





Health Bulletin

Date: 06-08-2020

Time: 07:30 PM

 **Total Positive: 8552**
 **Total Recovered: 5427**
Migrated Out of State: 38

 **Total Active Cases: 2989**
 **Total Death: 98**

- | | | |
|----|---|-------------------|
| 1- | Total Positive COVID-19 detected today | 298* |
| 2- | Total Number of COVID-19 Patients Treated/ Cured today | 194 |
| 3- | Number of samples found negative for COVID-19 today | 3944 |
| 4- | Total number of samples sent for COVID-19 testing today | 3932 |
| 5- | Total number of samples found negative | 169634 |
| 6- | Total number of samples result awaited | 9091 |
| 7- | Doubling Rate for Uttarakhand (in last 7 days) | 28.14 Days |

Salient Features:

- Percentage Recovery for COVID-19 Patient in the state is **63.46%**.
- Out of total samples tested only **4.80%** sample tested **Positive** in Uttarakhand.

Detailed Status of Sample Tested

Districts	Sample Sent to Labs Today	Cumulative Samples Sent to Labs	Negative			Positive			Results Awaited**	Repeat/ In-conclusive/ Rejected Samples
			Negative Today		Negative Cumulative (including Pvt. Lab)	Positive Today		Positive Cumulative (including Pvt. Lab)		
			Govt. Lab	Pvt. Lab		Govt. Lab	Pvt. Lab			
Almora	210	12014	150	2	10265	5*	0	322	1286	141
Bageshwar	185	5171	64	406	4512	4	17*	155	473	31
Chamoli	234	7531	383	0	6930	9*	0	110	275	216
Champawat	258	8130	309	0	7433	0	0	136	538	23
Dehradun	213	39629	602	124	36364	60*	8*	1938	74	1253
Haridwar	517	27216	59	15	23413	38*	0	1668	1919	216
Nainital	251	17915	77	10	16057	33*	0	1372	192	294
Pauri Garhwal	656	12133	452	1	10667	1*	1*	239	1031	196
Pithoragarh	350	8529	58	0	7207	2	0	184	1101	37
Rudraprayag	94	6065	212	0	5688	0	0	87	253	37
Tehri Garhwal	283	11726	248	334	9786	12*	18*	560	934	446
US Nagar	426	25985	206	16	23252	47*	9*	1448	676	609
Uttarkashi	255	8854	216	0	8060	34*	0	333	339	122
Total	3932	190898	3036	908	169634	245	53	8552	9091	3621

*It includes Two Hundred Forty Three (243) COVID-19 Positive cases from district Almora (04), Bageshwar (16), Chamoli (09), Dehradun (45), Haridwar (29), Nainital (18), Pauri (02), Tehri (30), U.S.Nagar (56) & Uttarkashi (34) reported last night dated 05.08.2020.

**This is not actual number of pending samples, it includes results awaited, pending samples, rejected samples & result withheld.

Uttarakhand State Control Room COVID -19

Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun

Details of Districts having Positive COVID-19 Cases



	No. of Positive Cases till Date	No. of Positive Cases Treated/ Cured till Date	Active Cases in the District	Deaths	Migrated Positive Cases	Days Since Last Positive Case
Almora	322	283	36	2	1	0
Bageshwar	155	98	56	1	0	0
Chamoli	110	85	25	0	0	1
Champawat	136	82	52	2	0	2
Dehradun	1938	1411	447	54	26	0
Haridwar	1668	925	733	2	8	1
Nainital	1372	787	563	21	1	0
Pauri Garhwal	239	191	43	4	1	1
Pithoragarh	184	85	99	0	0	0
Rudraprayag	87	70	16	1	0	2
Tehri Garhwal	560	510	48	2	0	1
U.S. Nagar	1448	725	714	8	1	1
Uttarkashi	333	175	157	1	0	1
Total	8552	5427	2989	98	38	

