

# COVID-19 MIZORAM DAILY BULLETIN

Task Group on Media & Publicity



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<https://www.facebook.com/Department-of-Information-Public-Relations-Govt-of-Mizoram-113605006752434/>

Issue No : 123

Time : 19<sup>th</sup> August, 2020 @ 7:00 PM

Mizoram COVID-19 Helpline no. 102(toll free)/ 0389 2323336/0389 2318336

01.08.2020 LEH 31.08.2020 INKARA MIZORAM CHHUNGA INKAIHHRUAINA KALPUI DAN TUR THUPEK For details [Click here](#)

## 1. August ni 19, 2020 tlaidar 5:30 a Khawvel COVID-19 dinhmun (source: WHO)

Confirmed cases - 21,938,207  
Confirmed deaths - 7,75,582

### COVID-19 natna veihmuh chhuah tamna ram te

USA	- 53,93,138	Brazil	- 33,59,570	India	- 27,67,273
Russia	- 9,32,493	South Africa	- 5,89,886	Peru	- 5,41,493
Mexico	- 5,25,733	Colombia	- 4,76,660	Chile	- 3,88,855
Iran	- 3,47,835	Spain	- 3,42,813	U.K.	- 3,19,201

### COVID-19 natna thihpui tamna ram te

USA	- 1,69,508	Brazil	- 1,08,536	Mexico	- 57,023
India	- 52,889	U.K.	- 41,369	Italy	- 35,400
France	- 30,296	Spain	- 28,617	Peru	- 26,481
Iran	- 19,972	Russia	- 15,872	Colombia	- 15,372

### Darkar 24 chhunga COVID-19 natna hmuhchhuah tam zualna ram te

India	- 64,531	USA	- 39,125	Brazil	- 19,373
Colombia	- 8,328	Peru	- 5,547	Russia	- 4,748
Philippines	- 4,739	Iraq	- 4,576	Argentina	- 4,557
Mexico	- 3,571	Bangladesh	- 3,200	South Africa	- 2,541

### Darkar 24 chhunga COVID-19 natna thihpui tam zualna ram te

India	- 1,092	Brazil	- 684	USA	- 509
Colombia	- 275	Mexico	- 266	Peru	- 200
Kazakhstan	- 200	Iran	- 168	South Africa	- 143
Russia	- 132	Argentina	- 127	Iraq	- 82

### WHO in region a then dan a COVID-19 veizat

Americas - 11,758,006	Europe - 37,96,590	South-East Asia - 32,33,831
Eastern Mediterranean - 17,62,998	Africa - 9,60,055	Western Pacific - 4,25,986

Darkar 24 chhungin positive thar 2,05,524 an awm a; 4,712 in an thihpui.

2. Augustni 19, 2020 zing dar 8:00 a India ram COVID-19 dinhmun (source : MoHFW, GOI)

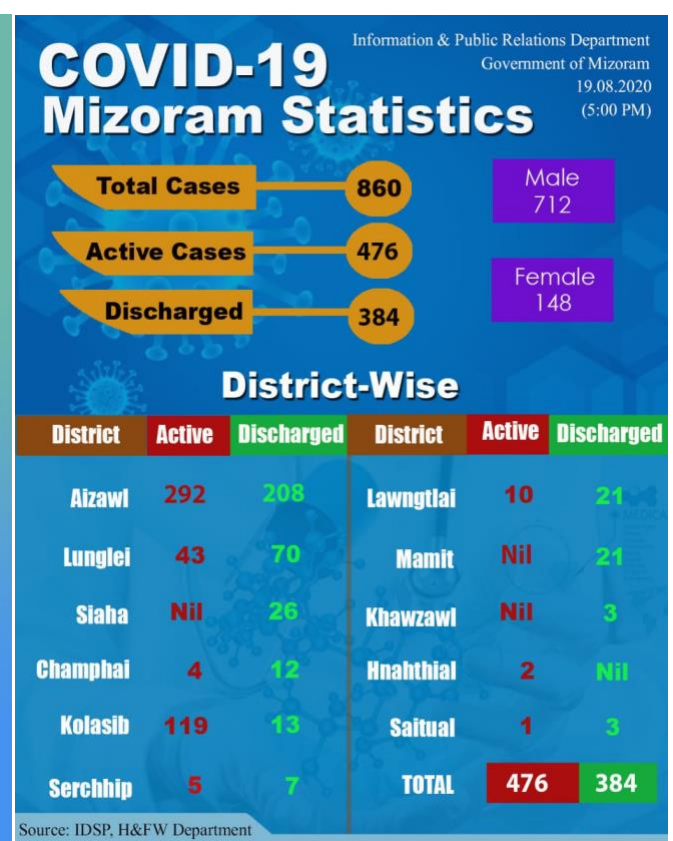
COVID-19 vei hmuhchhuah tawh zat :27,67,273

Tuna vei mek zat: 6,76,509

Sl.	State/UT	Vei mek	Damchhuak	Thi	Sl.	State/UT	Vei mek	Damchhuak	Thi
1	Andaman & Nicobar Islands	1078	1421	30	19	Madhya Pradesh	10521	35713	1141
2	Andhra Pradesh	85130	218311	2820	20	Maharashtra	156920	437870	20687
3	Arunachal Pradesh	921	1949	5	21	Manipur	1958	2789	18
4	Assam	23704	58294	203	22	Meghalaya	766	685	6
5	Bihar	28692	80330	476	23	Mizoram	476	384	0
6	Chandigarh	1032	1243	30	24	Nagaland	1848	1664	8
7	Chhattisgarh	5828	10847	158	25	Odisha	18856	45315	362
8	Dadra Nagar Haveli, Daman & Diu	425	1524	2	26	Puducherry	3364	4909	123
9	Delhi	11068	139447	4226	27	Punjab	11740	21762	898
10	Goa	3861	8356	116	28	Rajasthan	14119	48960	898
11	Gujarat	14279	63703	2820	29	Sikkim	450	755	2
12	Haryana	7081	41298	557	30	Tamil Nadu	53860	289787	6007
13	Himachal Pradesh	1293	2923	19	31	Telangana	20990	73991	719
14	Jammu & Kashmir	6879	21886	561	32	Tripura	2083	5497	65
15	Jharkhand	8708	15507	262	33	Uttarakhand	4073	8724	164
16	Karnataka	79798	156949	4201	34	Uttar Pradesh	50242	109607	2585
17	Kerala	16333	31390	175	35	West Bengal	27535	92690	2528
18	Ladakh	598	1395	17		<b>TOTAL</b>	<b>676509</b>	<b>2037875</b>	<b>52889</b>

\* Darkar 24 chhungin **sample 8,01,585** test niin positive case thar **64,531** hmuh a ni a, mi **60,096** dam (cured) a puan niin **1,092** in an thihpui a ni.

