

Date: 04-12-2020

Health Bulletin

Time: 06:00 PM



Positive Today: **618**



Recovered Today: **560**



Death Today: **10**



Active Cases: **4994**

S⁺vt_y

Sample Positivity: **5.51%**

R%

Recovery Percentage: **90.82%**

1. Total cumulative Positive COVID-19 detected: **76893**
2. Total Number of COVID-19 Patients Treated/ Cured: **69831**
3. Total COVID-19 patients migrated out of state: **795**
4. Total COVID-19 Deaths: **1273**
5. Number of samples found negative for COVID-19 today: **15401**
6. Total number of samples sent for COVID-19 testing today: **14358**
7. Total number of cumulative samples found negative: **1319438**
8. Total number of samples result awaited: **16946**

होम आईसोलेशन में उपचार प्राप्त कर रहे मरीज अपने रक्त में ऑक्सीजन के घटते हुये स्तर के प्रति रहें सावधान !!

SpO₂ यदि 95% से कम है तो तत्काल चिकित्सकीय परामर्श लें



पल्स ऑक्सीमीटर

होम आईसोलेशन में उपचार प्राप्त कर रहे प्रत्येक मरीज को जनपद की स्वास्थ्य टीम के द्वारा उपलब्ध कराया जा रहा है..

पल्स ऑक्सीमीटर प्राप्त न होने की स्थिति में जनपद के कन्ट्रोल रूम/104 हैल्पलाइन पर सम्पर्क करें ।

पल्स ऑक्सीमीटर के द्वारा आप स्वयं घर में ही अपने ऑक्सीजन स्तर को जांच सकते हैं।

पल्स ऑक्सीमीटर



Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	180	402	67815	39	2475	70290	317
Bageshwar	310	292	41468	13	1215	42683	375
Chamoli	812	990	61022	40	2816	63838	968
Champawat	473	1401	64984	7	1427	66411	505
Dehradun	3934	3,102	205,962	239	22149	228,111	4120
Haridwar	2776	1,877	221,604	48	12295	233,899	3222
Nainital	1252	2480	117389	93	8799	126188	1429
Pauri Garhwal	639	460	97506	34	4334	101840	940
Pithoragarh	516	482	49956	33	2361	52317	613
Rudraprayag	193	242	38406	13	1885	40291	294
Tehri Garhwal	570	432	72814	20	3649	76463	994
US Nagar	1850	2105	200505	21	10410	210915	2166
Uttarkashi	853	1,136	80,007	18	3078	83,085	1003
Total	14358	15401	1319438	618	76893	1396331	16946

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated
Almora	2475	2167	247	16	45
Bageshwar	1215	1059	146	10	0
Chamoli	2816	2428	336	13	39
Champawat	1427	1223	159	7	38
Dehradun	22149	19673	1484	707	285
Haridwar	12295	11,555	521	136	83
Nainital	8799	8135	442	176	46
Pauri Garhwal	4334	3851	412	47	24
Pithoragarh	2361	1984	353	24	0
Rudraprayag	1885	1780	90	9	6
Tehri Garhwal	3649	3282	296	13	58
U.S. Nagar	10410	9,866	334	103	107
Uttarkashi	3078	2,828	174	12	64
Total	76893	69831	4994	1273	795

District-wise Hotspots/ Containment Zones

S.No.	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	06	<p>Dehradun (05)</p> <ol style="list-style-type: none"> Lane Number 3, Kargi Chowk (21-11-2020 to 04-12-2020) Lane No-01, Vivekanand Gram, Loharanthanpur (24-11-2020 to 07-12-2020) 198, Chukkuwala (27-11-2020 to 10-12-2020) Ravindrapuri, Hathibadkala (27-11-2020 to 10-12-2020) 1056 - Indra Nagar, Kanwali, Near Seemadwar (02-12-2020 – 15-12-2020) <p>Mussoorie (01)</p> <ol style="list-style-type: none"> Indra Colony, Kempty Road (26-11-2020 to 9-12-2020)
2	Pauri Garhwal	01	<p>Srinagar (01)</p> <ol style="list-style-type: none"> Hotel Daisy, Srikot Ganaga Nali (25-11-2020)
3	Tehri Garhwal	02	<p>Tehri (1)</p> <ol style="list-style-type: none"> C block, Type 3 (26-11-2020) <p>Kirtinagar (1)</p> <ol style="list-style-type: none"> Kilkileshwar, Kirtinagar (30-11-2020)
	Total	09	



WASH YOUR HANDS

00:00:40
TIME"



WEAR MASK



SOCIAL DISTANCE



6 feet

कोरोना से बचने के लिये
तीन सावधानियां बरतें-

- हाथ धोयें बार बार
- मास्क पहनें
- दूसरे से 6 फीट दूरी

To fight
CORONA



COVID-19
Uttarakhand State Control Room

Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **422** COVID Care Centres (CCC).

Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19 test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

Details of Patients Treated & Cured and Death summary:

- **Treated & Cured:** Five Hundred Sixty (560) patients discharged in different districts (Almora– 08, Bageshwar– 04, Chamoli– 05, Champawat– 01, Dehradun– 139, Haridwar– 215, Nainital– 59, Pauri– 53, Pithoragarh– 47, Rudraprayag– 10, Tehri– 10, U.S. Nagar– 00 & Uttarkashi– 09).
- **Death:** Ten (10) COVID-19 positive patients expired in the state in last 24 hours. As per information provided by the respective hospitals, the death summary is as below:
 - (1) A 44-year-old Male expired in STGH Haldwani due to Bilateral Pneumonitis, Severe Acute Respiratory Distress Syndrome, Type 1 Respiratory Failure, Metabolic Acidosis
 - (2) A 61-year-old Male expired in DH Gopeshwar due to Cardiopulmonary Arrest, Acute Respiratory Distress Syndrome, Carbondioxide Narcosis.
 - (3) An 85-year-old Male expired in Sai Hospital Haldwani due to Cardiopulmonary Arrest, Bilateral Pneumonia.
 - (4) A 75-year-old Female expired in STGH Haldwani due to Sudden Cardiopulmonary Arrest, Severe Acute Respiratory Distress Syndrome, Bilateral Pneumonitis.
 - (5) A 67-year-old Male expired in STGH Haldwani due to Severe Acute Respiratory Illness, Acute Respiratory Distress Syndrome, Type 1 Respiratory Failure, Bilateral Extensive Pneumonitis, Shock.
 - (6) A 77-year-old Female expired in GDMC Dehradun due to Bilateral Pneumonia, Respiratory Failure.
 - (7) A 75-year-old Male expired in GDMC Dehradun due to Type 1 Respiratory Failure, Acute Coronary Syndrome, Cardiopulmonary Arrest.
 - (8) A 60-year-old Female expired in SMIH Dehradun due to Cardiopulmonary Arrest, Bilateral Pneumonia, Type 1 Respiratory Failure.
 - (9) A 68-year-old Female expired in HNB Base Hospital Srinagar due to Cardiopulmonary Arrest.
 - (10) A 65-year-old Male expired in SMIH Dehradun due to Cardiopulmonary Arrest.



SOCIAL DISTANCING
is for your own Safety

Preventive measures

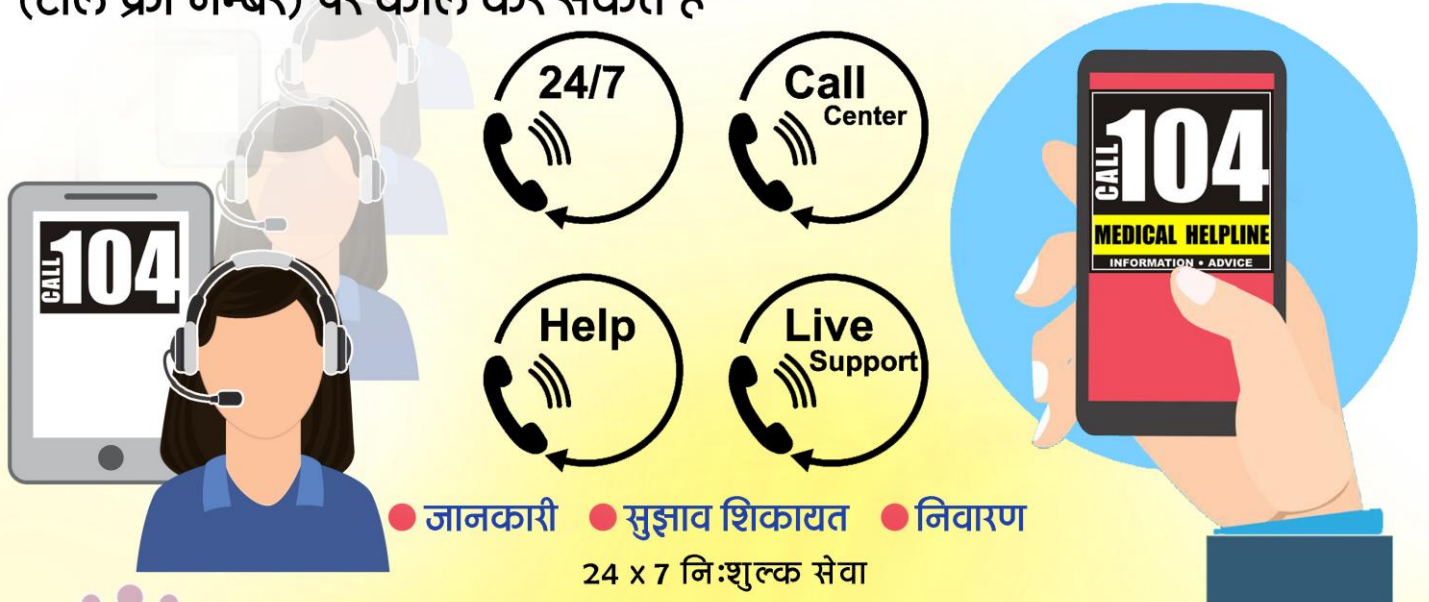
1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

