Health Bulletin

Date: 04-10-2020
Time: 07:00 PM

Total Positive: **51481**

Total Recovered: **41487**

Migrated Out of State: **253**

Total Active Cases: **9089**

Total Death: **652**

1-	Total Positive COVID-19 detected today	**1419***
2-	Total Number of COVID-19 Patients Treated/ Cured today	**392**
3-	Number of samples found negative for COVID-19 today	**5944**
4-	Total number of samples sent for COVID-19 testing today	**7373**
5-	Total number of samples found negative	**664251**
6-	Total number of samples result awaited	**14275**
7-	Doubling Rate for Uttarakhand (in last 7 days)	**50.37 Days**

Salient Features:

- Percentage **Recovery** for COVID-19 Patient in the state is **80.59%.**
- Out of total samples tested only **7.19%** sample tested **Positive** in Uttarakhand.

Detailed Status of Sample Tested

Districts	Sample Sent to Labs Today	Cumulative Samples Sent to Labs	Negative			Positive				Results Awaited** (including sample sent to labs today)	Repeat/ In-conclusive/ Rejected Samples
			Negative Today		Negative Cumulative (including Pvt. Lab)	Positive Today			Positive Cumulative (including Pvt. Lab)		
			Govt. Lab	Pvt. Lab		Govt. Lab	Pvt. Lab	Total			
Almora	250	46265	48	0	43438	0	0	0	1543	914	370
Bageshwar	413	21262	53	126	19840	3*	23*	26	680	586	156
Chamoli	633	33054	432	293	29316	26*	22*	48	1139	1298	1301
Champawat	389	36242	97	275	34312	5*	25*	30	878	389	663
Dehradun	1071	112543	744	297	93848	311*	161*	472	13946	2603	2146
Haridwar	1263	122330	92	120	108749	58*	106*	164	9800	1803	1978
Nainital	345	59673	158	296	51937	36*	53*	89	6120	970	646
Pauri Garhwal	256	38936	273	50	34292	52*	6*	58	2098	1651	895
Pithoragarh	200	33439	6	35	31470	18*	11*	29	1115	676	178
Rudraprayag	254	22550	312	0	21057	30*	0	30	758	448	287
Tehri Garhwal	169	50766	384	0	46944	196*	0	196	2634	173	1015
US Nagar	1629	117048	343	1070	103171	25*	150*	175	8603	2263	3011
Uttarkashi	501	49443	187	253	45877	22*	80*	102	2167	501	898
Total	7373	743551	3129	2815	664251	782	637	1419	51481	14275	13544

It includes Nine Hundred Sixty Eight (968) COVID-19 Positive cases from district Almora (00), Bageshwar (11), Chamoli (27),Champawat (25), Dehradun (327), Haridwar (121), Nainital (54), Pauri (30) , Pitoragarh (21), Rudraprayag (16), Tehri (141), U.S.Nagar (125) & Uttarkashi (70) reported last night dated 03.10.2020.
**This is not actual number of pending samples, it includes results awaited, pending samples, rejected samples & result withheld.

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Uttarakhand State Control Room COVID-19

Integrated Disease Surveillance Programme
Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun
Details of Districts having Positive COVID-19 Cases

Districts	No. of Positive Cases till Date	No. of Positive Cases Treated/ Cured till Date	Active Cases in the District	Deaths	Migrated Positive Cases	Days Since Last Positive Case
Almora	1543	1322	209	8	4	2
Bageshwar	680	552	124	4	0	0
Chamoli	1139	857	279	0	3	0
Champawat	878	619	255	4	0	0
Dehradun	13946	10809	2771	313	53	0
Haridwar	9800	7946	1719	100	35	0
Nainital	6120	5152	824	117	27	0
Pauri Garhwal	2098	1395	660	20	23	0
Pithoragarh	1115	840	270	5	0	0
Rudraprayag	758	593	162	2	1	0
Tehri Garhwal	2634	1999	623	4	8	0
U.S. Nagar	8603	7801	658	66	78	0
Uttarkashi	2167	1602	535	9	21	0
Total	**51481**	**41487**	**9089**	**652**	**253**	

