

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020.for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID from the State.

Advisories

Any person with travel history to COVID19 affected countries or person with contact with such a traveler, whether they are having symptoms or not, must remain in home isolation. Do frequent hand washing with soap and water. Avoid social greetings by touching, like hugs or handshake. Don't touch your face, nose and eyes. Use handkerchief while coughing/ sneezing. Use masks, only if you are taking a care of a person with suspected COVID-19 infection, or if you have symptoms. Those who are wearing masks should know how to use and dispose it properly. N95 masks should not be worn by the public. It is advisable for all to use masks during the COVID 19 pandemic season.

• Training and IEC videos prepared by the department are available on "Kerala Health Online Training" YouTube channel of the Directorate of Health Services (https://www.youtube.com/c/keralahealthonlinetraining).

Guidelines

The following guidelines were issued and published in the website of DHS: Advisory for Ensuring TB services in Kerala in the context of COVID-19, COVID-19 Antibody testing(IgG and IgM) in the private sector in Kerala COVID-19 Guideline for human resource management in COVID hospitals, Addendum to revised guidelines for Testing, Quarantine, Hospital admission and discharge for COVID-19 based on current risk assessment grid published on 12.03.20, Reference guide for converting hospitals in to dedicated COVID hospitals, Advisory for patient admission to COVID care center, Advisory for patient admission to COVID first line treatment centre, Advisory for infection control precautions to be adopted in dental care settings, Guidelines for distribution of laboratories, Guidelines on rational use of PPE, Advisory on using rapid diagnostic kits for COVID-19 diagnosis and surveillance, Advisory for Residents association, Interim treatment guidelines, Guidelines for routine vaccination, Advisory for pregnancy and labour management and the Quarantine of Health care workers who are asymptomatic secondary contacts.

Date: 23/04/2020

WHO has declared the COVID-19 epidemic affecting 213 countries, areas or territories as a Pandemic. Considering the increase in number of cases, COVID 19 has been re-notified as a state specific disaster on 20.03.2020. Kerala state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

• 23876 persons are placed under surveillance, out of which 23439 are under home isolation and 437 are admitted in designated isolation facilities.

Sample Testing

• Till date 21334 samples of suspect cases have been sent for testing out of which 20326 came as negative.

Test Results

- Total confirmed cases under treatment till yesterday were 127.
- 10 persons have been declared positive today out of which 4 from Idukki, 2 from Kozhikode and Kottayam, 1 each from Thiruvananthapuram and Kollam.
- Test results of 8 COVID patients under treatment have been declared negative out of which 6 cases are from Kasaragod and 1 each from Malappuram and Kannur.
- As of now 129 Positive cases are under treatment.
- As per GO (Rt) No. 740/2020/H&FWD dated 19-04-2020 and GO (Rt) No. 740/2020/H&FWD dated 20-04-2020, Hotspots were notified in the state. Based on the daily report by SDMA the list will be modified and the revised list is attached as annexure.

Complimentary Activities

- COVID Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala (e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centers will also accommodate the Keralite returning from various states in India.
- For providing psychosocial support, 1064 Personnel are working and have provided tele-counselling to 2,16,872 numbers of persons in quarantine/isolation. In addition to this, psychosocial support calls are given to mentally ill patients, Children with special needs, Guest labourers& elderly people living alone. Tele-counselling is also given to alleviate stress of personnel working in Corona Outbreak control activities. A total of 5,45,710 Tele-counselling calls have been given to all such categories till date. Coordination of Community Deaddiction is also being done.

- Home isolation ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.

Annexure -1: Details of persons under Surveillance

| District | No. of Persons under observation as on today | No. of persons under home isolation as on today | No. of symptomatic persons hospitalized as on today | No. of persons hospitalized today |
|--------------------|--|---|---|---|
| Thiruvananthapuram | 1489 | 1445 | 44 | 23 |
| Kollam | 1509 | 1485 | 24 | 6 |
| Pathanamthitta | 697 | 690 | 7 | 1 |
| Idukki | 1336 | 1332 | 4 | 1 |
| Kottayam | 157 | 156 | 1 | 1 |
| Alappuzha | 1858 | 1855 | 3 | 1 |
| Ernakulam | 152 | 139 | 13 | 5 |
| Thrissur | 814 | 803 | 11 | 7 |
| Palakkad | 3332 | 3281 | 51 | 21 |
| Malappuram | 2465 | 2395 | 70 | 42 |
| Kozhikode | 2770 | 2734 | 36 | 15 |
| Wayanad | 1579 | 1572 | 7 | 3 |
| Kannur | 2592 | 2482 | 110 | 20 |
| Kasaragod | 3126 | 3070 | 56 | 2 |
| Total | 23876 | 23439 | 437 | 148 |

