

# COVID-19 MIZORAM DAILY BULLETIN

Task Group on Media & Publicity



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<https://www.facebook.com/Department-of-Information-Public-Relations-Govt-of-Mizoram-113605006752434/>

Issue No : 86

Time : 9<sup>th</sup> July, 2020 @ 7:00 PM

## 01.07.2020 LEH 31.07.2020 INKARA MIZORAM CHHUNGA INKAIHHRUAINA KALPUI DAN TUR THUPEK

For details [Click here](#)

### 1. July ni 9, 2020 tlai dar 5:30 a Khawvel COVID-19 dinhmun (source: World Health Organization)

Confirmed cases	-	11,841,326
Confirmed deaths	-	5,44,739
Countries/Territories affected by COVID-19	-	213

#### COVID-19 natna vei hmuhchhuah tamna ram te

USA – 29,73,695	Brazil – 16,68,589	India – 7,67,298
Russia – 7,00,792	Peru – 3,09,278	Chile – 3,03,083
United Kingdom – 2,86,353	Mexico – 2,68,008	Spain – 2,52,130
Iran – 2,48,379	Italy – 2,41,956	Pakistan – 2,40,848

#### COVID-19 natna thihpui tamna ram te

USA – 1,30,893	Brazil – 66,741	United Kingdom – 44,391
Italy – 34,899	Mexico – 32,014	France – 29,843
Spain – 28,392	India – 21,129	Iran – 12,084
Peru – 10,952	Russia – 10,667	Belgium – 9,776

#### Darkar 24 chhunga COVID-19 natna hmuhchhuah tam zualna ram te

USA – 50,236	Brazil – 45,305	India – 24,881
South Africa – 10,134	Russia – 6,562	Mexico – 6,258
Colombia – 4,213	Peru – 3,575	Bangladesh – 3,489
Pakistan – 3,359	Saudi Arabia – 3,036	Argentina – 2,979

#### WHO in region a then dan a COVID-19 vei zat

Americas – 61,25,802	Europe – 28,27,789	Eastern Mediterranean – 12,22,070
South-East Asia – 10,32,167	Africa – 3,97,942	Western Pacific – 2,34,815

- Darkar 24 chhungin positive thar **1,72,067** an awm a; **4,833** in an thihpui.

2. July ni 9, 2020 zing dar 8:00 a India ram COVID-19 dinhmun (source : MoHFW, GOI)

COVID-19 vei hmuhchhuah tawh zat : 7,67,298


Tuna vei mek zat: 2,69,791

Sl.	State/UT	Positive hmuhchhuah zat	Damchhuak	Thi	Sl.	State/UT	Positive hmuhchhuah zat	Damchhuak	Thi
1	Andaman & Nicobar Islands	149	77	0	19	Madhya Pradesh	16036	11987	629
2	Andhra Pradesh	22259	11101	264	20	Maharashtra	223724	123192	9448
3	Arunachal Pradesh	287	109	2	21	Manipur	1435	793	0
4	Assam	13336	8729	16	22	Meghalaya	80	43	1
5	Bihar	13189	9554	107	23	Mizoram	203	143	0
6	Chandigarh	513	402	7	24	Nagaland	657	304	0
7	Chhattisgarh	3525	2835	14	25	Odisha	10624	7006	48
8	Dadra Nagar Haveli, Daman & Diu	408	184	0	26	Puducherry	1008	480	14
9	Delhi	104864	78199	3213	27	Punjab	6907	4828	178
10	Goa	2039	1207	8	28	Rajasthan	22063	16866	482
11	Gujarat	38333	27289	1993	29	Sikkim	133	71	0
12	Haryana	18690	14106	282	30	Tamil Nadu	122350	74167	1700
13	Himachal Pradesh	1101	833	11	31	Telangana	29536	17279	324
14	Jammu & Kashmir	9261	5567	149	32	Tripura	1761	1324	1
15	Jharkhand	3096	2170	22	33	Uttarakhand	3258	2650	46
16	Karnataka	28877	11876	470	34	Uttar Pradesh	31156	20331	845
17	Kerala	6195	3559	27	35	West Bengal	24823	16291	827
18	Ladakh	1041	836	1		<b>TOTAL</b>	<b>767298</b>	<b>476378</b>	<b>21129</b>

\* Darkar 24 chhungin sample 2,67,061 test niin positive case thar 24,881 hmuh a ni a, mi 19,547 dam (cured) a puan niin 487 in an thihpui a ni.

\* ICMR chhinchhiah dan chuan India rama sample test tawh zawng zawng zat hi 1,07,40,832 a ni.

(Mizorama data thar update tur a awmin, MoHFW –in update hmanlo mahse table ah hian update tel thin a ni)



**DIRECTORATE OF INFORMATION & PUBLIC RELATIONS**  
Government of Mizoram  
Helpline: 102 (Toll Free) /0389-2323336 /2318336

09.07.2020  
(5:00 PM)

## MIZORAM COVID-19 UPDATE

**TOTAL CASES**

**203**

**CURED/ DISCHARGED**

**143**

**ACTIVE CASES**

**60**

**DEATHS**

**0**

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\* Samples tested at ZMC lab

# COVID-19 Mizoram Statistics

Information & Public Relations Department  
Government of Mizoram  
09.07.2020  
(5:00 PM)

**Total Cases** 203

**Active Cases** 60

**Discharged** 143

Male  
115

Female  
88

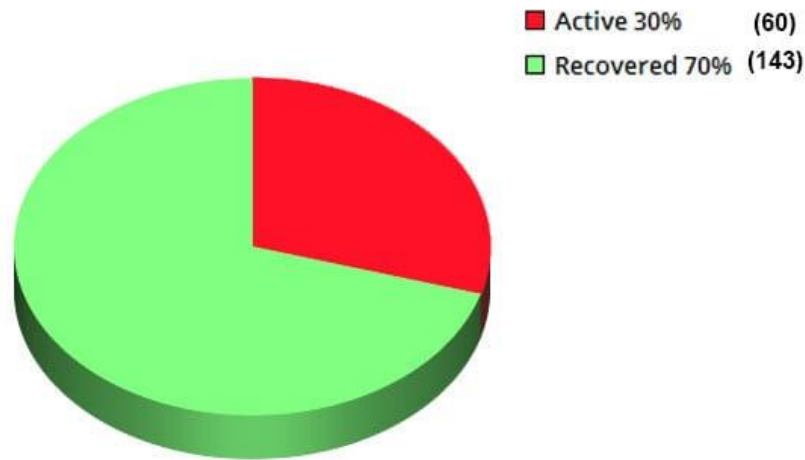
### District-Wise

District	Active	Discharged	District	Active	Discharged
Aizawl	23	35	Lawngtlai	4	8
Lunglei	10	47	Mamit	4	16
Siaha	14	9	Khawzawl	Nil	3
Champhai	2	8	Hnahthial	Nil	Nil
Kolasib	1	11	Saitual	Nil	3
Serchhip	2	3	<b>TOTAL</b>	<b>60</b>	<b>143</b>