District-wise Hotspots/ Containment Zones

S.No	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)	
1	Dehradun	75	**Dehradun (71)** 1. 152 Ankit Vihar Kaulagarh (15-09-2020) 2. Lohar Gali 256-A, Dhakra Nageshwar Gadi (16-09-2020) 3. 46/5, Park Road, Near Verma Quarter (18-09-2020) 4. Hill view colony Indranagar (18-09-2020) 5. 107 Teachers colony (18-09-2020) 6. Duggal Villa Kitabghar Mussorrie (19-09-2020) 7. East Patelnagar , House No-305/4-2 (21-09-2020) 8. Chrisitan Village St. George School (21-09-2020) 9. Sai Mandir to Canal Roa, shipra Vihar colony (21-09-2020) 10. New colony Ranjhawaala Raipur (21-09-2020) 11. Deal House, Deal Colony (21-09-2020) 12. Balawala (21-09-2020) 13. Jagriti vihar, Nathanpur (Ring Road) (21-09-2020) 14. 159 Kishan nagar, Barthwal Niwas (21-09-2020) 15. A-3 & A-4 Bairaj Upangaram (21-09-2020) 16. Friends Enclave, Defence Colony (21-09-2020) 17. Indresh Nagar , Kanwali Road (Parshad Waali Gali) (22-09-2020) 18. 137, Doon Vihar Jakhan (22-09-2020) 19. Lower Nathanpur (Shantikunj colony) (22-09-2020) 20. Upper Tunwaala (Maurya colony) (22-09-2020) 21. Naya Gaon Vijapur Hathi Badkala Ward No-02 (23-09-2020) 22. New Cantt Road, Shakti colony, Near ICICI Bank (23-09-2020) 23. Chaman Vihar, Lane No-05 (23-09-2020) 24. ITM Landour Cantt (23-09-2020) 25. Ordnance Factory , Quarter Raipur (24-09-2020) 26. Engineers Enclave (24-09-2020) 27. Mohkampur Kala (Kalinka Vihar) Majari Maffi (24-09-2020) 28. 01 Teacher Colony, govind Garh (24-09-2020) 29. Officers Colony Race course Mandir (24-09-2020) 30. Lane no-04, Ekta Vihar , Gram Aamwala (24-09-2020) 31. 67 Hemkunj Colony, Near IMA, blood Bank Chakrata Road (24-09-2020) 32. Sewalakala , Krishna Vihar (26-09-2020) 33. BSA Office, Mata Mandir Road, Ajabpur Kala (26-09-2020) 34. Trimurti Enclave Doon University (26-09-2020) 35. Shanti Vihar Ajabpur Kala , Phase -1 (26-09-2020) 36. Near Vivekanand Bal vatika School Haripur Nwada (26-09-2020) 37. Dev Rishi Enclave , Gali No-10, Near Thana Patelnagar (26-09-2020) 38. Madhur Vihar , Lane No-02, Shastradhara Road (26-09-2020) 39. Rest Camp Road , Near Sunder Residency (26-09-2020) 40. Harshdev Enclave, Dharampur Danda Ambiwaala Gurdwara Road (26-09-2020)	**Doiwala (1)** 1. Aambagh Gali no-02, UKG Apartment (21-09-2020) **Vikasnagar (3)** 1. Ward No-06, Babugarh (15-09-2020) 2. Ward No- 12, Gram Mehuwala Pargana pachwadoon (15-09-2020) 3. Ward No-02, Vidhya peeth marg, Babugarh (15-09-2020)

