

COVID-19 MIZORAM DAILY BULLETIN

Task Group on Media & Publicity



For latest COVID-19 related informations in Mizoram, please click the following links :

https://twitter.com/dipr_mizoram?s=09

https://instagram.com/dipr_mizoram?igshid=1akqtv09bst7c

<https://www.facebook.com/Department-of-Information-Public-Relations-Govt-of-Mizoram-113605006752434/>

Issue No : 125

Time : 20th August, 2020 @ 7:00 PM

Mizoram COVID-19 Helpline no. 102(toll free)/ 0389 2323336/0389 2318336

01.08.2020 LEH 31.08.2020 INKARA MIZORAM CHHUNGA INKAIHHRUAINA KALPUI DAN TUR THUPEK For details [Click here](#)

1. August ni 20, 2020 tlaidar 5:30 a Khawvel COVID-19 dinhmun (source: WHO)

Confirmed cases - 22,213,869
Confirmed deaths - 7,81,677

COVID-19 natna veihmuh chhuah tamna ram te

USA	- 54,31,046	Brazil	- 34,07,354	India	- 28,36,926
Russia	- 9,37,321	South Africa	- 5,92,144	Peru	- 5,49,321
Mexico	- 5,31,239	Colombia	- 4,89,122	Chile	- 3,90,037
Spain	- 3,64,196	Iran	- 3,50,279	U.K.	- 3,20,290

COVID-19 natna thihpui tamna ram te

USA	- 1,70,640	Brazil	- 1,09,888	Mexico	- 57,774
India	- 53,866	U.K.	- 41,381	Italy	- 35,405
France	- 30,318	Spain	- 28,670	Peru	- 26,658
Iran	- 20,125	Russia	- 15,989	Colombia	- 15,619

Darkar 24 chhunga COVID-19 natna hmuhchhuah tam zualna ram te

India	- 69,653	Brazil	- 47,784	USA	- 37,908
Colombia	- 12,462	Peru	- 7,828	Argentina	- 6,840
Mexico	- 5,506	Russia	- 4,828	Philippines	- 4,561
Iraq	- 4,093	Germany	- 2,900	Bangladesh	- 2,747

Darkar 24 chhunga COVID-19 natna thihpui tam zualna ram te

Brazil	- 1,352	USA	- 1,132	India	- 977
Mexico	- 751	South Africa	- 282	Colombia	- 247
Argentina	- 237	Peru	- 177	Iran	- 153
Russia	- 117	Chile	- 108	Iraq	- 85

WHO in region a then dan a COVID-19 veizat

Americas - 11,887,224	Europe - 38,41,452	South-East Asia - 33,08,987
Eastern Mediterranean - 17,76,899	Africa - 9,66,352	Western Pacific - 4,32,214

Darkar 24 chhungin positive thar 2,56,044 an awm a; 6,482 in an thihpui.

2. Augustni 20, 2020 zing dar 8:00 a India ram COVID-19 dinhmun (source : MoHFW, GOI)

COVID-19 vei hmuhchhuah tawh zat :28,36,926

Tuna vei mek zat: 6,86,378

Sl.	State/UT	Vei mek	Damchhuak	Thi	Sl.	State/UT	Vei mek	Damchhuak	Thi
1	Andaman & Nicobar Islands	1045	1529	30	19	Madhya Pradesh	10717	36475	1159
2	Andhra Pradesh	86725	226372	2906	20	Maharashtra	160728	446881	21033
3	Arunachal Pradesh	923	2022	5	21	Manipur	1973	2885	18
4	Assam	23756	60348	213	22	Meghalaya	806	694	6
5	Bihar	27546	84404	487	23	Mizoram	472	402	0
6	Chandigarh	1014	1351	31	24	Nagaland	1844	1706	8
7	Chhattisgarh	6139	11185	161	25	Odisha	19814	46936	372
8	Dadra Nagar Haveli, Daman & Diu	389	1604	2	26	Puducherry	3309	5312	129
9	Delhi	11137	140767	4235	27	Punjab	12460	22703	921
10	Goa	3838	8713	124	28	Rajasthan	14416	49963	910
11	Gujarat	14282	64823	2837	29	Sikkim	440	789	3
12	Haryana	7307	42056	567	30	Tamil Nadu	53155	296171	6123
13	Himachal Pradesh	1400	2992	19	31	Telangana	21509	75186	729
14	Jammu & Kashmir	6965	22497	572	32	Tripura	2205	5565	65
15	Jharkhand	9638	16175	277	33	Uttarakhand	3915	9132	178
16	Karnataka	81113	164150	4327	34	Uttar Pradesh	49645	115227	2638
17	Kerala	17442	32607	182	35	West Bengal	27678	95663	2581
18	Ladakh	633	1397	18		TOTAL	686378	2096682	53866

* Darkar 24 chhungin **sample 9,18,470** test niin positive case thar **69,653** hmuh a ni a, mi **58,812** dam (cured) a puan niin **977** in an thihpui a ni.

* ICMR chhinchhiah dan chuan India rama sample test tawh zawng zawng zat hi **3,26,61,252** a ni.

20.08.2020 (5:00 PM)

DIRECTORATE OF INFORMATION & PUBLIC RELATIONS
Government of Mizoram
Helpline: 102 (Toll Free) /0389-2323336 /2318336

MIZORAM COVID-19 UPDATE

TOTAL CASES	CURED/DISCHARGED	ACTIVE CASES	DEATHS	MIGRATED
+1 874	+18 402	+1 472	0	2

- ▶ 1 new case confirmed through Rapid Antigen Test
- ▶ 18 discharged today; Zokhawsang CCC-4, Beraw CCC-2, Lengpui CCC-1, Ayush CCC-5 Tribal Art Centre CCC-6

dipr.mizoram.gov.in | dipr mizoram | @dipr_mizoram | Dipr-Mizoram

Information & Public Relations Department
Government of Mizoram
20.08.2020 (5:00 PM)

COVID-19 Mizoram Statistics

Total Cases	874	Male 726
Active Cases	472	Female 148
Discharged	402	

District-Wise

District	Active	Discharged	District	Active	Discharged
Aizawl	276	226	Lawngtlai	10	21
Lunglei	43	70	Mamit	Nil	21
Siaha	Nil	26	Khawzawl	Nil	3
Champhai	4	12	Hnahthial	2	Nil
Kolasib	131	13	Saitual	1	3
Serchhip	5	7	TOTAL	472	402

Source: IDSP, H&FW Department

3. Standard Operating Procedure for Social Distancing

For details [Click here](#)

4. Mizoram chhunga commercial passenger phur motor ten an zawm tur Standard Operating Procedure

For details [Click here](#)

5. Quarantine Centre a senso leh thlen dan chungchanga sawrkar thuchhuak

Mizoram Sawrkar Chief Secretary hova Meeting Minute Dt.27.7.2020 zulzuiin Notification hmasa No.C.16011/298/2020-DC(A) / Dated,23rdJuly, 2020 chu a hnuai mi ang hian tih danglam a ni

