

Date: 02-01-2021

Health Bulletin

Time: 06:00 PM



कठिन जिंदगी और सरल हो,
सबके लिए सुरक्षित पल हो,
अब शायद उसका भी हल हो..



मास्क का
प्रयोग करें



साबुन से हाथ धोयें
या सैनेटाइजर का
प्रयोग करें



FEET
परस्पर दूरी
है जरूरी



दवाई भी.. कड़ाई भी

जिन्दगी जीतेगी, कोविड हारेगा..



Positive Today: **263**



Recovered Today: **463**



Death Today: **07**



Active Cases: **4364**

S⁺ty

Sample Positivity: **5.07%**

R%

Recovery Percentage: **92.26%**

- Total cumulative Positive COVID-19 detected: **91544**
- Total Number (%) of COVID-19 Patients Treated/ Cured: **84461 (92.26%)**
- Total Number (%) of COVID-19 patients migrated out of state: **1197 (1.31%)**
- Total Number (%) of COVID-19 Deaths: **1522 (1.66%)**
- Number of samples found negative for COVID-19 today: **13423**
- Total number of samples sent for COVID-19 testing today: **10917**
- Total number of cumulative samples found negative: **1713513**
- Total number of samples result awaited: **11468**

Detailed Status of Sample Tested

| Districts | Samples Sent to Labs Today | Negative | | Positive | | Cumulative Samples Tested | Results Awaited (including sample sent to labs today) |
|---------------|----------------------------|---------------------------|--|---------------------------|--|---------------------------|---|
| | | Negative in last 24 hours | Negative Cumulative (including Pvt. Lab) | Positive in last 24 hours | Positive Cumulative (including Pvt. Lab) | | |
| Almora | 88 | 201 | 77566 | 4 | 3076 | 80642 | 227 |
| Bageshwar | 220 | 325 | 48345 | 6 | 1509 | 49854 | 220 |
| Chamoli | 261 | 400 | 78783 | 9 | 3387 | 82170 | 262 |
| Champawat | 421 | 147 | 82584 | 4 | 1739 | 84323 | 665 |
| Dehradun | 2699 | 2874 | 292293 | 73 | 27470 | 319763 | 2738 |
| Haridwar | 2271 | 2783 | 295301 | 27 | 13440 | 308741 | 2293 |
| Nainital | 1256 | 1283 | 158558 | 65 | 11476 | 170034 | 1258 |
| Pauri Garhwal | 531 | 746 | 118400 | 13 | 5020 | 123420 | 562 |
| Pithoragarh | 188 | 256 | 63599 | 14 | 3243 | 66842 | 189 |
| Rudraprayag | 141 | 185 | 46736 | 5 | 2213 | 48949 | 143 |
| Tehri Garhwal | 439 | 713 | 89916 | 9 | 4135 | 94051 | 442 |
| US Nagar | 1977 | 2520 | 261193 | 23 | 11150 | 272343 | 2020 |
| Uttarkashi | 425 | 990 | 100239 | 11 | 3686 | 103925 | 449 |
| Total | 10917 | 13423 | 1713513 | 263 | 91544 | 1805057 | 11468 |

Details of Districts having Positive COVID-19 Cases

| Districts | Cases till Date | Treated/ Cured till Date | Active Cases | Deaths | Migrated |
|---------------|-----------------|--------------------------|--------------|-------------|-------------|
| Almora | 3076 | 2793 | 160 | 25 | 98 |
| Bageshwar | 1509 | 1340 | 151 | 18 | 0 |
| Chamoli | 3387 | 3190 | 116 | 15 | 66 |
| Champawat | 1739 | 1545 | 112 | 8 | 74 |
| Dehradun | 27470 | 24924 | 1287 | 850 | 409 |
| Haridwar | 13440 | 12,796 | 371 | 147 | 126 |
| Nainital | 11476 | 10309 | 898 | 211 | 58 |
| Pauri Garhwal | 5020 | 4781 | 158 | 57 | 24 |
| Pithoragarh | 3243 | 2825 | 380 | 38 | 0 |
| Rudraprayag | 2213 | 2133 | 64 | 10 | 6 |
| Tehri Garhwal | 4135 | 3756 | 232 | 16 | 131 |
| U.S. Nagar | 11150 | 10,733 | 195 | 110 | 112 |
| Uttarkashi | 3686 | 3,336 | 240 | 17 | 93 |
| Total | 91544 | 84461 | 4364 | 1522 | 1197 |

