

## **Situation Update, Uttarakhand: 28/03/2020**

WHO has declared the recent Novel Corona Virus (COVID-19) epidemic which affected around 202 countries, areas or territories as International Public Health Emergency Concern (PHEIC) under IHR (International Health Regulation). In this context, Uttarakhand Government has strengthened the surveillance and control measures against the disease.

A total of 402 samples have been collected for COVID-19 testing till date (including close contacts of positive case). Result of 368 samples received, 362 are negative and 6 are positive. Result of 34 samples is awaited.

Isolation facilities and Institutional Quarantine have been made operational in all districts and state is geared up to admit any person that needs institutional quarantine.

### **Public Health Action taken:**

- Video conferencing under the chairmanship of Chief Secretary, Govt. of Uttarakhand was held and directions to designate COVID-19 hospitals in each district, resource inventory, posting of nodal officer from other departments for arrangement of quarantine and isolation, ambulance other than health department, transportation and logistics, supply chain management, finance and procurement, information and publicity were issued.
- Standard Operating Procedures for identification and preparation for dedicated COVID-19 facilities and also for identification of second, third and fourth line health facilities in the district were issued.
- Uttarakhand government launched a Mobile App "Uttarakhand COVID-19 Tracking System" as a platform for people to report and self declare, if they are suspecting COVID-19 signs and symptoms. The link of App is [https://play.google.com/store/apps/details?id=com.app\\_release.covid19finalcourse](https://play.google.com/store/apps/details?id=com.app_release.covid19finalcourse)
- To strengthen the gap of skilled manpower at district level, Secretary (Health), Govt. of Uttarakhand requested to Secretary (Ayush) Govt. of Uttarakhand to issue direction to the concerned that all the Ayurvedic and Homoeopathic Medical Officers and Paramedical staffs should temporarily be seconded to the Department of Medical health and Family Welfare and should report to the concerned Chief Medical officer of their respective districts at the earliest.
- Epidemic disease act has been implemented in the state for COVID-19.
- State Task Force under Chairmanship of Chief Secretary, Govt. of Uttarakhand has been constituted.

### **APPEAL :**

Department of Health and Family Welfare, Uttarakhand appeals to all citizens of the state or foreign guests staying in Uttarakhand, who have returned from Novel Corona Virus (COVID-19) affected countries in last 14 days or came in contact of COVID-19 case, to call state control room number 0135-2609500/helpline number 104/District control room numbers (Annexed) to keep themselves and their families and society safe and protected from corona virus. Avoid non essential foreign travel.

### **Preventive measures :**

- Home quarantine of all asymptomatic travellers for next 28 days after returning from COVID-19 affected countries.
- Travellers and their families members must ensure strict respiratory and hand hygiene. Cover your face while coughing or sneezing, wash hands frequently and avoid hand shakes.
- Travellers coming to India from COVID-19 affected countries must report to district/block health authorities immediately if they develop any symptoms like fever, cough, cold or difficulty in breathing.
- Indian citizens are advised to refrain from non essential travel to COVID-19 affected countries.
- Hospital isolation of all symptomatic travellers if they have returned from any of COVID-19 affected countries.
- Minimal movement and interaction with outsiders.
- Frequent hand washing specially after touching any body secretions like saliva or nasal secretions.

**Status as on 8:00 PM, 28/03/2020**

1. No. of person in hospital observation as on today : 38
2. No. of person in home quarantine as on today : 1809
3. No. of symptomatic person as on today : 36
4. Number of samples sent today for COVID-19 testing : 33