A : Quarantine Center thlen man:

Sl. No	Name of Quarantine Center	Chawitur (Mipakhat tan)
1	Deluxe ; i)Tourist Lodge, Chaltlang (a vaiin) ii)State Guest House (a vaiin) iii)Tourist Lodge, Beraw(Room No-102,104,105,107,202,204,205 & 207& Cottage No - 2,3,4,5,6 &7)	Hengah te hian mi pakhatin zankhatah Rs.500/- zel a chawi ang.
2	Standard : i)SIRD Hostel (Hall leh Dormitory tellovin) ii)Tourist, Lodge Lengpui iii) FRCDR, Farmer Rest House, Bethlehem Vengthlang iv)RAY Housing, Falkland v)Forest Training School Hostel, Bethlehem Vengthlang vi)Sericulture Training Centre, Zemabawk-	Hengahte hian mi pakhatin zankhatah Rs.200/- zel a chawiang.
3	Ordinary : (1)leh (2) lo zawng	Hengahtehian mi pakhatin zankhatah Rs. 100/- zel a chawi ang.

NB : Thlen man hi nu leh patebula la mu naupangtehnenatanginlaklohtur a ni. Puitling bikah chuan khum an lo intawm a nihpawhin khumkhat zelin (per bed) lak thin tur a ni. Tin, mutbu (mattress, blanket, bed linen) an intum a nih chuan thlen man lak lohtur a ni.

For details [Click here](#)

6. August thla chhunga Mizorama inkaihhraina kalpui dan tur thupek order No.B13021/101/2020-DMR/Pt-III dated 31.07.2020 a tihchhuah-a Clause I.F(3) hnuai games & sports practice chungchangah a hnuai tarlan hi belh a ni

"Heng infiamna hmuna lut leh chhuakte chhinchhiaha felfai tak siamin - an hming, address leh contact number te mumal takin ziahluh tur a ni"

7. Mizoram sawrkarin August ni 1, 2020 atanga hman tan turin RT-PCR leh TrueNAT a sample test man a ruahman

1) **RT-PCR leh TrueNat** test-na senso ngai zat (full rate) chu RT-PCR-ah Rs. **5,539/-** leh **TrueNat**-ah Rs. 4,463/- a ni. Hei hian sample collection, processing leh **reagent** senso zawng zawng a huam a ni.

For details [Click here](#)

8. COVID-19 veite nihna puazar chungchanga Health & Family Welfare Department Secretary thuchhuah

Mizoram chhunga Covid-19 hripui leng mek dona kawngah chak zawka hmalak a nih theih nan, tul ni a an hriat chuan, The Mizoram Containment & Prevention of Covid-19) Ordinance, 2020 section 4(10)(a) tlawhchhanin, Covid-19 veite/vei nia rinhlehte nihna - hming, nu/pa hming, kum zat, house number, chenna veng, khua te chu an awmna district Deputy Commissioner emaw an bialtu Chief Medical Officer ten puazar phalna an pe thei ang a, anmahni ngeiin an puangzar thei bawng. He Notification hi tihchhuah a nih August ni 18, 2020) atanga hman nghal tur ani.

✚ Quarantine chungchanga hriattur pawimawh

For details [Click here](#)

✚ Construction Works Hnathawktu Migrant Workers Chhawr/Chhawrtu Online Report-na

For details [Click here](#)

9. Report (Covid-19) on Law & Order and Facilitation of Essential Goods & Services (20th August, 2020 @ 3:00pm)

For details [Click here](#)

10. Ni 16.08.2020 zan dar 8:00 atanga ni 21.08.2020 zing dar 4:30 thlenga Aizawl Municipal Area chhunga Lockdown kalpui dan tur thupek

For details [Click here](#)

11. Aizawl DC chuan a hnuaia mi ang hian hriattirna a tichhuak:-

‘Lockdown kaihhruaina No.2 angin ni 16.8.2020 atanga 21.8.2020 thlenga medical emergency leh chhiattawh thila Aizawl Municipal Area-a veivah phalna Deputy Commissioner, Aizawl District hnena dil tur ten <https://curfewpass.ssdd.in/> ah dilna online in thehluh tur a ni.’

12. Vawiin khan Health & Family Welfare minister Dr. R. Lalthangliana kaihhruaiin SAD Conference Hall, MINECO-ah coordination meeting on COVID-19 neih a ni a. Health & Family Welfare Board Vice-Chairman, Dr. ZR Thiamsanga, MLA, Chief Secretary Pu Lalnunmawia Chuaungo, Health & Family Welfare department hnuaia COVID-19 dona kawnga hma la tu peng hrang hrangte bakah Indian Medical Association, Mizoram Government Doctors' Association, Non-Government Hospital Association Mizoram aiawhte an tel a ni.

Vawiin thukhawm hian COVID-19 dona kawnga hmalak chhonzawm zel dan tur an ngaihtuahho a. COVID-19 frontline medical workers, a bikin sample lakhawmtute leh COVID-19 vei enkawlina hmun Covid Care Centre (CCC) leh Dedicated COVID Health Centre (DCHC) a thawkte an in lamah haw lova hmun khata an riah khawmna tur district tinah ruahman tha an ti a, Aizawl-ah chuan Chaltlang Tourist Lodge additional building ruahman fel a nih thu tarlan a ni. Vairengte ah Covid Care Centre leh COVID-19 frontline medical workers-te awmna tur ruahman tul ni a hriat niin hmalak thuai tum a ni bawk.

For details [Click here](#)

13. COVID-19 positive 13 hmuhchhuah belh a ni. Aizawl khawpuia random test tih result hriat chin a la negative vek.

Nimin August ni 19, 2020 khan ZMC Laboratory-a RT-PCR khawl hmanga swab sample test 481 zingah COVID-19 vei 1 hmuhchhuah thar a ni a. Rapid Antigen Test 368 neih niin COVID-19 vei 12 hmuhchhuah a ni bawk a. Lunglei Civil Hospital TrueNAT laboratory-a sample test 33 zingah COVID-19 vei hmuhchhuah thar an awmlo.

Hetih lai hian nimirpiah (18/9/2020) leh nimir (19/8/2020) chawhma lam thlenga Aizawl khawpuia random sample test result hriat tawh niin a negative vek a ni.

ZMC Laboratory-a COVID-19 positive hmuhchhuah thar hi Aizawl district-a sample lak mipa kum 51 a upa, non-mizo niin positive contact atanga kai a ni a, Bawngkawn veng niin amah hi Quarantine Facility a awmlai mek a ni a, Quarantine Facility atanga kai chhawng a nih rin a ni.

Rapid Antigen Test hmanga COVID-19 positive hmuhchhuahte hi Kolasib district-a sample test zinga mi vek an ni a, hnamdang lirthei khalhtu, mipa vek, kum 17-48 inkar, Assam leh Meghalaya atanga lo kalte niin. COVID-19 symptoms nei an awmlo.