#	District	Count		
			41. Siddharth Enclave, Lower Nathanpur (28-09-2020)	
			42. Garhi Cantt (Shani Mandir) (28-09-2020)	
			43. Satya Vihar, anshik Ballupur Road (28-09-2020)	
			44. 20 River Rispana , block -02, Praveen Painter Waali Gali Khateek Mohalla (28-09-2020)	
			45. Saraswati Puram, Chaktunwaala (28-09-2020)	
			46. House No-10, Kali Mandir Enclave Lane no-07, GMS Road (28-09-2020)	
			47. Daudwaala, Mathorawala (28-09-2020)	
			48. 24 Turner Road (28-09-2020)	
			49. 6/9 ONGC Gram Kaulagarh (28-09-2020)	
			50. Laxmi Narayan Colony , Raipur Near Aulikhana Road, Tagore Niketan (28-09-2020)	
			51. 02 Govind Nagar, Race Course (28-09-2020)	
			52. 63 Canal Road, Chander Niwas Ballupur (28-09-2020)	
			53. G-32, Race course (28-09-2020)	
			54. Sainik Colony, Haripur Nawada (28-09-2020)	
			55. 20 Neshvilla Road (28-09-2020)	
			56. Ordance Factory, quarter Raipur (28-09-2020)	
			57. 101 Rajpur Road , Chandralok colony (28-09-2020)	
			58. Chaman Vihar Phase 02, Lane No-03, Near ITB Road (29-09-2020)	
			59. Bengali Mohalla (29-09-2020)	
			60. THDC Colony Ajabpurkala I (29-09-2020)	
			61. THDC Colony Ajabpurkala II (29-09-2020)	
			62. Lane no- 03 Vanni Vihar (30-09-2020)	
			63. 572/2 Indra Nagar (30-09-2020)	
			64. Lower Nehru Gram, Near Him Putra Gim (Nehru Gram PHC) (02-10-2020)	
			65. IHM Garhi Cantt (02-10-2020)	
			66. Keshav Road, Laxman Chownk (02-10-2020)	
			67. 232 Garhi Cantt (02-10-2020)	
			68. Sachivalya colony, Kedarpur (02-10-2020)	
			69. 87, New Basti , River Rispana Workshop, Near Riaspana Pull (02-10-2020)	
			70. R.K. diyagrant (Majra Shyampur) (02-10-2020)	
			71. Gram Kargi Chanchak Road Near Dr. Bengali (02-10-2020)	
2	Uttarkashi	14	**Bhatwari (8)** 1. District Hospital , Awasiya Colony (13-09-2020) 2. Gram Kumalti, Madhya Pilot Baba Ashram (18-09-2020) 3. Gram Gyansu Patti Badahat I (18-09-2020)\ 4. Gram Gyansu Patti Badahat II (18-09-2020) 5. Gram Gyansu Patti Badahat III (18-09-2020) 6. Gram Gyansu Patti Badahat IV (18-09-2020) 7. Gram Badahaat , Madhya Bhairav Chownk Nasim Gali (21-09-2020) 8. Gram Manpur , Patti Badhaghadi (03-10-2020)	**Barkot (2)** 1. Gram Bagyasu (14-09-2020) 2. Ward No-03, Nagar Panchayat, Naugaon (23-09-2020) **Dunda (3)** 1. Gram Jaspur (18-09-2020) 2. Gram Singoti (24-09-2020) 3. Dikthaul village (25-09-2020) **Purola (1)** 1. Pandigaon (21-09-2020)
3	Tehri	02	**Ghansali (1)** 1. Gram Pipola , Patti Dungmandar (15-09-2020)	**Kirtinagar (1)** 1. Ward No-05, Gram Naithana Patti Chauras (09-09-2020)
4	Pauri	11	**Srinagar (3)** 1. Gram Thamkeshwar Patti , Katulsyu (18-09-2020) 2. Sukuld Mohalla , Vidhya Vihar (18-09-2020) 3. Bahuguna Marg, Idgah Gali (21-09-2020)	**Kotdwar (2)** 1. Durgapuri Kotdwar (8-9-2020) 2. Kamla Nehru Marg (8-09-2020) **Pauri (6)** 1. Gram Simkhet, Patti, Guddaudsayu (9-09-2020) 2. Gram Kund (18-09-2020) 3. Gram Naithana (18-09-2020) 4. Khand shiksha Adhikari Office, Kaljikhal Patti Patwalsayu (21-09-2020) 5. Gram Pokhrigaon , Patti Guddaudsayu (21-09-2020) 6. Gram Githali, Patti Khatsayu 03 (21-09-2020)
5	Haridwar	96	**Roorkee (22)** 1. Ward no-21, Subhash Nagar II (17-09-2020) 2. Gram Baswakhayi, pargana mangalore (17-09-2020) 3. Gram Lathardeva hun, pargana Mangalore (17-09-2020) 4. Gram Nizampur pargana mangalore (17-09-2020) 5. Ward No-29, Near Durga chownk , Deen Dayal (17-09-2020) 6. Ward No-04, Aaramsheen Road, Khanjarpur (17-09-2020) 7. P-06, vikas Kunj IIT (17-09-2020) 8. Ward No- 2349, New Adarsh Nagar (17-09-2020) 9. Ward no- 2389, New Adarsh Nagar (17-09-2020) 10. Gram Matlabpur (18-09-2020) 11. Ward No-20, Near Neha Telecom , Hanuman colony (18-09-2020) 12. Ward No-18, Gandhi Nagar (18-09-2020) 13. Ward No-16, Subhash Nagar (18-09-2020)	**Haridwar (64)** 1. 45 Gali no-03, ambedkar Nagar Jwalapur (16-09-2020) 2. Gali No-05, 309 Ambedkar Nagar Jwalapur (16-09-2020) 3. Dhogila Basti, Mohalla Kadach Jwalapur (16-09-2020) 4. Gali No-02, ambedkar Nagar Jwalapur (16-09-2020) 5. Ahwab Nagar Jwalapur (16-09-2020) 6. 15 Gandhi Ashram , vishnu Garden Kankhal (16-09-2020) 7. 530 Model Colony (16-09-2020) 8. B-142, Rajnagar Jwalapur (16-09-2020) 9. Nandpuri Haridwar (16-09-2020) 10. Nandpuri Jwalapur (16-09-2020) 11. 511/2/1Bail Haridwar (16-09-2020) 12. 55/3/2 Bail Haridwar (16-09-2020) 13. 88/3/2 BHEL Ranipur (16-09-2020) 14. Near Ashram Luthra Nursing Home waali Gali Subhashnagar (16-09-2020)

