

Date: 08-06-2021

Health Bulletin

Time: 6:00PM



**पूर्ण टीकाकरण के बाद
मिलेगा छुटकारा सभी कष्टों से**

**18 वर्ष से अधिक आयु के सभी
नागरिकों का कोविड 19 टीकाकरण
किया जा रहा है... लाभार्थी
cowin.gov.in एवं
Aarogya Setu App
पर खुद का पंजीकरण
करा सकते हैं**

जिन्दगी जीतेगी, कोविड हारेगा..

COVID-19
Uttarakhand State Control Room

**लौक फंगस का खतरा कोरोना मरीजों को रिकवरी के बाद भी हो सकता है
जब इम्युनिटी बेहद कमजोर होती है.. तब इनके लक्षणों को नजरअंदाज न करें**



कोरोना से ठीक होने के 20-30 दिनों के भीतर कुछ लोगों में म्यूकरमाइकोसिस यानी लौक फंगस के लक्षण जैसे नाक के पास लालिमा, चेहरे पर एक तरफा सूजन, बुखार, सिर दर्द, सांस लेने में तकलीफ या दर्द, सूंन को उल्टी अथवा मानसिक स्थिति में बदलाव की स्थितियां आ सकती हैं।

आपको डायबिटीज है या उपचार हेतु अस्पताल में भर्ती होना पड़ा हो, स्टेरॉयड दवाईयां या ऑक्सीजन थेरेपी ली हो अथवा आई0सी0यू0 में भर्ती रहें हो, किडनी या कैंसर रोग का उपचार ले रहे हैं, तो आप अधिक सतर्क रहें...

ई संजीवनी एप के द्वारा अर्हता धारक डाक्टर से
लें अपनी बीमारी के लिये सही परामर्श

राज्य के योग्य डाक्टरों की टीम
आनलाईन मुफ्त ईलाज के
लिये आपके ही मोबाईल पर
सेवा में तत्पर है ..

मोबाईल या डेस्कटाप कम्प्यूटर पर रोगी को
उपचार हेतु घर बैठे ऑनलाईन सलाह दी जाती है
परीक्षण के उपरान्त दवा व सलाह लिखित
रूप में रोगी pdf फाईल के फारमेट में
डाउनलोड कर सकते हैं

प्रतिदिन सुबह 9 बजे से सांय 8 बजे तक

9412080703, 9412080554

9412080686 Toll Free No. 104



ई संजीवनी एप को क्यू आर कोड को स्कैन
करके भी डाउनलोड कर सकते हैं

www.esanjeevaniopd.in/Register

COVID-19
Uttarakhand State Control Room



होम आईसोलेशन में कोविड मरीज की देखभाल के दौरान संक्रमण के खतरे से सावधानी बरतें



मरीज को उसके कमरे के बाहर ही एक टेबल पर रख कर भोजन पहुँचायें,
मरीज के सीधे सम्पर्क में बिल्कुल न आयें, डिस्पोजेबल बर्तन इत्यादि का प्रयोग करें,

या बर्तनों को अलग रखें उनको धोने में सावधानी बरतते हुये ग्लब्स का प्रयोग करें
उन बर्तनों को अन्य लोग इस्तेमाल न करें,

कोविड संक्रमित रोगी द्वारा उपयोग की गयी किसी भी चीज के सम्पर्क में न आयें..

मरीज के कपड़े इत्यादि को धोने से पूर्व तेज गर्म पानी 60-90 डिग्री से0 और डिटर्जेंट
का प्रयोग करते हुये पहले आधे घण्टे तक भिगो कर रखें तथा तेज धूप में
सावधानी पूर्वक सुखायें,

मरीज के अन्य उपयोग में लाये गये वेस्ट को फैंकने से पहले विसंक्रमित करें,
इस हेतु सोडियम हाईपोक्लोराइट की सही मात्रा का प्रयोग करें।



दवाई भी.. कड़ाई भी
जिन्दगी जीतेगी, कोविड हारेगा..