Lunglei Civil Hospital TrueNAT PCR Laboratory-a sample test negative te hi BSF 24 bakah khawtual mi 9 test an ni a, COVID-19 symptoms nei lo state pawn atanga lo haw te leh positive contact te an ni.

August ni 19, 2020 a ZMC RT-PCR laboratory-a District hrang hrang sample test zat

Aizawl	- 434 (Mipa - 345, Hmeichhia - 89)
Champhai	- 1 (Mipa)
Khawzawl	- 1 (Mipa)
Kolasib	- 44 (Mipa - 22, Hmeichhia - 22)
Serchhip	- 1 (Hmeichhia)
Total	- 481 (Mipa - 369, Hmeichhia - 112)

August ni 19, 2020 a Lunglei Civil Hospital TrueNAT PCR Laboratory-a sample test zat

Total	- 33 (Mipa vek)
-------	-----------------

August ni 19, 2020 a Rapid Antigen Test hmanga District hrang hrang sample test zat

Aizawl	- 14 (Mipa - 10 Hmeichhia - 4)
Kolasib	- 354 (Mipa - 345, Hmeichhia - 9)
Lunglei	- 16 (Hmeichhia vek)
Siaha	- 2 (Hmeichhia ve ve)
Total	- 386 (Mipa - 355, Hmeichhia - 31)

- Vawiin 20.8.2020 chhun hian Rapid Antigen Test hmangin COVID-19 positive pakhat hmuh chhuah a ni.
Amah hi mipa kum 23 a upa, Zangena Petrol pump-a thawk, Zemabawk North a cheng a ni a. COVID-19 symptoms a neih avangin mahni inringhlela test a ni.
- Zangena Filling Station-a thawk positive 1 hmuhchhuah a nih avangin vawiin 20.8.2020 tlai hian Zangena Filling Station a thawk mi 7 Rapid Antigen Test hmangin an sample endik nghal a ni a. An vaiin an negative vek a ni.

COVID-19 vei enkawl dam 18 chhuahtir an ni.

Thenzawl AYUSH Hospital CCC atangin	- BSF 5
Tribal Art Centre CCC atangin	- BSF 6
Beraw CCC atangin	- mipa 2 (civil ve ve)
Lengpui CCC atangin	- mipa 1 (civil)
Zokhawsang CCC atangin	- Assam Rifles 4
Discharge zawng zawng zat	- 18 (Assam Rifles 4, BSF 11, civil mi 3)

14. Vawiin hian ZMC, Falkawn-a Covid-19 laboratory-ah test neih leh mek a ni a, result hi zan lamah chhuak tura beisei a ni. Hriat theih chinah vawiin hian sample 500 chuang test niin ZMC, Aizawl, Champhai, Mamit leh Siaha atanga dawnte an ni. Nimin lama sample test 481-ah 1 a positive.

Covid-19 vei hmuhchhuah thar hi mipa kum 51, Aizawl District mi niin Positive Contact atanga kai a ni. Rinhlelh ni lo, Random sampling a test zawng zawng zingah positive an awm lo.

Nimin khan Rapid Antigen Test hmangin mi 368 test an ni a, Covid-19 vei mi 12 hmuhchhuah an ni. Covid-19 vei tharte hi Kolasib District a hmuhchhuah vek niin hnamdang vek an ni.

Vawiin khan ZMC-ah Covid-19 damlo 2 leh vei rinhlelh mi 1 admit thar an ni a, Covid-19 vei admit thar zinga 1 hi vawiin lama R.A.T hmanga hmuhchhuah a ni. ZMC-a Covid-19 damlo enkawl mek ICU-a awm 2 te zinga 1-chuan thawhah a la nei deuh a, ngaihtuahawm erawh a ni lo. Isolation Ward leh SICU-a awmten harsatna lian tham an nei lo. **(ZMC bulletin)**

15. COVID-19 hripui leng mek laka mipuite kan him zel theih Chief Secretary/Chairman, State Executive Committee, State Disaster Management Authority, Mizoram chuan chhiatni/thatni puipunna hmunahte hian thu leh awm hma chuan a hnuai a thupekte zawm turin mipuite a hriattir a ni

For details [Click here](#)

16. Pu H. Lalengmawia, Secretary, Health & Family Welfare Department chuan COVID-19 test tura swab sample laksakte zawm ngei ngei tur a hnuai a tarlan ang hian thupek a chhuah

"Mi tupawh Covid-19 test tura Swab sample laksak te chu an result a chhuah hma chuan an inkhunhrang tur a ni a, an inkhunhranna hmun an chhuahsan tur a ni lo. An test result chhuah hnuah sawrkar-in inkaihhraina a lo siam tawh chu an zawm ngei tur a ni. Quarantine lai te chu an result a negative a nih pawhin an quarantine hun tura ruat an hmang zo ngei tur a ni".

17. Covid-19 Task Group on Quarantine Facilities daily report (as on 19th August, 2020)

FORM A				QUARANTINE FACILITY AS ON TODAY				AS ON TODAY	
Sl.No	District	No of Facilities	Capacity	No of pax admitted in Home Q	No of pax admitted in Hotel Q	No of pax admitted in CQF	No of pax admitted in GQF	No of pax shifted to isolation	TOTAL PAX IN QF
1	2	3	4	5	6	7	8	9	10
1	Aizawl	40	2253	176	79	15	585	64	919
2	Champhai	7	334	2	0	0	44	4	50
3	Hnahthial	22	333	20	0	0	21	2	43
4	Khawzawi	26	530	0	0	0	7	0	7
5	Kolasib	21	908	15	0	0	192	159	366
6	Lawngllai	23	715	21	0	0	72	0	93
7	Lunglei	24	791	7	0	0	136	43	186
8	Mamit	25	768	0	0	0	29	0	29
9	Saitual	44	704	0	0	0	10	0	10
10	Serchhip	33	552	5	0	0	66	80	151
11	Siaha	36	1469	27	0	0	20	0	47
	TOTAL	301	9357	273	79	15	1182	352	1901

Sl.No	Name of Facilities	No of Capacity in all QF*	No of Pax admitted to QF on reporting date	Progressive No of Pax admitted to QF	No of Pax discharged from QF as on reporting date	Progressive No of Pax discharged from QF	No of Pax shifted to isolation as on reporting date	Progressive No of Pax shifted to isolation	No of Pax in QF as on reporting date (Col 4-6-8)**
1	2	7	3	4	5	6	7	8	9
1	Government QF	9357	84	13580	85	12120	15	278	1182
2	Isolation Facilities	-	17	1124	0	772	0	0	352
3	Community QF	7760	0	3985	2	3959	0	11	15
4	Home Quarantine	-	19	1617	0	1341	0	3	273
5	Hotel/Paid QF	69	0	199	0	119	0	1	79
	TOTAL	17186	120	20505	87	18311	15	293	1901

For details [Click here](#)

18. Status of Mizoram Surveillance of COVID-19 (Time: 19.8.2020 5:00pm – 20.8.2020 5:00 pm) –
input from IDSP, H&FW department

