GOVERNMENT OF NAGALAND
DIRECTORATE OF HEALTH AND FAMILY WELFARE
NAGALAND : KOHIMA

NO. DHFW/COVID-19/2019-20/1765-71   Dated Kohima, the 12th June, 2020

CIRCULAR

Subject: **A Survey on mental health and psychosocial wellbeing in Nagaland during COVID-19 pandemic**

The Department of Health and Family Welfare, Government of Nagaland is carrying out an online survey to assess the mental health status of people in Nagaland during COVID_19 pandemic. Any person in Nagaland over the age of 16 years can participate in the survey. Frontline workers are strongly encouraged to participate in the study.

The survey takes about 5 minutes to complete.

The prevalence *of insomnia, anxiety, depression, somatisation (anxiety causing physical problem), and phobia (COVID-19 related)* will be assessed. This survey will help the department to strategize future intervention measures.

To participate in the study, go to the website of the Department of Health and Family Welfare **nagahealth.nagaland.gov.in/** or you can also directly click on the link given: **nagahealth.nagaland.gov.in/mental-health-survey/.** The link will also be shared in various social media platforms. The survey closes on **30th June, 2020**.

(**DR. VIZOLIE Z. SUOKHRIE**)
Principal Director
Directorate of Health and Family Welfare
Nagaland : Kohima

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Copy to:

1. The Deputy Secretary to the Chief Secretary, Government of Nagaland for information
2. The Home Commissioner, Government of Nagaland for information
3. The Commissioner and Secretary to the Government, Health and Family Welfare Department for information
4. The Mission Director (NHM) Nagaland for information
5. The Deputy Commissioner / Chief Medical Officer / Medical Superintendent of all districts for information
6. The Director, DIPR for wide publicity
7. The SPO (NMHP) and DPO (NMHP) of all districts for information and wide circulation among frontline workers
8. Guard File / Office copy

(**DR. VIZOLIE Z. SUOKHRIE**)
Principal Director