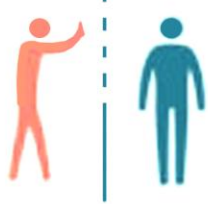
भीड़ भाड़ से बचें ! आवश्यक होने पर ही यात्रा करें



अगर आप **कोविड-19** से संक्रमित हैं या परिवार में संक्रमित लोग हैं.. तो आप खुद सावधानी बरतिये ताकि कोई दूसरा संक्रमित न हो!



घर में रहें



दूसरों के सम्पर्क में न आयें



खांसते समय अपने मुंह व नाक को ढकें

इस्तेमाल के बाद व्यर्थ सामग्री को कूड़ेदान में डालें और हाथों को अच्छी तरह साफ करें!



सरफेस एरिया को साफ रखें



कोविड-19 से सम्बन्धित महत्वपूर्ण सूचनाओं की जानकारी के लिये दिये गये लिंक पर क्लिक करें

<u>Covid-19 Telephone/ Mobile Directory</u>	https://health.uk.gov.in/pages/display/140-novel-coronavirus-guidelines-and-advisory-
<u>Sample Collection Centers</u>	https://covid19.uk.gov.in/map/sccLocation.aspx
<u>Availability of Beds</u>	https://covid19.uk.gov.in/bedssummary.aspx
<u>Covid-19 Vaccination Sites</u>	www.cowin.gov.in
<u>RT – PCR Testing Report</u>	https://covid19.uk.gov.in/
<u>To get Medical assistant and Doctor's consultation: Free Consultation from Esanjeevani</u>	http://www.esanjeevaniopd.in/Register Download app: https://play.google.com/store/apps/details?id=in.hied.esanjeevaniopd&hl=en_US Or call: 9412080703, 9412080622, 9412080686
<u>Home Isolation Registration</u>	https://dsclservices.org.in/self-isolation.php
<u>Home Isolation Booklet(Do's &Don'ts)</u>	https://health.uk.gov.in/files/Covid-19-Directory/Home Isolation booklet.pdf
<u>Vaccination (Self Registration)</u>	https://selfregistration.cowin.gov.in/ www.cowin.gov.in
<u>Standard Operating Procedure for issue of TOCILIZUMAB AMPHOTERICIN B</u>	https://health.uk.gov.in/pages/view/146-tocilizumab-amphotericin--procedure
<u>Daily Bulletin</u>	https://health.uk.gov.in/pages/display/140-novel-coronavirus-guidelines-and-advisory-
<u>Travelling to/from Uttarakhand Registration</u>	https://dsclservices.org.in/apply.php
<u>Any other Help</u>	Call 104 (24X7) / State Control Room 0135-2609500/ District Control Rooms of respective district for any other help and assistance.
<u>for any queries and suggestions</u>	covid19statewarroomuk@gmail.com Toll Free Number 104 State Covid-19 Control Room 0135 2609500

For complaints regarding black marketing of medicines, oxygen and other malpractices related to covid-19 in Uttarakhand

Landline No. 0135-2656202 and Mobile: 9412029536

Date: 08-06-2021

Health Bulletin

Time: 6:00PM



Positive Today: **546**



Recovered Today: **2717**



Death Today: **13**



Active Cases: **11885**

S⁺ty

Sample Positivity: **6.69%**

R%

Recovery Percentage: **92.63%**

- Total cumulative Positive COVID-19 detected: **334965**
- Total Number (%) of COVID-19 Patients Treated/ Cured: **310291 (92.63%)**
- Total Number (%) of COVID-19 patients migrated out of state: **5992 (1.79%)**
- Total Number (%) of COVID-19 Deaths: **6797* (2.03%)**
- Number of samples found negative for COVID-19 today: **24439**
- Total number of samples sent for COVID-19 testing today: **25474**
- Total number of cumulative samples found negative: **4669604**
- Total number of samples result awaited: **8366**

*Deaths reported from previous date added in cumulative figure (details on page 8). These deaths were reflected in district reports/daily bulletin, but not submitted timely to State COVID-19 Control Room.

