



ZMC-SRHF COVID-19 TASKFORCE BULLETIN

Office of the Medical Superintendent
Zoram Medical College
State Referral Hospital, Falkawn

Issue No. 125

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► Vawiin hian ZMC, Falkawn-a Covid-19 laboratory-ah test neih leh mek a ni a, result hi zan lamah chhuak tura beisei a ni. Hriat theih chinah vawiin hian sample 338 test niin, ZMC, Aizawl, Lawngtlai leh Kolasib atanga dawnte an ni. Nimin lama test 280 ah 18 an positive. Covid 19 damlo hmuhchhuah tharte hi mipa vek, kum 23 atanga 58 inkar, sipai 17 leh civil mi 1, state dang atanga lo haw an ni.

► Vawiin khan ZMC E - Learning Centre, ZMC atangin Online Class hlawhtling taka neih leh a ni a, Theory Class 3 leh Student's Seminar 1 neih a ni. MBBS 2nd year tan 4th Semester Ending Examination neih chhunzawm a ni.

ZMC - SRHF COVID-19 Data as on 22.07.2020

Particulars	Last 24 hours	Cumulative
Suspected Cases *	2	283
Suspected sample tested *	0	280
Total sample positive *	18	298
Total confirmed cases	20	317
Active cases	20	149
Cured / Discharged	0	168
Death	0	0

ADMISSION as on 22.07.2020

Particulars	Last 24 hours	Total
ICU	0	3
Isolation Ward (Confirmed)	0	17
Risk Ward	0	4
SICU	0	1
Holding Ward	0	2
ICU Extension	2	2

* ZMC data only

► Nimin khan Lunglei Covid 19 TruNat Laboratory-ah Covid 19 damlo 2 hmuhchhuah thar an ni.

► Vawiin khan Falkawn damdawiinah Covid 19 vei rinhlelh mi 2 admit an ni.

► ZMC-ah Covid 19 damlo 20 enkawl mek an ni a, ICU-a awm mek damlo 2 ten hma an sawn zel a, Isolation Ward leh SICU-a awmte zingah harsatna em em nei an awm lo.

BORUAK THALO KARA THIL THALO CHU!

Dr Evelyn Lalremsangi Hmar

Covid 19 chu hri thalo, boruak chhe tak tak khawvel pumpuaia thlen mektu a nih thu sawi tam ngai lovin kan hre sa vek mai. Boruak thalo a thlen reng reng chuan manganna piah lamah thil thalo dang a ken tel ngei ngei chu thiamloh chantir / dem tur zawn hi a ni. Chutiang chiah chuan he hripui leng mek pawh hian a hrinchhuah pakhat chu indemna leh inhuatna niin, ram leh hnam thlenga indemna a hringchhuak a ni. Mizoram pawh kan bang lo. Positive case kan neih hmasak ber tuma kan thu tlangau pui uar tak pakhat chu INDEM kualna a nih kha maw..

Hun a lo kal a, case kan neih belh mai lo a, chutih mek lai pawh chuan 'Kan test-na khawl a tha lo aniang, a test tu te' n an thiam lo aniang' lo ti tawh lah bo lo. A buaithlak thin asin.

Kan inthlahdah deuh a, 'Kan la him tawh lo' tiin mithiam zawkte' n fimkhur leh zual tura min chah lawm lawm reng laiin positive case hmuh belh a han ni leh ta chiah chu enge kan buaina ni leh ta ber?

Video clip Sorkar leh Community Quarantine Centre lama duty te demna kan hmu nghal a, a positive-te dem rukna, chuanpui te demna, lo haw te kan dem ve bawh, chhungte kan lo vui, VLTF/LLTF te puh tawh lah bo lo, kan test dan kalphung leh test-na khawl kan neih tlem avanga a tanpui theihna hre miah si lo te' n Sorkar bawh an dem ve leh. Heng indem kualna hian boruak tih zangkhai aiin a ti ipik zualin i hre ve lo maw? I tih ve tho ka ring.

Thil tha duh tak tak te chuan thuawih takin ti tura hrilh an nih chu an ti a, a then rinawm takin an thawk a, a then tawngtaina lamah te an tang mai.

Nang leh kei aiin a mawhphurhna la tute hi an rilru a hah dawnin i hre ve lo em ni?

An ko rih dan tur hi i ngaihtuah ve chhin tawh em? I lo sawisel vak vak hian a puih i ring em? Positive-te leh an chhungte, a enkawltute hi an rilru a hah viau zawk dawn asin.

Thurawnte hi a pekna ni awmah chuan pek a tha viau mai, mahse insawisel leh indem zawnga heng boruak rit kara kan in beih hian mi rilru kan hliam theih bakah thil tha chu sawi loh, thil pawh zawk a thlen thei a ni.

He natna hi natna chhuak thar, khawvel ram ropui leh zirmi te pawhin an la chhut fiah hleitheit loh a nih hre reng ila. Hmalatu tur ten an thiamna leh theihna sawm khawmin uluk takin an ngaihtuah mek zel a, chumi avang chuan kan ram pawhin hma kan sawn zel chu anih hi.

'Engtin nge he boruakah hian ka tangkai ve theih ang?' tih hi kan thupui ber lo ni zawk se la, a chhanna chu- THUAWIHNA leh MIDANG HNA ZAHNA neiin tih hi a ni.

Kan himna tur chuan tudang mah ni lovin, nang leh kei kan pawimawh a, sawiseltu ni lovin Puitu lo ni ve zawk la, fak phute fak hreh lo la, tu chingah pawh he natna hi a thleng thei a ni tih hriain TAWNGTAINA nen mahni inven himna kawngah lo inthlahdah lo ang che.

COVID 19 AMBULANCE

Covid 19 lanchhuahna heng - Khawsik, Khuhro, Thawk lama harsatna nei, inentir duh, kalna nei silo Ambulance mamawh tan a hnuafia number-ah hian biak theih a ni.

102 (Toll Free)

0389-2322318 / 0389-2313000
9436150122, 7005337472



COVID-19 INDIA
as on : 22 July 2020, 08.00 IST (GMT+5:30)

Sd/-

(Dr. H. C. LALDINA)
Medical Superintendent
ZMC-SRHF, Falkawn