



COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL
HEALTH & FAMILY WELFARE DEPARTMENT
GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020. for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID-19 from the State.

Advisories

Any person with travel history to COVID19 affected countries or person with contact with such a traveler, whether they are having symptoms or not, must remain in home isolation. Do frequent hand washing with soap and water. Avoid social greetings by touching, like hugs or handshake. Don't touch your face, nose and eyes. Use handkerchief while coughing/ sneezing. Use masks, only if you are taking a care of a person with suspected COVID-19 infection, or if you have symptoms. Healthy persons are not supposed to wear medical masks. Those who are wearing masks should know how to use and dispose it properly. N95 masks should not be worn by the public.

- Training and IEC videos prepared by the department is available on The "Kerala Health Online Training" YouTube channel of the Directorate of Health Services (<https://www.youtube.com/c/keralahealthonlinetraining>).

Guidelines

The following guidelines were issued and published in the website of DHS:

COVID-19 Guideline for human resource management in COVID hospitals, Addendum to revised guidelines for Testing, Quarantine, Hospital admission and discharge for COVID-19 based on current risk assessment grid published on 12.03.20, Reference guide for converting hospitals in to dedicated COVID hospitals, Advisory for patient admission to COVID care center, Advisory for patient admission to COVID first line treatment centre, Advisory for infection control precautions to be adopted in dental care settings, Guidelines for distribution of laboratories, Guidelines on rational use of PPE, Advisory on using rapid diagnostic kits for COVID-19 diagnosis and surveillance, Advisory for Residents association, Interim treatment guidelines, Guidelines for routine vaccination, Advisory for pregnancy and labour management and the Quarantine of Health care workers who are asymptomatic secondary contacts,

Date: 03/04/2020

WHO has declared the COVID-19 epidemic affecting **205** countries, areas or territories as a Pandemic. Considering the increase in number of cases, COVID 19 has been re-notified as a state specific disaster on 20.03.2020. Kerala state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

- **169997** persons are placed under surveillance, out of which **169291** are under home isolation and **706** are admitted in designated isolation facilities.

Sample Testing

- Till date **9139** samples of suspect cases have been sent for testing out of which **8126** came as negative.

Test Results

- Total confirmed cases under treatment till yesterday were **256**.
- **9 new cases** have been declared positive. Out of this 7 from Kasaragod, 1 each from Thrissur and Kannur.
- Test results of 14 persons (Kannur-5,Kasaragod-3,Idukki-2,Kozhikode-2 (one from Kasaragod), Pathanamthitta-1, Kottayam-1) have been declared negative.
- As of now **251 positive cases** are under treatment.

- Complimentary Activities

- COVID Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala(e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centers will also accommodate the Keralite returning from various states in India.
- For providing psychosocial support to the families of suspected persons **998** persons have been deployed across the state. **130817** tele counselling services were provided till date.
- Home isolation ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.
- Human resource management teams have been constituted at the state and district levels. Adequate HR has been ensured for isolation, transport, isolation services, contact tracing and call centre.

- In order to give authentic information and general awareness regarding COVID-19 Health Department has released a whatsapp chat bot. the whatsapp number for the same is 9072220183. For more details please visit <http://dhs.kerala.gov.in/>
- The Department of Health and Family welfare calls out for participation of the health practitioners to join hands with the state in the fight against COVID-19. You may enroll using the link provided below for offering voluntary service at the Isolation facilities in hospitals/ homes, patient management in wards, screening at airports, seaports, railway stations and bus stations. Interested health practitioners may fill up the details in this form and submit. The Department of health and family welfare, Kerala shall contact you soon.

Join us at <https://forms.gle/3FtcS7ovp1YGG9539>

Annexure -1: Details of persons under Surveillance

District	No. of Persons under observation as on today	No. of persons under home isolation as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	18093	18005	88	27
Kollam	15906	15884	22	9
Pathanamthitta	8437	8415	22	6
Idukki	2946	2936	10	4
Kottayam	3251	3247	4	1
Alappuzha	7378	7366	12	4
Ernakulam	12133	12097	36	2
Thrissur	14073	14033	40	11
Palakkad	19610	19563	47	4
Malappuram	14794	14694	100	59
Kozhikode	21934	21908	26	13
Wayanad	10842	10835	7	3
Kannur	10352	10244	108	24
Kasaragod	10248	10064	184	17
Total	169997	169291	706	184

