

**Government of West Bengal**  
**Department of Health & Family Welfare (PHP Branch)**  
**Swasthya Bhawan, GN-29, Sector-V,**  
**Bidhannagar, Kolkata-700 091**

No. 177-HFW/PHP(MH)

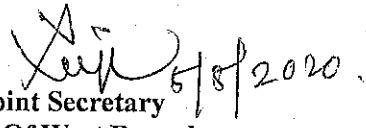
Date: 5-5-2020

**ORDER**

Due to the prolonged lockdown, persons in quarantine centers and in home isolation and also the public confined in their homes, may suffer from mental distress and may need counseling support.

To cater to the need for psychological counseling, this Department has commenced a tele-consultation facility with Psychologists free of cost, which will be available from 11 am to 5 pm every day through the help line of Health and Family Welfare Department 1800 313 444 222 / 033 2341 2600.

Upon receiving a call the operator of the helpline will pre-book a counseling session for the caller and inform of the time schedule of the counseling session so that the caller can keep himself/herself free for counseling.


  
Joint Secretary  
to the Govt. Of West Bengal

No. 177/1(6)-HFW/PHP(MH)

Date: 5-5-2020

Copy forwarded for information & necessary action to:-

- 1) Mission Director, NHM, West Bengal
- 2) Director of Health Services, West Bengal
- 3) Director of Medical Education, West Bengal
- 4) Director, Institute of Psychiatry, 7, D.L.Khan Road, Kolkata-700 025. May kindly issue necessary instruction to the Clinical Psychologists to take necessary action as per above arrangement.
- 5) Sr PA to Commissioner (IT), H&FW Department
- ✓ 6) IT Cell for web posting

  
Joint Secretary  
to the Govt. Of West Bengal