District-wise Hotspots/ Containment Zones

S.No	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	10	<p style="text-align: center;">Dehradun (1)</p> <p>1. Poorvi Patel Nagar, Ramgadiya Bhawan ke peeche (25-07-2020)</p> <p style="text-align: center;">Rishikesh (2)</p> <p>1. Gram Pratit Nagar, Mohalla Chamoli, plot near boksa basti, thana raiwala (23-7-2020)</p> <p>2. Gairola Nagar, Purani Chungi ke Pass Haridwar Road</p> <p style="text-align: center;">Sadar (1)</p> <p>1. Deep Lok Colony (5-8-2020)</p> <p style="text-align: center;">Vikasnagar (7)</p> <p>1. Hariipur, Selaqui (12-07-2020)</p> <p>2. Ward no. 8, Gram Jamnipur, Majra Barotiwala (15-07-2020)</p> <p>3. Dixon gali, Jamanpur, Selaqui (20-07-2020)</p> <p>4. Ward no-10, Dinkar Bihar(26-7-2020)</p> <p>5. Ward No-08, 28 Fhuta Road (27-07-2020)</p> <p>6. Nigam Road, Selaqui (28-7-2020)</p> <p>7. Supermax Laboratory Plot No-40, Pharma city (31-07-2020)</p>
2	Udham Singh Nagar	28	<p style="text-align: center;">Khatima (4)</p> <p>1. Gram Balmiki Basti, Near Kalsi Gali (25-7-2020)</p> <p>2. Ward No-18, Adarsh Colony , Amrit Hotel Waali Gali (26-7-2020)</p> <p>3. Gram Nawsar Patiya (26-7-2020)</p> <p>4. Gram Tigari (31-7-2020)</p> <p style="text-align: center;">Kashipur (1)</p> <p>1. Sanskriti Home, Vaishali Colony (2-8-2020)</p> <p style="text-align: center;">Sitarganj (7)</p> <p>1. Ward No-11, Hydik Colony (30-7-2020)</p> <p>2. Ward No-05, Boring Gali (30-7-2020)</p> <p>3. Ward no-07, Gurudwara Gali (1-8-2020)</p> <p>4. Ward no-07, Hathikhana Mohalla (1-8-2020)</p> <p>5. Gram Sisona (1-8-2020)</p> <p>6. Pahadi Ukroli (1-8-2020)</p> <p>7. Gram Sisona kotafarm (1-8-2020)</p> <p style="text-align: center;">Rudrapur (14)</p> <p>1. Ward no-29, ARA, Adarsh colony (19-7-2020)</p> <p>2. Ward No-03, Sanjay Nagagr (19-7-2020)</p> <p>3. Ward no:- 01, Phoolsunga (24-7-2020)</p> <p>4. Ward no-20, Bhoobangala (25-7-2020)</p> <p>5. OMX, Rivera, Ebro I, Rudrapur (25-7-2020)</p> <p>6. Ward no-15, Pahadganj (1-8-2020)</p> <p>7. Ward No-07, Transit Camp, Azad Nagagr , Rathore Chakki waali gali (1-8-2020)</p> <p>8. Gram Jafarpur (1-8-2020)</p> <p>9. Vasundhara Ward No-01, Gram Pholsunga, district road (2-8-2020)</p> <p>10. Ward no-16, Gurbaksh Vasundhara Green Gram Rudrapur, Gangapur Road (2-8-2020)</p> <p>11. Ward no- 37, Dhariya Nagar (2-8-2020)</p> <p>12. Ward No-04, Transit Camp, Azad Nagar (2-8-2020)</p> <p>13. Ward No-40, OMX, Rohan-F 201 (2-8-2020)</p> <p>14. Ward No-40, OMX Rivera, victoria A-108 (2-8-2020)</p> <p style="text-align: center;">Kicha (2)</p> <p>1. Ward no-01, Chukti Devariya (30-7-2020)</p> <p>2. Ward No- 12, Arora Hospital Sunhari (30-7-2020)</p>
3	Uttarkashi	3	<p style="text-align: center;">Bhatwari (2)</p> <p>1. Nagar Palika Parishad Badahaat, Ward No:-9, Kapoor mohalla (20-07-2020)</p> <p>2. Ward No:- 1 & 2 Ward No:- 3 & 4, Nagagr Palika Parishad Badkot (21-7-2020)</p> <p style="text-align: center;">Mori (1)</p> <p>1. Satluj Jal, (SJVNL) Netward</p>
4	Champawat	1	<p style="text-align: center;">Tanakpur (1)</p> <p>1. Ward no-07, Lal Imali padav (17-7-2020)</p>
5	Bageshwar	1	<p style="text-align: center;">Baijnath (1)</p> <p>1. Almiya Building (2-8-2020)</p>
6	Tehri	1	<p style="text-align: center;">Narendra Nagar (1)</p> <p>1. Munni ki Reti, Mohalla shisham Jhadi, Ward No-05, Gali no-11</p>