Source : H&FW Department

### COVID-19 Mizoram status

9th July, 2020



#### 3. **STANDARD OPERATING PROCEDURE FOR SOCIAL DISTANCING**

For details [Click here](#)

#### 4. **Health & Family Welfare Department in Quarantine chungchanga hriattur pawimawh thar a chhuah...**

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#### 5. **COVID-19 hripui leng dona tur puihna mi thahnemngai tak takte atangin *Chief Minister's Relief Fund* ah nitin sum chhunluh a ni thin a. Vawiin chawhnu dar 5:00 thlenga sum hmuhte chu a hnuai a mi ang hi a ni:**

- 1) Governor of Mizoram P.S. Sreedharan Pillai - Rs.1,05,000 (June thla hlawh Basic pay atanga 30%)
- 2) MAMCO - Rs. 20,000 (thawktute ni khat hlawh)

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#### 6. **Vawiin chawhnu khan Sub.Hqtrs YMA Lunglei Office ah Covid19 do nana CM Relief Fund Rs Nuai Ramhlun North YMA in Rs.50,000/- leh PCI Chhinga Veng kohhranin Rs Nuai 1 Sub.Hqtrs YMA Lunglei kaltlanga an rawn pek chu YMA group 6 hnenah sem a ni.**

For details [Click here](#)

#### 7. **Construction Works HnaThawktu Migrant Workers Chhawr/Chhawrtu Online Report-na...**

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#### 8. **Agriculture Minister Pu C. Lalrinsanga'n COVID-19 hripui leng leh inkharkhipna in loneitute tan harsatna nasa takin a thlen a, loneitute harsatna chu Department harsatna ani tih hriain Department chuan a thei ang angin harsatna sutkian nan hma a la a, heng zinga Farmers' Helpline chu loneitute an hmang tangkai hle a ni, a ti...**

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**9. Mipui hnena ngenna leh hriattirna**

Covid-19 hripui leng mekah Civil Hospital, Aizawl hi inkaidarhna hmun hlauhawm ber pakhat a lo ni ta a. Chuvangin, Aizawl Civil Hospital Medical Superintendent Dr. Lalhmuchhuaka chuan, hotute ruahman angin damlo na zual chauh in entir turin mipuite a ngenin a hriattir a.

OPD-a social distancing mumal taka kalpui anih theih nan damlo nitin en theih zat bithliah a ni dawn a, heihi mipui leh thawktute him zawk nana tih a ni a, mipuite hriatthiamna a ngen bawk a ni.

**10. Report (Covid-19) on Law & Order and Facilitation of Essential Goods & Services**

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**11. COVID-19 Positive thar 2 hmuhbelh a ni, contact tracing a 5th bn IR police sample 37 a negative**

Nimin 8.7.2020 khan ZMC lab-ah sample 320 test niin 318 a negative a, positive thar 2 hmuhbelh a ni thung. COVID-19 positive thar hmuhbelh te hi mipa ve ve kum 31 leh kum 50 a upa, 60 bn BSF mi leh sa, Dawngzawl Camp, Serchhip District ami te an ni a. A upa zawk hi kum 51 a upa, BSF driver June ni 25, 2020 a Dolcherra atanga Vanhne base camp/quarantine centre lut niin, July ni 3, 2020 khan Vanhne atang Dawngzawl camp ah haw in uluk taka quarantine a ni a, symptoms a nei a ni.

A naupang zawk hi kum 31 a upa, June ni 25, 2020 a Dolcherra atanga Vanhne base camp/quarantine centre lut niin, July ni 3, 2020 khan Vanhne atang Dawngzawl camp ah haw in uluk taka quarantine a ni a, symptoms a nei rihlo a ni.

**District hrang hrang sample test zat (8th July, 2020)**

Aizawl	- 186	(Mipa - 100, Hmeichhia - 86)
Lunglei	- 14	(Mipa - 5, Hmeichhia - 9)
Champhai	- 31	(Mipa - 18, Hmeichhia - 13)
Serchhip	- 53	(Mipa - 49, Hmeichhia - 4)
Lawngtlai	- 2	(Mipa - 1, Hmeichhia - 1)
Mamit	- 2	(Mipa - 1, Hmeichhia - 1)
Saitual	- 4	(Mipa - 2, Hmeichhia - 2)
Hnahthial	- 4	(Mipa - 4, Hmeichhia - 0)
Khawzawl	- 2	(Mipa - 1, Hmeichhia - 1)
Siaha	- 7	(Mipa - 3, Hmeichhia - 4)
Assam	- 2	(Mipa ve ve)
ZMC	- 13	(Mipa - 11, Hmeichhia - 2)
<b>TOTAL</b>	<b>- 320</b>	<b>(Mipa 197, Hmeichhia - 123)</b>

**Aizawl District sample test zingah Lungverha NRDF mi leh sa Covid-19 positive an awm vanga contact tracing tih a nih a 5th IR Bn. Lungverh ami 37 te swab sample test result telin an negative vek a ni.**

**12. Vawiin hian ZMC, Falkawn-a Covid-19 laboratory-ah test neih leh mek a ni a, result hi zan lamah chhuak tura beisei a ni. Hriat theih chinah vawiin hian sample 300 chuang test niin, ZMC, Aizawl, Siaha, Lawngtlai leh Mamit atanga dawnte an ni. Nimin lama test 320-ah Covid 19 damlo mi 2, Serchhip District, Mipa ve ve, kum 31 leh 45 hmuhchhuah thar an ni.**

Vawiin khan Falkawn damdawiinah Covid 19 vei rinhlelh mi 3 admit thar an ni a, sample lak nghal niin test mek an ni a, result hi zan lamah hriat theih beisei a ni.

ZMC-ah Covid 19 damlo 23 enkawl mek an ni a, Mipa 20 leh Hmeichhia 3, kum 3 atanga 56 inkar, Aizawl District mi vek an ni. Covid 19 damlo enkawl mekte zingah vawiin khan symptoms nei mi 6 an awm a, a tul ang ang investigation-te tih sak niin, treatment pek an ni a, ngaihtuahawm erawh an ni lo. *(source : ZMC bulletin)*



### 13. COVID-19 Task Group on Migrant Workers & Stranded Travellers Report (9<sup>th</sup> July, 2020)

Task Group hnena Mizorama rawn haw tura in register zawng zawng zat – **14,401** (*an rawn haw tak tak hma a chhinchhiah zat an ni*)

Rawn haw tak tak chhinchhiah tawh zat (Mizoram rawn thleng zat ) – **13,111**

Kawnga rawn thang mek – **14**

Rawn la haw tur chhinchhiah zat – **1290**

Rawn haw tawh Quarantine Facility a awm mek chhinchhiah zat – **685**

Quarantine dinhmun la hriatloh – **37** (Quarantine fel tawh report la dawn hmanloh ni a ngaih an ni)

Rawn haw tawh zinga Quarantine facility chhuahsan zat – **12389**

✚ *State thenkhat atang rawn haw tur in report thar an awm belh thin vangin figure hi a inthlak chang a awm thin.*

