Total persons under hospital Isolation as on today	Persons hospitalized today
Thiruvananthapuram	102934	100765	2169	214
Kollam	31500	30765	735	0
Pathanamthitta	15637	14978	659	25
Alappuzha	23136	22831	305	48
Kottayam	33657	32778	879	0
Idukki	9708	9593	115	60
Ernakulam	61098	59446	1652	32
Thrissur	30409	29576	833	161
Palakkad	20574	20099	475	51
Malappuram	25476	25103	373	35
Kozhikode	29696	28815	881	97
Wayanad	17012	16782	230	61
Kannur	18062	17673	389	71
Kasaragod	12277	11934	343	26
Total	431176	421138	10038	881

Table 13. Summary of Travel surveillance 24/01/2022

Mode of Travel	Cumulative number of Passengers
International airport	3008038
Total	3008038

#### PART-IV PSYCHOSOCIAL SUPPORT

'Ottakalla Oppamundu' is a program for providing Psychosocial support to the people in quarantine, isolation, school children and other categories of population as well as to the community in general. 957 Mental Health Personnel including Psychiatrists, Psychiatric Social Workers, Clinical Psychologists, and Counsellors are working and have given psychosocial support.

Table.14. Psychosocial support provided through the program "Ottakalla Oppamundu"

No. of Psychosocial workers	957
Total Psychosocial support calls made to persons in quarantine/ isolation.	75,99,208
Total psychosocial support follow-up calls made	32,12,102
Total Post COVID calls	11,33,087
Total calls made to persons under treatment for mental illnesses, migrant labourers, differently abled children, elderly persons staying alone	3,48,860
Total Psychosocial support calls to school children	10,00,449
Total psychosocial support calls to health care workers	64,194
Total Psychosocial support calls received in helpline numbers	92,743
Total calls to all categories of Persons	1,34,50,643

## **PART-V ANNEXURES**

Annexure-1: District Covid 19 Control Room Numbers Oxygen War Room Numbers

District	Covid 19 Control Room Numbers	Oxygen War Room Numbers
Thiruvananthapuram	9188610100, 1077, 0471 277 9000	7592939426, 7592949448
Kollam	0474 2797609, 2794006, 8589015556	75920 03857
Alappuzha	0477 2239999, 2238642, 2238651	7594041555
Pathanamthitta	0468 2222515, 0468 2228220	1077, 8547715558
ldukki	18004255640, 0486 2232220, 2233118	18004255640, 04862233118
Kottayam	9188610014, 9188610016, 0481 2304800,	0481 256 7390
	0481 2583200, 0481 2566100, 0481	
	2566700, 0481 2561300	
Ernakulam	0484 2368702, 0484 2368802, 0484	75940 46167
	2368902	
	Guest Control Room 9072303275,	
	9072303276	
	WhatsApp Number 9400021077	
Thrissur	9400066921, 9400066922, 9400066923	9400063430, 7034099935
Palakkad	0491 251 0580, 04912510583	0491251 0577, 8848902376
	0491 251 0575, 0491 251 0576, 251 0574	
Malappuram	0483 2737858, 0483 2737857,0483	0483 2952950
	2733251, 0483 2733252, 2733253	
Calicut	0495 2371471, 0495 2376063	75940-01419, 7594001485
	Collectorate 0495 2371002	
Kannur	0497 2700194, 2713437, 9400066062,	8281899687
	9400066616	
Wayanad	04936 202343, 04936 202375	9526831678
Kasaragod	9946000493, 9946000293	9645002811

Annexure-2: Table of links to documents, guidelines, and websites

Dashboard	https://dashboard.kerala.gov.in/
Daily Bulletin	http://dhs.kerala.gov.in/ഡെയിലി- ബൂള്ളറ്റിന്%E2%80%8D/
Guidelines and Advisories	http://dhs.kerala.gov.in/ജാഗ്രത- നിര്%E2%80%8Dദേശങ്ങള്%E2%80%8D/
Awareness materials	https://www.dropbox.com/sh/l2h2n9hu737lea3/AAD43CHbedUZa_8PUY9v3m0Wa?dl=0
Posters	http://dhs.kerala.gov.in/photo-gallery/
COVID-19 Jagratha	https://covid19jagratha.kerala.nic.in/
E Sanjeevani	https://esanjeevaniopd.in

NHM Kerala	https://arogyakeralam.gov.in/
Directorate of Health Services	https://dhs.kerala.gov.in/
Directorate of Medical Education	http://www.dme.kerala.gov.in/
Department of Health and Family Welfare	https://health.kerala.gov.in/
Training and IEC videos	https://www.youtube.com/c/keralahealthonlinetraining

**Annexure-3: District Psychosocial support Helpline numbers** 

District	COVID help line numbers
Thiruvananthapuram	9846854844
Kollam	0474 2740166, 8281086130
Pathanamthitta	8281113911
Alappuzha	4792344474
Kottayam	9539355724
Idukki	04862226929, 9496886418
Ernakulam	04842351185, 9846996516
Thrissur	04872383155, 8281100729,
1111155U1	8086007999
Palakkad	04912533323
Malappuram	7593843617, 7593843625
Kozhikode	9495002270
Wayanad	9400348670
Kannur	04972734343, 9495142091
Kasaragod	9072574748, 9447447888

- District Helpline Numbers will be available from 9am to 4 pm.
- State Helpline Numbers DISHA 0471-2552056 and 1056 (Toll Free Number) will be available 24x7