14. Bhagirathi Kunj, Ganeshpur (18-09-2020)
15. House No-16, Hari Ashram Colony (19-09-2020)
16. Ward no-28, Near Balmiki Dharamshala Chandrapuri (19-09-2020)
17. Ward No- 25, Gali No-07, Ramnagar (19-09-2020)
18. Ward no-30, Jhatiyo Waali Gali , Paschmi Amber Talab (19-09-2020)
19. Gali no-03, Premnagar Salempur Rajputan (20-09-2020)
20. Ward no-37, Near Vishwa Karma Chownk, Paschmi Amber Talab (22-09-2020)
21. Ward No-30, Lal Waali Gali, Paschmi Amber Talab (22-09-2020)
22. Gram Lathardev (23-09-2020)

Laksar (9)

1. Ward no- 03, Rahimpur (18-09-2020)
2. Ward no- 05, Mirzapur (19-09-2020)
3. Ward no-03, Mirzapur (19-09-2020)
4. Ward no- 03, Abdul Rahimpur (19-09-2020)
5. Akoda Khurd (20-09-2020)
6. Ward No-10, Sidhdu (24-09-2020)
7. Ward No- 09, Akoda Khurd (24-09-2020)
8. Ward no-02, Akoda Khurd (24-09-2020)
9. Ward No-05, Akoda Khurd (24-09-2020)

Bhagwanpur (1)