बहुत हो गया! बेपरवाही और मनमानी अब और नहीं ..

जिनके परिवार में कोविड संक्रमित लोग हैं खुद के लक्षण न होने पर

भी टेस्ट करायें! ?? अब यह समझ लेना जरूरी है

कि मास्क क्यों और कैसे लगाते हैं!

लाकडाउन खुलने पर सारी हर्दें

न पार कर जायें!!!

संक्रमितों की संख्या में कमी आपके
जागरूक होने पर आयेगी...



Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative (including Pvt. Lab)	Positive in last 24 hours	Positive Cumulative (including Pvt. Lab)		
Almora	880	396	142716	43	11599	154315	713
Bageshwar	1869	1903	116718	13	5509	122227	324
Chamoli	1219	1127	152779	23	11881	164660	317
Champawat	785	736	140841	13	7279	148120	506
Dehradun	4935	4892	890076	136	109795	999871	2349
Haridwar	6814	7098	1465650	69	50325	1515975	243
Nainital	1663	1497	342695	56	38368	381063	562
Pauri Garhwal	647	549	229847	7	17277	247124	254
Pithoragarh	1445	1326	128814	88	9611	138425	765
Rudraprayag	513	507	92738	16	8453	101191	358
Tehri Garhwal	1651	1351	177987	33	15534	193521	777
US Nagar	2450	2252	597140	41	37268	634408	952
Uttarkashi	603	805	191603	8	12066	203669	246
Total	25474	24439	4669604	546	334965	5004569	8366

Details of Districts having Positive COVID-19 Cases

Districts	Cases till Date	Treated/ Cured till Date	Active Cases	Deaths	Migrated/ Others
Almora	11599	10007	879	137	576
Bageshwar	5509	4433	1004	47	25
Chamoli	11881	10850	781	57	193
Champawat	7279	6516	546	53	164
Dehradun	109795	105014	855	3345	581
Haridwar	50325	46166	1998	919	1242
Nainital	38368	36085	1258	898	127
Pauri Garhwal	17277	14669	1650	265	693
Pithoragarh	9611	8636	843	120	12
Rudraprayag	8453	7923	334	77	119
Tehri Garhwal	15534	13647	928	72	887
U.S. Nagar	37268	35068	421	734	1045
Uttarkashi	12066	11277	388	73	328
Total	334965	310291	11885	6797	5992

Details of Patients Treated & Cured

DISTRICT NAME	Treated & Cured in last 24 hrs
ALMORA	129
BAGESHWAR	91
CHAMOLI	183
CHAMPAWAT	4
DEHRADUN	210
HARIDWAR	284
NAINITAL	116
PAURI GARHWAL	0
PITHORAGARH	488
RUDRA PRAYAG	68
TEHRI GARHWAL	179
UDAM SINGH NAGAR	763
UTTAR KASHI	202
Total	2717

**सही से मास्क न पहनना घातक है आपके लिये...
और आपके परिवार के लिये**

COVID-19
Uttarakhand State Control Room



बुरा मास्क पहनना आपके लिये मात्र औपचारिकता भर है...

Hospital Wise Death

District	Cumulative Deaths	Name of The Hospitals	No. of Deaths
Dehradun	3345*(A)	AIIMS Rishikesh, Dehradun	6
		Govt.Doon Medical College, Dehradun	1
		Kailash Hospital Dehradun, Dehradun	1
		Shri Mahant Indires Hospital, Dehradun	2
Haridwar	919*(B)	-	-
Nainital	898	Dr. Susheela Tiwari Govt. Hospital Haldwani, Nainital	1
Pauri Garhwal	265	HNB Base Hospital Srinagar, Pauri Garhwal	2
Pithoragarh	120*(C)	-	-
Total		Grand Total	13

***Note:** Deaths reported from previous date added in cumulative figure. These deaths were reflected in district reports/daily bulletin, but not submitted timely to State COVID-19 Control Room.