S.No	Category	A thar Date: 20.8.2020	Belhkhawm Date: 20.8.2020
1	Endik tawh zawng zawng zat	385	155088
2	COVID-19 SAMPLE TEST NEIH DAN		
	NICED – KOLKATA	-	5
	Guwahati Medical College	-	12
	Silchar Medical College	-	41
	Rapid Antigen Test	386	4169
	Lunglei Civil Hospital (Truenat – PCR)	33	1504
	Zoram Medical College(ZMC)	481	23245
	COVID-19 samples test tawh zawng zawng zat	900	28976
3	Rinhlelh SRHF-ZMC, DCH a dah zat	1	334
4	Damlo DCHC a dah zat		9
5	Damlo CCC a dah zat		470
6	CONFIRMED POSITIVE CASE NEIH DAN		
	Guwahati Medical College	-	1
	Rapid Antigen Test	12	162
	Lunglei Civil Hospital, Truenat – PCR	0	66
	Zoram Medical College, Falkawn (RT-PCR)	1	644
	COVID-19 Confirmed positive cases neih zat	13	873
7	COVID-19 positive damdawiin-a dah zat	13	873
8	COVID-19 vei dam leh zat	18	402
9	State danga pem	0	2
10	COVID-19 positive neih mek zat	13	471
11	COVID-19 vanga thi awm zat	0	0

For details [Click here](#)

COVID-19 hrileng dona-a hmalakna kal zelah Mizoram Sawrkar chuan Health & Family Welfare Department hnuaiah COVID-19 do tur mi tlawmngai inpe te buaipuitu tur team a din a. COVID-19 dona-a mi tlawmngai inpe duhte chuan - Hming, Pa hming, Veng/khua, Phone number leh Qualification-te tarlangin email - mzcvolunteers@gmail.com ah emaw

COVID-19 helpline 102, 0389-232336/2318336-ah te in report theih a ni.

Heng mi tlawmngai inpe te hi a tul dan a zirin an tih tur duan sak an ni ang.

19. District hrang hrang Covid Care Centre (CCC) leh Dedicated Covid Health Centre (DCHC) a enkawl mek zat. – 20th August, 2020 (input from IDSP, H&FW department)

NAME OF DISTRICT	DEDICATED COVID HEALTH CENTER(DCHC)	COVID CARE CENTER(CCC)
Aizawl East	0	76
Aizawl West	0	94
Lunglei	0	43
Siaha	0	0
Champhai	4	0
Kolasib	0	171
Serchhip	5	73
Lawngtlai	0	10
Mamit	0	0
Saitual	0	1
Khawzawl	0	0
Hnahthial	0	2
TOTAL	9	470

For details [Click here](#)

 Directorate of Health Services (Food & Drugs Administration Wing) thuchhuah

Covid-19 hri leng chuan khawvel ram tinah buaina leh manganna a thlen mek a, mi tam tak an thi a, tam takin hri vei mek bawk a ni. Mizoram pawh kan buai hle a, invenna nasa zawka kaipui zel a tul tak meuh meuh a ni.

Covid-19 hri leng hi kai nachhan rinhlelh tur nei lo tan pawh kai palh theih a ni a. Chung mite chuan khawsik, awmna leh khuh avanga awm nuamlo an neihin, ngaih that lohna nei chuang lovin an mamawh damdawi an lamve mai thei reng a ni.

Chuvangin, khawsik damdawi leh hritlang awmna/khuh damdawi lei tura lo kal, doctor prescription pawh neilote chu damdawi kan lei tir pahin an hming, kum leh contact number lo lak zel ni se. Chung chinchhiahte list chu nitin tlai dar 5 - 6 inkarah a hnuai mobile number tarlanahte hian Whatsapp-a thawn thin ni se tih a ni, Mizorama damdawi zuar zawng zawngte hemi kawnga thawhpui tur hian Mizoram FDA chuan a sawm tak meuh meuhva, thawhhona tha kaltlangin hri leng darh zeit tur kan veng thei a ni tih i hre reng ang u.

Thawna tur number : 9436152192 / 7005084957 / 9436196515

20. Mizoram chhunga Paramilitary Forces/Armed Forces/Truckers/Civilians leh Frontline Workers zinga COVID-19 dinhmun – 19th August, 2020 @ 11:00 PM (input from IDSP, H&FW department)

	CUMULATIVE CASES	DISCHARGED	ACTIVE CASES	PERCENTAGE FROM TOTAL ACTIVE CASE
Assam Rifles	101	53	48	<u>MILITARY/ PARAMILITARY</u> 44.17 %
NDRF Lungverh	32	32	0	
BSF	230	66	164	
CRPF	4	3	1	
Indian Army & CIJWS	4	1	3	
Truckers	129	0	129	<u>TRUCKERS</u> 26.38 %
Civilians/Others	367	228	139	<u>CIVILIANS/OTHERS</u> 28.43 %
Frontline Workers	6	1	5	<u>FRONTLINE WORKERS</u> 1.02 %
TOTAL	873	384	489	
Cases with no history of travel outside the state: 66 Those (cases) who entered from other states: 807				
Status of Positive cases today: - Truckers: 12, Civilians/Others: 1 Total: 13				

For details [Click here](#)

COVID-19 hrileng dona-a hmalakna kal zelah Mizoram Sawrkar chuan Health & Family Welfare Department hnuaiah COVID-19 do tur mi tlawmngai inpe te buaipuitu tur team a din a. COVID-19 dona-a mi tlawmngai inpe duhte chuan - Hming, Pa hming, Veng/khua, Phone number leh Qualification-te tarlangin **email - mzcvolunteers@gmail.com** ah emaw **COVID-19 helpline 102, 0389-232336/2318336**-ahte in report theih a ni.

Heng mi tlawmngai inpe te hi a tul dan a zirin an tih tur duan sak an ni ang.

21. Existing number of inmates at all designated Quarantine Facilities in Mizoram on August 20, 2020(as reported by Mizoram State Control on COVID-19, DM&R)

EXISTING NUMBER OF INMATES AT QUARANTINE FACILITIES AS ON							19-08-2020	
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19					TIME : 4:00pm	
		ADMITTED		DISCHARGED				
I	II	III	IV	V	VI	VII	VIII	IX
Sl.no	Name of Facilities	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Numbers shifted to Isolation	No. of persons in the quarantine facility on the date of report (=IV-VI-VIII)
1	Government Quarantine Facilities	84	13580	85	12120	15	278	1182
2	Isolation Facilities	17	1124	0	772			352
3	Community Quarantine Facilities	0	3985	2	3959	0	11	15
4	Home Quarantine	19	1617	0	1341	0	3	273
5	Hotel/Paid Quarantine Facilities	0	199	0	119	0	1	79
	Total	120	20505	87	18311	15	293	1901

For details [Click here](#)