✚ *TGMWST leh DC-te'n quarantine an chhinchhiah hi a zat a inang lo va. Hei hi a chhan chu, Task Group chuan tangkhang rawn haw official-a in-report chauh an chhinchhiah lain, DC-te chuan khung hran tawh phawt chu, official-a in-report leh in-report lem lova lo hawte bakah, an rawn haw hnua chhan hrang hrang vanga an contact-te nen lama quarantine zawng zawng an chhinchhiah tel vek vang a ni.*

### 14. Mizoram chhunga ramdang mi tangkhang an chenna ram/state lama haw tur thawn chhuah hmabak la awm zat – as on 9<sup>th</sup> July, 2020 (as reported by Task group on Migrant Workers & Stranded Travellers)

Sl No.	Name of State (India) / Country	No. of Stranded
1	Assam	14
2	Myanmar	48
	<b>TOTAL</b>	<b>62</b>

### 15. Covid-19 Task Group on Quarantine Facilities daily report (as on 8<sup>th</sup> July, 2020)

Sl.No	Name of Facilities	No of Capacity in all QF*	No of Pax admitted to QF on reporting date	Progressive No of Pax admitted to QF	No of Pax discharged from QF as on reporting date	Progressive No of Pax discharged from QF	No of Pax shifted to Isolation as on reporting date	Progressive No of Pax shifted to Isolation	No of Pax in QF as on reporting date (Col 4-6-8)**
1	2	7	3	4	5	6	7	8	9
1	Government QF	9239	119	10222	39	8870	2	171	1181
2	Isolation Facilities	-	2	581	12	513	0	0	68
3	Community QF	7760	0	3962	35	3759	0	20	183
4	Home Quarantine	-	13	1205	4	873	0	0	332
5	Hotel/Paid QF	69	4	78	0	50	0	1	27
	<b>TOTAL</b>	<b>17068</b>	<b>138</b>	<b>16048</b>	<b>90</b>	<b>14065</b>	<b>2</b>	<b>192</b>	<b>1791</b>

\* ONLY CAPACITY OF QUARANTINE FACILITIES SHOWN

LIST OF CHURCHES' HALLS AS QF

Sl.No	District	PCI	BCM	SA	LIKBK	ECM	UPC NEI	UPC MZ	TOTAL
1	2	3	4	5	6	7	8	9	10
1	Aizawl	88	18	16	-	-	1	1	124
2	Champhai	15	-	-	-	-	-	-	15
3	Hnahthial	-	-	-	-	-	-	-	-
4	Khawzawl	3	-	-	-	-	-	-	3
5	Kolasib	-	-	-	-	-	-	-	-
6	Lawngtlai	1	1	-	7	-	-	-	9
7	Lunglei	3	16	-	-	-	1	1	21
8	Mamit	5	2	-	-	-	-	-	7
9	Saitual	2	-	-	-	-	-	-	2
10	Serchhip	2	1	-	-	-	-	-	3
11	Siaha	2	2	-	3	2	1	-	10
	<b>TOTAL</b>	<b>121</b>	<b>40</b>	<b>16</b>	<b>10</b>	<b>2</b>	<b>3</b>	<b>2</b>	<b>194</b>

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16. Status of Mizoram Surveillance of COVID-19 (Time: 8.7.2020 5:00pm – 9.7.2020 5:00 pm) – input from IDSP, H&FW department

S.No	Category	A thar Date: 9.7.2020	Belhkhawm Date: 9.7.2020
1	Endik tawh zawng zawng zat	862	129908
2	Rapid Anti Body Test of India(RATI) neih zat	6	16606
3	COVID-19 SAMPLE TEST NEIH DAN		
	NICED - KOLKATA	-	5
	Guwahati Medical College	-	12
	Silchar Medical College	-	41
	Lunglei Civil Hospital (Truenat – PCR)	20	472
	Zoram Medical College(ZMC)	320	14993
	COVID-19 samples test tawh zawng zawng zat	340	15523
4	Rinhlelh SRHF-ZMC Damdawin-a dah zat	3	262
5	Damlo DCHC a dah zat		17
6	Damlo CCC a dah zat		26
7	CONFRIMED POSITIVE CASE NEIH DAN		
	Guwahati Medical College	-	1
	Lunglei Civil Hospital, Truenat - PCR	0	10
	Zoram Medical College, Falkawn (RT-PCR)	2	192
	COVID-19 Confirmed cases neih zat	2	203
8	COVID-19 positive damdawiin-a dah zat	2	203
9	COVID-19 vei tawh dam leh zat	0	143
10	COVID-19 positive neih mek zat	2	60
11	COVID-19 vanga thi awm zat	0	0

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17. District hrang hrang Covid Care Centre (CCC) leh Dedicated Covid Health Centre (DCHC) a COVID-19 vei enkawl mek zat. –9<sup>th</sup> July, 2020 (input from IDSP, H&FW department)

NAME OF DISTRICT	DEDICATED COVID HEALTH CENTER(DCHC)	COVID CARE CENTER(CCC)
Aizawl	0	0
Lunglei	0	10
Siaha	14	0
Champhai	0	3
Kolasib	0	3
Serchhip	2	0
Lawngtlai	0	7
Mamit	1	3
Saitual	0	0
Khawzawl	0	0
Hnahthial	0	0
<b>TOTAL</b>	<b>17</b>	<b>26</b>

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**18. District hrang hrang a Rapid Antibody Test report (9<sup>th</sup> July, 2020) (input from IDSP, H&FW dept)**

District Name	Total Centres	Total Persons	Total Active Persons	Test Conducted
KOLASIB	0	0	0	6
LAWNGTLAI	0	0	0	0
LUNGLEI	0	1	0	0
MAMIT	0	0	0	0
SAIHA	0	0	0	0
SERCHHIP	0	0	0	0
Hnahthial	0	0	0	0
SAITUAL	0	0	0	0
KHAWZAWL	0	0	0	0
AIZAWL	0	0	0	0
CHAMPHAI	0	0	0	0
<b>TOTAL</b>	<b>0</b>	<b>1</b>	<b>0</b>	<b>6</b>

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**THA THLAH SUH - I TLU SUAL PALH HLAUH DAH ANG E**

Treadmill-a i tlan laia a khawl off si lo a tha i thlah a nih vaih chuan tluk chiah i hmabak ang.

I tih fuh loh viau pheih chuan insawh sualin i thih phah hial thei a ni.

Chuvangin chet sual palh pumpelh nan hah viau tawh mah la, peihlo viau tawh mah la, khawl off a nih hma chu tha thlah lo a tlan char char a tul thin.

A lan danah chuan Covid 19 hri hian tawp mai ala tum lo niin a lang, a hri tih tawpna tur hmuhchhuah a la ni bawk hek lo.

Hrileng off-na tur kan hmuchhuak a ni emaw a off tu tur Pathian thiltih mak kan dawng emaw a nih ngawt loh chuan tha thlah a la thiang lo a ni.