*DEHRADUN (40):

AIIMS Rishikesh Hospital (25)- 26 April 2021 (1), 28 April 2021 (1), 29 April 2021 (2), 30 April 2021 (4), 2 May 2021 (1), 3 May 2021 (3), 6 May 2021 (2), 9 May 2021 (1), 10 May 2021 (1), 14 May 2021 (1), 15 May 2021 (2), 16 May 2021 (2), 22 May 2021 (3), 23 May 2021 (1)

GDMC (15)- 18 April 2021 (1), 20 April 2021 (1), 21 April 2021 (2), 26 April 2021 (1), 27 April 2021 (1), 29 April 2021 (1), 30 April 2021 (1), 2 May 2021 (2), 3 May 2021 (1), 4 May 2021 (1), 6 May 2021 (1), 14 May 2021 (2)

*HARIDWAR (9):

Other Than Hospital (3)- 10 May 2021 (1), 12 May 2021 (1), 20 May 2021 (1)

Jaya Maxwell Hospital (2)- 22 May 2021 (1), 28 May 2021 (1)

Maxwell Hospital, Jagjeetpur (4)- 17 May 2021 (2), 19 May 2021 (1), 23 May 2021 (1)

*Pithoragarh (4):

DH Pithoragarh (4)- 31 May 2021 (2), 1 June 2021 (1), 3 June 2021 (1)

Mucormycosis Cases and Deaths - Uttarakhand as on 08.06.2021

S.No.	District	Hospital Name	Total No. of cases	Death	Discharge
1	Udham Singh Nagar	JLN District Hospital, Rudrapur	1	1	0
2	Dehradun	City Heart Hospital	1	0	0
		AIIMS Rishikesh	208	33	6
		Max Hospital	10	1	3
		Doon Medical College	12	0	3
		Sri Mahant Indresh Hospital	24	3	0
		HIHT Joly Grant	32	6	6
		Aarogyadham Hospital	2	0	0
		ONGC Hospital	2	0	0
		Synergy Hospital	2	1	0
		Military Hospital Dehradun	1	0	0
		Suri Diagnostics	1	0	0
3	Nainital	Krishna Hospital, Haldwani	3	1	0
		Dr. Susheela Tiwari Govt. Hospital, Haldwani	28	4	0
		Tiwari Nursing Home	1	0	0
4	Uttarkashi	District Hospital	2	0	0
5	Haridwar	Military Hospital Roorkee	2	0	0
Total			332	50	18

Details of State Control Room

E-mail: covid19statewarroomuk@gmail.com, idsputtarakhand@gmail.com

Toll free No: 104/01352609500

 Whatsapp No. 9412080544

Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874
Bageshwar	05963-221822
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506
Haridwar	01334-239072
Nainital	05946-281234
Paurigarhwal	01368-222213
Pithoragarh	05964-297551
TehriGarhwal	01376-234793
Rudraprayag	01364-233727
U.S. Nagar	05944-246590,05944-250250
Uttarkashi	01374-222641,7417162869

PREVENTION IS BETTER THAN CURE

for your own safety



WEAR MASK



QUARANTINE



DISINFECT HANDS



NO FACE TOUCH



WEAR GLOVES OUTSIDE



KEEP DISTANCE

Cover cough and sneeze



COVID-19 Vaccination

8th June 2021

☀ Sessions Held Today :	438
☀ Number of Beneficiaries Vaccinated Today :	38993
☀ Number of Beneficiaries Partially Vaccinated:	2422461
☀ Number of Beneficiaries Fully Vaccinated:	689421
☀ Total 18-44 years beneficiaries Vaccinated:	373762

Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizen				Health Care Worker			Front Line Worker		
	Last 24 hrs	>45 Partially Vaccinated (1st Dose Coverage)	>45 Fully Vaccinated (Both Dose Coverage)	Partially vaccinated (more than 18 to <45 years)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)	Last 24 hrs	Partially Vaccinated (1st Dose Coverage)	Fully Vaccinated (Both Dose Coverage)
Almora	2,233	132127	36,605	18,161	5	5,935	4,816	135	9,597	3,361
Bageshwar	1,697	61816	23,162	19,841	3	2,442	2,261	0	2,292	1,404
Chamoli	1,815	91844	30,311	20,884	0	3,983	3,703	3	6,451	4,260
Champawat	1,064	55926	14,289	17,852	0	2,208	1,854	67	6,723	3,387
Dehradun	7,613	370540	115,183	71,607	140	36,128	26,323	159	28,088	15,603
Haridwar	6,388	231674	49,141	44,530	14	17,305	11,894	87	48,248	30,030
Nainital	3,097	170642	52,258	37,266	32	13,880	9,972	374	17,869	6,197
Pauri	2,173	140068	36,391	20,266	6	7,788	6,287	37	6,917	3,954
Pithoragarh	2,909	79871	20,193	17,778	3	4,036	3,390	40	8,100	5,077
Rudraprayag	1,620	54321	16,441	21,337	0	2,422	1,956	2	2,641	1,335
Tehri	2,289	112224	32,831	19,156	5	6,148	5,306	10	4,860	3,032
US Nagar	1,887	179078	46,136	44,415	46	11,943	8,096	847	29,220	8,177
Uttarkashi	2,193	74976	38,383	20,669	0	3,435	3,083	0	4,933	3,339
Total	36,978	1755107	511,324	373,762	254	117,653	88,941	1,761	175,939	89,156

Date: 08-06-2021

District-wise Hotspots/ Containment Zones

DISTRICT NAME	Number Of Active Containment Zone
ALMORA	04
BAGESHWAR	0
CHAMOLI	04
CHAMPAWAT	07
DEHRADUN	37
HARIDWAR	16
NAINITAL	0
PAURI GARHWAL	09
PITHORAGARH	0
RUDRA PRAYAG	12
TEHRI GARHWAL	24
UDAM SINGH NAGAR	06
UTTAR KASHI	09
Total	128