Annexure -2: Chronology of Positive cases

| Date | No. of patients | District | Present Status | Remarks |
|--------------|-----------------|---|----------------|-----------------|
| | 3 | Thrissur Alappuzha Kasaragod | Negative | Discharged |
| 9.03.2020 | 6 | Pathanamthitta-5 Ernakulam-1 (Kannur native) | Negative | Discharged |
| 10.03.2020 | 8 | Kottayam-2 Pathanamthitta -3 Ernakulam -2 (Kannur native) | Negative | Discharged |
| | | Pathanamthitta- 1 | Positive | Under treatment |
| 12.03.2020 | 2 | Thrissur -1 Kannur -1 | Negative | Discharged |
| 13.03.2020 | 3 | Thiruvananthapuram -3 | Negative | Discharged |
| 15.03.2020 | 2 | Thiruvananthapuram -1 Idukki-1 | Negative | Discharged |
| 16.03.2020 | 3 | Malappuram -2 Kasaragod-1 | Negative | Discharged |
| 19.03.2020 | 1 | Kasaragod-1 | Negative | Discharged |
| | | Ernakulam-1 | Positive | Under treatment |
| 20.03.2020 | 12 | Ernakulam- 5 Kasaragod-6 | Negative | Discharged |
| | | Ernakulam-1 | Positive | Under treatment |
| 21.03.2020 | 12 | Ernakulam-2 Kannur-3 Kasaragod-6 | Negative | Discharged |
| 22.03.2020 | 15 | Ernakulam-1 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5 | Negative | Discharged |
| | | Ernakulam-1 | Positive | Expired |
| | | Pathanamthitta-1 | Positive | Under treatment |
| 23.03.2020 | 28 | Ernakulam-2 Thrissur-1 Kannur-5 Kasaragod-19 | Negative | Discharged |
| 24.03.2020 | 14 | Thiruvananthapuram-1 Alappuzha-1 Kottayam-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6 | Negative | Discharged |
| | | Palakkad-1 Pathanamthitta-2 | Positive | Under treatment |
| 25.03.2020 9 | | Idukki-1 Ernakulam-3 Palakkad-1 Kozhikode-1 | Negative | Discharged |
| 26.03.2020 | 19 | Malappuram-1 Positive Und | | Under treatment |

| Date | No. of patients | District | Present Status | Remarks |
|---------------|---|--|----------------|-----------------|
| | | Kannur-9 Idukki-1 Kasaragod-3 Malappuram-2 Thrissur-2 Wayanad-1 | Negative | Discharged |
| | | Kasaragod-3 | Positive | Under treatment |
| 27.03.2020 | 39 | Kollam-1 Thrissur-1 Kozhikode-1 Kannur-2 Kasaragod-31 | Negative | Discharged |
| 28.03.2020 | 6 | Thiriruvanathapuram-2 Kollam-1 Palakkad-1 Malappuram-1 Kasaragod-1 | Negative | Discharged |
| | | Kannur-2 | Positive | Under treatment |
| | | Thiriruvanathapuram-1 | Positive | Expired |
| 29.03.2020 | 20 | Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1 Kannur-6 Kasaragod-7 | Negative | Discharged |
| 30.03.2020 32 | | Kasaragod-3 Kannur-3 Wayanad-1 | Positive | Under treatment |
| | Idukki-2 Kannur-8 Wayanad-1 Kasaragod-14 | Negative | Discharged | |
| | | Kollam-1 Kannur-1 | Positive | Under treatment |
| 31.03.2020 | 7 | Thiriruvanathapuram-2 Thrissur-1 Kasaragod-2 | Negative | Discharged |
| | | Kannur-1 | Positive | Under treatment |
| 01.04.2020 | 24 | Thiriruvanathapuram-2 Ernakulam-3 Palakkad-1 Thrissur-2 Malappuram-2 Kannur-1 Kasaragod-12 | Negative | Discharged |
| 02.04.2020 | 21 | Kollam-1 | Positive | Under treatment |

