

**Government of West Bengal**  
**Health & family Welfare Department**  
**Swasthya Bhawan, Block GN-29, Sector V**  
**Salt Lake City, Kolkata – 91**

**Memo No: HPH/10P-03/2018/582**

**Dated: 12.08.2020**

**To**

**The Principal, Medical College and Hospital, Kolkata / Murshidabad Medical College and Hospital**

**The Chief Medical officer of Health (All District and Health District, West Bengal)**

**The Superintendents (All Covid Hospitals, West Bengal)**

**The Director / CEO / Medical superintendent (All Private COVID Hospitals, West Bengal)**

**Sub: Advisory on Case Management for COVID – 19 Patients**

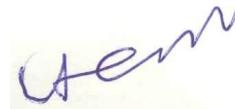
The experts from the Protocol Monitoring Team as deputed by the Department of Health and Family Welfare, Government of West Bengal visited some COVID hospitals and noted certain lacunae in practice which need urgent rectification. On the basis of their observations, following recommendations are made:

1. Every hospital has been advised to arrange isolation ward for suspected Covid-19 patients and stabilize the patients before any transfer to the dedicated Covid-19 hospitals. All hospitals/ nursing homes should not discharge Covid positive patients requiring medical attention without assured admission in Covid hospital. A referral case summary should be attached during transfer out of the patients.
2. Remdesivir, Nucleotide analogue prodrug inhibiting viral RNA polymerases, is indicated in Moderate to severely ill patients who are on Oxygen. Contraindications like SGPT >5 times upper limit, eGFR<30 ml/min or need for haemodialysis, Pregnancy/lactation, Child below 12 years, hypersensitivity must be kept in mind.
3. Convalescent plasma (Off Label) therapy may be considered in patients with moderate disease who are not improving (oxygen requirement is progressively increasing) despite use of steroids. Neutralizing titer of donor plasma should be above the specific threshold (if the latter is not available, plasma IgG titer (against S-protein RBD) above 1:640 should be used).
4. Separate donning and doffing areas with clearly marked signage should be there in every hospital. It is advised to avoid placing donning and doffing areas in direct through-route for equipment access/egress. Donning area should be as close as possible to but outside the red area. Doffing area should be downstream of donning area to avoid contamination.

These recommendations, if properly practiced, will improve patient outcome. During subsequent visits teams will specifically check if these suggestions have been implemented.



**Director of Medical Education**  
**Government of West Bengal**



**Director of Health Services**  
**Government of West Bengal**

**Memo No: HPH/10P-03/2018/582(7)/1**

**Dated: 12.08.2020**

Copy forwarded for kind information and necessary action:

1. The Mission Director, NHM, Department of Health & Family Welfare, Govt of West Bengal
2. The MSVP (All Medical Colleges)
3. The DDHS (Admin), Department of Health & Family Welfare, Govt of West Bengal (He is requested to inform the Clinical establishments).
4. DDHS (PH), Department of Health & Family Welfare, Govt of West Bengal
5. The Dy Chief Medical Officer of Health – II (All Districts and Health Districts)
6. The Senior PA to the Secretary, Department of Health & Family Welfare, Govt of West Bengal
7. Office Copy



**Director of Medical Education  
Government of West Bengal**



**Director of Health Services  
Government of West Bengal**