1. Majra Gomtipur (18-09-2020)

15. Mohalla Kadach Jwalapur (16-09-2020)
16. Mohalla Neelkhudana , near subhash Saini shop (16-09-2020)
17. Mohalla Chaklan Jwalapur (16-09-2020)
18. Subhash Nagar A-12 (16-09-2020)
19. Gali no-A3, Subhash Nagar Jwalapur (16-09-2020)
20. A-609, Rishabh tower , Juice Country (16-09-2020)
21. H-417 Rishabh Tower (16-09-2020)
22. Ratan Vihar Colony Near Rajlok Jwalapur (16-09-2020)
23. Hari Lok Colony M-89 (16-09-2020)
24. Near Rajlok , Ved Lok colony Saray Road (16-09-2020)
25. Quarter No-08, Type -03, Police Line Roshnabad (16-09-2020)
26. Navodhya Nagar , Near Bikaner Sweet shop, Salempur Mehdood (16-09-2020)
27. Quarter No-23, Type -02, Police Line Roshnabad (16-09-2020)
28. Quarter no-20 Type -01, Police Line Roshnabad (16-09-2020)
29. Quarter No-18, Type -02, Police Line Roshnabad (16-09-2020)
30. K-61, Type 02, Police Line Roshnabad (16-09-2020)
31. Himgiri colony Kankhal (16-09-2020)
32. Vilkeshwar Colony (16-09-2020)
33. Lodhamandi Tata Motors back side (16-09-2020)
34. Shiv Kutiya gali , Brahampuri (16-09-2020)
35. Back side of tata motors lodhamandi rishikul (16-09-2020)
36. Indra Vikas Colony (16-09-2020)
37. Opposite Shri Ram Kutti Rajpoot Dharamshala, R.K. Mission Road kankhal (16-09-2020)
38. Rishikul Parisar (16-09-2020)
39. Rishikul Vidhya Peeth (16-09-2020)
40. Gram Rohalki Kishanpur (16-09-2020)
41. Sector 5B Type 3, House no-282 (16-09-2020)
42. Shivratan city Navodhya Nagar (16-09-2020)
43. Gram Jiyapota Mangla Devi (16-09-2020)
44. Kachii Ashram Bhupatwaala (16-09-2020)
45. Awasiya colony, Ayurvedic Chiktsalya Gurukul Kangadi (16-09-2020)
46. P-3, A-15/16 Deep Ganga Apartment Salempur Mehdood (16-09-2020)
47. P-3 A-¾, Deep Ganga Apartment Salempur Mehdood (16-09-2020)
48. Shyampur Nauhabad (16-09-2020)
49. Shanti Vihar Aryanagar (17-09-2020)
50. Backside of Sitapur Inter college (17-09-2020)
51. A-14, Subhashnagar Jwalapur (17-09-2020)
52. Sector No-5A Type 4, House No-6B (17-09-2020)
53. Gudal Road , dheerwaali (17-09-2020)
54. Gudal Road, Dheerwaali (17-09-2020)
55. Shanti Vihar Aryanagar, Pir Waali Gali (17-09-2020)
56. Gudal road Dheerwaali (17-09-2020)
57. Quarter no-02, Type 2 Police Line Roshanbad (17-09-2020)
58. Shivalik Ganga Vihar , Phase -2, Roshnabad (17-09-2020)
59. Gram Ferupur , Ram Kheda (17-09-2020)
60. P-4,105 Deep Ganga apartment Salempur Mehdood (17-09-2020)
61. H- cluster Shivalik Nagar (17-09-2020)
62. Dadabhai Niskam Dham Kangadi (17-09-2020)
63. Shyampur Nauhabad (23-09-2020)
64. Pipal Waali Gali, Gram Gajewaali (23-09-2020)