| Date | No. of patients | District | Present Status | Remarks |
|--------------|-----------------|---|----------------|-----------------|
| | | Thiriruvanathapuram-1 Kollam-1 Pathanamthitta-1 Idukki-5 Thrissur-1 Malappuram-1 Kozhikode-1 Kannur-1 Kasaragod-8 | Negative | Discharged |
| | | Kasaragod-2 | Positive | Under treatment |
| 03.04.2020 | 9 | Thrissur-1 Kannur-1 Kasaragod-5 | Negative | Discharged |
| | | Kollam-1 Ernakulam-1 | Positive | Under treatment |
| 04.04.2020 | 11 | Alappuzha-1 Palakkad-1 Kannur-1 Kasaragod-6 | Negative | Discharged |
| 05.04.2020 | 8 | Kozhikode-1 Kannur-1 Kasaragod-1 | Positive | Under treatment |
| | | Pathanamthitta-1 Kozhikode-4 | Negative | Discharged |
| | | Kasaragod – 1 | Positive | Under treatment |
| 06.04.2020 | 13 | Kollam- 1 Pathanamthitta- 1 Malappuram - 2 Kasaragod -8 | Negative | Discharged |
| 07.04.2020 8 | 8 | Kannur – 2 Malappuram – 1 Kollam – 1 | Positive | Under treatment |
| | | Kasaragod – 4 | Negative | Discharged |
| 00.04.0000 | | Kannur – 4 Pathanamthitta- 1 | Positive | Under treatment |
| 08.04.2020 | 9 | Alappuzha - 2 Thrissur - 1 Kasaragod - 1 | Negative | Discharged |
| 09.04.2020 | 12 | Kannur - 3 Malappuram - 2 Kollam -1 Thiruvananthapuram - 1 | Positive | Under treatment |
| | | Kannur -1 Kasaragod - 4 | Negative | Discharged |
| 10.04.2020 | 7 | Kasaragod - 3 Kannur - 2 Malappuram - 1 | Positive | Under treatment |
| | | Malappuram – 1 | Negative | Discharged |
| 11.04.2020 | 10 | Kasaragod – 2 Kannur – 2 | Positive | Under treatment |
| | - | Kozhikode – 1 Kannur–5 | Negative | Discharged |

| Date | No. of patients | District | Present Status | Remarks |
|------------|-----------------|---|----------------------|-----------------|
| 12.04.2020 | 2 | Pathanamthitta-1 Kannur-1 | Positive | Under treatment |
| 13.04.2020 | 3 | Kannur-2 Palakkad-1 | Positive Negative | Under treatment |
| 14.04.2020 | 8 | Kannur- 4 Kozhikkode-3 Kasaragod-1 | Positive | Under treatment |
| 15.04.2020 | 1 | Kannur-1 | Positive | Under treatment |
| 16.04.2020 | 7 | Kannur-4 Kozhikode-2 Kasaragod-1 | Positive | Under treatment |
| 17.04.2020 | 1 | Kozhikode-1 | Positive | Under treatment |
| 18.04.2020 | 4 | Kannur-3 Kozhikode-1 | Positive | Under treatment |
| 19.04.2020 | 2 | Kannur-1 Kasaragod-1 | Positive | Under treatment |
| 20.04.2020 | 6 | Kannur-6 | Positive | Under treatment |
| 21.04.2020 | 19 | Kannur-10 Palakkad-4 Kasaragod-3 Kollam-1 Malappuram-1 | Positive | Under treatment |
| 22.04.2020 | 11 | Kannur-7 Kozhikode-2 Kottayam-1 Malappuram-1 | Positive | Under treatment |
| 23.04.2020 | 10 | Idukki-4 Kottayam-2 Kozhikode-2 Thiruvananthapuram - 1 Kollam-1 | Positive | Under treatment |

- 447 persons have been tested positive till date since the outbreak in Kerala.
- 129 persons are currently under treatment.

Annexure -3: District wise distribution based on hospital admission

| District | No. of positive cases admitted | Other Districts |
|--------------------|--------------------------------|----------------------|
| Thiruvananthapuram | 2 | |
| Kollam | 7 | |
| Pathanamthitta | 6 | |
| Kottayam | 3 | |
| Idukki | 4 | |
| Ernakulam | 2 | 1 Malappuram |
| Palakkad | 6 | 1 Malappuram |
| Malappuram | 5 | - |
| Kozhikode | 15 | 1Malappuram,1 Kannur |
| Wayanad | 1 | |
| Kannur | 59 | 1 Kasaragod |
| Kasaragod | 19 | |
| Total | 129 | |