Chuvangin hah viau tawh mahla, peihlo viau tawh mahla, he hrileng hi off a nih hma chuan tha thlah loin lo fimkhur chhonzawm zel ang che. I tlu sual palh hlah dah ang e **(ZMC bulletin)**

**19. Existing number of inmates at all designated Quarantine Facilities in Mizoram on July 9, 2020**

EXISTING NUMBER OF INMATES AT QUARANTINE FACILITIES AS ON								09-07-2020
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19						TIME : 4:00pm
		ADMITTED		DISCHARGED				
I	II	III	IV	V	VI	VII	VIII	IX
Sl.no	Name of Facilities	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Numbers shifted to Isolation	No. of persons in the quarantine facility on the date of report (=IV-VI-VIII)
1	Government Quarantine Facilities	171	10393	95	8965	3	174	1254
2	Isolation Facilities	8	589	5	518			71
3	Community Quarantine Facilities	5	3963	35	3793	1	21	149
4	Home Quarantine	16	1221	0	873	2	2	346
5	Hotel/Paid Quarantine Facilities	5	83	0	50	0	1	32
	<b>Total</b>	<b>205</b>	<b>16249</b>	<b>135</b>	<b>14199</b>	<b>6</b>	<b>198</b>	<b>1852</b>

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20. Daily Report on Status at Government Quarantine Facilities in various Districts on July 9, 2020

DISTRICT - DAILY REPORT ON STATUS OF GOVERNMENT QUARANTINE FACILITIES AS ON										09-07-2020
Name of State : Mizoram			MIZORAM STATE CONTROL ROOM ON COVID-19						TIME: 4:00pm	
FORM 'A'			Quarantine Facility				ISOLATION STATUS		CURRENT STATUS	
FACILITY STATUS			Admitted		Discharged					
	1	II	III	IV	V	VI	VII	VIII	IX	X
Sl.no	District	No of Facilities	Capacity	No.of persons admitted (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons admitted	No.of persons discharged (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of persons discharged	No.of person shifted to Isolation (between 6:00 AM the previous Day and 6:00 AM on the date of report)	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report [V-(VII+ IX)]
1	Aizawl	37	2076	107	3182	48	2598	0	18	566
2	Champhai	7	334	4	422	2	394	0	0	28
3	Hnahthial	22	333	0	176	0	170	0	1	5
4	Khawzawl	26	530	0	289	0	274	0	11	4
5	Kolasib	18	781	9	1344	4	1190	0	10	144
6	Lawngtlai	21	715	2	1131	6	958	0	0	173
7	Lunglei	22	791	16	1001	22	830	3	64	107
8	Mamit	25	768	25	566	12	468	0	26	72
9	Saitual	44	704	2	441	0	419	0	1	21
10	Serchhip	31	617	6	455	0	382	0	8	65
11	Siaha	36	1469	0	1386	1	1282	0	35	69
	<b>TOTAL</b>	<b>289</b>	<b>9118</b>	<b>171</b>	<b>10393</b>	<b>95</b>	<b>8965</b>	<b>3</b>	<b>174</b>	<b>1254</b>

For details [Click here](#)

21. COVID-19 hri leng dona-a hmalakna kal zelah Mizoram Sawrkar chuan Health & Family Welfare Department hnuaih COVID-19 do tur mi tlawmngai inpe te buaipuitu tur team a din a. COVID-19 dona-a mi tlawmngai inpe duhte chuan - Hming, Pa hming, Veng/khua, Phone number leh Qualification-te tarlangin **email - mzcvolunteers@gmail.com** ah emaw **COVID-19 helpline 102, 0389-232336/2318336-ah** te in report theih a ni.

Heng mi tlawmngai inpe te hi a tul dan a zirin an tih tur duan sak an ni ang.

22. Daily Report on Status at Isolation Facilities in various Districts on July 9, 2020

DISTRICT - DAILY REPORT ON STATUS AT ISOLATION FACILITIES AS ON							09-07-2020
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19				TIME : 4:00pm	
FORM 'B'		FACILITY FOR ISOLATION				CURRENT STATUS	
		ADMITTED		DISCHARGED			
I	II	III	IV	V	VI	VII	
Sl.no	Name of District	No.of persons admitted to isolation on the date of report (shifted from Quarantine facilities and directly admitted to isolation)	Progressive Total of persons admitted to isolation	No.of persons discharged from isolation on the date of report	Progressive Total of persons discharged from isolation	No. of persons in Isolation facility on the date of report (IV Minus VI)	
1	Aizawl	3	355	5	320	35	
2	Champhai	0	21	0	19	2	
3	Hnahthial	0	2	0	2	0	
4	Khawzawl	0	18	0	18	0	
5	Kolasib	0	38	0	34	4	
6	Lawngtlai	0	0	0	0	0	
7	Lunglei	3	31	0	21	10	
8	Mamit	0	29	0	25	4	
9	Saitual	0	2	0	2	0	
10	Serchhip	2	39	0	37	2	
11	Siaha	0	54	0	40	14	
	<b>TOTAL</b>	<b>8</b>	<b>589</b>	<b>5</b>	<b>518</b>	<b>71</b>	

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23. Daily Report on Status at Community Quarantine Facilities in various Districts on July 9, 2020

DISTRICT - DAILY REPORT ON STATUS AT COMMUNITY QUARANTINE FACILITIES AS ON 09-07-2020										
Name of State : Mizoram		MIZORAM STATE CONTROL ON COVID-19							TIME: 4:00pm	
FORM 'C'		QUARANTINE FACILITY					ISOLATION STATUS		CURRENT STATUS	
FACILITY STATUS		ADMITTED		DISCHARGED			ISOLATION STATUS		CURRENT STATUS	
Sl.no	I	II	III	IV	V	VI	VII	VIII	IX	
	District	No of Facilities	Capacity	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No. of person shifted to isolation on the date of report	Progressive Total of person shifted to Isolation	No. of persons in the quarantine facility on the date of report (IV-(VI+ VIII))
1	Aizawl	347	3581	5	2933	35	2773	1	11	149
2	Champhai	15	414	0	318	0	318			0
3	Hnahthial	2	16	0	11	0	11			0
4	Khawzawl									0
5	Kolasib									0
6	Lawngtlai	4	99	0	96	0	96			0
7	Lunglei	21	314	0	222	0	218	0	4	0
8	Mamit	8	220	0	123	0	123			0
9	Saitual	4	45	0	28	0	28			0
10	Serchhip	7	280	0	168	0	162	0	6	0
11	Siaha	5	0	0	64		64	0	0	0
	<b>TOTAL</b>	<b>413</b>	<b>4969</b>	<b>5</b>	<b>3963</b>	<b>35</b>	<b>3793</b>	<b>1</b>	<b>21</b>	<b>149</b>

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**LLTF / VLTF-te hnena ngenna**

1. Insawiselna nei ZMC-a admit tur chuan Screening room 9436743459-ah phone hmasak a, Referral Form nen ngei pan theih hram nise.
2. Insawiselna (symptom) neilo, positive contact vang emaw chhan dang engemaw vanga test ngai te erawh chu an quarantine-na hmun theuhvah sample la tura IDSP team phone tur a ni.
3. Quarantine Facility-a naupai awm zawng zawng chu emergency a sample test nghal vek tur a ni

