



ZMC-SRHF COVID-19 TASKFORCE BULLETIN

Office of the Medical Superintendent
Zoram Medical College
State Referral Hospital, Falkawn

Issue No. 115

Date 12.07.2020 - 5:00 pm

► Vawiin hian ZMC, Falkawn-a Covid-19 laboratory-ah test neih leh mek a ni a, result hi zan lamah hriat theih tura beisei a ni. Hriat theih chinah vawiin hian sample 100 vel bawr test niin, ZMC leh Aizawl atanga sample dawnte test mek an ni. Nimin lama test 271-te an negative vek a, Aizawl 93, Lunglei 71, Champhai 19, Serchhip 67 leh Lawngtlai 21 te an ni.

► Vawiin khan Falkawn damdawiinah Covid 19 vei rinhlelh mi 2, Make - Shift ICU-ah admit thar an ni a, nimin lama admit 1 nen an sample hi naktuk lamah test a ni ang.

► Nimin khan Lunglei Covid 19 TrueNat Laboratory-ah Covid 19 damlo 1 hmuhchhuah thar a ni.

ZMC - SRHF COVID-19 Data as on 12.07.2020		
Particulars	Last 24 hours	Cumulative
Suspected Cases *	2	269
Suspected sample tested *	0	265
Total sample positive *	0	215
Total confirmed cases	1	227
Active cases	1	77
Cured / Discharged	0	150
Death	0	0

ADMISSION as on 12.07.2020

Particulars	Last 24 hours	Total
ICU	0	3
Isolation Ward (Confirmed)	0	40
Risk Ward	0	3
Make Shift ICU Ward/SARI Ward	2	2
Holding Ward	0	0

* ZMC data only

► ZMC-ah Covid 19 damlo mi 43 enkawl mek an ni a, vawiin khan damlo 2-te chu uluk zawka enkawl an nih theih nan ICU ah sawn an ni. Tun dinhmunah Isolation Ward-ah damlo 40 awmin, ICU-ah damlo 3 an awm a ni. ICU-a awm mek damlot e hi ngaihtuahawm lutuk an ni lova, Isolation Ward-a awm zingah harsatna em em nei an awm lo. An dam thuai theih nan i tawngtaipui ang u.

MASK VUAH LA- M ALSAWMNA NI RAWH

Mithiamte sawi danin *Covid 19* vei damloin mask a vuah loh chuan a veilo midangah *mask vuah* reng chung pawhin natna a kaichhawn theihna hi 70% lai a ni a. *Mask a vuah* erawh chuan midang mask vuahloah pawh a kaichhawn theihna hi 5% chauh a ni. A natna veiin *mask a vuah* a, a vei loin mask a lo vuah ve bawk chuan natna inkaichhawn theihna hi 1.5% ah a tlahniam thei an ti.

Hetiang a nih avang hian he hrileng laka himna tur chuan mask vuah hi kan tih makmawh a ni. Mask i vuah hian za ah zain i him phahlo a ni maithei, amaherawh chu midang i kaichhawn zelna tur erawh nasa takin a veng thei a ni. Chuvangin tun hun hi midangte tana malsawmna i nih theihna hun tha leh remchang tak a ni e.

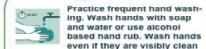
Midangte tan malsawmna i nih theih nan

Mask hi lo vuah ve thin ang che.

Protect yourself and others!

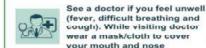
Follow these Do's and Don'ts

Do's ✓



Cover your nose and mouth with handkerchief/tissue while sneezing and coughing

Throw used tissues into closed bins immediately after use



See a doctor if you feel unwell (fever, difficulty breathing and/or cough). While waiting to cover your mouth and nose



Avoid participating in large gatherings



Have a close contact with anyone. If you're experiencing cough and fever



Touch your eyes, nose and mouth

Spit in public

Together we can fight Coronavirus

COVID 19 AMBULANCE

Covid 19 lanchhuahna heng - Khawsik, Khuhro, Thawk lama harsatna nei, inentir duh, kalna nei silo Ambulance mamawh tan a hnuia number-ah hian biak theih a ni.

102 (Toll Free)

0389-2322318 / 0389-2313000
9436150122, 7005337472



Lunglei-a Covid 19 TrueNat Laboratory-ah nitin sample test thin a ni.

LLTF / VLTF-te hnena ngenna

1. Insawisalna nei ZMC-a admit tur chuan Screening room 9436743459-ah phone hmasak a, Referral Form nen ngei pan theih hram nise.
2. Insawisalna (symptom) neilo, positive contact vang emaw chhan dang engemaw vanga test ngai te erawh chu an quarantine-na hmun theuhah sample la tura IDSP team phone tur a ni.
3. Quarantine Facility-a naupai awm zawng zawng chu emergency a sample test nghal vek tur a ni.



COVID-19 INDIA

as on: 12 July 2020, 08:00 IST (GMT+5:30)

S/-
(Dr. H. C. LALDINA)
Medical Superintendent
ZMC-SRHF, Falkawn