\* ICMR chhinchhiah dan chuan India rama sample test tawh zawng zawng zat hi **3,17,42,782** a ni.



### 3. Standard Operating Procedure for Social Distancing

For details [Click here](#)

### 4. Mizoram chhunga commercial passenger phur motor ten an zawm tur Standard Operating Procedure

For details [Click here](#)

### 5. Quarantine Centre a senso leh thlen dan chungchanga sawrkar thuchhuak

Mizoram Sawrkar Chief Secretary hova Meeting Minute Dt.27.7.2020 zulzuiin Notification hmasa No.C.16011/298/2020-DC(A) / Dated,23<sup>rd</sup>July, 2020 chu a hnuai mi ang hian tih danglam a ni

**A : Quarantine Center thlen man:**

Sl. No	Name of Quarantine Center	Chawitur (Mipakhat tan)
1	Deluxe ; i) Tourist Lodge, Chaltlang (a vaiin) ii) State Guest House (a vaiin) iii) Tourist Lodge, Beraw (Room No- 102, 104, 105, 107, 202, 204, 205 & 207 & Cottage No - 2, 3, 4, 5, 6 & 7)	Hengah te hian mi pakhatin zankhatah Rs.500/- zel a chawi ang.
2	Standard : i) SIRD Hostel (Hall leh Dormitory tellovin) ii) Tourist, Lodge Lengpui iii) FRCDR, Farmer Rest House, Bethlehem Vengthlang iv) RAY Housing, Falkland v) Forest Training School Hostel, Bethlehem Vengthlang vi) Sericulture Training Centre, Zemabawk-	Hengahte hian mi pakhatin zankhatah Rs.200/- zel a chawiang.
3	Ordinary : (1) leh (2) lo zawng	Hengahte hian mi pakhatin zankhatah Rs. 100/- zel a chawi ang.

NB : Thlen man hi nu leh patebula la mu naupangtehnenatangi laklohtur a ni. Puitling bikah chuan khum an lo intawm a nihpawhin khumkhat zelin (per bed) lak thin tur a ni. Tin, mutbu (mattress, blanket, bed linen) an intum a nih chuan thlen man lak lohtur a ni.

For details [Click here](#)

6. August thla chhunga Mizorama inkaihhraina kalpui dan tur thupek order no No.B13021/101/2020-DMR/Pt-III dated 31.07.2020 a tihchhuah-a Clause I.F(3) hnuai a games & sports practice chungchangah a hnuai a tarlan hi belh a ni

**"Heng infiamna hmuna lut leh chhuakte chhinchhiaha felfai tak siamin - an hming, address leh contact number te mumal takin ziahluh tur a ni"**

### 7. Mizoram sawrkarin August ni 1, 2020 atanga hman tan turin RT-PCR leh TrueNAT a sample test man a ruahman

- 1) RT-PCR leh TrueNat test-na senso ngai zat (full rate) chu RT-PCR-ah Rs. 5,539/- leh TrueNat-ah Rs. 4,463/- a ni. Hei hian sample collection, processing leh reagent senso zawng zawng a huam a ni.

For details [Click here](#)

### 8. COVID-19 veite nihna puangzar chungchanga Health & Family Welfare Department Secretary thuchhuah

Mizoram chhunga Covid-19 hripui leng mek dona kawngah chak zawka hmalak a nih theih nan, tul ni a an hriat chuan, The Mizoram Containment & Prevention of Covid-19 Ordinance, 2020 section 4(10)(a) tlawhchhanin, Covid-19 veite/vei nia rinhlehte nihna - hming, nu/pa hming, kum zat, house number, chenna veng, khua te chu an awmna district Deputy Commissioner emaw an bialtu Chief Medical Officer ten puangzar phalna an pe thei ang a, anmahni ngeiin an puangzar thei bawng ang. He Notification hi tihchhuah a nih August ni 18, 2020) atanga hman nghal tur ani.

## Quarantine chungchanga hriattur pawimawh

For details [Click here](#)

## Construction Works Hnathawktu Migrant Workers Chhawr/Chhawrtu Online Report-na

For details [Click here](#)

### 9. Report (Covid-19) on Law & Order and Facilitation of Essential Goods & Services (19<sup>th</sup> August, 2020 @ 3:00pm)

For details [Click here](#)

### 10. Ni 16.08.2020 zan dar 8:00 atanga ni 21.08.2020 zing dar 4:30 thlenga Aizawl Municipal Area chhunga Lockdown kalpui dan tur thupek

For details [Click here](#)

### 11. Aizawl DC chuan a hnuai mi ang hian hriattirna a tichhuak:-

‘Lockdown kaihhruaina No.2 angin ni 16.8.2020 atanga 21.8.2020 thlenga medical emergency leh chhiattawh thila Aizawl Municipal Area-a veivah phalna Deputy Commissioner, Aizawl District hnena dil tur ten <https://curfewpass.ssdd.in/> ah dilna online in thehluh tur a ni.’

### 12. COVID-19 positive 45 hmuhchhuah belh a ni

Nimin August ni 18, 2020 khan ZMC Laboratory-a RT-PCR khawl hmanga swab sample test 366 zingah COVID-19 vei 30 hmuhchhuah thar a ni a. Rapid Antigen Test 327 tih niin COVID-19 vei 14 hmuhchhuah a ni bawk a. Lunglei Civil Hospital TrueNAT laboratory-a sample test 25 zingah COVID-19 vei hmuhchhuah thar 1 a awm bawk.

ZMC Laboratory-a COVID-19 positive hmuhchhuah tharte hi mipa 15 leh hmeichhia 15 niin, Aizawl district leh Lawngtlai district-a sample lakte an ni.

Aizawl district-a COVID-19 vei hmuhchhuah tharte hi mi 24 niin mipa 13 leh hmeichhia 11 an ni a. An zingah hian positive contact atanga kai 6 (hmeichhia 5, mipa 1) an awm a, 4 hi travel history nei, kum 20-23 inkar, Quarantine Facility hmunkhat a awm lai, hmeichhia vek an ni a. 2 hi travel history neilo, local contact atanga kai mipa kum 54 a upa, Venghnuai, Aizawl a mi leh hmeichhia kum 46, Chaltlang Lily Veng, Aizawl a mi te an ni. Midang zawng hi kum 12-46 inkar a upa an ni a, Indian Army 3 an tel a, an vai hian Quarantine Facility a awm mek niin, positive hmuhchhuah tharte zingah COVID-19 symptoms nei an awm rih lo.

Lawngtlai district-ah COVID-19 positive thar 6 hmuhchhuah niin mipa 2 leh hmeichhia 4, kum 19-23 inkar, Delhi atanga lo haw vek an ni a. An vai hian Quarantine Facility a awm mek, COVID-19 symptoms neilo an ni.