उत्तराखण्ड शासन

Uttarakhand State Control Room COVID -19

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Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



S.No	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
4	Haridwar	326	<p style="text-align: center;">Roorkee (120)</p> <ol style="list-style-type: none"> Pashcimi Shiv Puram, Sarvagya Road, Near Sai Mandir, Gali No. 1 (08-07-2020) Gram Salimpur, Rajputana, Ward No. 23 (08-07-2020) Ward No. 40, Sunahara Road, Kali Mandir Wali Gali (08-07-2020) Ward No. 14, South Preet Vihar Colony, Ganeshpur (08-07-2020) Gram Narsan Kala, Pargana Manglore (08-07-2020) Gram Alawpur (10-7-2020) Gram Salimpur, Raajputan (12-07-2020) Ward No. 20, Nagar Palika Manglore, Mitha kuwan Mohalla, Kila Manglore (13-07-2020) Gram Salempur, Rajputana, Ward No. 23 (13-07-2020) Gram Dandera, Awasiya Colony, Colonel Enclave (13-07-2020) Ward No. 15, IRI Colony (13-07-2020) Mayor Gaurav Goyal wali gali, Purani tehsil, Ward No. 31 (13-07-2020) Gram Khanpur (14-7-2020) Gram Kawadpur, Lodiwala (14-07-2020) Ward No. 28, Bhagwati hospital wali Gali, Chowmandi (14-07-2020) Ward No. 8, A-2, Aryan Apartment, Civil Line (14-07-2020) Ward No. 31, Masjid wali Gali, Purvi Ambar Talab, Arya Kanya Inter College (14-07-2020) Saket Colony Ward No. 29 Roorkee (15-07-2020) Hari Ashram Colony Baabli Kalanjari Area Bhaunri (1) (16-07-2020) Hari Ashram Colony Baabli Kalanjari Area Bhaunri (2) (16-07-2020) Ward No. 14 Mohalla South Preet Vihar Colony Ganeshpur Roorkee (17-07-2020) Bharat Colony Gali No. 06 Dhandera (17-07-2020) Hari Ashram Colony Baabli Kalanjari Area Bhaunri (16-07-2020) 305/A Aadarsh Colony Roorkee (16-07-2020) Gram Barampur Jat Pargana Manglore (17-07-2020) Ward no:-18, Mohalla Ganeshpur (18-7-2020) Ved City colony, Patanjali roorkee (18-7-2020) 3rd Floor, Golden housing society, New Adarsh nagar (19-07-2020) Ward no. 17, Mohalla Shekhpuri (19-07-2020) Gram Nalheda, Pargana Bhagwanpur (19-07-2020) Gram Nalheda, Anantpur, Pargana Bhagwanpur (19-07-2020) Ward No. 10, Anshik Chaudhary Charan Colony (19-07-2020) Gram Joursi (19-07-2020) Mohalla Bhagirathikunj, Railway Road (19-07-2020) Ward No. 9, Anshik Double Fatak, Mohanpura Mohamadpura (19-07-2020) Ward No. 33, Sati Mohalla (19-07-2020) Gram Bhagtowali, Pargana Manglore (19-07-2020) Gali no. 6, Ward no. 22, Salimpur, Rajputan, Premnagar (19-07-2020) Gram Khatakhedi, Pargana Bhagwanpur (19-07-2020) Ward No-09, Anshink Double Phatak, Mohanpura, Mohamadpura (19-7-2020) Gram Hasanpur madanpur(19-7-2020) Gram baswa Khedi (20-7-2020) Gram Nanheda Anantpur (20-7-2020) Paschami Amber Talab (20-7-2020) 314- Ganeshpur (20-7-2020) Ward No:-23, Gram Salempur, Rajputana (20-7-2020) Gali No-08, Ward No-25, Ramnagar (20-7-2020) Mohalla Shakti Vihar Padali Gujjar (21-7-2020) Ward No-11, Anshink Aakashdeep Colony, Rishi Enclave, Hasan Alipur (21-7-2020) Gram Bhoori (I) (21-7-2020) Gram Bhoori (II) (21-7-2020) Gram Saliyar, Salahpur (21-7-2020) Gram Tikola Kala, Pargana, Mangalore (21-7-2020) Gram Belda Mustahakam (21-7-2020) Dhandera, awasiya colony thakur waali gali (21-7-2020) Gram Belda (II) (21-7-2020) Milap Nagar Dhandera ki pal basti (22-7-2020) Gram Harchandpur Pargana Manglore (22-07-2020) Shivpuram Gali No.01 (Pachimi) Rahimpur (22-07-2020) Gram Nalheda Anantpur Pargana Bhagwanpur (22-07-2020) 321- Sonalipuram Roorkee (22-07-2020) Gram Narsan, khurd pargana mangalore (22-7-2020) Saket colony, house No- 394/1 (22-7-2020) Gram Shantarshah , pargana - Tehsil Roorkee (23-7-2020)
