



COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL
HEALTH & FAMILY WELFARE DEPARTMENT
GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020. for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID-19 from the State.

Advisories

Any person with travel history to COVID19 affected countries or person with contact with such a traveler, whether they are having symptoms or not, must remain in home isolation. Do frequent hand washing with soap and water. Avoid social greetings by touching, like hugs or handshake. Don't touch your face, nose and eyes. Use handkerchief while coughing/ sneezing. Use masks, only if you are taking a care of a person with suspected COVID-19 infection, or if you have symptoms. Healthy persons are not supposed to wear medical masks. Those who are wearing masks should know how to use and dispose it properly. N95 masks should not be worn by the public.

- Training and IEC videos prepared by the department is available on The “Kerala Health Online Training” YouTube channel of the Directorate of Health Services (<https://www.youtube.com/c/keralahealthonlinetraining>).

Guidelines

The following guidelines were issued and published in the website of DHS:

COVID-19 Guideline for human resource management in COVID hospitals, Addendum to revised guidelines for Testing, Quarantine, Hospital admission and discharge for COVID-19 based on current risk assessment grid published on 12.03.20, Reference guide for converting hospitals in to dedicated COVID hospitals, Advisory for patient admission to COVID care center, Advisory for patient admission to COVID first line treatment centre, Advisory for infection control precautions to be adopted in dental care settings, Guidelines for distribution of laboratories, Guidelines on rational use of PPE, Advisory on using rapid diagnostic kits for COVID-19 diagnosis and surveillance, Advisory for Residents association, Interim treatment guidelines, Guidelines for routine vaccination, Advisory for pregnancy and labour management and the Quarantine of Health care workers who are asymptomatic secondary contacts,

Date: 02/04/2020

WHO has declared the COVID-19 epidemic affecting **205** countries, areas or territories as a Pandemic. Considering the increase in number of cases, COVID 19 has been re-notified as a state specific disaster on 20.03.2020. Kerala state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

- **165934** persons are placed under surveillance, out of which **165291** are under home isolation and **643** are admitted in designated isolation facilities.

Sample Testing

- Till date **8456** samples of suspect cases have been sent for testing out of which **7622** came as negative.

Test Results

- Total confirmed cases under treatment till yesterday were **237**.
- **21 new cases** have been declared positive. Out of this 8 from Kasaragod, 5 from Idukki, 2 from Kollam, 1 each from Thiruvananthapuram, Pathanamthitta, Thrissur, Malappuram, Kozhikode, and Kannur.
- Test results of 1 person each from Thiruvananthapuram and Malappuram have been declared negative.
- As of now **256 positive cases** are under treatment.

- Complimentary Activities

- COVID Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala(e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centers will also accommodate the Keralite returning from various states in India.
- For providing psychosocial support to the families of suspected persons **998** persons have been deployed across the state. **130817** tele counselling services were provided till date.
- Home isolation ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.
- Human resource management teams have been constituted at the state and district levels. Adequate HR has been ensured for isolation, transport, isolation services, contact tracing and call centre.

- In order to give authentic information and general awareness regarding COVID-19 Health Department has released a whatsapp chat bot. the whatsapp number for the same is 9072220183. For more details please visit <http://dhs.kerala.gov.in/>
- The Department of Health and Family welfare calls out for participation of the health practitioners to join hands with the state in the fight against COVID-19. You may enroll using the link provided below for offering voluntary service at the Isolation facilities in hospitals/ homes, patient management in wards, screening at airports, seaports, railway stations and bus stations. Interested health practitioners may fill up the details in this form and submit. The Department of health and family welfare, Kerala shall contact you soon.