Rapid Antigen Test hmanga COVID-19 positive hmuhchhuahte hi Kolasib district-a sample test zinga mi vek an ni a, hnamdang lirthei khalhtu, mipa vek, kum 20-50 inkar, Assam, Jharkhand leh Haryana atanga lo kalte niin. COVID-19 symptoms nei an awmlo.

Lunglei Civil Hospital TrueNAT PCR Laboratory-a COVID-19 positive hmuhchhuah hi mipa kum 27 a upa, August ni 10, 2020 a Jharkhand atanga lo lut, BRN Company a thawk, quarantine centre a awm lai a ni.

Lunglei Civil Hospital TrueNAT PCR Laboratory-a sample test zinga 6 hi Lunglei Civil Hospital-a thawktu/staff an ni a. A dang zawng hi quarantine facility-a awm lai an ni.

**August ni 18, 2020 a ZMC RT-PCR laboratory-a District hrang hrang sample test zat**

Aizawl	- 313	(Mipa - 164, Hmeichhia - 149)
Champhai	- 5	(Mipa - 3, Hmeichhia - 2)
Lawngtlai	- 22	(Mipa - 10, Hmeichhia - 12)
Lunglei	- 1	(Hmeichhia)
Mamit	- 3	(Mipa - 1, Hmeichhia - 2)
Serchhip	- 22	(Mipa vek)
<b>Total</b>	<b>- 366</b>	<b>(Mipa - 200, Hmeichhia - 166)</b>

**August ni 18, 2020 a Lunglei Civil Hospital TrueNAT PCR Laboratory-a sample test zat**

Total	- 25	(Mipa - 20, Hmeichhia - 5)
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**August ni 18, 2020 a Rapid Antigen Test hmanga District hrang hrang sample test zat**

Aizawl	- 18	(Mipa - 10 Hmeichhia - 8)
Kolasib	- 260	(Mipa - 246, Hmeichhia - 14)
Champhai	- 21	(Mipa - 12, Hmeichhia - 9)
Mamit	- 3	(Mipa vek)
Serchhip	- 17	(Mipa - 12, Hmeichhia - 5)
Hnahthial	- 8	(Mipa vek)
<b>Total</b>	<b>- 327</b>	<b>(Mipa - 291, Hmeichhia - 36)</b>

**🚩 COVID-19 vei enkawl dam 5 chhuahtir an ni.**

Vawiin chawhnu khan ZMC atangin COVID-19 vei enkawl dam mi 5 (Civil 4, CRPF 1) chhuahtir an ni a, an zinga 4 hi mipa niin hmeichhia 1 a awm bawk a ni.

13. Vawiin hian ZMC, Falkawn-a Covid-19 laboratory-ah test neih leh mek a ni a, result hi zan lamah chhuak tura beisei a ni. Hriat theih chinah vawiin hian sample 500 chuang test niin ZMC, Aizawl, Lawngtlai leh Kolasib atanga dawnte an ni. Nimin lama sample test 366-ah 30 an positive. Covid 19 vei hmuhchhuah tharte hi mipa 15 leh hmeichhia 15, kum 12 atanga 54 inkar, Aizawl District mi 24 leh Lawngtlai District mi 6-te niin, mi 6 Positive Contact atanga kai an tel. Nimin khan Rapid Antigen Test hmangin Covid-19 vei mi 14 hmuhchhuah an nia, Lunglei Covid-19 TrueNat Laboratory-ah Covid-19 vei mi 1 hmuhchhuah a ni bawk. Vawiin khan ZMC-a Covid-19 damlo enkawl dam mi 5 discharged an ni a, Covid-19 damlo enkawl mek zinga symptoms nei lo leh investigation hrang hrang result tha mi 17-te chu Covid Care Centre, ITI ah sawn an ni. ICU-a damlo awm mekte zinga 1 chu a thaw a hah deuh a, ngaihtuahawm erawh a ni lo. Isolation Ward leh SICU-a awmten harsatna lian tham an nei lo. **(ZMC bulletin)**

14. COVID-19 hripui leng mek laka mipuite kan him zel theih Chief Secretary/Chairman, State Executive Committee, State Disaster Management Authority, Mizoram chuan chhiatni/thatni puipunna hmunahte hian thu leh awm hma chuan a hnuai a thupekte zawm turin mipuite a hriattir a ni  
**For details [Click here](#)**

15. **Pu H. Lalengmawia, Secretary, Health & Family Welfare Department chuan COVID-19 test tura swab sample laksakte zawm ngei ngei tur a hnuai a tarlan ang hian thupek a chhuah**  
"Mi tupawh Covid-19 test tura Swab sample laksak te chu an result a chhuah hma chuan an inkhunhrang tur a ni a, an inkhunhranna hmun an chhuahsan tur a ni lo. An test result chhuah hnuah sawrkar-in inkaihhraina a lo siam tawh chu an zawm ngei tur a ni. Quarantine lai te chu an result a negative a nih pawhin an quarantine hun tura ruat an hmang zo ngei tur a ni".

16. Covid-19 Task Group on Quarantine Facilities daily report (as on 18<sup>th</sup> August, 2020)

FORM A				QUARANTINE FACILITY AS ON TODAY				AS ON TODAY	
Sl.No	District	No of Facilities	Capacity	No of pax admitted in Home Q	No of pax admitted in Hotel Q	No of pax admitted in CQF	No of pax admitted in GQF	No of pax shifted to isolation	TOTAL PAX IN QF
1	2	3	4	5	6	7	8	9	10
1	Aizawl	40	2253	160	79	17	619	64	939
2	Champhai	7	334	2	0	0	37	4	43
3	Hnahthial	22	333	17	0	0	21	2	40
4	Khawzawl	26	530	0	0	0	8	0	8
5	Kolasib	21	908	15	0	0	181	147	343
6	Lawngtlai	23	715	21	0	0	70	0	91
7	Lunglei	24	791	7	0	0	144	38	189
8	Mamit	25	768	0	0	0	24	0	24
9	Saitual	44	704	0	0	0	12	0	12
10	Serchhip	33	552	5	0	0	63	80	148
11	Sioha	36	1469	27	0	0	20	0	47
	<b>TOTAL</b>	<b>301</b>	<b>9357</b>	<b>254</b>	<b>79</b>	<b>17</b>	<b>1199</b>	<b>335</b>	<b>1884</b>

