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Date 11.05.2020

To

All Collectors
All Municipal Commissioners
All CDM&PHOs

Sub : Technical Guidelines for quarantine centres.

Madam/Sir,

Guidelines have been issued from time to time by this Department regarding quarantine centres. The protocol for facility level quarantine was communicated in this Department letter No. 8611 dt.20.03.2020 (Annexure-II). It was emphasized that all such facilities should have adequate security arrangements in place so that entry/ exit can be strictly regulated. No guest/ outsider except authorised persons/ service providers are allowed inside. Similarly, no person under quarantine can be allowed to leave the premises unless he has to be taken out for medical check up. Prescribed biomedical waste management protocols, disinfection and sanitisation measures are required to be followed in the quarantine centres.

2. NCDC has also issued a set of guidelines for quarantine facilities (available on the website of MoHFW). These guidelines, interalia, provide SoPs for medical personnel, nursing staff, security staff etc. SoPs for disinfection, for screening of persons entering the facility, guidelines for BMW management, guidelines for facility in charge and quarantine people at the time of discharge have also been elaborated. However, these guidelines cannot be fully implemented for the thousands of quarantine centres that have been set up in the rural areas for quarantine of migrant workers. However, the following aspects are non-negotiable:

- Strict perimeter control (entry/exit regulation as mentioned earlier).
- Physical distancing of 6 ft., use of mask by all inmates.
- Sanitation and disinfection measures.
- Biomedical waste management.

<https://health.odisha.gov.in>

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- Regular health check up of the quarantine people, service staff, identification of people with symptoms, their isolation and transfer to Covid Care Facility for further necessary action.
- Contact tracing of the confirmed cases and their isolation and testing as per ICMR protocol.

3. It is also necessary to step up syndromic surveillance through AAA (Asha Anganwadi worker, ANM) in the buffer zone around the quarantine facilities. Surveillance for SARI and ILI cases need to be continued throughout the district. Data from all healthcare facilities, public and private must be collected everyday. All hospitalised patients with SARI shall be tested for COVID-19. ILI cases should also be tested for COVID-19.

4. Testing Criteria (for the quarantine centres and the buffer zone)

Following persons should be tested as per MoHFW/ ICMR guidelines:

- All symptomatic individuals including symptomatic health care workers and service providers.
- Asymptomatic direct and high-risk contacts of the confirmed case once between day 5 and day 14 of coming in his/ her contact.
- Surveillance and testing will continue till 14 days from the date of last confirmed case is declared negative or discharged from the Covid Care Facility.
- **As decided by the State Government, symptomatic persons in the QC shall be tested on priority. And also, as communicated in this Department letter No. 10919 dt.09.05.2020, various categories of vulnerable people under quarantine shall also be tested.**

5. Psychological support

Quarantine can be quite stressful for those involved and their families. Social distancing norms can be distressing. Healthcare workers could be under the fear of an unknown disease. Psycho-social support should be made available to all of them.

6. Micro planning, Block & District Level Monitoring

Micro Plan need to be prepared for each quarantine facility. Supervisory Officers need to visit the quarantine facility at regular intervals to ensure perimeter control, disinfection and BMW management measures,

health check up, isolation and shifting of symptomatic persons to Covid Care Facilities.

Block Level and District Level Monitoring Committees consisting of Revenue, Health, Police, Panchayati Raj, Social Welfare Officers should hold meetings everyday in the evening and plan for remedial action based on the observation and feedback of supervisory officers. Proceedings of Block level meetings shall be shared with the Collector, CDMO, S.P., PD, DRDA etc. Similarly, proceedings of district level meeting shall be shared with Health & Family Welfare / Panchayati Raj/ Housing & Urban Development/ Home Department etc.

7. It is extremely important to keep in mind that identification and isolation of the persons with symptoms, high risk contacts of confirmed cases and persons with co-morbid conditions, strict enforcement of perimeter control in the quarantine facility and effective surveillance in the buffer zone around the quarantine facility hold the key to containment of COVID-19 and prevention of any transmission from the quarantine centre to the buffer zone.

Hence, the instructions contained in this letter need to be complied with strictly.

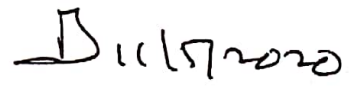
Yours faithfully,


Principal Secretary to Government

Memo No. 10976 /H

Date - 11.05.2020

Copy to Chief Secretary/ D.C.-cum-A.C.S./ Chief Advisor, CMO/ SRC-cum-ACS (DM)/ M.D., NHM/ Deans & Principals of all Medical Colleges & Hospitals/ all Directors of the Department for information and necessary action.


Principal Secretary to Government

Annexure-II

PROTOCOL FOR FACILITY LEVEL QUARANTINE

A **quarantine** is the restriction on the movement of people and goods which is intended to prevent the spread of disease. It is often used in connection to disease and illness, preventing the movement of those who may have been exposed to a communicable disease, but do not have a confirmed medical diagnosis. Quarantine is used for people who are not sick and is similar to, but not the same as, isolation, which is used when a person is sick.