(Source : ZMC bulletin)

24. Daily Report on Status of Home Quarantine in various Districts on July 9, 2020

DISTRICT - DAILY REPORT ON STATUS AT HOME QUARANTINE AS ON 09-07-2020										
Name of State : Mizoram		MIZORAM STATE CONTROL ROOM ON COVID-19							TIME: 4:00pm	
FORM 'D'		QUARANTINE FACILITY					ISOLATION STATUS		CURRENT STATUS	
		ADMITTED		DISCHARGED			ISOLATION STATUS		CURRENT STATUS	
Sl.no	I	II	III	IV	V	VI	VII	VIII		
	District	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No. of person shifted to isolation on the date of report	Progressive Total of person shifted to isolation	No. of persons in the quarantine facility on the date of report (III-(VI+ VII))		
1	Aizawl	3	795	0	568			227		
2	Champhai	0	40	0	40			0		
3	Hnahthial	0	4	0	2			2		
4	Khawzawl	0	2	0	2			0		
5	Kolasib	0	14	0	11			3		
6	Lawngtlai	0	66	0	41			25		
7	Lunglei	0	116	0	116			0		
8	Mamit	0	10	0	10			0		
9	Saitual	0	9	0	9			0		
10	Serchhip	13	124	0	45	2	2	77		
11	Siaha	0	41	0	29			12		
	<b>TOTAL</b>	<b>16</b>	<b>1221</b>	<b>0</b>	<b>873</b>	<b>2</b>	<b>2</b>	<b>346</b>		

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**25. Daily Report on Status at Hotel/Paid Quarantine Facilities in various Districts on July 9, 2020**

DISTRICT - DAILY REPORT ON STATUS AT HOTEL/PAID QUARANTINE FACILITIES AS ON 09-07-2020										
Name of State : Mizoram			MIZORAM STATE CONTROL ROOM ON COVID-19					TIME: 4:00pm		
FORM 'E'		QUARANTINE FACILITY				ISOLATION STATUS		CURRENT STATUS		
I		II		III		IV		V		
Sl.no	District	No.of Facility	Capacity	No.of persons admitted on the date of report	Progressive Total of persons admitted	No.of persons discharged on the date of report	Progressive Total of persons discharged	No.of person shifted to isolation on the date of report	Progressive Total of person shifted to isolation	No. of persons in the quarantine facility on the date of report (III- (V+ VII))
1	Aizawl	8	59	5	83	0	50	0	1	32
2	Champhai									0
3	Hnahthial									0
4	Khawzawl									0
5	Kolasib									0
6	Lawngtlai									0
7	Lunglei									0
8	Mamit									0
9	Saitual									0
10	Serchhip									0
11	Siaha									0
<b>TOTAL</b>		<b>8</b>	<b>59</b>	<b>5</b>	<b>83</b>	<b>0</b>	<b>50</b>	<b>0</b>	<b>1</b>	<b>32</b>

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**26. Lunglei District-ah khunghran mi 113 an awm (09/07/2020 - 12:00 pm Report)**

Lunglei District-ah Quarantine Facility-a khung hran mek zat chu vawiin chhun dar 12:00 thleng khan mi 113 an ni a. An zavaiin sawrkar Quarantine Centre/DCHC/CCC-a awm an ni.

Nimin chhun dar 12 leh vawiinah chhun dar 12 inkar khan Lunglei District ah mi 7 quarantine atanga thlah zalen an ni. Mi 10 state pawn atanga lo haw awmin an ni hi Government High School Quarantine Facility ah dah an ni.

Covid-19 positive 10-te CCC - SIRD&PR, Pukpui ah enkawl chhunzawm mek an ni.

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27. Eye Ward Building, District Hospital, Kolasib hi Dedicated Covid Health Centre a ni a. Covid-19 positive enkawl bikna atana ruahman a nih avangin, "The Mizoram Epidemic Diseases (COVID-19) Regulation 2020" Clause 11 (1) leh "Disaster Management Act 2005" in thuneihna a pek angin Kolasib District Magistrate Dr. H. Lalthlangliana chuan a hnuai tarlan ang hian thupek a chhuah.

Eye Ward Building, District Hospital, Kolasib leh a chhehvel hi Containment Area-ah puan a ni a, phalna bik neilo tan tlawhpawh phal a ni lo.

Containment Area hian CMO Quarter bul, Eye Building peng atangin Eye Building leh a compound chin zawn, a huam ang.

For details [Click here](#)

**28. Champhai District Quarantine Facility hrang hranga khung hran zat (as on 9<sup>th</sup> July,2020 5:00 pm)**

- |  |                                   |
|--|-----------------------------------|
| 1) DPRC Institutional Quarantine Centre                              | - 30 (19 Male + 11 Female)        |
| 2) Dedicated Covid Health Centre (Nursing School Building Top Floor) | - 1 (Male)                        |
| 3) Recovery Ward, DCH Centre (Nursing School Building Second Floor)  | - 1 (Male)                        |
| <b>TOTAL</b>   | <b>- 32 (21 Male + 11 Female)</b> |



**29. Lawngtlai District-ah khung hran mek mi 194 an awm (09.07.2020 6:00 PM)**

Lawngtlai, Vawkhniahzawn thla ni 9, 2020: Lawngtlai District mi leh sa state pawn atanga lo haw, government quarantine facility leh home quarantine-a khung hran mek zat chu vawiin tlai dar 6:00 thleng khan mi 194 a ni a. COVID-19 positive mi 4 te chu Lawngtlaia Covid Care Centre (CCC)-ah dah niin, an hriselna dinhmun vil reng a ni a, ngaihtuahawm an awm lo.

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**30. Status of Quarantine Facilities within Kolasib District as on 09.07.2020,06:25 PM**

Sl.No	Name of Facility	No inmates Admitted	No of inmates transferred in	No of inmates transferred out	No of inmates released	Total inmates
1	Tourist Lodge Vairengte	0	0	0	0	0
2	Education IB, Vairengte	0	0	0	0	1
3	Govt. PS-I, Bairabi	0	0	0	0	3
4	Kawnpui HSS	0	0	0	0	0
5	DIET, Saidan	0	0	0	1	10
6	RSTC Saidan	0	0	0	0	38
7	Govt. Hmarveng HS	0	0	0	0	21
8	St. Maria Goretti's School	4	0	0	0	9
9	Toursit Lodge Kolasib	1	0	0	2	16
10	School of Nursing, Thingdawl	0	0	0	0	8
11	Polytechnic, Thingdawl	5	0	0	0	31
12	Jordan Centre, Sethawn	0	0	0	0	0
13	SIRD, Kolasib (Covid Care Centre)	0	0	0	2	0
	<b>Total</b>	<b>10</b>	<b>0</b>	<b>0</b>	<b>5</b>	<b>137</b>
14	Dedicated Covid Health Centre, District Hospital	1	0	0	0	1

**31. COVID-19 do nan mi inphalte luangchhuak zel**

Vawiin khan Lawngtlai District Child Protection Unit (DCPU) te chuan Lawngtlai Quarantine Centre hrang hranga khung hran mek naupangte'n faina leh thianghlimna atana an mamawh tur leh naupang infiamna leh ei tur thahnem tak chu Lawngtlai District Level Task Force on COVID-19 (DLTF) kutah an hlan.