Sl.No	Name of Facilities	No of Capacity in all QF*	No of Pax admitted to QF on reporting date	Progressive No of Pax admitted to QF	No of Pax discharged from QF as on reporting date	Progressive No of Pax discharged from QF	No of Pax shifted to Isolation as on reporting date	Progressive No of Pax shifted to Isolation	No of Pax in QF as on reporting date (Col 4-6-8)**
1	2	7	3	4	5	6	7	8	9
1	Government QF	9357	76	13500	55	12035	5	266	1199
2	Isolation Facilities	-	13	1107	3	772	0	0	335
3	Community QF	7760	0	3985	6	3957	0	11	17
4	Home Quarantine	-	10	1598	0	1341	0	3	254
5	Hotel/Paid QF	69	2	199	0	119	0	1	79
	<b>TOTAL</b>	<b>17186</b>	<b>101</b>	<b>20389</b>	<b>64</b>	<b>18224</b>	<b>5</b>	<b>281</b>	<b>1884</b>

For details [Click here](#)

17. Status of Mizoram Surveillance of COVID-19 (Time: 18.8.2020 5:00pm – 19.8.2020 5:00 pm) – input from IDSP, H&FW department

S.No	Category	A thar Date: 19.8.2020	Belhkhawm Date: 19.8.2020
1	Endik tawh zawng zawng zat	556	154703
2	<b>COVID-19 SAMPLE TEST NEIH DAN</b>		
	<b>NICED – KOLKATA</b>	-	5
	Guwahati Medical College	-	12
	Silchar Medical College	-	41
	Rapid Antigen Test	327	3783
	Lunglei Civil Hospital (Truenat – PCR)	25	1471
	Zoram Medical College(ZMC)	336	22764
	<b>COVID-19 samples test tawh zawng zawng zat</b>	<b>688</b>	<b>28076</b>
3	Rinhlelh SRHF-ZMC, DCH a dah zat		333
4	Damlo DCHC a dah zat		9
5	Damlo CCC a dah zat		420
6	<b>CONFIRMED POSITIVE CASE NEIH DAN</b>		
	Guwahati Medical College	-	1
	Rapid Antigen Test	14	150
	Lunglei Civil Hospital, Truenat – PCR	1	66
	Zoram Medical College, Falkawn (RT-PCR)	30	643
	<b>COVID-19 Confirmed positive cases neih zat</b>	<b>45</b>	<b>860</b>
7	COVID-19 positive damdawiin-a dah zat	45	860
8	COVID-19 vei dam leh zat	5	384
9	State danga pem	0	2
10	COVID-19 positive neih mek zat	45	476
11	COVID-19 vanga thi awm zat	0	0

For details [Click here](#)

18. District hrang hrang Covid Care Centre (CCC) leh Dedicated Covid Health Centre (DCHC) a enkawl mek zat. – 19<sup>th</sup>August, 2020 (input from IDSP, H&FW department)

NAME OF DISTRICT	DEDICATED COVID HEALTH CENTER(DCHC)	COVID CARE CENTER(CCC)
Aizawl East	0	77
Aizawl West	0	53
Lunglei	0	43
Siaha	0	0
Champhai	4	0
Kolasib	0	159
Serchhip	5	75
Lawngtlai	0	10
Mamit	0	0
Saitual	0	1
Khawzawl	0	0
Hnahthial	0	2
<b>TOTAL</b>	<b>9</b>	<b>420</b>

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19. Mizoram chungna Paramilitary Forces/Armed Forces/Truckers/Civilians leh Frontline Workers zinga COVID-19 dinhmun – 19<sup>th</sup>August, 2020 (input from IDSP, H&FW department)

	CUMULATIVE CASES	DISCHARGED	ACTIVE CASES	PERCENTAGE FROM TOTAL ACTIVE CASE
Assam Rifles	101	53	48	<b>PARAMILITARY</b> 44.91 %
NDRF Lungverh	32	32	0	
BSF	230	66	164	
CRPF	4	3	1	
Indian Army & CIJWS	4	1	3	
Truckers	117	0	117	<b>TRUCKERS</b> 24.32 %
Civilians/Others	366	223	143	<b>CIVILIANS/OTHERS</b> 29.73 %
Frontline Workers	6	1	5	<b>FRONTLINE WORKERS</b> 1.04 %
<b>TOTAL</b>	<b>860</b>	<b>379</b>	<b>481</b>	
Cases with no history of travel outside the state: 65				
Those (cases) who entered from other states: 795				
Status of Positive cases today: -				
<b>Indian Army: 3, Truckers: 14, Civilians/Others: 28 Total: 45</b>				

For details [Click here](#)

20. Existing number of inmates at all designated Quarantine Facilities in Mizoram on August 19, 2020(as reported by Mizoram State Control on COVID-19, DM&R)

EXISTING NUMBER OF INMATES AT QUARANTINE FACILITIES AS ON							19-08-2020	
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19					TIME : 4:00pm	
		ADMITTED		DISCHARGED				
I	II	III	IV	V	VI	VII	VIII	IX
Sl.no	Name of Facilities	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Numbers shifted to Isolation	No. of persons in the quarantine facility on the date of report (=IV-VI-VIII)
1	Government Quarantine Facilities	84	13580	85	12120	15	278	1182
2	Isolation Facilities	17	1124	0	772			352
3	Community Quarantine Facilities	0	3985	2	3959	0	11	15
4	Home Quarantine	19	1617	0	1341	0	3	273
5	Hotel/Paid Quarantine Facilities	0	199	0	119	0	1	79
	<b>Total</b>	<b>120</b>	<b>20505</b>	<b>87</b>	<b>18311</b>	<b>15</b>	<b>293</b>	<b>1901</b>

For details [Click here](#)

COVID-19 hrileng dona-a hmalakna kal zelah Mizoram Sawrkar chuan Health & Family Welfare Department hnuai ah COVID-19 do tur mi tlawnngai inpe te buaipuitu tur team a din a. COVID-19 dona-a mi tlawnngai inpe duhte chuan - Hming, Pa hming, Veng/khua, Phone number leh Qualification-te tarlangin email - [mzcvolunteers@gmail.com](mailto:mzcvolunteers@gmail.com) ah emaw

**COVID-19 helpline 102, 0389-232336/2318336**-ah te in report theih a ni.

Heng mi tlawnngai inpe te hi a tul dan a zirin an tih tur duan sak an ni ang.

