

Date: 28-10-2020

Health Bulletin

Time: 07:00 PM



Positive Today: **304**



Recovered Today: **463**



Death Today : **02**



Active Cases: **3696**

S⁺ty

Sample Positivity: **6.21%**

R%

Recovery Percentage: **91.53%**

1.	Total cumulative Positive COVID-19 detected :	61261
2.	Total Number of COVID-19 Patients Treated/ Cured :	56073
3.	Total COVID-19 patients migrated out of state :	483
4.	Total COVID-19 Deaths :	1009
5.	Number of samples found negative for COVID-19 today :	11743
6.	Total number of samples sent for COVID-19 testing today :	13207
7.	Total number of cumulative samples found negative :	924796
8.	Total number of samples result awaited :	17647

कोविड को हराने के लिये शरीर की रोग प्रतिरोधकता को बढ़ाना जरूरी है-

- + ताजा, गर्म, शीघ्र पचने वाला हल्का भोजन करें.
- + यथासंभव गर्म पानी का सेवन करें.
- + चीनी से बने पदार्थों का सेवन कम से कम करें.
- + प्रतिदिन एक चम्मच च्यवनप्राश का प्रयोग करें.
- + तुलसी, दालचीनी, कालीमिर्च व सौंठ 1/2 चम्मच मुनक्का से निर्मित आयुष पेय/हर्बल चाय का स्वादानुसार नींबू /गुड़ आदि को मिलाकर दिन में 1-2 बार सेवन करें.
- + हल्दी, धनिया, जीरा, लहसुन आदि व अन्य मसालों का भोजन में नियमित प्रयोग करें.
- + प्रतिदिन 10 से 45 मिनट कार्मन योग प्रोटोकाल का अभ्यास करें.
- + धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।



च्यवनप्राश



Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Cumulative Samples Sent to Labs	Negative		Positive		Results Awaited (including sample sent to labs today)	Repeat/ Inconclusive/ Rejected Samples
			Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	350	59565	222	56653	4	1815	681	416
Bageshwar	224	32231	650	31021	10	910	102	198
Chamoli	727	46402	559	42800	23	1730	380	1492
Champawat	342	49523	830	45461	8	1131	1792	1139
Dehradun	1697	152816	1391	131297	79	16998	1850	2671
Haridwar	2563	165811	1428	149499	29	10909	3019	2384
Nainital	1552	87706	1632	77586	47	7213	1949	958
Pauri Garhwal	1420	69893	1181	64993	38	2836	748	1316
Pithoragarh	485	39989	515	38070	5	1439	265	215
Rudraprayag	460	32904	667	31251	23	1163	108	382
Tehri Garhwal	618	63241	246	57154	14	3025	1627	1435
US Nagar	1846	158556	2218	140775	18	9424	3989	4368
Uttarkashi	923	63328	204	58236	6	2668	1137	1287
Total	13207	1021965	11743	924796	304	61261	17647	18261

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated
Almora	1815	1695	86	9	25
Bageshwar	910	797	105	8	0
Chamoli	1730	1514	191	1	24
Champawat	1131	983	134	6	8
Dehradun	16998	15395	870	578	155
Haridwar	10909	10327	398	121	63
Nainital	7213	6651	381	143	38
Pauri Garhwal	2836	2317	466	29	24
Pithoragarh	1439	1256	178	5	0
Rudraprayag	1163	962	198	2	1
Tehri Garhwal	3025	2796	212	5	12
U.S. Nagar	9424	8995	240	93	96
Uttarkashi	2668	2385	237	9	37
Total	61261	56073	3696	1009	483