| District          | Hospital                | Number of sample sent today | Number of Report recieved today |          |
|-------------------|-------------------------|-----------------------------|---------------------------------|----------|
|                   |                         |                             | Negative                        | Positive |
| Dehradun          | Doon Hospital           | 2                           | 3                               | 0        |
|                   | AIIMS Rishikesh         | 0                           | 3                               | 0        |
|                   | Kailash Hospital        | 0                           | 1                               | 0        |
|                   | Max Hospital            | 0                           | 1                               | 0        |
|                   | Military Hospital       | 1                           | 1                               | 0        |
|                   | IDSP Unit               | 5                           | 10                              | 0        |
|                   | ONGC Hospital           | 1                           | 0                               | 0        |
|                   | HIHT Hospital           | 3                           | 0                               | 0        |
|                   | SMI Hospital            | 1                           | 0                               | 1        |
| Haridwar          | Mela Hospital           | 5                           | 2                               | 0        |
|                   | Civil Hospital Roorkee  | 5                           | 6                               | 0        |
| Nainital          | GMC Haldwani            | 1                           | 0                               | 0        |
|                   | Base Hospital Haldwani  | 1                           | 3                               | 0        |
| Pauri             | Base Hospital Srinagar  | 0                           | 1                               | 0        |
|                   | Base Hospital Kotdwar   | 2                           | 4                               | 0        |
|                   | District Hospital       | 3                           | 7                               | 0        |
| Almora            | Base Hospital           | 0                           | 2                               | 0        |
|                   | Civil Hospital Ranikhet | 0                           | 1                               | 0        |
| Rudraprayag       | District Hospital       | 1                           | 1                               | 0        |
| Tehri             | District Hospital       | 0                           | 1                               | 0        |
| Udham Singh Nagar | District Hospital       | 0                           | 1                               | 0        |
| Bageshwar         | District Hospital       | 0                           | 1                               | 0        |
| Uttarkashi        | District Hospital       | 2                           | 0                               | 0        |
| <b>Total</b>      |                         | <b>33</b>                   | <b>49</b>                       | <b>1</b> |

5. Cumulative number of samples sent for COVID-19 testing : 402
6. Total number of samples found Positive till date : 06
7. Total number of cases treated and discharged till date : 02
8. Total number of samples found negative : 362
9. Total number of samples result awaited : 34

# **COVID-19 Control Room Details**

## **State Control Room**

e-mail: covid19statewarroomuk@gmail.com

Toll free no.:0135-2609500

Whatsapp no. 9412080544

## **Haridwar Satellite Control Room ( Haridwar, Nainital, Udham singh Nagar)**

e-mail: covid.hdr@gmail.com

Toll free no.: 0134-270010

Whatsapp no. 8755292727

## **Dehradun Satellite Control Room ( Rest 10 District)**

e-mail: cvd19.uk@gmail.com

Toll free no.: 0135-2751671/2753894

Whatsapp no. 7055300910

| <b>District Control Room Number</b> |                 |                                |                                 |
|-------------------------------------|-----------------|--------------------------------|---------------------------------|
| <b>S.No</b>                         | <b>District</b> | <b>CMO Control Room Number</b> | <b>DEOC Control Room Number</b> |
| 1                                   | Almora          | 05962-237875,05962-237874      | 05962-237875,05962-237874       |
| 2                                   | Bageshwar       | 05963-220197                   | 05963-220197                    |
| 3                                   | Chamoli         | 0172-252187                    | 01372-251437                    |
| 4                                   | Champawat       | 05965-230312 05965-230943      | 05965-230819                    |
| 5                                   | Dehradun        | 0135-2724506                   | 0135-2724506                    |
| 6                                   | Haridwar        | 01334-223999                   | 01334-223999                    |
| 7                                   | Pauri garhwal   | 01368-222213                   | 01368-222213,01368-221840       |
| 8                                   | Pithoragarh     | 05964-225142                   | 05964-226326                    |
| 9                                   | Nainital        | 05946-281234                   | 05942-281234                    |
| 10                                  | Tehri Garhwal   | 01376-232093                   | 01376-232831                    |
| 11                                  | Rudraprayag     | 01364-233946                   | 01367-233727                    |
| 12                                  | U.S. Nagar      | 05944-246590                   | 05944-250250                    |
| 13                                  | Uttarkashi      | 01374-222641                   | 01374-222722, 7310913129        |