He'ng thilpekte hi Lawngtlai District Child Protection Officer Pi Mary Lalremruati kut atangin DLTF Chairman Dr Andrew H. Vanlaldika'n a office chamber-ah a lo dawng a ni.

Lawngtlai DLTF chuan COVID-19 dona kawnga DLTF tha tihchak nana thilpek petute chungah lawm thu a sawi a ni.

**32. Directorate of Health Services (Food & Drugs Administration Wing) thuchhuah**

Covid-19 hri leng chuan khawvel ram tinah buaina leh manganna a thlen mek a, mi tam tak an thi a, tam takin hri vei mek bawk a ni. Mizoram pawh kan buai hle a, invenna nasa zawka kaipui zel a tul tak meuh meuh a ni.

Covid-19 hri leng hi kai nachhan rinhlelh tur nei lo tan pawh kai palh theih a ni a. Chung mite chuan khawsik, awmna leh khuh avanga awm nuamlo an neihin, ngaih that lohna nei chuang lovin an mamawh damdawi an lamve mai thei reng a ni.

Chuvangin, khawsik damdawi leh hritlang awmna/khuh damdawi lei tura lo kal, doctor prescription pawh neilote chu damdawi kan lei tir pahin an hming, kum leh contact number lo lak zel ni se. Chung chinchhiahte list chu nitin tlai dar 5 - 6 inkarah a hnuai mobile number tarlanahthe hian Whatsapp-a thawn thin ni se tih a ni, Mizorama damdawi zuar zawng zawngte hemi kawnga thawhpui tur hian Mizoram FDA chuan a sawm tak meuh meuhva, thawhhona tha kaltlangin hri leng darh zei tur kan veng thei a ni tih i hre reng ang u.

**Thawna tur number : 9436152192 / 7005084957 / 9436196515**



33. State Summary - Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (as on 9<sup>th</sup> July, 2020)

S / N	Nature of offence	Nos of Offenders (last 24 hours 8.7.2020 9:00AM – 9.7.2020 9:00AM) imposed by				Amount of fines imposed (last 24 hours 8.7.2020 9:00AM – 9.7.2020 9:00AM) imposed by				Cumulative nos of Offenders since 4.5.2020			Cumulative amount of fines imposed since 4.5.2020		
		Police		LTF	Total	Police		LTF	Total	Police		LTF	Police		LTF
		Other Police	Flying Squad			Other Police	Flying Squad			Other Police	Flying Squad (w.e.f 3.6.2020)		Other Police	Flying Squad (w.e.f 3.6.2020)	
1	Entering or staying at any public place without the use of mask (Section 4(1))	173	407		580	17300	40700		58000	10260	5094	1536	2469900	823500	209400
2	Failing to maintain social distancing protocol/guidelines in public places (Section 4(2))	3	5		8	600	1000		1600						
3	Spitting in public places (Section 4(3))														
4	Crossing borders by exiting and /or entering the State without permission from the competent authority (Section 4(5))														
5	Avoiding or attempting to evade quarantine and/or isolation at designated quarantine facility as per regulations/guidelines/instructions in force from time to time (Section 4(6))														
6	Leaving or escaping the designated quarantine/isolation facility before completion of the stipulated time (Section 4(7))														
7	Failing to follow instructions/guidelines and endangering the safety of others while staying at designated quarantine facility (Section 4(8))														
8	Failing to comply with any other regulations, guidelines or instructions made by the Central or State Government for containment and prevention of the spread of Covid-19 including lockdown guidelines issued by the State Government from time to time (Section 4(9))	9	2		11	9000	2000		11000						
<b>TOTAL</b>		185	414		599	26900	43700		70600	<b>16890</b>		<b>1536</b>	<b>Rs. 3502800</b>		

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34. The Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 in a sawi angin vantlang hmuna chilchhak, tuibur pik, Sahdah hmuam hnu paih leh a nih dan tur lo anga Mask vuah, leh quarantine center atanga tlanhhuah te hi dan anga hrem theih a ni. Quarantine Center a awm ten awmdan tur duansa te tha taka zawmin vantlang pawikhawih thei turin an khawsa tur a ni lo.

COVID-19 chungchanga hriat duh neite leh khawsik, khuh, hrawkna leh thawhah neite chuan Mizoram COVID-19 Helpline no. 102(toll free), 0389 2323336, 0389 2318336 – ah phone tur a ni.

✚ Mithiamte sawi danin Covid 19 vei damloin mask a vuah loh chuan a veilo midang mask vuah reng chung pawhin natna a kaichhawn theihna hi 70% lai a ni a. Mask a vuah erawh chuan midang mask vuahloah pawh a kaichhawn theihna hi 5% chauh a ni. A natna veiin mask a vuah a, a vei loin mask a lo vuah ve bawk chuan natna inkaichhawn theihna hi 1.5% ah a tlanhiam thei an ti. Hetiang a nih avang hian he hrileng laka himna tur chuan mask vuah hi kan tih makmawh a ni. Mask i vuah hian zaah zain i him phah lo a ni maithei, amaherawh chu midang i kaichhawn zelna tur erawh nasa takin a veng thei a ni. Chuvangin tun hun hi midangte tana malsawmna i nih theihna hun tha leh remchang tak a ni e. Midangte tan malsawmna i nih theih nan Mask hi lo vuah ve thin ang che.

35. Daily Report on Imposition of Fines for Violation of Mizoram (Containment and Prevention of COVID-19) Ordinance, 2020 (district-wise) (as on 9<sup>th</sup> July, 2020)