6	Nainital	46	**Haldwani (46)**	

1. Mohalla Sarswati Vihar, R.k, Tent house, Road Thana Mukhani Haldwani (25-09-2020)
2. Near Laxmi Shishu Mandir Bareilly Road (25-09-2020)
3. Shri Hari Niwas, Harinagar Kusumkheda (25-09-2020)
4. Talla Himmatpur Kamulwaganja Road (25-09-2020)
5. Laxmi Vihar 02 Nahariya (25-09-2020)
6. Near FCI Godam Bhagwati Enclave Phase 1, Kamulwaganj (25-09-2020)
7. Jagdamba Nagar, Bhotiya Padao (25-09-2020)
8. Panchsheel colony Phase -2, Pilli Kothi Road Thana Mukhani (25-09-2020)
9. Near Malli Bhamori Pannchakki, Dhamuwadhunga (25-09-2020)
10. Near Gurudwara , Kaladhungi Road (25-09-2020)
11. Gali no-01, Unchapull Thana Mukhani (25-09-2020)
12. Gali No-02, Rampur Road
13. Backside of Abdullah Petrol Pump, R.K. Tent Road Kusumkhera (25-09-2020)
14. Rampur Road (25-09-2020)
15. Manpur, Paschim Rampur Road (25-09-2020)
16. Bhotiya Padao, Near Petrol Pump (25-09-2020)
17. Bank colony,02 Nahariya (25-09-2020)
18. Anand Bagh Talla Gorakhpur (25-09-2020)
19. Shakawat Ganj, Malla Gorakhpur (25-09-2020)
20. Shivpuri Bhavani ganj bholanath garden haldwani (29-09-2020)
21. CMT Colony Vishnu Vihar Haldwani (29-09-2020)
22. Joshi vihar Gaujajali barelly road haldwani(29-09-2020)

			23. Mridul Vihar Pilikothi haldwani (29-09-2020) 24. Bhumiya Vihar gas godam road kusumkhera haldwani (29-09-2020) 25. Near KVM public school heera nagar haldwani (29-09-2020) 26. B 54 judge farm near akriti school haldwani (29-09-2020) 27. Prem vihar gali bhagwanpur thana mukhani haldwani(29-09-2020) 28. Shiv sai colony bithoriya no.01 thana mukhani haldwani (29-09-2020) 29. Sunlight enclave talli bamori, lal danth haldwani(29-09-2020) 30. Lohriyasaal talla, keshar colony haldwani (29-09-2020) 31. Bedi khata, near patanjali store, damuwadunga kathgodam (29-09-2020) 32. Narsingh Talla, Kamluwaganj (01-10-2020) 33. B-38, Roop Nagar, choti mukhani (01-10-2020) 34. A-one Gali, Bareilly Road Dhanmill (01-10-2020) 35. Chadyal Nayak, Gas Godam Road (01-10-2020) 36. Door Sanchar Colony , Awas Vikas (01-10-2020) 37. Barahi Vihar Colony, Near Gurukul School, Kamluwaganja (01-10-2020) 38. A-19, Gayatri Nagar , Phase -03, RTO Road , Kusum kheda (01-10-2020) 39. Mission church Compound Nainital Road (01-10-2020) 40. Himmatpur Talla, Kathdhariya (01-10-2020) 41. Ward no-12, Near Sarkari School , Rajpura (01-10-2020) 42. Om Vihar Dhariya (01-10-2020) 43. Jamrani Chauraha, Damuwadhunga (01-10-2020) 44. Kedarpuram talli puram (01-10-2020) 45. Kaal Tax, Near Jal Sansthan, shish Mahal (01-10-2020) 46. GaujaJali, Uttar Bareilly Road (01-10-2020)	
7	Rudra-prayag	1	**Agastyamuni (1)** 1. Ward No. 5, Vijay Nagar (06-092020)	
8	Champawat	2	**Tanakpur (2)** 1. Cement Road Ward no-07 (04-09-2020) 2. Ward no-08, Main Market (04-09-2020)	
	Total	**247**		

6 FEET
SOCIAL
DISTANCING
is for your own Safety

Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **34** dedicated COVID Hospitals and **413** COVID Care Centres (CCC).

Public Health Action Taken

- To enhance the COVID-19 testing capacity, the State Government has decided to conduct 24x7 testing facility in Govt. Medical College Haldwani, Dehradun & Srinagar Garhwal.

- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.

- To facilitate the early management of COVID-19 positive patients, the State Goverment has designated 16 Private Hospitals as COVID dedicated facility.

- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

Details of Patients Treated & Cured and Death summary :

- **Treated & Cured :** Three Hundred Ninety Two (392) patients discharged in different districts (Almora– 25, Bageshwar– 01, Chamoli– 17, Champawat– 00, Dehradun– 158, Haridwar– 28, Nainital– 46, Pauri– 22, Pithoragarh–00, Rudraprayag– 37, Tehri– 18, U.S.Nagar– 20 & Uttarkashi– 20).

