

Revised Standard Operating Procedure (SOP) for Covid-19 test at Mizoram State Entry Points

Mizoram sawrkar Health & Family Welfare Department chuan Mizoram pawn atanga lo lut te zawm tur inkaihhraina thar “Revised Standard Operating Procedure (SOP) for Covid-19 test at Mizoram State Entry Points” chu September ni 25, 2021 khan a tichhuak.

Mizoram pawn hmun dangah Covid-19 hri kai an kiam tak hle avangin, State pawn atanga lo lutte entry point-a Covid-19 test/ screening kalpui dan chu uluk taka ennawn a ni a. A hnuaia mi ang hian entry points Covid-19 test/ screening kalpui dan chu siam that a ni. He inkaihhraina hian hemi chungchanga inkaihhraina, Memo No. ngai hmanga dt. 10.08.2021 a lo tih chhuah chu a luahlan ang a, tih chhuah a nih atanga thuleh awm hma chu hman tur a niang:

1. State pawn atanga Mizorama lo lutte chuan Home Department Order ding laite an zawm vek ang a, an lo luhna (entry point) ah RAgT (Rapid Antigen Test) hmanga en dik (screen)an ni ang. RAgT positive te chu enkawl dan tur ding lai(protocol)angin enkawl zui tur an ni ang.

1.2 A chungsa sawi ang test, Covid-19 negative report neite chu Sorkar/ Deputy Commissioner-in a ruatsak hmuna ni nga chung khung hran (quarantine) hnuin RT-PCR/ TrueNat hmanga test tur an ni a, an negative chuan quarantine atangin an chhuak thei ang.

1.3 RAgT test-a negative te reng reng hian symptom an neih phawt chuan RT-PCR/TrueNat hmanga test leh thuai tur an ni a. An negative pawhin Para 1.2 a sawi ang bawh hian ni nga chung quarantine a, RT-PCR/ TrueNat hmanga test ve leh vek tho tur an ni.

2. Exemption: Mizorama lo lutte chu Covid-19 symptom nei lo an nih chuan -

Covid-19 test negative report, SRF-ID dik tak awm Screening Point duty-te an hmuh chuan Entry Point Screening leh Quarantine an ngai lovang.

(2) Covid Vaccine dose hnih an lak tawha, dose hnihna an lak atangin ni 15 tal a liam tawh tih tarlanna Full Dose Vaccination Certificate (cowin portal atanga download)emaw,

Covid-19 hri kai dam leh an niha, an dam fel atanga thla thum a la ral lohva, chu mi tichiangtu atana Discharge Certificate, Screening Point duty-te an hmuh chuan:

Entry Point Screening leh Quarantine an ngai lo vang a. Amaherawhchu, ni sarih chung chu uluk taka Covid-19 hri léng kara khawsak dan tur (Covid Appropriate Behaviour — CAB) ziaawm chungin, mahni hrisélna an inchik (self-monitor) ang.

3. Mizorama lo lutte chu, eng Certificate pawh keng mah se, Covid-19 hri kai tih hriatna (symptom) an neih phawt chuanPara1—1.3 a sawi anga test vek tur an ni.

4. Self-/Monitoring (mahni hriselna inchik): Mahni hriselnain chik tura tithe chuan Covid-19 avanga harsatna awm theite hi an nei em tih an inchik reng ang a. An inrinhlelh phawt chuan bialtu CMO/MedicalOfficer/Helpline(No.102/0389-2323336/03892322336/03892318336) ah thurawn an la ngei ngei tur a ni:

- i. Khawsik.
- ii. Rim hriatna hloh/ tlahniam.
- iii. Hrawkthip leh nuamlo.
- iv. Khuh.
- v. Thawhah.
- vi. Taksa sil leh na them thum.
- vii. Pumna.
- viii. Kawthalo.



xi. Chau ngawih ngawih.

4.1 Self-Monitoring lai hian CAB— “midang hlata awm, hnar leh ka tuama mask vuah, kutsilfai/hand sanitizer hman fo tur” tih te hi tha takin an zawm reng ang.

BACK

GOVERNMENT OF MIZORAM DEVELOPED BY

Stay Home. Keep Social Distance. Mizoram State e-Governance Society

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