22. Daily Report on Status at Government Quarantine Facilities in various Districts on August 20, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS OF GOVERNMENT QUARANTINE FACILITIES AS ON										19-8-2020
Name of State : Mizoram			MIZORAM STATE CONTROL ROOM ON COVID-19					TIME : 4:00pm		
FORM 'A'			Quarantine Facility				ISOLATION STATUS		CURRENT STATUS	
FACILITY STATUS			Admitted		Discharged					
	I	II	III	IV	V	VI	VII	VIII	IX	X
Sl.no	District	No of Facilities	Capacity	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report {V- (VII+ IX)}
1	Aizawl	40	2288	25	4602	40	3922	15	95	585
2	Champhai	7	334	8	544	1	500	0	0	44
3	Hnahthial	22	333	0	212	0	188	0	3	21
4	Khawzawl	26	530	1	318	2	300	0	11	7
5	Kolasib	21	908	17	1891	9	1681	0	18	192
6	Lawngtlai	23	715	2	1332	0	1260	0	0	72
7	Lunglei	24	791	17	1411	25	1207	0	68	136
8	Mamit	25	768	6	682	1	623	0	30	29
9	Saitual	44	704	1	488	3	477	0	1	10
10	Serchhip	33	552	7	629	4	549	0	14	66
11	Siaha	36	1469	0	1471	0	1413	0	38	20
	TOTAL	301	9392	84	13580	85	12120	15	278	1182

For details [Click here](#)

23. The Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 in a sawi angin vantlang hmuna chilchhak, tuibur pik, Sahdah hmuam hnu paih leh a nih dan tur lo anga Mask vuah, leh quarantine center atanga tlanchhuah te hi dan anga hrem theih a ni. Quarantine Center a awm ten awmdan tur duansa te tha taka zawmin vantlang pawikhawih thei turin an khawsa tur a ni lo.

COVID-19 chungchanga hriat duh neite leh khawsik, khuh, hrawkna leh thawhah neite chuan Mizoram COVID-19 Helpline no. 102(toll free), 0389 2323336, 0389 2318336 – ah phone tur a ni.

24. Daily Report on Status at Isolation Facilities in various Districts on August 20, 2020(as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT ISOLATION FACILITIES AS ON 19-08-2020						
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19				TIME : 4:00pm
FORM 'B'		FACILITY FOR ISOLATION				CURRENT STATUS
		ADMITTED		DISCHARGED		
I	II	III	IV	V	VI	VII
Sl.no	Name of District	No.of persons admitted to isolation on the date of report (shifted from Quarantine facilities and directly admitted	Progressive Total of persons admitted to isolation	No.of persons discharged from isolation on the date of report	Progressive Total of persons discharged from isolation	No. of persons in Isolation facility on the date of report (IV Minus VI)
1	Aizawl	0	542	0	478	64
2	Champhai	0	26	0	22	4
3	Hnahthial	0	4	0	2	2
4	Khawzawl	0	18	0	18	0
5	Kolasib	12	201	0	42	159
6	Lawngtlai	0	0	0	0	0
7	Lunglei	5	102	0	59	43
8	Mamit	0	31	0	31	0
9	Saitual	0	2	0	2	0
10	Serchhip	0	141	0	61	80
11	Siaha	0	57	0	57	0
TOTAL		17	1124	0	772	352

For details [Click here](#)

25. Daily Report on Status at Community Quarantine Facilities in various Districts on August 20, 2020(as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT COMMUNITY QUARANTINE FACILITIES AS ON 19-08-2020										
Name of State : Mizoram		MIZORAM STATE CONTROL ON COVID-19							TIME: 4:00pm	
FORM 'C'		QUARANTINE FACILITY					ISOLATION STATUS		CURRENT STATUS	
FACILITY STATUS		ADMITTED		DISCHARGED				CURRENT STATUS		
I	II	III	IV	V	VI	VII	VIII	IX		
Sl.no	District	No of Facilities	Capacity	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to isolation on the date of report	Progressive Total of person shifted to isolation	No. of persons in the quarantine facility on the date of report (IV- (VI+ VIII))
1	Aizawl	348	3581	0	2955	2	2939	0	1	15
2	Champhai	15	414	0	318	0	318			0
3	Hnahthial	2	16	0	11	0	11			0
4	Khawzawl									0
5	Kolasib									0
6	Lawngtlai	4	99	0	96	0	96			0
7	Lunglei	21	314	0	222	0	218	0	4	0
8	Mamit	8	220	0	123	0	123			0
9	Saitual	4	45	0	28	0	28			0
10	Serchhip	7	280	0	168	0	162	0	6	0
11	Siaha	5	0	0	64		64	0	0	0
TOTAL		414	4969	0	3985	2	3959	0	11	15

For details [Click here](#)

26. Mizoram chungga Village/Local Council inthlan puan a nih tak avangin Model Code of Conduct hman (Enforce) a ni ta a. Hemi avang hian Health & Family Welfare Department Notification No.D.33011/21/2020-HFW/(nCOVID)/VoIII/Pt.5/5 Dt.128.2020 luahlan (supercede) in Village/Local Level Task Force on Covid 19 chu siam danglam a ni a. Hei hian ni 5.8.2020 atanga ni 7.9.2020 thleng a huam ang a, hemi hnu lamah hi chuan a pangngaiin a kal leh ang.

For details [Click here](#)

27. Daily Report on Status of Home Quarantine in various Districts on August 20, 2020(as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT HOME QUARANTINE AS ON 19-08-2020								
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19					TIME: 4:00pm	
FORM 'D'		QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS
		ADMITTED		DISCHARGED				
Sl.no	I District	II No.of persons admitted on the date of report	III Progressive Total of persons admitted	IV No.of persons discharged on the date of report	V Progressive Total of persons discharged	VI No.of person shifted to Isolation on the date of report	VII Progressive Total of person shifted to Isolation	VIII No. of persons in the quarantine facility on the date of report (III-(VI+ VII))
1	Aizawl	16	958	0	782			176
2	Champhai	0	45	0	43			2
3	Hnahthial	3	35	0	15			20
4	Khawzawl	0	2	0	2			0
5	Kolasib	0	39	0	24			15
6	Lawngtlai	0	104	0	83			21
7	Lunglei	0	123	0	116			7
8	Mamit	0	10	0	10			0
9	Saitual	0	9	0	9			0
10	Serchhip	0	224	0	216	0	3	5
11	Siaha	0	68	0	41			27
	TOTAL	19	1617	0	1341	0	3	273

For details [Click here](#)

28. Daily Report on Status at Hotel/Paid Quarantine Facilities in various Districts on August 20, 2020 (as reported by Mizoram State Control on COVID-19, DM&R)