Avoid crowded places for your own safety



avoid close contact
with people

S.No	District Name	Total	Detail of District-Wise Hotspots/ Containment Zones
1	Dehradun	37	<p>Dehradun (18)</p> <ol style="list-style-type: none"> Pradhanacharya Awas, CST Happy Valley (16-05-2021) Green Valley Housing Rajpur Road (16-05-2021) Gram Tarlanagal (16-05-2021) 49 Mohini Road, Near control shop (16-05-2021) Cross -08, House No- 19, Tapovan enclave AamwalaTarla (16-05-2021) C block , Race Course, Near Banshilal Shop (16-05-2021) 219- Rajpur Road (16-05-2021) Vijay Colony Hathibarkala (16-05-2021) Laxman puri, LandourCant (15-05-2021) Tunwala (Raipur Tunwala Marg) (15-05-2021) PaschamiPatelnagar, Dehrakhas (15-05-2021) Christian Village Center George School Barloganj (16-05-2021) Hathibarkala, New Cantt Road (17-05-2021) Kehri Gaon, Thakurpur Road (18-05-2021) KaleshwarVihar ,AamwalaTarla (29-05-2021) KaramchariAwas DLF Basi Estate (29-05-2021) Kuladi (31-05-2021) Sunny Lodge Estate, kigrain Picture Palace Marg (01-06-2021) <p>Chakrata (02)</p> <ol style="list-style-type: none"> Gram Meharwala (24-05-2021) Gram Matiyawa (26-05-2021)
2	Haridwar	16	<p>Laksar (07)</p> <ol style="list-style-type: none"> Gram Khanpur, Brhampur (17-05-2021) Gram Alwalpur (18-05-2021) Gram Lalbandawa, Ward No-02 (20-05-2021) Ward No.09 Padowali (22-05-2021) Gram Kalsiya, Ward No-11 (24-05-2021) Gram Kabulpuri, Raighati (25-05-2021) Gram Sherpubela (26-05-2021)
3	Pauri	09	<p>Lansdowne (03)</p> <ol style="list-style-type: none"> Gram Jyual Gaon (15-05-2021) Gram Dewrari (15-05-2021) Gram Bagankhola (22-05-2021) <p>Yamkeshwar (02)</p> <ol style="list-style-type: none"> Gram Sirasu (19-05-2021) Gram NandMalla (19-05-2021)
			<p>Vikas Nagar (04)</p> <ol style="list-style-type: none"> Gram ChotuwaalaBadamwala (16-05-2021) Ward No-13, Gram Nawabgarh Majra Chiranjpur Amar Vihar(17-05-2021) Moja Dumet(18-05-2021) Atakfarm Majra Kanchiwala (07-06-2021) <p>Kalsi (3)</p> <ol style="list-style-type: none"> Gram Datanu khat SiliGothan (16-05-2021) Gram Hariपुर (Near Yamuna River) (16-05-2021) Gram Dhara Khadar (17-05-2021) <p>Tyuni (08)</p> <ol style="list-style-type: none"> Gram MandrathKheda(19-05-2021) Gram Mandrath (22-05-2021) Gram Baghi (21-05-2021) Gram Ragi (24-05-2021) Gram Shediya (24-05-2021) Gram Chausal I (24-05-2021) Gram Chausal II (24-05-2021) Gram Tayutad (26-05-2021) <p>Doiwala (02)</p> <ol style="list-style-type: none"> Ward no-10 , Kailash Kunj Gali No-07, Bhaniyawala(26-05-2021) Ward No-10, Kailash Kunj Gali no-07,Bhaniyawala (26-05-2021)
			<p>Roorkee (09)</p> <ol style="list-style-type: none"> Gram Thaska Pargana Mangalore (15-05-2021) Gram Libarhedi, Pargana Mangalore (18-05-2021) Gram Makanpur Devpur Pargana Bhagwanpur (21-05-2021) ShyamnagarGali No-03, Sunhara (21-05-2021) Gram Daulatpur Pargana (22-05-2021) Gram Thaska Pargana Mangalore (23-05-2021) H.NO. 173, block C , Shivaji Nagar Gram Dhandera Pargana (25-05-2021) Gram NasirpurAfzalpur Pargana, Mangalore (02-06-2021) Gram Dhanori (03-06-2021)
			<p>Srinagar (03)</p> <ol style="list-style-type: none"> Gram GhadBasalyupattichalansayu (22-05-2021) Gram Suralgaon Patti Chalansayu (24-05-2021) Gram Chamrada , Patti Katalasayu (01-06-2021) <p>Pauri (01)</p> <ol style="list-style-type: none"> Gram Dadhogi (17-05-2021)