			<p style="text-align: center;">Haridwar(180)</p> <ol style="list-style-type: none"> Mohalla Sarvapriya Vihar, Jagjeetpur (09-07-2020) Gram Dhariwala, Pargana Jwalapur (09-07-2020) Gram Jwalapur, Andar Seema Nagar Nigam, Mohalla Arya Nagar, Jwalapur (10-07-2020) Mohalla Chaklan, Gram Jwalapur, Andar Seema Nagar Nigam, Haridwar (11-07-2020) Gram Dadupur, Govindpur, Niwasi Kaushal Shukla (11-07-2020) Gram Jwalapur, Andar Seema Nagar Nigam, Majra Sitapur (11-07-2020) Gram Shivdaspur Urf Teliwala (11-07-2020) Gram Dadupur, Govindpur (14-07-2020) Gram Suman Nagar (14-07-2020) ETH-145, Sector-2, BHEL(14-07-2020) Ward No. 25 Kankhal Nirmal Vihar Mishra Garden(14-07-202) Mohalla Lodha Mandi, Gram Jwalapur (15-07-2020) Chuahan Mohalla Near Shiv Mandir, Gram Bahadarabad (15-07-2020) Verma Bhawan Near Shri Ram Aushdhalya Mohalla Holi Kankhal (15-07-2020) A-2 Tara Apartment Satyam Vihar Bhupatwala (15-07-2020) C-7,Ganganagari, Jamalpur Khurd Shivalik Nagar(16-07-2020) Gram Anneki, Hetampur (16-07-2020) Gram Jwalapur, Andar Seema, Nagar Nigam Mohalla Balajipuram (16-07-2020) H.NO -65 Shivalik Nagar (16-07-2020) Gram Jamalpur Kalan Pargana Jwalapur (16-07-2020) Gram Garh Pargana Roorkee (16-07-2020) H.No. H-114Shivalik Nagar, Pargana Jwalapur(16-07-2020) H.No. J-380 Sivalik Nagar(16-07-2020) Trilok Nagra Jagjeetpur (16-07-2020) Bhagwatipuram Colony Jiyapotta (16-07-2020) Mohalla Lodha Mandi, Gram Jwalapur Andar Haddu (16-07-2020) Gram Nurpur Panjanhedi Pargana Jwalapur (16-07-2020) Gram Jwalapur Seema Nagar Nigam Haridwar Mohalla Sitabpur (17-07-2020) Rajvihar Colony Phase-01 Raja Garden Jagjeetpur(16-07-2020) Shikhar Enclave Phase-01 THDC Navodya Nagar Gram Salempur Mehdod(16-07-2020) Shikhar Colony Phase-03 Navodya Nagar Gram Salempur THDC Salempur (16-07-2020) Shivratan City Gram Salempur Mehdod Partham (16-07-2020) H.NO. H- 133 Shivalik Nagar (16-07-2020) Township Jurce Country ke Flat No-A 315, Jwalapur Andar(16-7-2020) D-57, Shivalik Nagar (16-7-2020) J 62, Shivalik Nagar (16-7-2020) M 337, Shivalik Nagar (16-7-2020) T-64, Shivalik Nagar (16-7-2020) Dayal Enclave, Gali No:-06, Gram Jwalapur (16-7-2020) Shivalik Ganga Vihar, navodhya nagar, gram salempur mehdood-1(17-7-2020) Shivlok Tibadi, Near Tarun Himalayan School (18-7-2020) Shriram Enclave, Sarya Bye Pass, Jatwada pul (I) (18-7-2020) Shriram Enclave, Sarya Bye Pass, Jatwada pul (II) (18-7-2020) Shriram Enclave, Sarya Bye Pass, Jatwada pul (III) (18-7-2020) Mohalla Adarsh Nagar (Khanna Nagar Oposite) Pargana Jwalapur (18-7-2020) Braham Vihar, Kankhal (18-7-2020) Adarsh Nagar, Ranipur Mod (18-7-2020) Gram Ferupur (18-7-2020) A-14, Shastrinagar Jwalapur (18-7-2020) Near Dhoom Singh Public School, Sitapur Jwalapur (18-7-2020) Vishnu lok Colony, Ahmedpur (18-7-2020) Near Hanuman Mandir, Gas Plot, Bhadrabad (18-7-2020) Gram Rohalaki Kishanpur (18-7-2020) Royal Garden Ashok Vatika (18-7-2020) Mahadev Greens, Hetampur Roshnabad (18-7-2020) Chaudhary Charan singh Colony , Mohanpura (18-7-2020) D-5, Subhashnagar Jwalapur (18-7-2020) Ganesh Vihar, Subhash Nagar (18-7-2020) Mohalla Teliyan Jwalapur (18-7-2020) Raja Garden, Jagjeet pur (18-7-2020) 27, kiran enclave, kankhal (18-7-2020) Vidhya Vihar Colony, kankhal Haridwar (18-7-2020) Rishabh Enclave, Near Railway Phatak Sitapur (18-7-2020) Gram Ananki hetampur (18-7-2020) Saini mohalla, Gram Rawali Mehdood (18-7-2020) Mohalla ganesv vihar, gali no-1, gram jwalapur ander seema (18-7-2020) Vishnu Lok Colony, Jwalapur (18-7-2020)