District-wise Hotspots/ Containment Zones

S.No.	District	Number of Containment Zone	Name of Containment Zone (Date of Start of Containment Zone)
1	Dehradun	07	<p>Dehradun (7)</p> <ol style="list-style-type: none"> 1. Ranjhawala Daang Raipur (Daang Road Patwari waali Gali) (14-10-2020) 2. 4/3 Bhandari Bagh Near Kali Mandir (17-10-2020) 3. Shahid Jaideep Bhandari Marg Colony, Lower Nehrugram Raipur (17-10-2020) 4. 215 Raksha Vihar, Phase-02, back side of Doon World School, Raipur Road (19-10-2020) 5. 23 Dharampur, City Board School waali Gali (19-10-2020) 6. 97 A, Neshvilla Road (20-10-2020) 7. 95 Basant Vihar, Indra nagar, Kanwali Road (20-10-2020)
2	Uttarkashi	03	<p>Dunda (2)</p> <ol style="list-style-type: none"> 8. Punjabi Mohalla, Patti Barsali (12-10-2020) 9. Mansood, Tok barethi (12-10-2020) <p>Bhatwari (1)</p> <ol style="list-style-type: none"> 1. Robin Rana House, Kansain (13-10-2020)
3	Pauri	01	<p>Kotdwar (1)</p> <ol style="list-style-type: none"> 1. Kashirampur , Talla Kotdwar (10-10-2020)
4	Haridwar	05	<p>Haridwar (3)</p> <ol style="list-style-type: none"> 1. Near Shiv Mandir, Salempur Mehdood (9-10-2020) 2. Salempur Mehdood (9-10-2020) 3. Chidanand Kushti, Ashram Chandi Ghat (12-10-2020) <p>Laksar (2)</p> <ol style="list-style-type: none"> 1. Ward No-03, Railway Colony I (16-10-2020) 2. Ward No-03, Railway Colony I (16-10-2020)
5	Champawat	02	<p>Tanakpur (2)</p> <ol style="list-style-type: none"> 1. Ward No-06, NPP Tanakpur (04-09-2020) 2. Ward no-04, NPP Tanakpur (04-09-2020)
	Total	18	

Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **37** dedicated COVID Hospitals and **417** COVID Care Centres (CCC).

Public Health Action Taken

- To enhance the COVID-19 testing capacity, the State Government has decided to conduct 24x7 testing facility in Govt. Medical College Haldwani, Dehradun & Srinagar Garhwal.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- To facilitate the early management of COVID-19 positive patients, the State Government has designated 19 Private Hospitals as COVID dedicated facility.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

Details of Patients Treated & Cured and Death summary :

- **Treated & Cured** : Four Hundred Sixty Three (463) patients discharged in different districts (Almora– 24, Bageshwar– 08, Chamoli– 20, Champawat– 08, Dehradun– 127, Haridwar– 20, Nainital– 85, Pauri– 53, Pithoragarh– 05, Rudraprayag– 08, Tehri– 23, U.S.Nagar– 52 & Uttarkashi– 30).
- **Deaths** : Two (02) COVID-19 positive patients expired in the state in last 24 hours. As per information provided by the respective hospitals, the death summary is as below:
 - (1) A 41 year old male expired in AIIMS Rishikesh, Dehradun on 27.10.2020 due to Sepsis, Septic Shock & COVID Pneumonia.
 - (2) A 59 year old male expired in Dr. Susheela Tiwari Govt. Hospital, Haldwani on 28.10.2020 due to Severe Acute Respiratory Illness, Bilateral Pneumonitis, Aspiration Pneumonitis & Shock.

Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to citizens of the state to follow the advisory for **Unlock-5**. The detailed guideline is available at health.uk.gov.in.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.



**कोविड संक्रमण होने पर
चाहे आप होम आइसोलेशन
में हों या चिकित्सालय में हों..**

**“चिकित्सीय परामर्श के
अनुसार चले एवं दवाओं
का नियमित रूप से
अवश्य सेवन करें”**

**To fight
CORONA**

COVID-19
Uttarakhand State Control Room

Covid-19 Vaccination के सम्बन्ध में

प्रदेश के सभी हेल्थ केयर कर्मियों का डेटा लिया जा रहा है ..

सभी चिकित्सा इकाईयों (सरकारी / प्राइवेट) के Facility incharge अपने जनपद के मुख्य चिकित्साधिकारी से सम्पर्क करें

Health Care workers DATA

अधिक जानकारी के लिये टोल फ्री नं० 104 पर काल करें

Details of State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free No: 104/0135 2609500
email Id: idsputtarakhand@gmail.com WhatsApp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237875,05962-237874,
Bageshwar	05963-220197,
Chamoli	01372-252187, 01372-251437
Champawat	05965-230312 05965-230943, 05965-230819
Dehradun	0135-2724506,
Haridwar	01334-239920, 01334-223999
Paurigarhwal	01368-222213, 01368-221840
Pithoragarh	05964-225142, 05964-226326
Nainital	05942- 231178, 231179, 231181 05946- 281234, 297722, 253850 (Haldwani)
TehriGarhwal	01376-232093, 01376-232831
Rudraprayag	01364-233946, 01364-233727
U.S. Nagar	05944-246590, 05944-250250
Uttarkashi	01374-222641, 01374-222722, 7310913129