District-wise Hotspots/ Containment Zones

| S.No. | District | Number of Containment Zone | Name of Containment Zone (Date of Start of Containment Zone) |
|-------|--------------|----------------------------|---|
| 1 | Dehradun | 05 | <p><u>Dehradun (03)</u></p> <ol style="list-style-type: none"> 1056 Indra Nagar, Kanwali , Near Seemadwar (02-12-2020) 35 Panchsheel Park , Kanwali (19-12-2020) 11 GMS Road (01-01-2021) <p><u>Doiwala (Indra01)</u></p> <ol style="list-style-type: none"> Ward N-01, Lachhiwala (19-12-2020) <p><u>Mussorie (01)</u></p> <ol style="list-style-type: none"> Kemtpy Road (28-12-2020) |
| 2 | Uttarkashi | 07 | <p><u>Mori (4)</u></p> <ol style="list-style-type: none"> Motard (11-12-2020) Raju Gaon (17-12-2020) Gram Rasti (01-01-2021) Ramalgaon (01-01-2021) <p><u>Bhatwari (2)</u></p> <ol style="list-style-type: none"> Gram Malla (13-12-2020) Gram Gyanja (16-12-2020) <p><u>Barkot (1)</u></p> <ol style="list-style-type: none"> Gram Badhiya (21-12-2020) |
| 3 | Pauri | 02 | <p><u>Chobthta Khal (1)</u></p> <ol style="list-style-type: none"> Gram Silaith (13-12-2020) <p><u>Kotdwar (1)</u></p> <ol style="list-style-type: none"> Sitabpur, Devi Road, Patti Sukhro (14-12-2020) |
| 4 | Nainital | 08 | <p><u>Haldwani (8)</u></p> <ol style="list-style-type: none"> Ganga Enclave Nawabi Road (21-12-2020) Ekta Vihar, RK Tent House Road, Kusumkheda (21-12-2020) Shyan Singh Mehra Marg, Madhuban Colony Unchapul (21-12-2020) 8/430, Heera Nagar (21-12-2020) SR Puram Near Amrit Ashram Bithoriya No.1 (23-12-2020) Shiv Mandir ke Samane, Gitanjali Tent House Wali Gali , Sheeshmahal (23-12-2020) Bithoriya No.1, Gair Vaishali , Hari Colony (23-12-2020) Bank Colony Gas Godam Road , Kusumkheda (23-12-2020) |
| | Total | 22 | |



Disinfection



Situation Update, Uttarakhand: Today

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease. Isolation and Institutional Quarantine facilities are operational in all districts. To combat the pandemic, the Government has operationalized **38** dedicated COVID Hospitals and **422** COVID Care Centres (CCC).

Public Health Action Taken

- To further increase the COVID-19 testing, the Government has lowered down the testing charges for both RT-PCR and Rapid Antigen COVID-19test.
- To combat the pandemic situation, the State Government has commenced **Home Isolation** strategy for self isolation of asymptomatic COVID-19 positive patient.
- The Government has decided the user charges/cost of treatment for private hospitals to treat COVID-19 patients.

Details of Patients Treated & Cured and Death summary:

- **Treated & Cured:** Four Hundred Sixty Three (463) patients discharged in different districts (Almora– 16, Bageshwar– 13, Chamoli– 05, Champawat– 00, Dehradun– 186, Haridwar– 32, Nainital– 102, Pauri– 17, Pithoragarh– 29, Rudrapur– 19, Tehri– 14, U.S. Nagar– 09 & Uttarkashi– 21).
- **Death:** Seven (07) COVID-19 positive patients expired in the state in last 24 hours. As per information provided by the respective hospitals, the death summary is as below:
 1. A 60 year old Female expired in AIIMS Rishikesh, Dehradun due to Septic Shock, COVID Pneumonia & Acute Kidney Injury.
 2. A 74 year old Male expired from Govt. Doon Medical College, Dehradun due to Type 2 Respiratory Failure, Pulmonary Embolism & Septic Shock.
 3. A 70 year old Male expired in Distt. Uttarkashi due to COVID Pneumonia.
 4. A 64 year old Male expired in Chandola And Gautam Hospital Rudrapur (US Nagar) due to Acute Respiratory Distress Syndrome, Type 1 Respiratory Failure & Atrial Fibrillation.
 5. A 75 year old Male expired in Dr. Susheela Tiwari Govt. Hospital, Haldwani due to Sudden Cardiopulmonary Arrest, Bilateral Pneumonitis, Type 1 Respiratory Failure & Acute Kidney Injury.
 6. A 62 year old Male expired in Dr. Susheela Tiwari Govt. Hospital, Haldwani due to Severe Acute Respiratory Infections, Bilateral Pneumonitis, Severe Acute Respiratory Distress Syndrome & Type 2 Respiratory Failure.
 7. A 52 year old Male expired in Dr. Susheela Tiwari Govt. Hospital, Haldwani due to Cardiopulmonary Arrest, Severe Acute Respiratory Infections, Bilateral Pneumonitis, Type 1 Respiratory Failure & Acute Respiratory Distress Syndrome.



SOCIAL DISTANCING
is for your own Safety

Preventive measures

1. All citizens must wear masks whenever venturing outside of their homes.
2. Travelers' and their family members must ensure strict respiratory and hand hygiene.
3. Hand wash by Soap and water up to 40 second must be followed.

APPEAL

- Department of Health and Family Welfare, Uttarakhand appeal to every citizens of the state to exercise abundant caution by adopting COVID-19 appropriate behaviour in their daily routine.
- The Government of Uttarakhand appeal to all the recovered/treated COVID-19 Positive patients for voluntary plasma donation at nearest Government Blood Bank. The plasma donation facility is existing in Doon Medical College Dehradun, Government Medical College Haldwani & Government Medical College Srinagar Garhwal.

**कोरोना काल के इस दौर में
इनका विशेष
ध्यान रखें..**



**जो पहले से ही किसी
बीमारी से ग्रस्त हैं**



**वरिष्ठ नागरिक
60 वर्ष से पर**



**छोटे बच्चे
10 वर्ष तक**



गर्भवती स्त्री



उत्तराखण्ड शासन



NATIONAL HEALTH MISSION
राष्ट्रीय स्वास्थ्य मिशन
उत्तराखण्ड



COVID-19
Uttarakhand State Control Room

Details of State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free No: 104/0135 2609500.
email Id: idsputtarakhand@gmail.com WhatsApp No. 9412080544

Details of District Control Rooms

| Districts | District Control Room Number |
|--------------|--|
| Almora | 05962-237875, 05962-237874 |
| Bageshwar | 05963-221822, 05963-220197 |
| Chamoli | 01372-251437 |
| Champawat | 05965-230943 |
| Dehradun | 0135-2724506 |
| Haridwar | 01334-239072 |
| Paurigarhwal | 01368-221840 |
| Pithoragarh | 05964-226326 |
| Nainital | 05942- 231178, 231179, 231181, 05946- 281234 |
| TehriGarhwal | 01376-232093, 01376-232831 |
| Rudraprayag | 01364-233727 |
| U.S. Nagar | 05944-246590, 05944-250250 |
| Uttarkashi | 01374-222722, 7310913129 |



**कोविड-19 परीक्षण रिपोर्ट को घर बैठे
वेब लिंक के द्वारा प्राप्त करें**
covid19.uk.gov.in

परीक्षण के समय आपके रजिस्टर्ड मोबाईल नम्बर पर एस. एम. एस के द्वारा **SRF ID** नम्बर भेजा जाता है जिसको उपरोक्त लिंक पर जाकर दर्ज करने पर रिपोर्ट डाउनलोड की जा सकती है

COVID-19
Uttarakhand State Control Room

**To fight
CORONA**