21. Daily Report on Status at Government Quarantine Facilities in various Districts on August 19, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS OF GOVERNMENT QUARANTINE FACILITIES AS ON									19-8-2020	
Name of State : Mizoram			MIZORAM STATE CONTROL ROOM ON COVID-19					TIME : 4:00pm		
FORM 'A'			Quarantine Facility				ISOLATION STATUS		CURRENT STATUS	
FACILITY STATUS			Admitted		Discharged					
	1	II	III	IV	V	VI	VII	VIII	IX	X
Sl.no	District	No of Facilities	Capacity	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (V- (VII+ IX))
1	Aizawl	40	2288	25	4602	40	3922	15	95	585
2	Champhai	7	334	8	544	1	500	0	0	44
3	Hnaathial	22	333	0	212	0	188	0	3	21
4	Khawzawl	26	530	1	318	2	300	0	11	7
5	Kolasib	21	908	17	1891	9	1681	0	18	192
6	Lawngtlai	23	715	2	1332	0	1260	0	0	72
7	Lunglei	24	791	17	1411	25	1207	0	68	136
8	Mamit	25	768	6	682	1	623	0	30	29
9	Saitual	44	704	1	488	3	477	0	1	10
10	Serchhip	33	552	7	629	4	549	0	14	66
11	Siaha	36	1469	0	1471	0	1413	0	38	20
	<b>TOTAL</b>	<b>301</b>	<b>9392</b>	<b>84</b>	<b>13580</b>	<b>85</b>	<b>12120</b>	<b>15</b>	<b>278</b>	<b>1182</b>

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22. Daily Report on Status at Isolation Facilities in various Districts on August 19, 2020(as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT ISOLATION FACILITIES AS ON 19-08-2020						
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19				TIME : 4:00pm
FORM 'B'		FACILITY FOR ISOLATION				CURRENT STATUS
		ADMITTED	DISCHARGED			
I	II	III	IV	V	VI	VII
Sl.no	Name of District	No.of persons admitted to isolation on the date of report (shifted from Quarantine facilities and directly admitted)	Progressive Total of persons admitted to isolation	No.of persons discharged from isolation on the date of report	Progressive Total of persons discharged from isolation	No. of persons in Isolation facility on the date of report (IV Minus VI)
1	Aizawl	0	542	0	478	64
2	Champhai	0	26	0	22	4
3	Hnahthial	0	4	0	2	2
4	Khawzawl	0	18	0	18	0
5	Kolasib	12	201	0	42	159
6	Lawngtlai	0	0	0	0	0
7	Lunglei	5	102	0	59	43
8	Mamit	0	31	0	31	0
9	Saitual	0	2	0	2	0
10	Serchhip	0	141	0	61	80
11	Siaha	0	57	0	57	0
	<b>TOTAL</b>	<b>17</b>	<b>1124</b>	<b>0</b>	<b>772</b>	<b>352</b>

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23. The Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 in a sawi angin vantlang hmuna chilchhak, tuibur pik, Sahdah hmuam hnu paih leh a nih dan tur lo anga Mask vuah, leh quarantine center atanga tlanchhuah te hi dan anga hrem theih a ni. Quarantine Center a awm ten awmdan tur duansa te tha taka zawmin vantlang pawikhawih thei turin an khawsa tur a ni lo.

COVID-19 chungchanga hriat duh neite leh khawsik, khuh, hrawkna leh thawhah neite chuan Mizoram COVID-19 Helpline no. 102(toll free), 0389 2323336, 0389 2318336 – ah phone tur a ni.

24. Daily Report on Status at Community Quarantine Facilities in various Districts on August 19, 2020(as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT COMMUNITY QUARANTINE FACILITIES AS ON 19-08-2020										
Name of State : Mizoram		MIZORAM STATE CONTROL ON COVID-19						TIME: 4:00pm		
FORM 'C'		QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS		
FACILITY STATUS		ADMITTED	DISCHARGED							
I	II	III	IV	V	VI	VII	VIII	IX		
Sl.no	District	No of Facilities	Capacity	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No. of person shifted to Isolation on the date of report	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (IV- (VI+ VIII))
1	Aizawl	348	3581	0	2955	2	2939	0	1	15
2	Champhai	15	414	0	318	0	318			0
3	Hnahthial	2	16	0	11	0	11			0
4	Khawzawl									0
5	Kolasib									0
6	Lawngtlai	4	99	0	96	0	96			0
7	Lunglei	21	314	0	222	0	218	0	4	0
8	Mamit	8	220	0	123	0	123			0
9	Saitual	4	45	0	28	0	28			0
10	Serchhip	7	280	0	168	0	162	0	6	0
11	Siaha	5	0	0	64	0	64	0	0	0
	<b>TOTAL</b>	<b>414</b>	<b>4969</b>	<b>0</b>	<b>3985</b>	<b>2</b>	<b>3959</b>	<b>0</b>	<b>11</b>	<b>15</b>

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**25. Daily Report on Status of Home Quarantine in various Districts on August 19, 2020(as reported by Mizoram State Control on COVID-19, DM&R)**

DISTRICT - DAILY REPORT ON STATUS AT HOME QUARANTINE AS ON 19-08-2020								
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19					TIME: 4:00pm	
FORM 'D'		QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS
		ADMITTED		DISCHARGED				
Sl.no	I	II	III	IV	V	VI	VII	VIII
	District	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to isolation on the date of report	Progressive Total of person shifted to isolation	No. of persons in the quarantine facility on the date of report (III-(VI+ VII))
1	Aizawl	16	958	0	782			176
2	Champhai	0	45	0	43			2
3	Hnahthial	3	35	0	15			20
4	Khawzawl	0	2	0	2			0
5	Kolasib	0	39	0	24			15
6	Lawngtlai	0	104	0	83			21
7	Lunglei	0	123	0	116			7
8	Mamit	0	10	0	10			0
9	Saitual	0	9	0	9			0
10	Serchhip	0	224	0	216	0	3	5
11	Siaha	0	68	0	41			27
	<b>TOTAL</b>	<b>19</b>	<b>1617</b>	<b>0</b>	<b>1341</b>	<b>0</b>	<b>3</b>	<b>273</b>

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**26. Daily Report on Status at Hotel/Paid Quarantine Facilities in various Districts on August 19, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)**

DISTRICT - DAILY REPORT ON STATUS AT HOTEL/PAID QUARANTINE FACILITIES AS ON 19-08-2020										
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19						TIME: 4:00pm		
FORM 'E'		QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS		
		ADMITTED		DISCHARGED						
Sl.no	I	II	III	IV	V	VI	VII	VIII		
	District	No.of Facility	Capacity	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to isolation on the date of report	Progressive Total of person shifted to isolation	No. of persons in the quarantine facility on the date of report (III-(VI+ VII))
1	Aizawl	8	59	0	199	0	119	0	1	79
2	Champhai									0
3	Hnahthial									0
4	Khawzawl									0
5	Kolasib									0
6	Lawngtlai									0
7	Lunglei									0
8	Mamit									0
9	Saitual									0
10	Serchhip									0
11	Siaha									0
	<b>TOTAL</b>	<b>8</b>	<b>59</b>	<b>0</b>	<b>199</b>	<b>0</b>	<b>119</b>	<b>0</b>	<b>1</b>	<b>79</b>

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**27. Lawngtlai District-ah khung hran mek mi 89 an awm (19.08.2020 @ 5:00 PM)**

Lawngtlai District mi leh sa state pawn atanga lo haw, government quarantine facility leh home quarantine-a khung hran mek zat chu vawiin tlai dar 5:00 thleng khan mi 89 a ni a. Nizana Zoram Medical College (ZMC)-a RT-PCR test atanga Lawngtlai District mi COVID-19 positive hmuh chhuah thar 6 leh positive awm sa 4, an vaiin mi 10 chu Lawngtlai Covid Care Centre (CCC)-ah an hriselna dinhmun vil reng niin, ngaihtuahawm an awm lo.

