

Date: 13-05-2022

# Health Bulletin

Time: 6:00 PM

Bulletin No. 826 (since 15<sup>th</sup> March 2020)



Positive Today: **13**



Recovered Today: **13**



Death Today: **00**



Active Cases: **88**

**S<sup>+</sup>vt<sup>y</sup>**

Sample Positivity today: **0.87%**

**R%**

Recovery Percentage: **96.10%**

1. Total cumulative Positive COVID-19 detected since 01.01.2022: **92587**
2. Total Number (%) of COVID-19 Patients Treated/ Cured since 01.01.2022: **88980 (96.10%)**
3. Total Number (%) of COVID-19 patients migrated out of state since 01.01.2022: **3244 (3.50%)**
4. Total Number (%) of COVID-19 Deaths since 01.01.2022: **275 (0.30%)**
5. Number of samples found negative for COVID-19 today: **1474**
6. Total number of samples sent for COVID-19 testing today: **2269**
7. Total number of cumulative samples found negative since 01.01.2022: **1325449**



## इम्यूनिटी अच्छी हो तो रोगों से लड़ने की शक्ति बनी रहती है ..



- + ताजा, गर्म, प्रोटीन से युक्त पौष्टिक शीघ्र पचने वाला सन्तुलित आहार नियमित समय पर लें,
- + खूब पानी पिएँ यथासंभव गर्म पानी का भी सेवन करें.
- + प्रतिदिन एक चम्मच च्यवनप्राश का प्रयोग करें.
- + आयुष पेय/हर्बल चाय व मौसमी फलों का सेवन करें.
- + हल्दी, धनिया, जीरा, लहसुन, हरी सब्जियों आदि व गरम मसालों का भोजन में नियमित प्रयोग करें.
- + प्रतिदिन 10 से 45 मिनट कार्मन योग प्रोटोकाल का अभ्यास करें.
- + चीनी से बने पदार्थों का सेवन कम से कम करें.
- + जंक फूड/प्रोसेस्ड फूड का सेवन कम से कम करें.
- + धूम्रपान, तम्बाकू, गुटका, शराब आदि का पूर्णतः परित्याग करें।



**च्यवनप्राश**





उत्तराखण्ड शासन



राष्ट्रीय स्वास्थ्य मिशन



# Uttarakhand State Control Room

## Integrated Disease Surveillance Programme

Directorate of Medical Health &amp; Family Welfare, Uttarakhand, Dehradun



### Detailed Status of Sample Tested

Districts	Samples Sent to Labs Today	Negative		Positive		Cumulative Samples Tested Since 01.01.2022	Results Awaited (including sample sent to labs today)
		Negative in last 24 hours	Negative Cumulative Since 01.01.2022	Positive in last 24 hours	Positive Cumulative Since 01.01.2022		
Almora	125	112	63405	0	4523	67922	85
Bageshwar	119	130	34397	0	2088	36481	29
Chamoli	81	68	47408	0	3200	50606	33
Champawat	43	5	61317	0	1911	63225	17
Dehradun	403	362	364535	10	33075	397475	92
Haridwar	192	170	305038	1	13116	318124	41
Nainital	281	162	82208	0	11343	93481	53
Pauri Garhwal	51	71	92925	1	5273	98191	12
Pithoragarh	59	13	40316	0	2559	42863	32
Rudraprayag	33	19	26848	0	2702	29550	43
Tehri Garhwal	136	168	35035	0	2358	37386	26
US Nagar	604	183	134125	1	8797	142898	98
Uttarkashi	142	11	37892	0	1642	39532	54
<b>Total</b>	<b>2269</b>	<b>1474</b>	<b>1325449</b>	<b>13</b>	<b>92587</b>	<b>1417734</b>	<b>615</b>

### Details of Districts having Positive COVID-19 Cases

Districts	No. of Positive Cases Since 01.01.2022	No. of Positive Cases Treated/ Cured Since 01.01.2022	Active Cases in the District	Deaths Since 01.01.2022	Migrated Positive Cases Since 01.01.2022
Almora	4523	4130	3	4	386
Bageshwar	2088	2001	0	0	87
Chamoli	3200	3091	0	3	106
Champawat	1911	1890	0	1	20
Dehradun	33075	32481	54	174	366
Haridwar	13116	12843	14	25	234
Nainital	11343	11263	9	29	42
Pauri Garhwal	5273	4285	2	18	968
Pithoragarh	2559	2420	0	4	135
Rudraprayag	2702	2574	0	2	126
Tehri Garhwal	2358	2021	1	5	331
U.S. Nagar	8797	8514	3	5	275
Uttarkashi	1642	1467	2	5	168
<b>Total</b>	<b>92587</b>	<b>88980</b>	<b>88</b>	<b>275</b>	<b>3244</b>