S/ N	District	Nature of offence	Nos of Offenders (last 24 hours 8.7.2020 9:00AM – 9.7.2020 9:00AM) imposed by				Amount of fines imposed (last 24 hours 8.7.2020 9:00AM – 9.7.2020 9:00AM) imposed by				Cumulative nos of Offenders since 4.5.2020				Cumulative amount of fines imposed since 4.5.2020			
			Police		LTF	Total	Police		LTF	Total	Police		LTF	Total	Police		LTF	Total
			Other Police	Flying Squad			Other Police	Flying Squad			Other Police	Flying Squad (w.e.f.3.6.2020)			Other Police	Flying Squad (w.e.f.3.6.2020)		
1	Kolasib	4(1)		27		27		2700		2700	130	293	8	431	13200	30200	800	44200
		Sub Total				27	Sub Total											
2	Mamit	4(1)	36	8		44	3600	800		4400	638	164	22	824	88000	16400	2200	106600
		Sub Total				44	Sub Total											
3	Aizawl	4(1)	107	297		404	10700	29700		40400	5369	1985	487	7841	1191600	406600	71200	1669400
		4(2)	1	5		6	200	1000		1200								
		4(9)	2	1		3	2000	1000		3000								
		Sub Total				413	Sub Total											
4	Saitual	4(1)		1		1		100		100	318	60	45	423	92900	26300	6500	125700
		Sub Total				1	Sub Total											
5	Champhai	4(1)		10		10		1000		1000	333	257	200	790	87400	36000	32000	155400
		Sub Total				10	Sub Total											
6	Khawzawl	4(1)		12		12		1200		1200	144	478	25	647	14400	48700	3500	66600
		Sub Total				12	Sub Total											
7	Serchhip	4(1)	12	17		29	1200	1700		2900	831	561	57	1449	121300	63300	5700	190300
		Sub Total				29	Sub Total											
8	Hnahthial	4(1)	1			1	100			100	349	113	74	536	35200	15400	7400	58000
		Sub Total				1	Sub Total											
9	Lunglei	4(1)	1	15		16	100	1500		1600	678	599	171	1448	213100	80400	22500	316000
		4(2)	2			2	400			400								
		4(9)	1	1		2	1000	1000		2000								
		Sub Total				20	Sub Total											
10	Lawngtlai	4(1)	7	18		25	700	1800		2500	723	532	122	1377	64900	74300	12800	152000
		Sub Total				25	Sub Total											
11	Siaha	4(1)		2		2		200		200	161	52	325	538	36600	25900	44800	107300
		Sub Total				2	Sub Total											
12	SP Traffic Aizawl	4(1)	9			9	900			900	586	-	-	586	511300	-	-	511300
		4(9)	6			6	6000			6000								
		Sub Total				15	Sub Total											
GRAND TOTAL						599				70600	10260	5094	1536	16890	2469900	823500	209400	3502800

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36. Food Corporation of India (FCI), District Office, Aizawl report (8<sup>th</sup> July, 2020)

(Mizoram chungga FCI Godown hrang hranga buhfai awm zat)

	Rice Raw Grade A	Rice Common	Wheat	Belhkhawm
Food Supply Depot AIZAWL	3245.2053200MT	0.000	0.000	3245.2053200MT
Food Supply Depot KOLASIB	2541.4999750MT	0.000	202.444425MT	2743.944400MT
Food Supply Depot BUALPUI	3569.9257520MT	0.000	0.000	3569.9257520MT
Food Supply Depot LUNGLEI	2859.1476820MT	0.000	0.000	2859.1476820MT
Food Supply Depot BAIRABI	1947.5075300MT	0.000	0.000	1947.5075300MT
Food Supply Depot LAWNGTLAI	3191.3916520MT	0.000	0.000	3191.3916520MT
<b>Belhkhawm</b>	<b>17354.6779110MT</b>	<b>0.000</b>	<b>202.444425MT</b>	<b>17557.1223360MT</b>

**37. Mental Health Professionals (Mizoram) ten Helpline Call an dawn zat (8<sup>th</sup> July, 2020 @ 9:00 PM)**

Sl no	Name of MH Professional	Substance related	Anxiety related	Depression related	Psychosis & Others	8 <sup>th</sup> July 2020	Within state Cumulative	Other states Cumulative	Cumulative both Within & outside state
1	Dr Zonunmawii Pachuau Lunglei	0	0	0	0	0	0	4	4
2	Dr C Lalhrekima AZL	2	2	1	3	8	810	0	810
3	Dr Ruth Lalmanpuui AZL	0	0	0	0	0	60	19	79
4	Dr Vanlaldiki Ralte AZL	2	1	1	1	5	75	26	101
5	Dr Lalduhawmi Chawngthu AZL	0	0	0	0	0	18	6	24
6	Dr Robert L Khawhring SNO	0	1	0	0	1	166	69	235
7	Dr Rajesh Rongpi ZMC	0	0	0	0	0	0	60	60
8	Dr Lalhriatpuia ZMC	0	0	0	0	0	417	9	426
9	Dr Lalengmawii AZL	0	0	0	0	0	63	9	72
10.	Biakhluzuali Chenkual AZL	0	0	0	0	0	81	9	90
11.	Jane Lalduhchungi Vanchawng AZL	0	0	0	1	1	46	9	55
12.	Jane Zodingliani Lailung Serchhip	0	0	0	1	1	65	20	85
13.	Helen Lalnunmawii Sailo Kolasib	1	0	0	0	1	23	10	33
14.	Jacob Chaliandinga Lawngtlai	0	1	0	0	1	38	12	50
15.	Vanlalnuani Champhai	0	0	0	0	0	38	4	42
16.	Lalawmpuii Siaha	0	0	0	0	0	60	17	77
17.	Vanlalzari Mamit	0	0	0	0	0	39	0	39
18.	Dr Elizabeth Niang Tawi Mang Champhai	0	0	0	0	0	11	25	36
19.	K. Lalmanpuui AZL	0	0	0	0	0	2	0	2
20.	VanlalpariAZL	0	0	0	0	0	1	4	5
21.	Angochhachhai Siaha	0	0	0	0	0	18	5	23
22.	Lalmanpuui Hauhna AZL	0	0	0	0	0	1	5	6
23.	Ngaihawmi Khenglawt Kolsaib	0	0	0	0	0	0	18	18
24.	Vanlalruati Lawngtlai	0	0	0	0	0	8	4	12
25.	Lalnuruati Lunglei	0	0	0	0	0	18	0	18
26.	ZD Lalhmangaihzuai Serchhip	0	0	0	0	0	2	7	9
<b>Total</b>		<b>5</b>	<b>5</b>	<b>2</b>	<b>6</b>	<b>18</b>	<b>2060</b>	<b>351</b>	<b>2411</b>

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**38. Dt. 8.7.20 Dar 7:00 PM atanga 9.7.20 dar 6:00 PM thlenga Supply Check Gate, Vairengte paltlanga Essential Commodity bungrua lo luh dan.**

Sl.No	Items	Quantity	
1	Atta	70 bags	35.00 qtls
2	Alu	575 bags	287.50 qtls
3	Purun	148 bags	74.00 qtls
4	Buhfai (bazar)	569 bags	284.50 qtls
5	Artui	1317 cases	
6	Chi	235 bags	117.50 qtls
7	Maida	205 bags	102.50 qtls
8	Chini	483 bags	241.50 qtls
9	Dal	48 bags	24.00 qtls
10	Tel	475 cases	
11	Amul	814 cases	
12	POL	12 Trucks	
13	LPG	17 Trucks	
14	Cement	10580 bags	



- ✚ Vawiin khan H. Lalhluntluangi D/o H. Beimotha, Meisavaih chu a tul ang ang thawk turin District Hospital, Siaha-ah a inpe. Amah hi Diploma in Radio Imaging and Technology (D.R.I.T) a ni.