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**28. Mamit District-ah khung hran mek mi 31 an awm (19.08.2020 @ 5:00 PM)**

India ram hmun hrang hrang atanga tangkhang lo hawte awmna tura buatsaih Mamit District chungga Quarantine Facility bakah Home Quarantine-ah mi 31 an la awm mek a. Mi 1, sawrkar hun tiam awm tling tawh bakah Covid - 19 Test result negative chhuah niin Mi 6, Assam leh Tripura atanga rawn haw khunghran belh an ni a, mi 1 Home Quarantine thar a ni bawk.

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**29. Champhai District Quarantine Facility hrang hrang dinhmun (19<sup>th</sup> August,2020 @ 5:00 pm)**

- 1) DPRC Institutional Quarantine Centre - 15 (6 Male + 9 Female)
- 2) Tourist Lodge Champhai Institutional Quarantine Centre - 23 (18 Male + 5 Female)
- 3) Home Quarantine - 2 (All Male)
- 4) Dedicated Covid Health Centre (Nursing School Building Top Floor) - 4 (3 Male + 1 Female)
- TOTAL - 44 (29 Male + 15 Female)**

**30. Kolasib District Quarantine Facility leh CCC dinhmun (19<sup>th</sup> August, 2020 @ 6:00 PM)**

Sl.No	Name of Facility	No inmates Admitted	No of inmates transferred in	No of inmates transferred out	No of inmates released	Total inmates
1	Tourist Lodge Vairengte	0	0	0	0	0
2	Education IB, Vairengte	0	0	0	0	0
3	Govt. PS-I, Bairabi	0	0	0	0	0
4	Kawnpui HS	0	0	0	0	0
5	DIET, Saidan	1	2	0	0	9
6	RSTC Saidan	2	0	0	6	17
7	Govt. Hmarveng HS	0	0	0	0	15
8	St. Maria Goretti's School	0	0	0	0	4
9	Toursit Lodge Kolasib	0	0	0	0	13
10	School of Nursing, Thingdawl	0	0	0	0	18
11	Jordan Centre, Sethawn	0	0	0	0	0
<b>Total</b>		<b>3</b>	<b>2</b>	<b>0</b>	<b>6</b>	<b>76</b>
<b>Quarantine Facility for Military / Para-Military Personnels</b>						
13	Pratap Hall, CIWS Vairengte	0	0	0	0	16
14	Lailapur Garrison, CIJWS	9	0	0	2	105
<b>Total</b>		<b>9</b>	<b>0</b>	<b>0</b>	<b>2</b>	<b>121</b>
<b>Covid Care Centre / District Covid Health Centre</b>						
11	Polytechnic, Thingdawl (CCC)	12	0	0	0	124
15	SIRD, Kolasib (Covid Care Centre)	0	0	0	0	0
16	District Covid Health Centre, District Hospital	0	0	0	0	0
<b>Total</b>		<b>12</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>124</b>

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🚩 COVID-19 hrileng dona-a hmalakna kal zelah Mizoram Sawrkar chuan Health & Family Welfare Department hnuaiah COVID-19 do tur mi tlawmngai inpe te buaipuitu tur team a din a. COVID-19 dona-a mi tlawmngai inpe duhte chuan - Hming, Pa hming, Veng/khua, Phone number leh Qualification-te tarlangin **email - mzcvolunteers@gmail.com** ah emaw **COVID-19 helpline 102, 0389-232336/2318336**-ahte in report theih a ni.

Heng mi tlawmngai inpe te hi a tul dan a zirin an tih tur duan sak an ni ang.

**31. State Summary - Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (as on 19<sup>th</sup> August, 2020)**

S / N	Nature of offence	Nos of Offenders (last 24 hours 18.8.2020 9:00AM – 19.8.2020 9:00AM) imposed by					Amount of fines imposed (last 24 hours 18.8.2020 9:00AM – 19.8.2020 9:00AM) imposed by				Cumulative nos of Offenders since 4.5.2020			Cumulative amount of fines imposed since 4.5.2020		
		Police		LTF	Total	Police		LTF	Total	Police		LTF	Police		LTF	
		Other Police	Flying Squad			Other Police	Flying Squad			Other Police	Flying Squad (w.e.f 3.6.2020)		Other Police	Flying Squad (w.e.f 3.6.2020)		
1	Entering or staying at any public place without the use of mask (Section 4(1))	88	76	16	180	8800	7600	1600	18000	16276	18147	1663	3850900	2357600	222100	
2	Failing to maintain social distancing protocol/guidelines in public places (Section 4(2))	5			5	1000			1000							
3	Spitting in public places (Section 4(3))															
4	Crossing borders by exiting and /or entering the Sate without permission from the competent authority (Section 4(4))															
5	Crossing borders by exiting and /or entering the Sate without permission from the competent authority (Section 4(5))															
6	Leaving or escaping the designated quarantine/isolation facility before completion of the stipulated time (Section 4(7))															
7	Failing to follow instructions/guidelines and endangering the safety of others while staying at designated quarantine facility (Section 4(8))															
8	Failing to comply with any other regulations, guidelines or instructions made by the Central or State Government for containment and prevention of the spread of Covid-19 including lockdown guidelines issued by the State Government from time to time (Section 4(9))	33	1		34	33000	1000		34000							
<b>TOTAL</b>		126	77	16	219	42800	8600	1600	53000	36086			Rs.6430600			

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**Directorate of Health Services (Food & Drugs Administration Wing) thuchhuh**

Covid-19 hri leng chuan khawvel ram tinh buaina leh manganna a thlen mek a, mi tam tak an thi a, tam takin hri vei mek bawk a ni. Mizoram pawh kan buai hle a, invenna nasa zawka kaipui zel a tul tak meuh meuh a ni.

Covid-19 hri leng hi kai nachhan rinhlelh tur nei lo tan pawh kai palh theih a ni a. Chung mite chuan khawsik, awmna leh khuh avanga awm nuamlo an neihin, ngaih that lohna nei chuang lovin an mamawh damdawi an lamve mai thei reng a ni.