Annexure -4: Revised Hotspot List

| Hotspots as on 23-04-2020 | | | | |
|---------------------------|--------------------|--------------------------------|--|--|
| SI. No | District | LSG | | |
| 1 | Wayanad | Muppainadu Panchayat | | |
| 2 | Thiruvananthapuram | Thiruvananthapuram Corporation | | |
| 3 | Pathanamthitta | Aranmula Panchayat | | |
| 4 | Pathanamthitta | Ayroor Panchayat | | |
| 5 | Pathanamthitta | Chittar Panchayat | | |
| 6 | Pathanamthitta | Adoor Municipality | | |
| 7 | Pathanamthitta | Pathanamthitta Municipality | | |
| 8 | Pathanamthitta | Vadasserikkara Panchayat | | |
| 9 | Palakkad | Karakurissi Panchayat | | |
| 10 | Palakkad | Thirumittacode Panchayat | | |
| 11 | Palakkad | Puduperiyaram | | |
| 12 | Palakkad | Vilavur | | |
| 13 | Palakkad | Kottoppadam Panchayat | | |
| 14 | Palakkad | Kuzhalmannam | | |
| 15 | Palakkad | Pudusserry | | |
| 16 | Palakkad | Kanjirappuzha | | |
| 17 | Malappuram | Vengara Panchayat | | |
| 18 | Malappuram | Chungathara Panchayat | | |
| 19 | Malappuram | Thennala Panchayat | | |
| 20 | Malappuram | Ozhur Panchayat | | |
| 21 | Malappuram | Thalakkad Panchayat | | |
| 22 | Malappuram | Kannamangalam Panchayat | | |
| 23 | Malappuram | A.R Nagar Panchayat | | |
| 24 | Malappuram | Manjeri (M) | | |
| 25 | Kozhikode | Edacheri Panchayat | | |
| 26 | Kozhikode | Azhiyur Panchayat | | |
| 27 | Kozhikode | Vadakara (M) | | |
| 28 | Kozhikode | Kozhikkode Corporation | | |
| 29 | Kozhikode | Eramala | | |
| 30 | Kozhikode | Changaroth | | |
| 31 | Kozhikode | Kodanchery | | |
| 32 | Kollam | Nilamel Panchayat | | |
| 33 | Kollam | Punaloor Municipality | | |
| 34 | Kollam | Thrikkaruva Panchayat | | |
| 35 | Kollam | Kulathupuzha | | |
| 36 | Kasaragod | Mogral Puthur Panchayat | | |
| 37 | Kasaragod | Chengala Panchayat | | |
| 38 | Kasaragod | Chemnad Panchayat | | |
| 39 | Kasaragod | Kasargode Municipality | | |
| 40 | Kasaragod | Muliyar Panchayat | | |
| 41 | Kasaragod | Kanjangade Municipality | | |
| 42 | Kasaragod | Madhur Panchayat | | |

| 43 | Kasaragod | Kumbala |
|----|-----------|-----------------------------|
| 44 | Kannur | Pattiam Panchayat |
| 45 | Kannur | Koothuparamba (M) |
| 46 | Kannur | Madayi Panchayat |
| 47 | Kannur | Kottayam (M) |
| 48 | Kannur | Naduvil Panchayat |
| 49 | Kannur | Mokeri |
| 50 | Kannur | Peralasseri Panchayat |
| 51 | Kannur | Kunnothuparamba Panchayat |
| 52 | Kannur | Panniyannur Panchayat |
| 53 | Kannur | Payyannur Municipality |
| 54 | Kannur | Panoor Municipality |
| 55 | Kannur | Mattool Panchayat |
| 56 | Kannur | Pappinisseri Panchayat |
| 57 | Kannur | Chembilode Panchayat |
| 58 | Kannur | Thalassery Municipality |
| 59 | Kannur | Kadirur |
| 60 | Kannur | Iritty Municipality |
| 61 | Kannur | Ezhome Panchayat |
| 62 | Kannur | Chittariparamba Panchayat |
| 63 | Kannur | Chapparapadavu |
| 64 | Kannur | New Mahe Panchayat |
| 65 | Kannur | Chengalayi |
| 66 | Kannur | Kanichar |
| 67 | Kannur | Kolayad |
| 68 | Kannur | Koodali |
| 69 | Kannur | Muzhappilangad |
| 70 | Kannur | Eruvassey |
| 71 | Kannur | Mangattidam |
| 72 | ldukki | ldukki Kanjikuzhy Panchayat |
| 73 | ldukki | Mariyapuram Panchayat |
| 74 | ldukki | Bisonvalley Panchayat |
| 75 | ldukki | Senapathy Panchayat |
| 76 | ldukki | Thodupuzha |
| 77 | Ernakulam | Cochin Corporation |

| Additions to Hotspots as on 23-04-2020 | | | |
|--|------------|--------------|--|
| 1 | Malappuram | Manjeri (M) | |
| 2 | Kozhikode | Vadakara (M) | |
| 3 | Kozhikode | Kodanchery | |
| 4 | Kannur | Kadirur | |
| 5 | Kannur | Chengalayi | |
| 6 | Kannur | Kanichar | |
| 7 | Kannur | Kolayad | |

^{*}As per report from Secretary SDMA