

COVID-19 OUTBREAK CONTROL AND PREVENTION STATE CELL HEALTH & FAMILY WELFARE DEPARTMENT GOVT. OF KERALA

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Kerala Epidemic Diseases, COVID-19 Regulations, 2020

In exercise of the powers conferred by sections 2, 3 & 4 of the Epidemic Diseases Act, 1897 (Central Act 3 of 1897), the Government of Kerala has issued regulations as Kerala Epidemic Diseases, COVID-19 Regulations, 2020.for the strict compliance, for the containment management and control of COVID-19 21-3-2020 as part of endeavor to eliminate COVID-19 from the State.

Advisories

Any person with travel history to COVID19 affected countries or person with contact with such a traveler, whether they are having symptoms or not, must remain in home isolation. Do frequent hand washing with soap and water. Avoid social greetings by touching, like hugs or handshake. Don't touch your face, nose and eyes. Use handkerchief while coughing/ sneezing. Use masks, only if you are taking a care of a person with suspected COVID-19 infection, or if you have symptoms. Healthy persons are not supposed to wear medical masks. Those who are wearing masks should know how to use and dispose it properly. N95 masks should not be worn by the public.

• Training and IEC videos prepared by the department are available on "Kerala Health Online Training" YouTube channel of the Directorate of Health Services (https://www.youtube.com/c/keralahealthonlinetraining).

Guidelines

The following guidelines were issued and published in the website of DHS:

COVID-19 Guideline for human resource management in COVID hospitals, Addendum to revised guidelines for Testing, Quarantine, Hospital admission and discharge for COVID-19 based on current risk assessment grid published on 12.03.20, Reference guide for converting hospitals in to dedicated COVID hospitals, Advisory for patient admission to COVID care center, Advisory for patient admission to COVID first line treatment centre, Advisory for infection control precautions to be adopted in dental care settings, Guidelines for distribution of laboratories, Guidelines on rational use of PPE, Advisory on using rapid diagnostic kits for COVID-19 diagnosis and surveillance, Advisory for Residents association, Interim treatment guidelines, Guidelines for routine vaccination, Advisory for pregnancy and labour management and the Quarantine of Health care workers who are asymptomatic secondary contacts,

Date: 06/04/2020

WHO has declared the COVID-19 epidemic affecting 208 countries, areas or territories as a Pandemic. Considering the increase in number of cases, COVID 19 has been re-notified as a state specific disaster on 20.03.2020. Kerala state has strengthened the surveillance and control measures against the disease in view of the same.

Home/Hospital Isolation

• 152804 persons are placed under surveillance, out of which 152009 are under home isolation and 795 are admitted in designated isolation facilities.

Sample Testing

 Till date 10716 samples of suspect cases have been sent for testing out of which 9607 came as negative.

Test Results

- Total confirmed cases under treatment till yesterday were 256.
- 13 new cases have been declared positive. Out of this 9 from Kasargod, 2 from Malappuram, 1 each from Kollam and Pathanamthitta.
- Test result of 1 persons each from Kollam, Thrissur and Kannur has been declared negative.
- As of now 266 positive cases are under treatment.

Complimentary Activities

- COVID Care Centres have been established in all districts with a view to accommodate people who have been advised home isolation but have no residence in Kerala(e.g.: Tourists, people in transit etc). And to accommodate any person in home isolation but not following the home isolation guidelines. These centers will also accommodate the Keralite returning from various states in India
- For providing psychosocial support, 1058 Personnel are working and have provided telecounselling to 172050 numbers of persons in quarantine/ isolation. In addition to this, psychosocial support calls are given to mentally ill patients, Children with special needs,& Guest labourers. Telecounselling is also given to alleviate stress of personnel working in Corona Outbreak control activities. Coordination of Community Deaddiction is also being done. Home isolation ensured with the help of squads at LSG level including health staff, police and volunteers.
- Adequate infrastructure facilities have been ensured at all designated isolation facilities.
- Human resource management teams have been constituted at the state and district levels. Adequate HR has been ensured for isolation, transport, isolation services, contact tracing and call centre.

- In order to give authentic information and general awareness regarding COVID-19 Health Department has released a whatsapp chat bot. the whatsapp number for the same is 9072220183. For more details please visit http://dhs.kerala.gov.in/
- The Department of Health and Family welfare calls out for participation of the health practitioners to join hands with the state in the fight against COVID-19. You may enroll using the link provided below for offering voluntary service at the Isolation facilities in hospitals/ homes, patient management in wards, screening at airports, seaports, railway stations and bus stations. Interested health practitioners may fill up the details in this form and submit. The Department of health and family welfare, Kerala shall contact you soon.