Chuvangin, khawsik damdawi leh hritlang awmna/khuh damdawi lei tura lo kal, doctor prescription pawh neilote chu damdawi kan lei tir pahin an hming, kum leh contact number lo lak zel ni se. Chung chhinchhiahte list chu nitin tlai dar 5 - 6 inkarah a hnuai mobile number tarlanahate hian Whatsapp-a thawn thin ni se tih a ni, Mizorama damdawi zuar zawng zawngte hemi kawnga thawhpui tur hian Mizoram FDA chuan a sawm tak meuh meuhva, thawhhona tha kaltlangin hri leng darh zei tur kan veng thei a ni tih i hre reng ang u.

**Thawna tur number : 9436152192 / 7005084957 / 9436196515**

**32. Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (district-wise) (as on 19<sup>th</sup> August, 2020)**

S/ N	District	Nature of offence	Nos of Offenders (last 24 hours 18.8.2020 9:00AM – 19.8.2020 9:00AM) imposed by				Amount of fines imposed (last 24 hours 18.8.2020 9:00AM – 19.8.2020 9:00AM) imposed by				Cumulative nos of Offenders since 4.5.2020				Cumulative amount of fines imposed since 4.5.2020			
			Police		LTF	Total	Police		LTF	Total	Police		LTF	Total	Police		LTF	Total
			Other Police	Flying Squad			Other Police	Flying Squad			Other Police	Flying Squad (w.e.f 3.6.2020)			Other Police	Flying Squad (w.e.f 3.6.2020)		
1	Kolasib									130	1023	8	1161	13200	111300	800	125300	
		<b>Sub Total</b>				<b>Sub Total</b>												
2	Mamit									770	224	22	1016	106800	23400	2200	132400	
		<b>Sub Total</b>				<b>Sub Total</b>												
3	Aizawl	4(1)	69	10		79	6900	1000		7900	9899	10340	487	20726	2041900	1408800	71200	3521900
		4(2)	5			5	1000			1000								
		4(9)	26	1		27	26000	1000		27000								
		<b>Sub Total</b>				<b>111</b>	<b>Sub Total</b>											
4	Saitual	4(1)		9		9		900		900	318	166	45	529	92900	43200	6500	142600
		<b>Sub Total</b>				<b>9</b>	<b>Sub Total</b>											
5	Champhai	4(1)	1	2		3	100	200		300	364	623	200	1187	97000	82800	32000	211800
		<b>Sub Total</b>				<b>3</b>	<b>Sub Total</b>											
6	Khawzawl	4(1)		8	16	24		800	1600	2400	144	1015	152	1311	14400	102400	16200	133000
		<b>Sub Total</b>				<b>24</b>	<b>Sub Total</b>											
7	Serchhip	4(1)		4		4		400		400	1021	935	57	2013	140300	113300	5700	259300
		<b>Sub Total</b>				<b>4</b>	<b>Sub Total</b>											
8	Hnahthial	4(1)	10			10	1000			1000	390	179	74	643	40000	28200	7400	75600
		<b>Sub Total</b>				<b>10</b>	<b>Sub Total</b>											
9	Lunglei	4(1)		24		24		2400		2400	876	1848	171	2895	324500	212200	22500	559200
		<b>Sub Total</b>				<b>24</b>	<b>Sub Total</b>											
10	Lawngtlai	4(1)	7	19		26	700	1900		2600	1084	1677	122	2883	163900	199600	12800	376300
		4(9)	5			5	5000			5000								
		<b>Sub Total</b>				<b>31</b>	<b>Sub Total</b>											
11	Siaha										162	117	325	604	37600	32400	44800	114800
		<b>Sub Total</b>					<b>Sub Total</b>											
12	SP Traffic Aizawl	4(1)	1			1	100			100	1118	-	-	1118	778400	-	-	778400
		4(9)	2			2	2000			2000								
		<b>Sub Total</b>				<b>3</b>	<b>Sub Total</b>											
<b>GRAND TOTAL</b>						<b>219</b>				<b>53000</b>	<b>16276</b>	<b>18147</b>	<b>1663</b>	<b>36086</b>	<b>3850900</b>	<b>2357600</b>	<b>222100</b>	<b>6430600</b>

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**33. Food Corporation of India (FCI), District Office, Aizawl report (18<sup>th</sup> August, 2020)**  
(Mizoram chungga FCI Godown hrang hranga buhfai awm zat)

	Rice Raw Grade A	Rice Common	Wheat	Belhkhawm	% of utilization
Food Supply Depot AIZAWL	4066.221280MT	0.000	0.000	4066.221280MT	85.59
Food Supply Depot KOLASIB	3959.687681MT	0.000	334.045775MT	4293.733456MT	85.87
Food Supply Depot BUALPUI	3893.357810MT	0.000	0.000	3893.357810MT	83.91
Food Supply Depot LUNGLEI	2943.374002MT	0.000	0.000	2943.374002MT	100.80
Food Supply Depot BAIRABI	5177.820530MT	0.000	251.064780MT	5428.885310MT	108.58
Food Supply Depot LAWNGTLAI	2807.468101MT	0.000	0.000	2807.468101MT	84.06

<b>Belhkhawm</b>	<b>22847.929404MT</b>	<b>0.000</b>	<b>585.110555MT</b>	<b>23433.039959MT</b>	<b>91.93</b>
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**34. Mental Health Professionals (Mizoram) ten Helpline Call an dawn zat (18<sup>th</sup> August, 2020 @ 9:00 PM)**

SI no	Name of MH Professional	Substance related	Anxiety related	Depression related	Psychosis & Others	18 <sup>th</sup> Aug 2020	Within state Cumulative	Other states Cumulative	Cumulative both Within & outside state
1	Dr Zonunmawii Pachuau Lunglei	0	0	0	0	0	0	4	4
2	Dr C Lahrekima AZL	3	2	2	2	9	1090	0	1090
3	Dr Ruth Lalmuanpuii AZL	0	0	0	0	0	60	19	79
4	Dr Vanlaidiki Raite AZL	2	1	2	0	5	275	26	301
5	Dr Laiduhawmi Chawngthu AZL	0	0	0	0	0	18	6	24
6	Dr Robert L Khawhring SNO	0	0	0	0	0	259	69	328
7	Dr Rajesh Rongpi ZMC	0	0	0	0	0	0	66	66
8	Dr Lalhriatpuia ZMC	4	4	3	1	12	498	9	507
9	Dr Lalengmawii AZL	0	0	0	0	0	63	9	72
10	Biakhluzuali Chenkual AZL	0	0	0	0	0	83	9	92
11	Jane Lalduhchungi Vanchhawng AZL	0	0	0	0	0	56	9	65
12	Jane Zodingliani Lailung Serchhip	0	0	0	0	0	78	21	99
13	Helen Lalnunmawii Sailo Kolasib	0	0	0	0	0	29	10	39
14	Jacob Chaliandinga Lawngtlai	0	0	0	0	0	40	12	52
15	Vanlalmuani Champhai	0	0	0	0	0	45	4	49
16	Lalawmpuii Siaha	0	1	0	0	1	64	17	81
17	Vanlalzari Mamit	0	0	0	0	0	43	0	43
18	Dr Elizabeth Niang Tawi Mang Champhai	0	0	0	0	0	14	26	40
19	K. Lalmuanpuii AZL	0	0	0	0	0	2	0	2
20	VanlalpariAZL	0	0	0	0	0	1	4	5
21	Angochhachhai Siaha	0	0	0	0	0	22	5	27
22	Lalmuanpuii Hauhnar AZL	0	0	0	0	0	1	5	6
23	Ngaihawmi Khenglawt Kolsaib	0	0	0	0	0	3	18	21
24	Vanlalruati Lawngtlai	0	0	0	0	0	14	4	18
25	Lalnunruati Lunglei	0	0	0	0	0	23	0	23
26	ZD Lalhmangaihuali Serchhip	0	0	0	0	0	2	7	9
<b>Total</b>		<b>9</b>	<b>8</b>	<b>7</b>	<b>3</b>	<b>27</b>	<b>2783</b>	<b>359</b>	<b>3142</b>