DISTRICT - DAILY REPORT ON STATUS AT HOTEL/PAID QUARANTINE FACILITIES AS ON 19-08-2020										
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19							TIME: 4:00pm	
FORM 'E'		QUARANTINE FACILITY					ISOLATION STATUS		CURRENT STATUS	
				ADMITTED		DISCHARGED				
Sl.no	I District	II No.of Facility	III Capacity	IV No.of persons admitted on the date of report	V Progressive Total of persons admitted	VI No.of persons discharged on the date of report	VII Progressive Total of persons discharged	VIII No.of person shifted to Isolation on the date of report	IX Progressive Total of person shifted to Isolation	X No. of persons in the quarantine facility on the date of report (III-(V+ VII))
1	Aizawl	8	59	0	199	0	119	0	1	79
2	Champhai									0
3	Hnahthial									0
4	Khawzawl									0
5	Kolasib									0
6	Lawngtlai									0
7	Lunglei									0
8	Mamit									0
9	Saitual									0
10	Serchhip									0
11	Siaha									0
	TOTAL	8	59	0	199	0	119	0	1	79

For details [Click here](#)

29. Lawngtlai District-ah khung hran mek mi 88 an awm (20.08.2020 @ 5:00 PM)

Lawngtlai District mi leh sa state pawn atanga lo haw, government quarantine facility leh home quarantine-a khung hran mek zat chu vawiin tlai dar 5:00 thleng khan mi 88 a ni a. Lawngtlai District-a COVID-19 positive mi 10 te chu Lawngtlai Covid Care Centre (CCC)-ah an hriselna dinhmun vil reng niin, ngaihtuahawm an awm lo.

Vawiinah state pawn atangin mi 6 lo thlen belhin, Medical Quarters-ah mi 5 leh Tourist Lodge-ah mi 1 dah an ni a. Nimin lamah khung hran hun bi hmang zo va, RT-PCR test-a negative Medical Quarters atanga chhuahtir mi 7 an awm bawk.

For details [Click here](#)

30. Mamit District-ah khung hran mek mi 33 an awm (20.08.2020 @ 5:00 PM)

India ram hmun hrang hrang atanga tangkhang lo hawte awmna tura buatsaih Mamit District chhunga Quarantine Facility bakah Home Quarantine-ah mi 33 an la awm mek a. Mi 1, Kolkata atanga rawn haw khunghran belh a ni a, mi 1 Home Quarantine thar a ni bawk.

For details [Click here](#)

31. Champhai District Quarantine Facility hrang hrang dinhmun (20th August,2020 @ 5:00 pm)

- | | |
|----------------------------------------------------------------------|-----------------------------------|
| 1) DPRC Institutional Quarantine Centre | - 19 (9 Male + 10 Female) |
| 2) Tourist Lodge Champhai Institutional Quarantine Centre | - 22 (17 Male + 5 Female) |
| 3) Home Quarantine | - 2 (All Male) |
| 4) Dedicated Covid Health Centre (Nursing School Building Top Floor) | - 4 (3 Male + 1 Female) |
| TOTAL | - 47 (31 Male + 16 Female) |

32. State Summary - Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (as on 20th August, 2020)

S / N	Nature of offence	Nos of Offenders (last 24 hours 19.8.2020 9:00AM – 20.8.2020 9:00AM) imposed by					Amount of fines imposed (last 24 hours 19.8.2020 9:00AM – 20.8.2020 9:00AM) imposed by					Cumulative nos of Offenders since 4.5.2020			Cumulative amount of fines imposed since 4.5.2020		
		Police		LTF	Total	Police			LTF	Total	Police		LTF	Total			
		Other Police	Flying Squad			Other Police	Flying Squad	LTF			Total	Other Police			Flying Squad		
1	Entering or staying at any public place without the use of mask (Section 4(1))	54	47		101	5400	4700			10100	16355	18194	1663	3881300	2362300	222100	
2	Failing to maintain social distancing protocol/guidelines in public places (Section 4(2))																
3	Spitting in public places (Section 4(3))																
4	Crossing borders by exiting and /or entering the State without permission from the competent authority (Section 4(4))																
5	Crossing borders by exiting and /or entering the State without permission from the competent authority (Section 4(5))																
6	Leaving or escaping the designated quarantine/isolation facility before completion of the stipulated time (Section 4(7))																
7	Failing to follow instructions/guidelines and endangering the safety of others while staying at designated quarantine facility (Section 4(8))																
8	Failing to comply with any other regulations, guidelines or instructions made by the Central or State Government for containment and prevention of the spread of Covid-19 including lockdown guidelines issued by the State Government from time to time (Section 4(9))	25			25	25000			25000								
TOTAL		79	47		126	30400	4700		35100	36212			Rs.6465700				

For details [Click here](#)

SRHF-ZMC-a admit turte ken tur

- 1) Blanket pan (pah emaw disinfect pawilo tur)
- 2) Toothbrush, Toothpaste
- 3) Mobile charger
- 4) Thawmhnaw
- 5) Mug
- 6) Sahbawn, Shampoo, Detergent
- 7) Towel
- 8) Bottle, No , Spoon
- 9) Flask
- 10) Samkhuih
- 11) Pawisa Rs. 3000 - Rs 5000 a tul awm huna hman tur.(Contaminate loh)

33. Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (district-wise) (as on 20th August, 2020)

S/ N	District	Nature of offence	Nos of Offenders (last 24 hours 19.8.2020 9:00AM – 20.8.2020 9:00AM) imposed by				Amount of fines imposed (last 24 hours 19.8.2020 9:00AM – 20.8.2020 9:00AM) imposed by				Cumulative nos of Offenders since 4.5.2020				Cumulative amount of fines imposed since 4.5.2020				
			Police		LTF	Total	Police		LTF	Total	Police		LTF	Total	Police		LTF	Total	
			Other Police	Flying Squad			Other Police	Flying Squad			Other Police	Flying Squad (w.e.f 3.6.2020)			Other Police	Flying Squad (w.e.f 3.6.2020)			
1	Kolasib	4(1)		5		5		500		500	130	1028	8	1166	13200	111800	800	125800	
			Sub Total		5	Sub Total		500											
2	Mamit										770	224	22	1016	106800	23400	2200	132400	
			Sub Total			Sub Total													
3	Aizawl	4(1)	30			30	3000			3000	9954	10340	487	20781	2069900	1408800	71200	3549900	
			4(9)	25			25	25000											25000
			Sub Total		55	Sub Total		28000											
4	Saitual										318	166	45	529	92900	43200	6500	142600	
			Sub Total			Sub Total													
5	Champhai	4(1)		4		4		400		400	364	627	200	1191	97000	83200	32000	212200	
			Sub Total		4	Sub Total		400											
6	Khawzawl	4(1)		1		1		100		100	144	1016	152	1312	14400	102500	16200	133100	
			Sub Total		1	Sub Total		100											
7	Serchhip	4(1)		5		5		500		500	1021	940	57	2018	140300	113800	5700	259800	
			Sub Total		5	Sub Total		500											
8	Hnahthial	4(1)	16			16	1600			1600	406	179	74	659	41600	28200	7400	77200	
			Sub Total		16	Sub Total		1600											
9	Lunglei	4(1)		10		10		1000		1000	876	1858	171	2905	324500	213200	22500	560200	
			Sub Total		10	Sub Total		1000											
10	Lawngtlai	4(1)	8	21		29	800	2100		2900	1092	1698	122	2912	164700	201700	12800	379200	
			Sub Total		29	Sub Total		2900											
11	Siaha	4(1)		1		1		100		100	162	118	325	605	37600	32500	44800	114900	
			Sub Total		1	Sub Total		100											
12	SP Traffic Aizawl										1118	-	-	1118	778400	-	-	778400	
			Sub Total			Sub Total													
GRAND TOTAL						126				35100	16355	18194	1663	36212	3881300	2362300	222100	6465700	