Join us at https://forms.gle/3FtcS7ovp1YGG9539

Annexure -1: Details of persons under Surveillance

District	No. of Persons under observation as on today	No. of persons under home isolation as on today	No. of symptomatic persons hospitalized as on today	No. of persons hospitalized today
Thiruvananthapuram	12470	12365	105	25
Kollam	11374	11365	9	1
Pathanamthitta	7716	7700	16	3
Idukki	3723	3715	8	0
Kottayam	3222	3219	3	3
Alappuzha	8743	8731	12	3
Ernakulam	707	672	35	1
Thrissur	14716	14677	39	4
Palakkad	18427	18395	32	10
Malappuram	16453	16285	168	11
Kozhikode	21934	21897	37	13
Wayanad	11588	11579	9	2
Kannur	10895	10794	101	30
Kasaragod	10836	10615	221	16
Total	152804	152009	795	122

Annexure -2: Chronology of Positive cases

Date	No. of patients	District	Present Status	Remarks
	3	Thrissur Alappuzha Kasargod	Negative	Discharged
9.03.2020	5	Pathanamthitta	Negative	Discharged
9.03.2020	1	Ernakulam (Kannur native)	Negative	Discharged
10.03.2020	8	Kottayam-2 Pathanamthitta -3 Ernakulam -2 (Kannur native)	Negative	
		Pathanamthitta- 1	Positive	Under treatment
12.03.2020	2	Thrissur -1 Kannur -1	Negative	Discharged
13.03.2020	3	Thiruvananthapuram -3 (1 foreigner)	Negative	Discharged
15.03.2020	2	Thiruvananthapuram -1 dukki-1(foreigner)	Negative	Discharged
16.03.2020	3	Malappuram -1 Kasaragod-1	Positive	Under treatment
10.03.2020		Malappuram -1	Negative	Discharged
19.03.2020	1	Kasaragod-1	Positive	Under treatment
	12	Ernakulam-4 Kasaragod-6	Positive	Under treatment
20.03.2020	12	Ernakulam-2 (foreigners)	Negative	Discharged
	10	Ernakulam-3 Kasaragod-5	Positive	Under treatment
21.03.2020	12	Kannur-3 Kasaragod-1	Negative	Discharged
	15	Ernakulam-1 Malappuram-2 Kannur-2 Kasaragod-5	Positive	Under treatment
22.03.2020		Ernakulam-1	Positive	Expired
		Kozhikode-2 Kannur-2	Negative	Discharged
23.03.2020 28	28	Pathanamthitta-1 Thrissur-1 Ernakulam-2 Kannur-3 Kasaragod-18	Positive	Under treatment
		Kannur-2 Kasaragod-1	Negative	Discharged
24.03.2020	14	Thiruvananthapuram-1 Alappuzha-1 Ernakulam-1 Palakkad-1 Malappuram-1 Kozhikode-2 Kasaragod-6	Positive	Under treatment
		Kottayam-1	Negative	
25.03.2020	9	Kozhikode-1 Palakkad-2 Pathanamthitta-2 Ernakulam-3	Positive	Under treatment
		ldukki-1	Negative	Discharged

Date	No. of patients	District	Present Status	Remarks
26.03.2020 19	19	Kannur-6 Kasaragod-2 Malappuram-2 Thrissur-1 Wayanad-1	Positive	Under treatment
	16	Kannur-3 dukki-1 Kasaragod-1 Malappuram-1 Thrissur-1	Negative	Discharged
27.03.2020	39	Kasaragod-33 Kannur-2 Thrissur-1	Positive	Under treatment
		Kasaragod-1 Kozhikode-1 Kollam-1	Negative	Discharged
28.03.2020	28.03.2020 6	Thiriruvanathapuram-1 Palakkad-1 Kasaragod-1 Malappuram-1 Kollam-1	Positive	Under treatment
		Thiriruvanathapuram-1	Negative	Discharged
29.03.2020 20	Kannur-2 Kasaragod-7 Ernakulam-1 Thrissur-1 Palakkad-1 Malappuram-1	Positive	Under treatment	
		Thiriruvanathapuram-1	Positive	Expired
		Kannur-6	Negative	Discharged
30.03.2020 32	Kasaragod-17 Kannur-8 Wayanad-2 Idukki-2	Positive	Under treatment	
		Kannur-3	Negative	Discharged
31.03.2020	7	Thiriruvanathapuram-2 Kasaragod-2 Kollam-1 Thrissur-1 Kannur-1	Positive	Under treatment
01.04.2020	24	Kasaragod-12 Ernakulam-3 Thiriruvanathapuram-2 Thrissur-2 Malappuram-2 Kannur-2 Palakkad-1	Positive	Under treatment
02.04.2020	21	Kasaragod-8 Idukki-5 Kollam-2 Thiriruvanathapuram-1 Pathanamthitta-1 Thrissur-1 Malappuram-1 Kozhikode-1 Kannur-1	Positive	Under treatment

Date	No. of patients	District	Present Status	Remarks
03.04.2020	9	Kasaragod-7 Kannur-1 Thrissur-1	Positive	Under treatment
04.04.2020	11	Kasaragod-6 Kollam-1 Alappuzha-1 Ernakulam-1 Palakkad-1 Kannur-1	Positive	Under treatment
05.04.2020	8	Kozhikode-5 Pathanamthitta-1 Kannur-1 Kasaragod-1	Positive	Under treatment
06.04.2020	13	Kasargod - 9 Malappuram - 2 Kollam- 1 Pathanamthitta - 1	Positive	Under treatment

^{• 327} persons have been tested positive till date since the outbreak in Kerala

Annexure -2:District wise distribution based on hospital admission

District	No. of positive cases admitted	Other Districts
Thiruvananthapuram	8	1 Kollam
Kollam	5	
Pathanamthitta	7	-
Alappuzha	2	-
Idukki	7	-
Ernakulam	18	3 Foreigners,2 Kannur, 1 Malappuram
Thrissur	9	-
Palakkad	7	-
Malappuram	13	-
Kozhikode	11	1 Kannur,1Kasaragod
Wayanad	3	
Kannur	48	18Kasaragod
Kasaragod	128	
Total	266	

^{• 266} persons are currently under treatment