## Government of West Bengal Health & family Welfare Department Swasthya Bhawan, Block GN-29, Sector V Salt Lake City, Kolkata – 91

Memo No: HPH/10P-03/2018/518 Dated: 29.06.2020

To

The Principal, Medical College and Hospital, Kolkata / Murshidabad Medical College and Hospital The Chief Medical officer of Health (All District and Health District, West Bengal)
The Superintendents (All Covid Hospitals, West Bengal)
The Director / CEO / Medical superintendent (All Private COVID Hospitals, West Bengal)

Sub: Advisory on Case Management for COVID - 19 Patients

During the recent surveillance visits to some of the COVID hospitals by the specially-drafted Team of Experts, certain gaps have been observed in the clinical management of the patients. As per the insights and inputs received from the Experts, following recommendations are made to the hospital administration of all the COVID Hospitals for discussing the same with their medical officers/specialists/staff members for ensuring scrupulous adherence to the same in future:

- 1. There must be careful triaging of the patients, depending on the symptoms found.
- 2. The COVID-19 Top-Sheet, as suggested by the Clinical Management Protocol of the Department of Health and Family Welfare, Govt of West Bengal, should be properly maintained.
- 3. The Bed-In-charges need to maintain their daily notes properly.
- 4. There must be appropriate **Oxygen prescription** mentioning the dose, appliance to be used and target saturation. This has to be closely monitored.
- 5. Steroids are to be given if oxygen requirement is increasing and if inflammatory markers are increased, duration of administration usually 3-5 days.
- 6. Anticoagulant prophylaxis is to be given for moderate cases. In severe cases, under appropriate circumstances, therapeutic dose may be used.
- 7. Use of antibiotics to be guided by clinical situation and culture reports.
- 8. Appropriate management must be provided for comorbid conditions with specialist input.
- 9. Regular follow-up of patients with moderate/severe symptoms would allow early recognition of danger signs, timely clinical intervention and referral where required.

The above recommendations are issued for better clinical management of the patients in our different COVID hospitals (Government and Private). The Team of Experts, as visiting these hospitals on regular basis, would like to see due compliance with the above advisory during their next visits to the hospital.

Director of Medical Education Government of West Bengal

pm/2/20/mo

Director of Health Services Government of West Bengal

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Copy forwarded for kind information and necessary action:

- 1. The Mission Director, NHM, Department of Health & Family Welfare, Govt of West Bengal
- 2. The Medical Superintendent cum Vice Principal (Medical College and Hospital, Kolkata / Murshidabad Medical College and Hospital)
- 3. The DDHS (Admin), Department of Health & Family Welfare, Govt of West Bengal (He is requested to inform the Clinical establishments).
- 4. DDHS (PH), Department of Health & Family Welfare, Govt of West Bengal
- 5. The Dy Chief Medical Officer of Health II (All Districts and Health Districts)
- 6. The Senior PA to the Secretary, Department of Health & Family Welfare, Govt of West Bengal

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Director of Medical Education
Government of West Bengal

Director of Health Services Government of West Bengal

Dated: 29.06.2020