

State Control Room, Integrated Disease Surveillance Programme Directorate of Health Services, Uttarakhand, Dehradun



Health Bulletin on Novel Corona Virus (COVID-19)

Status as on 6:00 PM, 07/04/2020

1. Number of COVID-19 positive cases detected today: 00

2. Total Number of COVID-19 positive cases detected till date: 31

3. Total number of cases treated and discharged till date: 05

4. Number of samples found negative for COVID-19 today: 126

5. Total number of samples sent for COVID-19 testing: 1289

6. Total number of samples found negative: 1092

7. Total number of samples result awaited: 166

8. Total Number of person in Hospital isolation: 176

9. Total Number of person in quarantine (Home & Institutional): 45415

10. Calls received on 104 Helpline/ State Control Room: 450

11. Number of follow up calls made: 1167

Sample Testing Status

| | District | Number of Sample sent | | Negative | | Positive | |
|--------|-------------|-----------------------|------------|------------|------------|------------|------------|
| Sr.No. | | 07.04.2020 | Cumulative | 07.04.2020 | Cumulative | 07.04.2020 | Cumulative |
| 1 | Almora | 0 | 35 | 16 | 34 | 0 | 1 |
| 2 | Bageshwar | 0 | 5 | 0 | 5 | 0 | 0 |
| 3 | Chamoli | 1 | 7 | 0 | 4 | 0 | 0 |
| 4 | Champawat | 0 | 13 | 0 | 13 | 0 | 0 |
| 5 | Dehradun | 68 | 546 | 47 | 473 | 0 | 18 |
| 6 | Haridwar | 22 | 214 | 31 | 194 | 0 | 1 |
| 7 | Nainital | 24 | 208 | 19 | 183 | 0 | 6 |
| 8 | Pauri | 1 | 74 | 11 | 69 | 0 | 1 |
| 9 | Pithoragarh | 0 | 10 | 0 | 10 | 0 | 0 |
| 10 | Rudraprayag | 0 | 9 | 0 | 9 | 0 | 0 |
| 11 | Tehri | 2 | 8 | 2 | 6 | 0 | 0 |
| 12 | U.S.Nagar | 29 | 119 | 0 | 68 | 0 | 4 |
| 13 | Uttarkashi | 17 | 41 | 0 | 24 | 0 | 0 |
| Total | | 164 | 1289 | 126 | 1092 | 0 | 31 |

Control Room Number: 0135-2609500 / Toll Free 104 E mail Id: idsputtarakhand@gmail.com



State Control Room, Integrated Disease Surveillance Programme Directorate of Health Services, Uttarakhand, Dehradun Health Bulletin on Novel Corona Virus (COVID 19)



Situation Update, Uttarakhand: 07/04/2020

WHO has declared the Novel Corona Virus (COVID-19) epidemic as Public Health Emergency of International Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease.

A total of 1289 samples have been collected for COVID-19 testing till date. Result of 1123 samples received, 1092 are negative and 31 are positive. Result of 166 samples is awaited.

Isolation and Institutional Quarantine facilities are operational in all districts.

Public Health Action taken:

- A dedicated helpline number **08046110007** has been made operational to provide psychological/clinical advise to the people suffering from mental stress due to pandemic situation/lockdown.
- Screening and identification of suspected cases among Tablighi Jamat followers is continued.
- Ayurveda's immunity boosting measures for self care during COVID-19 crisis disseminated for awareness.
- Regular messages on **Do's & Don'ts** during lock down periodare released for public awareness through print, electronic and social media. FM Radio and Community Radio are widely used.
- Uttarakhand government launched a Mobile App "Uttarakhand COVID-19 Tracking System" as a platform for people to report and self declare, if they are suspecting COVID-19 signs and symptoms. The link of App is https://play.google.com/store/apps/details?id=com.app release.covid19finalcourse

APPEAL:

Department of Health and Family Welfare, Uttrakhand appeals to all citizens of the state to follow the advisory for **lockdown**. All persons who have been advised quarantine (Contacts of Positive cases and people who have come from foreign travel) have to observe mandatory home quarantine as instructed by authorities. They may stay in separate room and not venture outside their house. If a person found/reported to be not following home quarantine as guideline, he/she will be put under institutional/facility quarantine. In case of any health emergency, assistance due to lockdown they may call state control room number 0135-2609500/helpline number 104/District control room numbers (Annexed) for assistance.

Preventive measures:

- Home quarantine of all asymptomatic travellers for next 28 days after returing from COVID-19 affected countries.
- Travellers and their families members must ensure strict respiratory and hand hygiene. Cover your face while coughing or sneezing, wash hands frequently and avoid hand shakes.
- Travellers coming to India from COVID-19 affected countries must report to district/block health authorities immediately if they develop any symptoms like fever, cough, cold or difficulty in breathing.
- Indian citizens are advised to refrain from non essential travel to COVID-19 affected countries.
- Hospital isolation of all symptomatic travellers if they have returned from any of COVID-19 affected countries.
- Frequent hand washing specially after touching any body secretions like saliva or nasal secretions.

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COVID-19 Control Room Details

State Control Room

e-mail: covid19statewarroomuk@gmail.com Toll free no.:0135-2609500 Whatsapp no. 9412080544

Haridwar Satellite Control Room (Haridwar, Nainital, Udham singh Nagar)

e-mail: covid.hdr@gmail.com Toll free no.: 0134-270010 Whatsapp no. 8755292727

Dehradun Satellite Control Room (Rest 10 District)

e-mail: cvd19.uk@gmail.com
Toll free no.: 0135-2751671/2753894
Whatsapp no. 7055300910

| District Control Room Number | | | | | | |
|------------------------------|---------------|---------------------------|---------------------------|--|--|--|
| S.No | District | CMO Control Room Number | DEOC Control Room Number | | | |
| 1 | Almora | 05962-237875,05962-237874 | 05962-237875,05962-237874 | | | |
| 2 | Bageshwar | 05963-220197 | 05963-220197 | | | |
| 3 | Chamoli | 0172-252187 | 01372-251437 | | | |
| 4 | Champawat | 05965-230312 05965-230943 | 05965-230819 | | | |
| 5 | Dehradun | 0135-2724506 | 0135-2724506 | | | |
| 6 | Haridwar | 01334-239920 | 01334-223999 | | | |
| 7 | Pauri garhwal | 01368-222213 | 01368-222213,01368-221840 | | | |
| 8 | Pithoragarh | 05964-225142 | 05964-226326 | | | |
| 9 | Nainital | 05946-281234 | 05942-281234 | | | |
| 10 | Tehri Garhwal | 01376-232093 | 01376-232831 | | | |
| 11 | Rudraprayag | 01364-233946 | 01364-233727 | | | |
| 12 | U.S. Nagar | 05944-246590 | 05944-250250 | | | |
| 13 | Uttarkashi | 01374-222641 | 01374-222722, 7310913129 | | | |

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