

Government of West Bengal
Health & family Welfare Department
Swasthya Bhawan, Block GN-29, Sector V
Salt Lake City, Kolkata – 91

Memo No: HPH/10P-03/2018/535

Dated: 03.07.2020

To

The Principal, Medical College and Hospital, Kolkata / Murshidabad Medical College and Hospital
The Chief Medical officer of Health (All District and Health District, West Bengal)
The Superintendents (All Covid Hospitals, West Bengal)
The Director / CEO / Medical superintendent (All Private COVID Hospitals, West Bengal)

Sub: Advisory on Case Management for COVID – 19 Patients

During the recent surveillance visits to some of the COVID hospitals by the specially-drafted Team of Experts, certain gaps have been observed in the clinical management of the patients. As per the insights and inputs received from the Experts, following recommendations are made to the hospital administration of all the COVID hospitals for discussing the same with their medical officers/specialists/staff members for ensuring scrupulous adherence to the same in future:

1. The COVID-19 Top-Sheet is still not properly maintained in some of the hospitals. This is mandatory to fill up the top sheet at every institute to monitor progress and identification of deterioration to take immediate corrective measures.
2. There must be appropriate **Oxygen prescription** mentioning the dose, appliance to be used and target saturation. This has to be closely monitored.
3. **Steroids are to be given** if oxygen requirement is increasing and if inflammatory markers are increased, duration of administration usually 3-5 days.
4. Appropriate management of comorbid conditions with specialist input is required which was ignored in many cases.
5. In some instances, critically ill patients are not getting ICU beds. Before ICU referral adequate triage with Oxygen and other supportive measures to be provided in wards or HDU. This will help in preserving ICU beds for more critical and deserving patients and optimum utilization of ICU facilities.
6. Late referral causes serious consequences, timely referral after initial stabilization must be ensured.

The above recommendations are issued for better clinical management of the patients in our different COVID hospitals (Government and Private). The Team of Experts, as visiting these hospitals on regular basis, would like to see due compliance with the above advisory during their next visits to the hospital.

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Director of Medical Education
Government of West Bengal

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Director of Health Services
Government of West Bengal