## Details of State Control Room

E-mail: [covid19statewarroomuk@gmail.com](mailto:covid19statewarroomuk@gmail.com), [idsputtarakhand@gmail.com](mailto:idsputtarakhand@gmail.com)

Toll free No: 104/01352609500

Whatsapp No. 9412080544

## Details of District Control Rooms

Districts	District Control Room Number
Almora	05962-237874, 05962-237876, 05962-231205
Bageshwar	05963-221822, 05963-297515, 7895235220
Chamoli	7617429778, 9068787120, 7830839443, 01372-252187, 01372-251437
Champawat	05965-230943, 05965-230819
Dehradun	0135-2724506, 1800-180-2525, 0135-2609200
Haridwar	01334-239072, 01332-265201, 265202, 265203, 265209
Nainital	05946-281234
Pauri Garhwal	01368-222213, 7302796031
Pithoragarh	05964-297551
Tehri Garhwal	01376-234793
Rudraprayag	01364-233727, 7456003173, 7456003162, 8920456016, 7078301730
U.S. Nagar	05944-246590, 05944-250100, 05944-250101
Uttarkashi	01374-222641, 7417162869

कोरोना के विरुद्ध लड़ाई कागर सिद्ध हो रही है..



अब 12 वर्ष से 18 वर्ष तक के बच्चों के टीकाकरण में 100 प्रतिशत  
आपकी भागीदारी  
सुनिश्चित होनी चाहिये!

हम सुरक्षित,  
तो देश सुरक्षित!





# Uttarakhand State Control Room

Integrated Disease Surveillance Programme

Directorate of Medical Health & Family Welfare, Uttarakhand, Dehradun



## COVID-19 Vaccination

**13<sup>th</sup> May 2022**

☀ Sessions Held Today:	<b>1037</b>
☀ Number of Beneficiaries Vaccinated Today:	<b>20217</b>
☀ Total Number of Beneficiaries Partially Vaccinated:	<b>8950001</b>
☀ Total Number of Beneficiaries Fully Vaccinated:	<b>8263349</b>
☀ Total Number of Beneficiaries Given Precaution Dose:	<b>529343</b>

### Details of Beneficiaries Vaccinated in Uttarakhand

Districts	Citizens						Health Care Worker		Front Line Worker		Cumulative Precaution Dose Coverage	Last 24 hrs coverage	
	12-14 Yrs 1st Dose	12-14 Yrs 2nd Dose	15-17 years 1st Dose Coverage	15-17 years 2nd Dose Coverage	18+ years 1st Dose Coverage	18+ years 2nd Dose Coverage	1 <sup>st</sup> Dose Coverage	2 <sup>nd</sup> Dose Coverage	1 <sup>st</sup> Dose Coverage	2 <sup>nd</sup> Dose Coverage		1st And 2nd Dose	Precaution Dose
Almora	17446	8703	28944	22685	383463	356812	6022	6030	9956	9761	35709	565	202
Bageshwar	9110	5392	14086	12907	186291	172398	2514	2521	2323	2401	21330	700	237
Chamoli	14425	9825	19683	18274	275118	270653	3988	4021	6493	6633	28422	341	175
Champawat	8957	3051	13173	9023	184422	171470	2255	2307	7583	7426	15429	216	35
Dehradun	52485	20132	99584	73863	1578190	1478179	37245	36714	30670	31287	129049	2249	551
Haridwar	52870	5829	77553	40095	1514342	1453551	17785	17614	48460	48445	56197	4207	193
Nainital	33704	13948	51298	37768	758023	732203	14196	13834	20107	20160	54628	1685	364
Pauri	19290	7690	32219	26125	454371	424106	7922	7927	7100	7179	39212	1307	443
Pithoragarh	13212	5551	23337	17618	327287	315912	4095	4112	8321	8411	22565	668	77
Rudraprayag	7719	3789	12516	10360	173705	159696	2466	2453	2692	2713	12216	741	140
Tehri	20825	11369	30921	26731	399903	362423	6254	6312	4923	5037	35429	801	244
US Nagar	46871	21263	83072	53677	1356771	1351586	12493	12575	34788	33926	52719	3002	292
Uttarkashi	10887	3528	17971	12615	236845	224175	3461	3486	5000	5089	26438	685	97
<b>Total</b>	<b>307801</b>	<b>120070</b>	<b>504357</b>	<b>361741</b>	<b>7828731</b>	<b>7473164</b>	<b>120696</b>	<b>119906</b>	<b>188416</b>	<b>188468</b>	<b>529343</b>	<b>17167</b>	<b>3050</b>