4	Uttarkashi	09	<p>Bhatwari (02)</p> <ol style="list-style-type: none"> 1- Gram Silla Patti, NaldKathur (24-05-2021) 2- Gram Belatipari, Patti NaldKathud (27-05-2021) <p>Purola (02)</p> <ol style="list-style-type: none"> 1- Gram Dhoni (09-05-2021) 2- Gram Thathing (24-05-2021) <p>Chinvalisaur (01)</p> <ol style="list-style-type: none"> 1- Gram New Khalsi Patti Dashagi (09-05-2021) 	<p>Barkot (03)</p> <ol style="list-style-type: none"> 1- Nagar Panchayat Naugaon Ward No-05 (05-05-2021) 2- Nagar Panchayat Naugaon , Ward No-04 (06-05-2021) 3- Gram Kawadi (09-05-2021) <p>Mori (01)</p> <ol style="list-style-type: none"> 1- Badau (31-05-2021)
5	UdhamSingh	06	<p>Jaspur (05)</p> <ol style="list-style-type: none"> 1- Kaliyawala I (29-05-2021 to 09-06-2021) 2- Kaliyawala II (29-05-2021 to 09-06-2021) 3- Gram Rajpur(29-05-2021 to 09-06-2021) 4- Gandhi Park (29-05-2021 to 09-06-2021) 5- Gulargojhi (29-05-2021 to 09-06-2021) <p>Gadarpur (01)</p> <ol style="list-style-type: none"> 1. Gularbhoj Colony Ward No- 02 (27-05-2021 to 09-06-2021) 	
6	Champawat	07	<p>Champawat (06)</p> <ol style="list-style-type: none"> 1- Narsingh Danda (19-05-2021) 2- Chauradumkhuri (19-05-2021) 3- Gram Adi Dubchoda (27-05-2021) 4- Gram diguroli (27-05-2021) 5- Gram Bungakhyali (27-05-2021) 6- Gram Chaudkhyali (27-05-2021) <p>Tanakpur (01)</p> <ol style="list-style-type: none"> 1- Nayakgoath (11-05-2021) 	
7	Chamoli	04	<p>Chamoli (01)</p> <ol style="list-style-type: none"> 1- Nagar Panchayat, Pipalkoti Ward No-02, Agthala, Kisan Nagar (27-05-2021) 	<p>Joshimath (03)</p> <ol style="list-style-type: none"> 1- Hanumanchatti (18-05-2021) 2- Singdharkekhadhar Tok (18-05-2021) 3- Gram RanniPalli (21-05-2021)
8	Tehri	24	<p>Devpravag (03)</p> <ol style="list-style-type: none"> 1- Gram Palethi (25-05-2021) 2- Gram Kunadi (27-05-2021) 3- Gram Arota (29-05-2021) <p>Narendranagar (02)</p> <ol style="list-style-type: none"> 1- Gram Basoi (11-05-2021) 2- Vichalaya Tok (25-05-2021) <p>Jakhnidhar (06)</p> <ol style="list-style-type: none"> 1- Gram Ganwali Patti Khas (15-05-2021) 2- Gram Ratoli Patti Khas (22-05-2021) 3- Gram Sandhana Kot (23-05-2021) 4- Gram Dobh Nauli (25-05-2021) 5- Gram Jagdhar (25-05-2021) 6- Gram Kolakandi (25-05-2021) 	<p>Kirti Nagar (10)</p> <ol style="list-style-type: none"> 1- Gram Dhati (08-05-2021) 2- Gram Sabha Devgadi (09-05-2021) 3- Gram Jakhand (09-05-2021) 4- Gram Bhagwan (15-05-2021) 5- Gram Maletha (16-05-2021) 6- Gram Nandi (19-05-2021) 7- Gram Pandula (19-05-2021) 8- Gram Muthadgaon (20-05-2021) 9- Gram Dharkot (22-05-2021) 10- Gram Panchayat Badola , Gram Urman (22-05-2021) <p>Tehri Gharwal (03)</p> <ol style="list-style-type: none"> 1- Gram Mad Bhanali, Patti Bhamund(14-05-2021) 2- Gram Manda (27-05-2021) 3- Gram Jugad Gaon (28-05-2021)

9	Rudraprayag	12	Ukhimath (09) 1- Gram Sabha Parkandi (17-05-2021) 2- Gram Sabha Raulank (17-05-2021) 3- Gram Sabha Jalai (21-05-2021) 4- Gram Sabha Ghad (21-05-2021) 5- Gram Sabha Sari (21-05-2021) 6- Gram Sabha DaulaKanyasBhatwarisunhar (21-05-2021) 7- Gram Sabha Sitapur (21-05-2021) 8- Gram Sabha khumera (24-05-2021) 9- Gram Sabha Pav – Jagpuda (24-05-2021)	Rudraprayag (03) 1- Gram Madhgaon (14-05-2021) 2- Gram Gwefur, Tilni (16-05-2021) 3- Gram Naari, Satarekhal (16-05-2021)
			Almora (01) 1- Gram Gadhali (24-05-2021) Dwarahat (01) 1- Gram Ghanoli (03-06-2021) Syaldey (02) 1- Bajarkhoda (Sarikhet) (21-05-2021) 2- Gram Bharsoli Vikas Khand Syaldey (25-05-2021)	
Total		128		



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