हम प्रतिबद्ध हैं आपकी मदद के लिये.. 24 X 7

आप राज्य सरकार द्वारा संचालित सभी स्वास्थ्य सेवाओं के बारे में जानकारी सुझाव अथवा शिकायतों के निवारण हेतु 104 इन्टग्रेटिड हैल्पलाइन (टोल फ्री नम्बर) पर कॉल कर सकते हैं



24/7 Call Center Help Live Support

● जानकारी ● सुझाव शिकायत ● निवारण
24 x 7 निःशुल्क सेवा

कोविड-19 परीक्षण रिपोर्ट को घर बैठे वेब लिंक के द्वारा प्राप्त करें covid19.uk.gov.in

परीक्षण के समय आपके रजिस्टर्ड मोबाईल नम्बर पर एस. एम. एस के द्वारा **SRF ID** नम्बर भेजा जाता है जिसको उपरोक्त लिंक पर जाकर दर्ज करने पर रिपोर्ट डाउनलोड की जा सकती है



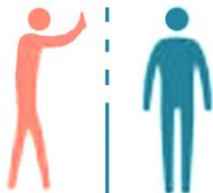
COVID-19
Uttarakhand State Control Room

To fight
CORONA

अगर आप कोविड-19 से संक्रमित हैं...



घर में रहें



दूसरों के
सम्पर्क
में न आरें



खांसते समय
अपने मुंह व नाक
को ढकें

इस्तेमाल के
बाद व्यर्थ सामग्री
को कूड़ेदान में डालें
और हाथों को
अच्छी तरह साफ करें।



सर्फेस एरिया को
साफ रखें



Uttarakhand State Control Room
COVID-19

होम आइसोलेशन

कोविड कंट्रोल रूम
या
टोल फ्री नम्बर 104
से सम्पर्क करें..

देरी कभी भी
घातक हो सकती है..

होम आइसोलेशन में अचानक
सांस लेने में तकलीफ हो या अन्य कोई
और खतरे के लक्षण हो...

ऐसी स्थिति में सावधान रहें व तत्काल
स्वयं को अस्पताल में भर्ती करवायें!



अगर आपमें कोविड -19 के लक्षण
दिखायी दे रहे हैं..

तब अपना टेस्ट अवश्य करवायें

अपने जिले के सरकारी कोविड परीक्षण केन्द्रों की सूची प्राप्त
करने के लिये covid19.uk.gov.in पर जायें



To fight
CORONA

COVID-19
Uttarakhand State Control Room

उत्तराखण्ड साहस

NATIONAL HEALTH MISSION
एनएचएम मिशन

Details of State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free No: 104/0135 2609500

email Id: idsputtarakhand@gmail.com WhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875,05962-237874
Bageshwar	05963-220197
Chamoli	01372-252187, 01372-251437
Champawat	05965-230312 05965-230943, 05965-230819
Dehradun	0135-2724506, 0135-2724506
Haridwar	01334-239920, 01334-223999
Paurigarhwal	01368-222213, 01368-221840
Pithoragarh	05964-225142, 05964-226326
Nainital	05942- 231178, 231179, 231181 05946- 281234, 297722, 253850 (Haldwani)
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233946, 01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 01374-222722, 7310913129

बिना मास्क के बसों में या पब्लिक ट्रांसपोर्ट में यात्रा न करें..ये घातक हो सकता है

सावधानी
बरतें

No mask
no entry

खतरा अभी
टला नहीं है