Join us at <https://forms.gle/3FtcS7ovp1YGG9539>

Annexure -1: Details of persons under Surveillance

District	No. of Persons under observation as on today	No. of persons under home isolation as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	18005	17921	84	27
Kollam	16171	16157	14	4
Pathanamthitta	8656	8631	25	9
Idukki	2836	2829	7	1
Kottayam	3304	3301	3	0
Alappuzha	7108	7098	10	4
Ernakulam	3878	3843	35	1
Thrissur	19099	19062	37	8
Palakkad	19721	19669	52	8
Malappuram	13936	13873	63	25
Kozhikode	21934	21906	28	9
Wayanad	10753	10745	8	5
Kannur	10301	10201	100	23
Kasaragod	10232	10055	177	21
Total	165934	165291	643	145

Annexure -2: Chronology of Positive cases

Date	No. of patients	District	Present Status	Remarks
	3	Thrissur Alappuzha Kasargod	Negative	Discharged
9.03.2020	5	Pathanamthitta	Negative	Discharged
9.03.2020	1	Ernakulam (Kannur native)	Negative	Discharged
10.03.2020	8	Kottayam-2 Pathanamthitta -2	Negative	
		Pathanamthitta- 2	Positive	Under treatment
		Ernakulam -2 (Kannur native)	Negative	Discharged
12.03.2020	2	Kannur -1	Negative	Discharged
		Thrissur -1	Negative	Discharged
13.03.2020	3	Thiruvananthapuram -3 (1 foreigner)	Negative	Discharged
15.03.2020	2	Thiruvananthapuram -1 Idukki-1(foreigner)	Negative	Discharged
16.03.2020	3	Malappuram -1 Kasaragod-1	Positive	Under treatment
		Malappuram -1	Negative	
19.03.2020	1	Kasaragod-1	Positive	Under treatment
20.03.2020	12	Ernakulam-4	Positive	Under treatment
		Ernakulam-2 (foreigners)	Negative	Discharged
		Kasaragod-6	Positive	Under treatment
21.03.2020	12	Ernakulam-3 Kannur-1 Kasaragod-6	Positive	Under treatment
		Kannur-2	Negative	Discharged
22.03.2020	15	Ernakulam-1 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5	Positive	Under treatment
		Ernakulam-1	Positive	Expired
		Kozhikode	Negative	Discharged
23.03.2020	28	Pathanamthitta-1 Thrissur-1 Ernakulam-2 Kannur-5 Kasaragod-19	Positive	Under treatment
24.03.2020	14	Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6	Positive	Under treatment
25.03.2020	9	Kozhikode-1 Palakkad-2 Pathanamthitta-2 Ernakulam-3 Idukki-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
26.03.2020	19	Kannur-9 Kasaragod-3 Malappuram-3 Thrissur-2 Idukki-1 Wayanad-1	Positive	Under treatment
27.03.2020	39	Kasaragod-34 Kannur-2 Kozhikode-1 Thrissur-1 Kollam-1	Positive	Under treatment
28.03.2020	6	Thiruvananthapuram-2 Palakkad-1 Kasaragod-1 Malappuram-1 Kollam-1	Positive	Under treatment
29.03.2020	20	Kannur-8 Kasaragod-7 Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1	Positive	Under treatment
		Thiruvananthapuram-1	Positive	Expired
30.03.2020	32	Kasaragod-17 Kannur-11 Wayanad-2 Idukki-2	Positive	Under treatment
31.03.2020	7	Thiruvananthapuram-2 Kasaragod-2 Kollam-1 Thrissur-1 Kannur-1	Positive	Under treatment
01.04.2020	24	Kasaragod-12 Ernakulam-3 Thiruvananthapuram-2 Thrissur-2 Malappuram-2 Kannur-2 Palakkad-1	Positive	Under treatment
02.04.2020	21	Kasaragod-8 Idukki-5 Kollam-2 Thiruvananthapuram-1 Pathanamthitta-1 Thrissur-1 Malappuram-1 Kozhikode-1 Kannur-1	Positive	Under treatment

- 286 persons have been tested positive till date since the outbreak in Kerala
- 256 persons are currently under treatment

Annexure -2:District wise distribution based on hospital admission

District	No. of positive cases admitted	Other Districts
Thiruvananthapuram	10	1 Malappuram, 1 Kollam
Kollam	4	
Pathanamthitta	6	-
Alappuzha	1	-
Kottayam	1	
Idukki	9	-
Ernakulam	17	3 Foreigners, 2 Kannur, 1 Malappuram
Thrissur	9	-
Palakkad	6	-
Malappuram	11	-
Kozhikode	9	1 Kannur, 2 Kasaragod
Wayanad	3	
Kannur	56	12 Kasaragod
Kasaragod	114	
Total	256	