Annexure -2: Chronology of Positive cases

Date	No. of patients	District	Present Status	Remarks
	3	Thrissur Alappuzha Kasargod	Negative	Discharged
9.03.2020	5	Pathanamthitta	Negative	Discharged
9.03.2020	1	Ernakulam (Kannur native)	Negative	Discharged
10.03.2020	8	Kottayam-2 Pathanamthitta -3 Ernakulam -2 (Kannur native)	Negative	
		Pathanamthitta- 1	Positive	Under treatment
12.03.2020	2	Kannur -1	Negative	Discharged
		Thrissur -1	Negative	Discharged
13.03.2020	3	Thiruvananthapuram -3 (1 foreigner)	Negative	Discharged
15.03.2020	2	Thiruvananthapuram -1 Idukki-1(foreigner)	Negative	Discharged
16.03.2020	3	Malappuram -1 Kasaragod-1	Positive	Under treatment
		Malappuram -1	Negative	
19.03.2020	1	Kasaragod-1	Positive	Under treatment
20.03.2020	12	Ernakulam-4	Positive	Under treatment
		Ernakulam-2 (foreigners)	Negative	Discharged
		Kasaragod-6	Positive	Under treatment
21.03.2020	12	Ernakulam-3 Kannur-1 Kasaragod-5	Positive	Under treatment
		Kannur-2 Kasaragod-1	Negative	Discharged
22.03.2020	15	Ernakulam-1 Malappuram-2 Kozhikode-2 Kannur-4 Kasaragod-5	Positive	Under treatment
		Ernakulam-1	Positive	Expired
		Kozhikode-1	Negative	Discharged
23.03.2020	28	Pathanamthitta-1 Thrissur-1 Ernakulam-2 Kannur-3 Kasaragod-18	Positive	Under treatment
		Kannur-2 Kasaragod-1	Negative	Discharged
24.03.2020	14	Thiruvananthapuram-1 Alappuzha-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6	Positive	Under treatment
		Kottayam-1	Negative	
25.03.2020	9	Kozhikode-1 Palakkad-2 Pathanamthitta-2 Ernakulam-3	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
		Idukki-1	Negative	Discharged
26.03.2020	19	Kannur-6 Kasaragod-2 Malappuram-3 Thrissur-2 Wayanad-1	Positive	Under treatment
		Kannur-3 Idukki-1 Kasaragod-1	Negative	Discharged
27.03.2020	39	Kasaragod-33 Kannur-2 Thrissur-1 Kollam-1	Positive	Under treatment
		Kasaragod-1 Kozhikode-1	Negative	Discharged
28.03.2020	6	Thiruvananthapuram-2 Palakkad-1 Kasaragod-1 Malappuram-1 Kollam-1	Positive	Under treatment
29.03.2020	20	Kannur-8 Kasaragod-7 Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1	Positive	Under treatment
		Thiruvananthapuram-1	Positive	Expired
30.03.2020	32	Kasaragod-17 Kannur-11 Wayanad-2 Idukki-2	Positive	Under treatment
31.03.2020	7	Thiruvananthapuram-2 Kasaragod-2 Kollam-1 Thrissur-1 Kannur-1	Positive	Under treatment
01.04.2020	24	Kasaragod-12 Ernakulam-3 Thiruvananthapuram-2 Thrissur-2 Malappuram-2 Kannur-2 Palakkad-1	Positive	Under treatment
02.04.2020	21	Kasaragod-8 Idukki-5 Kollam-2 Thiruvananthapuram-1 Pathanamthitta-1 Thrissur-1 Malappuram-1 Kozhikode-1 Kannur-1	Positive	Under treatment
03.04.2020	9	Kasaragod-7 Kannur-1 Thrissur-1	Positive	Under treatment
<ul style="list-style-type: none"> • 295 persons have been tested positive till date since the outbreak in Kerala • 251 persons are currently under treatment 				

Annexure -2:District wise distribution based on hospital admission

District	No. of positive cases admitted	Other Districts
Thiruvananthapuram	10	1 Malappuram, 1 Kollam
Kollam	4	
Pathanamthitta	5	-
Alappuzha	1	-
Idukki	7	-
Ernakulam	17	3 Foreigners,2 Kannur, 1 Malappuram
Thrissur	10	-
Palakkad	6	-
Malappuram	11	-
Kozhikode	7	1 Kannur, 1 Kasaragod
Wayanad	3	
Kannur	52	12 Kasaragod
Kasaragod	118	
Total	251	