- **Deaths :** Four (04) COVID-19 positive patients expired in the state. As per information provided by the respective hospitals, the death summary is as below:
  - (1) A 52 year old female expired in AIIMS Rishikesh due to Cardigenic Shock, COVID Acute Respiratory Distress Syndrome & Sepsis.
  - (2) A 70 year old female expired in Dr. Susheela Tiwari Govt. Hospital, Haldwani. As per death summary/audit reports provided by district, the deceased was expired due to Bilateral Pneumonitis, Severe Acute Respiratory Distress & Type 1 Respiratory Failure.
  - (3) A 40 year old male expired in Dr. Susheela Tiwari Govt. Hospital, Haldwani due to Bilateral Pneumonitis, Acute Respiratory Distress Syndrome, Chronic Kidney Disease on Maintenance Hemodialysis & Shock.
  - (4) A 63 year old female expired in Dr. Susheela Tiwari Govt. Hospital, Haldwani due to Severe Acute Respiratory Illness, Bilateral Pneumonitis, Acute Respiratory Distress Syndrome, Type 1 Respiratory Failure & Shock.
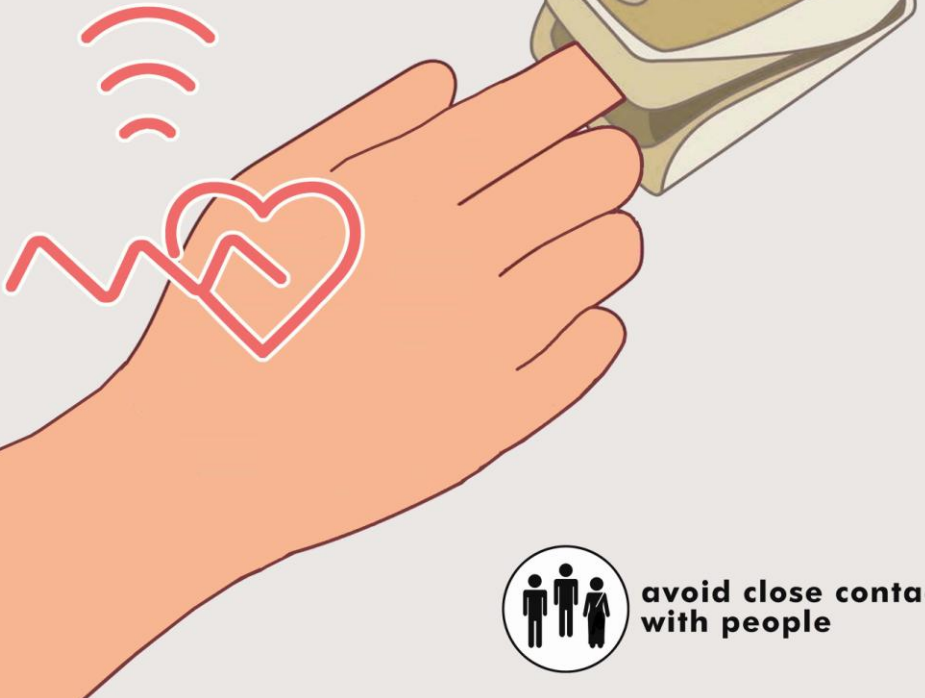
Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to citizens of the state to follow the advisory for **Unlock-5**. The detailed guideline is available at health.uk.gov.in.

- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

Details of State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free No: 104/0135 2609500
email Id: idsputtarakhand@gmail.com WhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875,05962-237874,
Bageshwar	05963-220197,
Chamoli	01372-252187, 01372-251437
Champawat	05965-230312 05965-230943, 05965-230819
Dehradun	0135-2724506,
Haridwar	01334-239920, 01334-223999
Paurigarhwal	01368-222213, 01368-221840
Pithoragarh	05964-225142, 05964-226326
Nainital	05942- 231178, 231179, 231181 05946- 281234, 297722, 253850 (Haldwani)
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233946, 01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 01374-222722, 7310913129