**COVID-19 RT-PCR test result la hre lo te tan mahni district theuhva IDSP Data Manager te a hnuai number-ah te hian zawh theih a ni**

*- State Nodal Officer on COVID-19*

Aizawl West District	Esther Lalhmingchhuangi	8014126549
Aizawl East District	Imanuela Chawngthu	9862300935
Lunglei District	R.Lalruatkima	9862533130
Champhai District	Dr. Samuel Laldinthara Robert Vanlalruata	8588009756 8118908946
Serchhip District	C.Lalmalsawmi	9436376248
Kolasib District	Caleb Lalawmawia	9774403199
Mamit District	Lalbiakpari	9436155693
Saiha District	H.Lalmuanchhungi	7085188159
Lawngtlai District	Lalthlanpuia	9485495875

**Note: District thar pathumte chuan an awm thinna district hmasa Data Manager te an ring ang.**

DIPR

## CHIEF MINISTER'S RELIEF FUND PEK THEIHNATE

### ○ State Bank of India

Account No.: 39278398200

IFSC: SBIN0004809

SWIFT: SBININBB447

UPI: cmrfmizoram@sbi

Branch: Dawrpui

Branch Code: 004809



### HDFC:

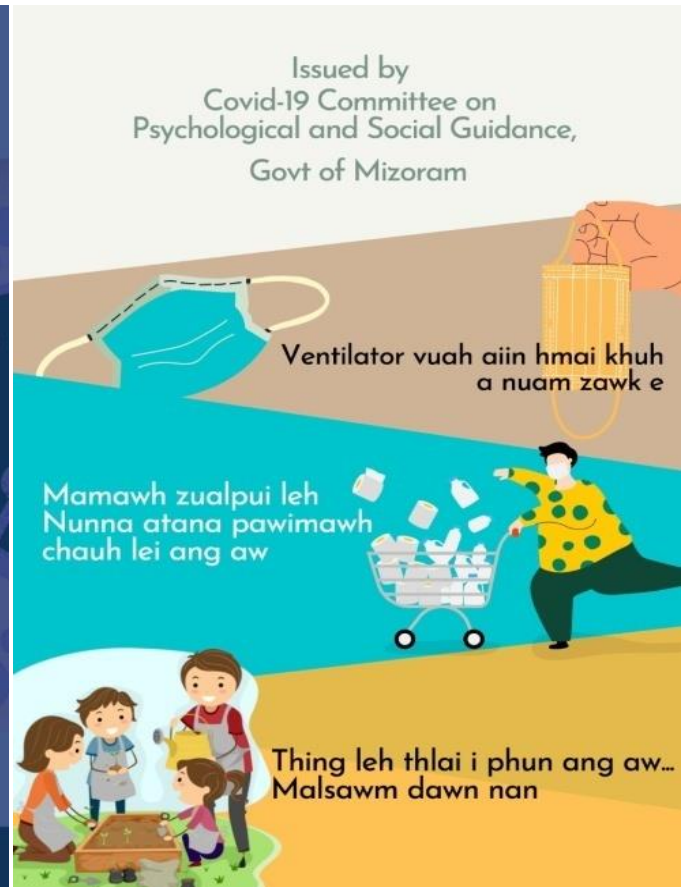
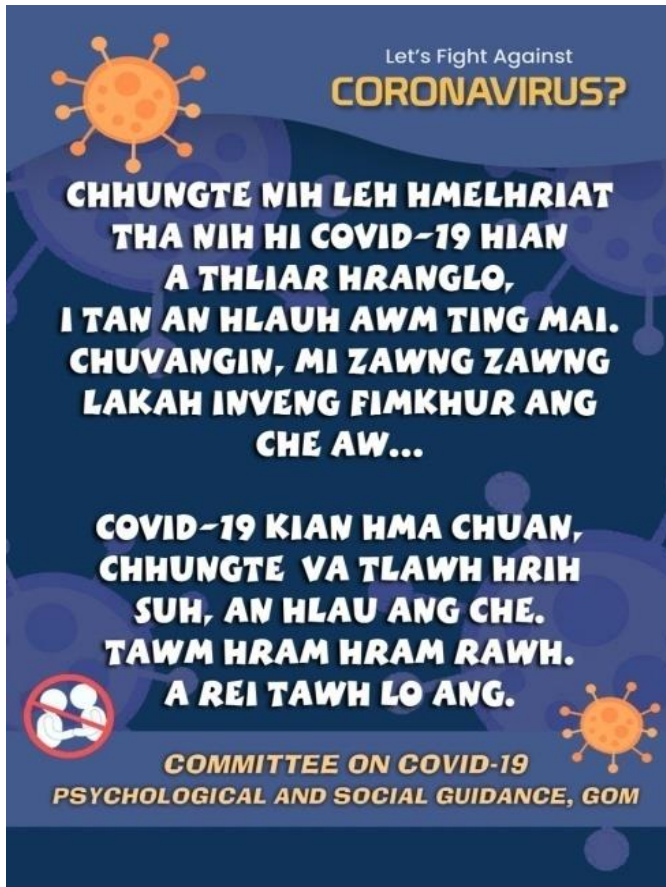
Account No.: 18141450000025

IFSC: HDFC0001814

UPI: cmrfmizoram@hdfcbank

Branch: Aizawl

Branch Code: 001814





ISSUED BY COVID-19 COMMITTEE ON  
PSYCHOLOGICAL AND SOCIAL GUIDANCE,  
GOVT OF MIZORAM

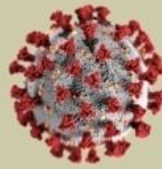
RAM ROREL KHAWL, SAWRKAR HNATHAWK,  
KOHHRAN LEH TLAWMNGAI PAWL,  
RAM LEH HNAM HMANGAIHTUTEN TIHTAK  
ZETA NUN' CHHAN TUMA AN TANGRUAL HI  
CHUNG PATHIAN DUHZAWNG,  
AMAH BIAK DAN DIK A NI NGEI ANG.

Unau, nang pawh  
hmingthatna leh hamthatna  
khel rih lovin...

I thiam I finna nen raldo  
hmatawngah rawn intlar ve  
rawh aw...

LALPA KAN RAM LEH HNAM HRERENG ANG CHE

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COVID-19 COMMITTEE ON PSYCHOLOGICAL AND SOCIAL GUIDANCE,  
GOVT OF MIZORAM



Covid-19 hi natna pakhat ve mai  
a ni a, in ven theih a ni. Vei te tan  
pawh a dam leh theih natna a ni.



I himnan leh i lo dam leh theih  
nan mi tam tak an tawngtai reng  
baw e



Sawrkar, Kohhran, Tlawmngai  
pawl leh mi tha tam takin in  
him nan leh dam nan hna an  
thawk reng e.



Tihbai awm natna ni mahse..a  
hnai zawk 'Chhandamtun'  
thlamuang rawh min ti'...

## What is Social Distancing?

Social distancing means avoiding close contact with others to prevent the spread of COVID-19 and can include:



Avoiding non-essential trips in the community



Limiting, postponing, or cancelling gatherings



Working from home, where possible



Conducting meetings virtually



Keeping kids away from group settings



Avoiding visits to long-term care homes and other care settings

It's not  
**CURFEW**  
It's  
**CARE FOR U**