In view of the present COVID-19 epidemic one may need quarantine upon arrival due to risk related to new Corona Virus COVID-19. Typically a COVID-19 related quarantine last for 14 days period from the departure from the affected area, but is determined by the local health department.

SOP for creation of quarantine at facility level :

1. The place is to be identified, designated and notified by the District Collector/Municipality Commissioner/Sub-collector/BDOs of the area.
2. Overall in-charge : As will be authorised by the District Collector/ Municipality Commissioner/Sub-collector/BDOs of the area, preferably a facility manager is to be appointed.
3. Adequate security arrangement must be provided through outsourcing, which will be monitored by the local police. If required, the District administration can co-opt for provision of the additional police security.
4. Adequate numbers of supporting staff, like Room attendants, Sanitation workers, etc. are to be provided.
5. A Multipurpose health worker (Male/Female) or AYUSH doctor will be available shift-wise to monitor the health conditions. They will counsel each person at the time of admission into the quarantine home. The facility manager will maintain a stock of common drugs & consumables to be utilised by the MPH/AYUSH doctor, in consultation with local doctors.

Provision:

1. Preferably single room for each person with attached toilet.
2. If attached toilet will not be available, common toilet can be used; but must be cleaned after each use.
3. Water supply, electricity/back up must be available 24X7.
4. Required manpower for sanitation, security, laundry, diet, waste management and patient attendant service may be outsourced through empanelled agency.
5. Strict sanitation practice must be followed as per guideline.
6. Biomedical waste disposal should be done as per the protocol.

7. On arrival the person must be registered, detailed history including history of travel & contacts must be recorded. The contact number of the persons as well as the relative who can be contacted must also be recorded.
8. To make his/her stay more enjoyable, he/she should be advised to have enough clean and comfortable clothes, cell phone, laptop, toiletry kit.
9. Hand washing facility must be available at the entrance.
10. Health care supplies to be ensured as follows:
 - In addition to personal items, the following supplies are to be provided during the time of quarantine.
 - Digital thermometer (for daily use)
 - Temperature & symptom log
 - Water bottle (stay hydrated)
 - Soap
 - Utensils
11. Face masks (should be available) to wear if in a shared space, or to a health care appointment if needed. Adequate amount of PPEs must be kept in reserve for use, if required for attending persons, who develop symptoms and transportation.
12. Transport facilities for persons who develop symptom during quarantine to the isolation facility must be available in coordination with CDM&PHO.
13. No guest or outsiders except authorised persons/service providers will be allowed to enter the centre.
14. The person quarantined will also not be allowed to leave the premises unless it is required.

Appendix-A

Questionnaire to interview the contacts of COVID-19 cases

Introduce yourself and the purpose of telephonic call

1. Inform him/ her, You are exposed to COVID-19 confirmed case and stand a chance of getting infected. We would take few information, which is very important and is required for your good health
2. Where are you currently staying, complete address with land mark and additional contact number in case your number will not be reachable?
3. Have you developed any symptoms like fever, cough or breathing difficulty? If so since when you have developed it
4. You need to stay in house and don't come in contact with other persons
5. If you are working, inform your authority that you can't go to the workplace. This is as per the Government of Odisha's mandate.
6. You will be called 2-3 times a day by health department to know your health status, you should positively attend the call and provide correct information to them. This will help to take care of your health in a better way
7. Do you know any person who has travelled from abroad.
8. Do you know any person who is having fever with cough/ breathing difficulty
9. Inform that, if he/she develops symptoms of COVID -19, he/she should proactively inform and contact the local authorities for isolation and testing.
10. He/she should not visit health facility without prior information to district officials.

Appendix-B
Standard Questionnaire for Follow up of Individuals under Home Quarantine

1. What is your current location?
 - a. In the designated room
 - b. In house but in other room
 - c. Outside of house (specify)_____
2. Are you strictly following the home quarantine? (Confined in home and not coming in close contact with anyone of family member or outsider) procedure?
 - a. Yes b. No c. Don't know
3. Did you visit outside of your designated room for any specific purpose?
 - a. Yes b. No

Details of the place visited_____

Name of the people met during the visit_____ (with number)_____
4. Did you meet any person who visited you? Did s/he come in contact with you i.e. touching/ coming closer than one meter?
 - a. Yes b. No

Name of the people met during the visit_____ (with number)_____
5. Have you developed any health problems?
 - a. Sore
 - b. Fever with cough
 - c. Breathing difficulty
 - d. Other specify_____

Appendix-C

Standard Advisory for Individuals under Home Quarantine

- a. Home quarantine is an effective method to prevent the spread of COVID-19 from one person to other
- b. You should strictly confine yourself in a well ventilated room with separate dedicated toilet for you. Avoid using common areas and facilities.
- c. Ensure that no other person should touch clothes and other personal belongings used by you
- d. Avoid outside visitors. Maintain more than one meter distance from your care giver
- e. Practice frequent handwashing and cover your you face during cough/ sneezing with fold of elbow/ handkerchief/ tissue paper
- f. Take plenty of fluids and report to **104 Helpline number** in case of any health problem (fever, cough or breathing difficulty)
- g. After 14 days quarantine period is over, monitor your health for another 14 days and do report to **104 Helpline number** if you develop fever or cough or breathing difficulties