

**GOVERNMENT OF MIZORAM  
HEALTH & FAMILY WELFARE DEPARTMENT  
MIZORAM SECRETARIAT BUILDING, MINECO, KHATLA, AIZAWL**

**NOTIFICATION**

*Dated Aizawl, 29<sup>th</sup> January, 2022*

**No.D.33011/39/2022-HFW (SOP):** Ministry of Health & Family Welfare, Govt. of India-in Revised Guidelines for Home Isolation, dt.05.01.2022 a a tihchhuah zulzuiin leh State Level Expert Team on Covid-19 Management in tha a tih angin Standard Operating Procedure (SOP) for Home Isolation chu a hnuai tarlan ang hian a hun chung siamthat a ni a, heta siam that ang hian thu leh awm hma chuan hman nghal tur a ni:

*'Covid-19 kai, in lama in enkawlte chu positive tih hriat an nihna sample lâk ni atanga ni sarih (7 days) tal a ral a, a hma ni 3 chung (ni 5-na atanga ni 7-na thleng) a khawsik an neih loh bawk chuan an in khungna atanga chhuah theih a ni ang a. Mask (hmaituamna) erawh tha takin an vuah chhunzawm zel tur a ni. Home Isolation hunbi hi sawi tâk anga a zawh fel tawh chuan test neih leh kher a ngai tawh lovang.'*



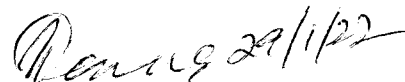
**(R. LALRAMNGHAKA)**

Secretary to the Govt. of Mizoram,  
Health & Family Welfare Department

**MemoNo.D.33011/39/2022-HFW (SOP) : Aizawl the 29<sup>th</sup> January, 2022**

**Copy to:**

1. Secretary to the Governor, Govt. of Mizoram.
2. P.S to Chief Minister, Govt. of Mizoram.
3. P.S. to Deputy Chief Minister, Govt. of Mizoram.
4. P.S to Speaker, Ministers, Deputy Speaker, Ministers of State, Deputy Govt. Chief Whip, Vice Chairman, Lunglei HPC, Vice Chairman, State Planning Board.
5. P.S to MLA & Vice Chairman, H&FW Board.
6. Sr. PPS to Chief Secretary, Government of Mizoram.
7. PPS to Secretary, Health & Family Welfare Department.
8. PPS to Secretary, Home/DM&R Department
9. All Deputy Commissioners, Mizoram.
10. Principal Director, Health & Family Welfare Department.
11. Director, Health services.
12. Director, Hospital & Medical Education.
13. Director, Information & Public Relations for wide circulation.
14. Mission Director, NHM.
15. Director, Zoram Medical College, Falkawn.
16. Controller, Printing & Stationeries with five (5) spare copies and soft copy (MS Word file) for publication in the Official Gazette.
17. All Chief Medical Officers.
18. All Medical Superintendents.
19. Web Manager, IT Section, Directorate of Health Services.
20. Guard file.



Secretary to the Govt. of Mizoram,  
Health & Family Welfare Department.