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**35. Dt. 18.8.20 Dar 7:00 PM atanga 19.8.20 dar 6:00 PM thlenga Supply Check Gate, Vairengtepaltinga Essential Commodity bungrua lo luhdan.**

SI.No	Items	Quantity	
1	Buhfai (Bazar)	1515 bags	757.50 qtls
2	Alu	728 bags	364.00 qtls
3	Purun	400 bags	200.00 qtls
4	Tomato	305 boxes	
5	Dal	168 bags	84.00 qtls
6	Tel	226 cases	
7	Chi	15 bags	7.50 qtls
8	Chini	1305 bags	652.50 qtls
9	Atta	15 bags	7.50 qtls
10	Maida	105 bags	52.50 qtls
11	Artui	587 cases	
12	Amul	1055 cases	
13	POL	15 Trucks	
14	LPG	14 Trucks	
15	Cement	6930 bags	

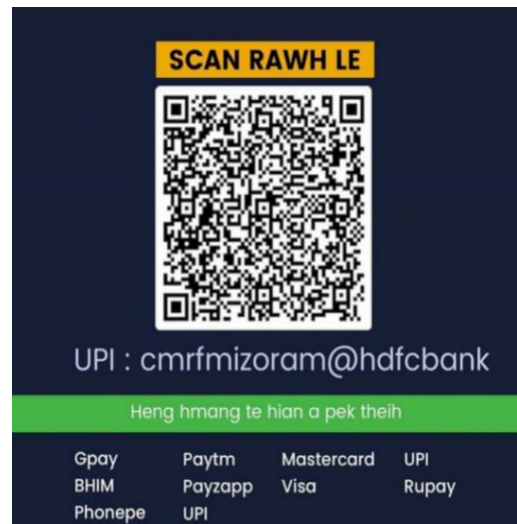
## CHIEF MINISTER'S RELIEF FUND PEK THEIHNATE

○ **State Bank of India**

Account No.: 39278398200  
 IFSC: SBIN0004809  
 SWIFT: SBININBB447  
 UPI: cmrfmizoram@sbi  
 Branch: Dawrpui  
 Branch Code: 004809

**HDFC:**

Account No.: 18141450000025  
 IFSC: HDFC0001814  
 UPI: cmrfmizoram@hdfcbank  
 Branch: Aizawl  
 Branch Code: 001814





Let's Fight Against **CORONAVIRUS?**

**CHHUNGTE NIH LEH HMELHRIAT  
THA NIH HI COVID-19 HIAN  
A THLIAR HRANGLO,  
I TAN AN HLAUH AWM TING MAI.  
CHUVANGIN, MI ZAWNG ZAWNG  
LAKAH INVENG FIMKHUR ANG  
CHE AW...**

**COVID-19 KIAN HMA CHUAN,  
CHHUNGTE VA TLAWH HRIH  
SUH, AN HLAU ANG CHE.  
TAWM HRAM HRAM RAWH.  
A REI TAWH LO ANG.**

**COMMITTEE ON COVID-19  
PSYCHOLOGICAL AND SOCIAL GUIDANCE, GOM**

Issued by  
Covid-19 Committee on  
Psychological and Social Guidance,  
Govt of Mizoram

Ventilator vuah aiin hmai khuh  
a nuam zawk e

Mamawh zualpui leh  
Nunna atana pawimawh  
chauh lei ang aw

Thing leh thlai i phun ang aw...  
Malsawm dawn nan



ISSUED BY COVID-19 COMMITTEE ON  
PSYCHOLOGICAL AND SOCIAL GUIDANCE,  
GOVT OF MIZORAM

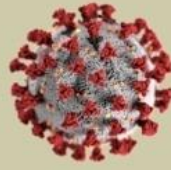
RAM ROREL KHAWL, SAWRKAR HNATHAWK,  
KOHHRAN LEH TLAWMNGAI PAWL,  
RAM LEH HNAM HMANGAIHTUTEN TIHTAK  
ZETA NUN CHHAN TUMA AN TANGRUAL HI  
CHUNG PATHIAN DUHZAWNG,  
AMAH BIAK DAN DIK A NI NGEI ANG.

Unau, nang pawh  
hmingthatna leh hamthatna  
khel rih lovin...

I thiam I finna nen raldo  
hmatawngah rawn intlar ve  
rawh aw...

LALPA KAN RAM LEH HNAM HRERENG ANG CHE

ISSUED BY  
COVID-19 COMMITTEE ON PSYCHOLOGICAL AND SOCIAL GUIDANCE,  
GOVT OF MIZORAM



Covid-19 hi natna pakhat ve mai  
a ni a, in ven theih a ni. Vei te tan  
pawh a dam leh theih natna a ni.



I himnan leh i lo dam leh theih  
nan mi tam tak an tawngtai reng  
bawk e



Sawrkar, Kohhran, Tlawmngai  
pawl leh mi tha tam takin in  
him nan leh dam nan hna an  
thawk reng e.



Tihbai awm natna ni mahse..a  
hnaizaw 'Chhandamtun'  
thlamuang rawh min ti'...

## What is Social Distancing?

Social distancing means avoiding close contact with others to prevent the spread of COVID-19 and can include:



Avoiding non-essential trips in the community



Limiting, postponing, or cancelling gatherings



Working from home, where possible



Conducting meetings virtually



Keeping kids away from group settings



Avoiding visits to long-term care homes and other care settings

It's not  
**CURFEW**  
It's  
**CARE FOR U**

