## **Government of West Bengal** Health & family Welfare Department Swasthya Bhawan, Block GN-29, Sector V

Salt Lake City, Kolkata – 91

To

The Principal, Medical College and Hospital, Kolkata / Murshidabad Medical College and Hospital

The Chief Medical officer of Health (All District and Health District, West Bengal)

The Superintendents (All Covid Hospitals, West Bengal)

Memo No: HPH/10P-03/2018/562

The Director / CEO / Medical superintendent (All Private COVID Hospitals, West Bengal)

Sub: Advisory on Case Management for COVID – 19 Patients

The experts from the Protocol Monitoring Team as deputed by the Department of Health and Family Welfare, Government of West Bengal visited some COVID hospitals and noted certain lacunae in practice which need urgent rectification. On the basis of their observations, following recommendations are made:

- 1. WB Government recommended top sheets must be attached and duly filled up.
- 2. Healthcare workers should take adequate precautions to prevent spread of infection and should follow proper donning and doffing at designated areas.
- 3. Hyperglycemic state in critically ill patients during ICU stay should be managed by insulin therapy according to standard guideline.
- 4. LMWH as anticoagulant is preferred except in patients on dialysis where unfractionated heparin is recommended.
- 5. Airway should be adequately protected and aspiration should be prevented to reduce the chance of secondary bacterial infection.
- 6. Fluid electrolyte balance should be monitored as per guideline to prevent pre renal azotemia and AKI.
- 7. Culture of body fluids like sputum, blood, urine culture etc should be done routinely to check any secondary infection and appropriate measures should be taken accordingly as per protocol.

These recommendations, if properly practiced, will improve patient outcome. During subsequent visits teams will specifically check if these suggestions have been implemented.

**Director of Medical Education Government of West Bengal** 

Memo No: HPH/10P-03/2018/562(7)/1

**Director of Health Services Government of West Bengal** Dated: 23.07.2020

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Dated: 23.07.2020

Copy forwarded for kind information and necessary action:

- 1. The Mission Director, NHM, Department of Health & Family Welfare, Govt of West Bengal
- 2. The MSVP (All Medical Colleges)
- 3. The DDHS (Admin), Department of Health & Family Welfare, Govt of West Bengal (He is requested to inform the Clinical establishments).
- 4. DDHS (PH), Department of Health & Family Welfare, Govt of West Bengal
- 5. The Dy Chief Medical Officer of Health II (All Districts and Health Districts)
- 6. The Senior PA to the Secretary, Department of Health & Family Welfare, Govt of West Bengal
- 7. Office Copy

**Director of Medical Education Government of West Bengal** 

**Director of Health Services Government of West Bengal** 

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