For details [Click here](#)

34. Food Corporation of India (FCI), District Office, Aizawl report (19th August, 2020)

(Mizoram chungga FCI Godown hrang hranga buhfai awm zat)

	Rice Raw Grade A	RiceCommon	Wheat	Belkhawm	% of utilization
Food Supply Depot AIZAWL	3958.879520MT	0.000	0.000	3958.879520MT	86.25
Food Supply Depot KOLASIB	3982.395881MT	0.000	334.045775MT	4316.441656MT	86.32
Food Supply Depot BUALPUI	3982.908710MT	0.000	0.000	3982.908710MT	85.84
Food Supply Depot LUNGLEI	2875.693382MT	0.000	0.000	2875.693382MT	98.48
Food Supply Depot BAIRABI	4929.774230MT	0.000	251.064780MT	5180.839010MT	103.62
Food Supply Depot LAWNGTLAI	2707.739701MT	0.000	0.000	2707.739701MT	81.07
Belkhawm	22437.391424MT	0.000	585.110555MT	23022.501979MT	90.32

35. Mental Health Professionals (Mizoram) ten Helpline Call an dawn zat (19th August, 2020 @ 9:00 PM)

Sl no	Name of MH Professional	Substance related	Anxiety related	Depression related	Psychosis & Others	19 th Aug 2020	Within state Cumulative	Other states Cumulative	Cumulative both Within & outside state
1	Dr Zonunmawii Pachuau Lunglei	0	0	0	0	0	0	4	4
2	Dr C Lalhekima AZL	2	2	1	3	8	1098	0	1098
3	Dr Ruth Lalmanpuii AZL	0	0	0	0	0	60	19	79
4	Dr Vanlaldiki Ralte AZL	1	2	1	1	5	280	26	306
5	Dr Lalduhawmi Chawngthu AZL	0	0	0	0	0	18	6	24
6	Dr Robert L Khawhring SNO	0	0	0	0	0	259	69	328
7	Dr Rajesh Rongpi ZMC	0	0	0	0	0	0	66	66
8	Dr Lalhriatpuaia ZMC	5	2	0	0	7	505	9	514
9	Dr Lalengmawii AZL	0	0	0	0	0	63	9	72
10	Biakhluzuali Chenkual AZL	0	2	0	0	2	85	9	94
11	Jane Lalduhchungi Vanchhawng AZL	0	0	0	1	1	57	9	66
12	Jane Zodingliani Lailung Serchhip	0	0	0	0	0	78	21	99
13	Helen Lalnunmawii Sailo Kolasib	0	0	0	0	0	29	10	39
14	Jacob Chaliandinga Lawngtlai	0	0	0	0	0	40	12	52
15	Vanlalmuani Champhai	0	0	0	0	0	45	4	49
16	Lalawmpuii Siaha	0	0	0	0	0	64	17	81
17	Vanlalzari Mamit	0	0	0	0	0	43	0	43
18	Dr Elizabeth Niang Tawi Mang Champhai	0	0	0	0	0	14	26	40
19	K. Lalmanpuii AZL	0	0	0	0	0	2	0	2
20	VanlalpariAZL	0	0	0	0	0	1	4	5
21	Angochhachhai Siaha	0	0	0	0	0	22	5	27
22	Lalmanpuii Hauhnar AZL	0	0	0	0	0	1	5	6
23	Ngaihawmi Khenglawt Kolsaib	0	0	0	0	0	3	18	21
24	Vanlalruati Lawngtlai	0	0	0	0	0	14	4	18
25	Lalnunruati Lunglei	0	0	0	0	0	23	0	23
26	ZD Lalhmangaihzuali Serchhip	0	0	0	0	0	2	7	9
Total		8	8	2	5	23	2806	359	3165

For details [Click here](#)

36. Dt. 19.8.2020 Dar 7:00 PM atanga 20.8.2020 dar 6:00 PM thlenga Supply Check Gate, Vairengte paltlenga Essential Commodity bungrua lo luh dan.

Sl.No	Items	Quantity	
1	Buhfai (Bazar)	663 bags	331.50 qtls
2	Alu	1564bags	782.50 qtls
3	Purun	419 bags	209.50 qtls
4	Dal	176 bags	88.00 qtls
5	Tel	531 cases	
6	Chi	30 bags	15.00 qtls
7	Chini	632 bags	316.00 qtls
8	Atta	55 bags	27.50 qtls
9	Maida	562 bags	281.00 qtls
10	Artui	385 cases	
11	Amul	937 cases	
12	POL	5 Trucks	
13	LPG	9 Trucks	
14	Cement	12180 bags	

37. Kolasib District Quarantine Facility leh CCC dinhmun (20th August, 2020 @ 6:00 PM)

Sl.No	Name of Facility	No inmates Admitted	No of inmates transferred in	No of inmates transferred out	No of inmates released	Total inmates
1	Tourist Lodge Vairengte	0	0	0	0	0
2	Education IB, Vairengte	0	0	0	0	0
3	Govt. PS-I, Bairabi	0	0	0	0	0
4	Kawnpui HS	0	0	0	0	0
5	DIET, Saidan	0	0	0	0	9
6	RSTC Saidan	1	0	0	0	18
7	Govt. Hmarveng HS	0	0	0	0	15
8	St. Maria Goretti's School	0	0	0	0	4
9	Toursit Lodge Kolasib	0	0	0	1	8
10	School of Nursing, Thingdawl	0	0	0	0	18
11	Jordan Centre, Sethawn	0	0	0	0	0
	Total	1	0	0	1	72
Quarantine Facility for Military / Para-Military Personnels						
13	Pratap Hall, CIWS Vairengte	0	0	0	0	16
14	Lailapur Garrison, CIJWS	4	0	0	24	85
	Total	4	0	0	24	101
Covid Care Centre / District Covid Health Centre						
11	Polytechnic, Thingdawl (CCC)	10	0	0	0	134
15	SIRD, Kolasib (Covid Care Centre)	0	0	0	0	0
16	District Covid Health Centre, District Hospital	1	0	0	0	1
	Total	11	0	0	0	135