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		15. Gram Khanpur (25-7-2020) 16. Gram Shahpur Pargana(26-7-2020) 17. Gram Raipur Pargana (27-7-2020) <p style="text-align: center;">Laksar (9)</p> 1. Gram Sethpur Ward No.1 Nagar Palika (16-07-2020) 2. Gram Simli Ward No .2 (16-07-2020) 3. Mubarikpur, Ali Ward No-06 (19-7-2020) 4. Ward No. 7, Gram Bhurni, Khatirpur (20-07-2020) 5. Ward No. 7, Gram Bhurni, Khatirpur (20-07-2020) 6. Ward No-10, Jaspur, Ranjitpur (21-7-2020) 7. Ward No-01, Simali (21-7-2020) 8. Ward No-01, basadi khadar (21-7-2020) 9. Ward No-01, Akoda Airangzebpur (21-7-2020)	143. Mohalla Pandeywaala, Jwalapur Nagar Nigam II (20-7-2020) 144. Pant Niwas Pahadi Bazar Kankhal (20-7-2020) 145. Shikhar Enclave, Phase- I, THDC Colony Navodhya Nagar, Gram Salempur Mehdood (21-7-2020) 146. Gram SohalPur Sikroda Pargana (21-072020) 147. Gram Padhartha Urf Dhanpura Kemajra Dishupura (21-07-2020) 148. Sai Dham colony gram dadupur govindpur(21-7-2020) 149. Joshi Bhawan (North way) opposite Rishikesh Medical college, ward No-14 pargana jwalapur (21-7-2020) 150. Katyan Bhawan, bikaner sweet shop road, govindpuri ward no-18 (21-7-2020) 151. Trilok Nagar, Shyamcharan Enclave, Jagjeetpur(21-7-2020) 152. Mohalla Rajlok Vihar, Raja Garden Jagjeetpur (21-7-2020) 153. Police Line, Gram Aaneki Hetampur (21-7-2020) 154. Gram Jagjeetpur Pargana Jwalapur 155. Gram Atmalpur Bogala Pargana Jwalapur (22-07-2020) 156. Mohalla Dhirwaali(chaklan) Jwalapur (22-7-2020) 157. Mohalla Peeth Bazar, Gram Jwalapur (22-7-2020) 158. Gram Dadupur, Govindpuram pargana Roorkee(22-7-2020) 159. Sai Sadan Apartment , Flat No-04, THDC Ranipur(22-7-2020) 160. R-167, shivalik Nagar (22-7-2020) 161. Gram Bhadarpur Jat, Pargana Jwalapur (22-7-2020) 162. Mohalla Chauhanan, gram jwalapur (23-7-2020) 163. Gram Ikad Kala, Pargana Jwalapur(23-7-2020) 164. THDC Colony , Gali No-15, Near Petrol Pump, Ranipur (24-7-2020) 165. House No, A-5, Ranipur (24-7-2020) 166. T-09, Shivalik Nagar (24-7-2020) 167. House No- R-110, shivalik Nagar (24-7-2020) 168. Gram Noorpur, pajanhadi pargana , jwalapur(26-7-2020) 169. Gram Alipur, Ibrahimpur pargana Jwalapur (27-7-2020) 170. Gram Rohalaki kishanpur (28-7-2020) 171. House No-162, Hingiri Colony Near R.K. Mission Road, Kankhal Ward No-31 (28-7-2020) 172. Gram Khedali Pargana Roorkee I (29-7-2020) 173. Gram Khedali Pargana Roorkee II (29-7-2020) 174. Gram Rohalaki kishanpur (30-7-2020) 175. Shivratan City Salempur Mehdood (31-7-2020) 176. Defence Colony, Navodya Nagar (31-7-2020) 177. Navodya Nagar Roshnabad (31-7-2020) 178. Shivratan City Navodya Nagar (31-7-2020) 179. Shivalik Gang Vihar (31-7-2020) 180. Shikhar colony Phase -1 THDC (31-7-2020)
	Total	370	