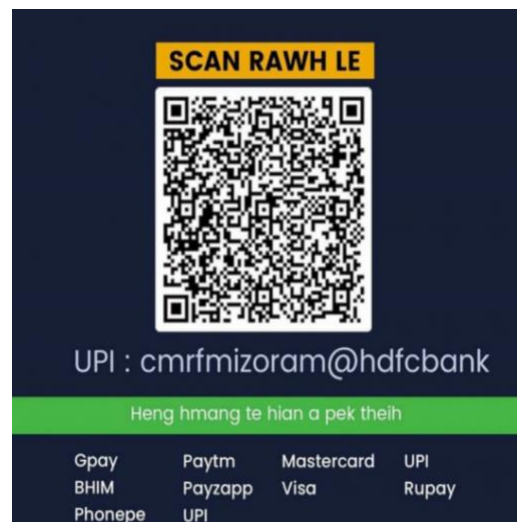
CHIEF MINISTER'S RELIEF FUND PEK THEIHNATE

○ **State Bank of India**

Account No.: 39278398200
 IFSC: SBIN0004809
 SWIFT: SBININBB447
 UPI: cmrfmizoram@sbi
 Branch: Dawrpui
 Branch Code: 004809

HDFC:

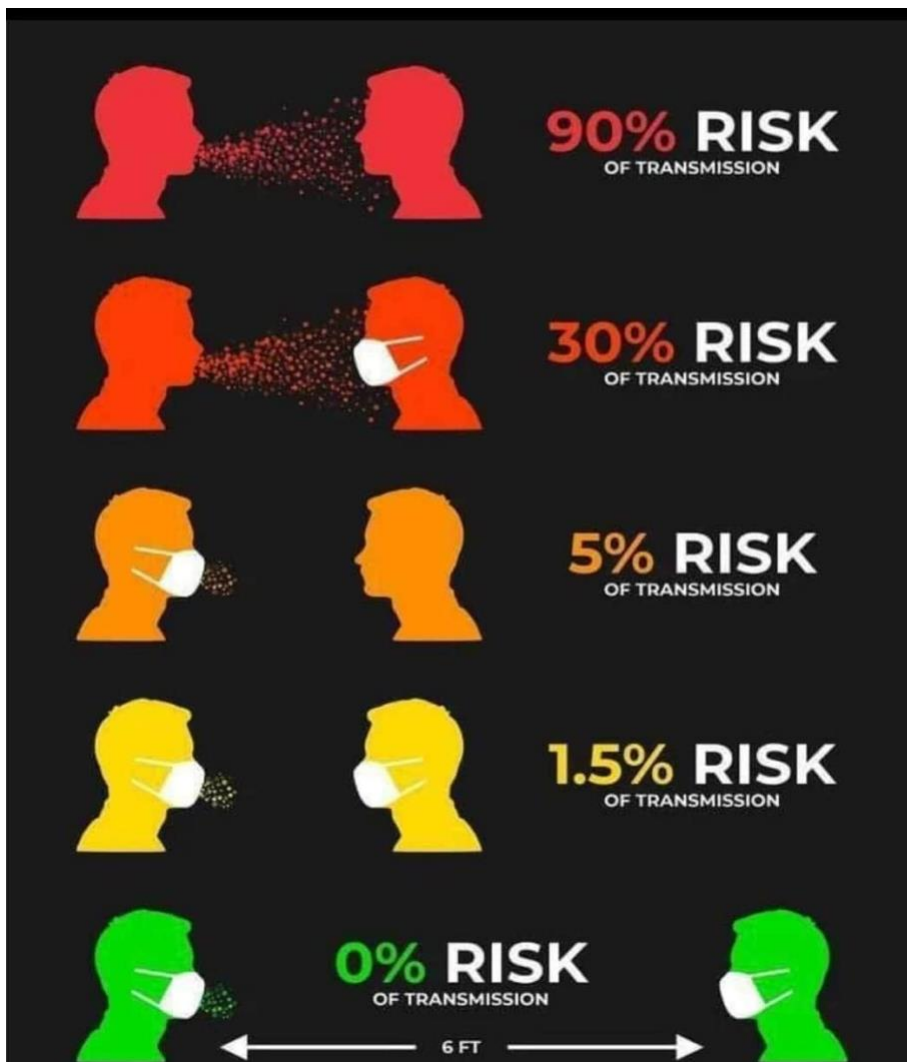
Account No.: 18141450000025
 IFSC: HDFC0001814
 UPI: cmrfmizoram@hdfcbank
 Branch: Aizawl
 Branch Code: 001814





PROTECT YOURSELF THROUGH
A SIMPLE

ACT



Let's Fight Against
CORONAVIRUS?

**CHHUNGTE NIH LEH HMELHRIAT
THA NIH HI COVID-19 HIAN
A THLIAR HRANGLO,
I TAN AN HLAUH AWM TING MAI.
CHUVANGIN, MI ZAWNG ZAWNG
LAKAH INVENG FIMKHUR ANG
CHE AW...**

**COVID-19 KIAN HMA CHUAN,
CHHUNGTE VA TLAWH HRIH
SUH, AN HLAU ANG CHE.
TAWM HRAM HRAM RAWH.
A REI TAWH LO ANG.**

**COMMITTEE ON COVID-19
PSYCHOLOGICAL AND SOCIAL GUIDANCE, GOM**

Issued by
Covid-19 Committee on
Psychological and Social Guidance,
Govt of Mizoram

Ventilator vuah aiin hmai khuh
a nuam zawk e

Mamawh zualpui leh
Nunna atana pawimawh
chauh lei ang aw

Thing leh thlai i phun ang aw...
Malsawm dawn nan

ISSUED BY COVID-19 COMMITTEE ON
PSYCHOLOGICAL AND SOCIAL GUIDANCE,
GOVT OF MIZORAM

RAM ROEL KHAWL, SAWRKAR HNATHAWK,
KOHHRAN LEH TLAWMNGAI PAWL,
RAM LEH HNAM HMANGAIHTUTEN TIHTAK
ZETA NUN CHHAN TUMA AN TANGRUAL HI
CHUNG PATHIAN DUHZAWNG,
AMAH BIAK DAN DIK A NI NGEI ANG.

Unau, nang pawh
hmingthatna leh hamthatna
khel rih lovin...

I thiam I finna nen raldo
hmatawngah rawn intlar ve
rawh aw...

LALPA KAN RAM LEH HNAM HRERENG ANG CHE

ISSUED BY
COVID-19 COMMITTEE ON PSYCHOLOGICAL AND SOCIAL GUIDANCE,
GOVT OF MIZORAM

Covid-19 hi natna pakhat ve mai
a ni a, in ven theih a ni. Vei te tan
pawh a dam leh theih natna a ni.

I himnan leh i lo dam leh theih
nan mi tam tak an tawngtai reng
bawk e

Sawrkar, Kohhran, Tlawmngai
pawl leh mi tha tam takin in
him nan leh dam nan hna an
thawk reng e.

Tihbai awm natna ni mahse..a
hnai zawk 'Chhandamtun'
thlamuang rawh min ti'...

What is Social Distancing?

Social distancing means avoiding close contact with others to prevent the spread of COVID-19 and can include:



Avoiding non-essential trips in the community



Limiting, postponing, or cancelling gatherings



Working from home, where possible



Conducting meetings virtually



Keeping kids away from group settings



Avoiding visits to long-term care homes and other care settings

It's not
CURFEW
It's
CARE FOR U