Uttarakhand State Control Room COVID -19

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Situation Update, Uttarakhand: Today



WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **17** dedicated COVID Hospitals and **356** COVID Care Centres (CCC).

Public Health Action Taken

- To enhance the COVID-19 testing capacity, the State Government has decided to conduct 24x7 testing facility in Govt. Medical College Haldwani, Dehradun & Srinagar Garhwal.
- To combat the COVID-19 pandemic situation, the state government has notified revised discharge policy for cured and treated COVID-19 patients as per the directions of GOI.

APPEAL

Department of Health and Family Welfare, Uttarakhand appeal to citizens of the state to follow the advisory for **Unlock-3**. The detailed guideline is available at health.uk.gov.in.

NOTE:

- After release of the Health Bulletin yesterday at 8.00 PM, Two Hundred Forty Three (243) additional COVID-19 positive cases were reported and Fifty Five (55) COVID-19 positive cases reported today. The description of positive detected patients is as below:

District Name	Number of positive cases	Brief travel history	
Almora	05	01-Pot Blair 03-Contacts of earlier detected positive case	01- Moradabad
Bageshwar	21	04-Delhi 14-Army Personnel	03- Travel history NA**
Chamoli	09	02-Mumbai 01-Pune	01-Delhi 05- Travel history NA**
Dehradun	68	28-Contacts of earlier detected positive case 37- Travel history NA**	03- Health Care Worker
Haridwar	38	30- Contacts of earlier detected positive case	08-Travel history NA**
Nainital	33	06- Detected at Flu clinic 05-Travel history NA**	22- Contacts of earlier detected positive case
Pauri	02	02-Travel history NA**	
Pithoragarh	02	02-Health care worker (Private hospital)	
Tehri	30	01-Dubai	29- Travel history NA**
U.S.Nagar	56	03-Health Care Worker 06-Detected during Antenatal checkup 25- Contacts of earlier detected positive case 16- Travel history NA**	03-Saudi Arab 01-Haryana 02- Detected at Flu clinic
Uttarkashi	34	34-ITBP Personnel/ Contacts of earlier detected positive case	

**Travel history was not available at the time of release of this bulletin

- One Hundred Ninety Four (194) patients discharged in different districts (Almora– 14, Bageshwar– 00, Chamoli– 02, Champawat– 04, Dehradun– 36, Haridwar– 53, Nainital– 32, Pauri– 06, Pithoragarh– 00, Rudraprayag– 02, Tehri– 02, U.S.Nagar– 34 & Uttarkashi– 09).

Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

COVID-19 Control Room Details

State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free No: 104/0135-2609500

email Id: idsputtarakhand@gmail.com

[WhatsApp No. 9412080544](https://www.whatsapp.com/channel/0029va11111111111111111111)

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875,05962-237874,
Bageshwar	05963-220197,
Chamoli	01372-252187, 01372-251437
Champawat	05965-230312 05965-230943, 05965-230819
Dehradun	0135-2724506,
Haridwar	01334-239920, 01334-223999
Paurigarhwal	01368-222213, 01368-221840
Pithoragarh	05964-225142, 05964-226326
Nainital	05942- 231178, 231179, 231181 05946- 281234, 297722, 253850 (Haldwani)
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233946, 01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 01374-222722, 7310913129